

August 8TH 2021 A.D.

USCCB.ORG then > **Daily Readings** (very top of page) then > scroll to **the date desired**

Oral reading (podcast) can be found on top of the page with the readings

Reflections on the readings by Bishop Barron can be found on @ WORDONFIRE.ORG

Questions for children of all ages can be found @ LoyolaPress.com > Sunday Connections > grade levels

Listening to the Word of God

The 19TH SUNDAY of Ordinary Time

1 Kings 19:4-8

“After he ate and drank, he lay down again, but the angel of the LORD came back a second time, touched him, and ordered, ‘Get up and eat, else the journey will be too long for you!’”

He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.”

Compare the “super food” Elijah got, enough to get him through the long journey to Horeb, to the “super food” we receive at Mass.

Ephesians 4:30—5:2

“All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.”

In what areas I am doing OK? In what areas do I still need to the Lord’s help?

John 6:41-51

“‘I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.’”

Now that I have eaten the Bread of Life at Mass, how am I doing at being God’s instrument to bring life to the world?