



# Ben Grauerholz

Class of 2024

Events: Distance

High school: Southeast of Saline

Class: 3A

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## Running Bio

### 2022-2023 Season Bests

XC: 18:55.00

3200: 11:11.95

1600: 5:11.62

800: 2:18.15

### 2021-2022 Season Bests

XC: 20:31.00