

MY NAME \_\_\_\_\_

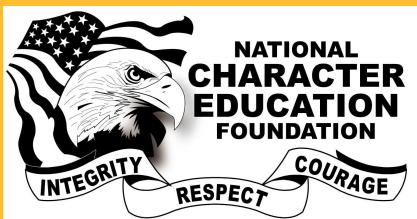
**STUDENT PLANNER**

HOMEROOM \_\_\_\_\_

**2007**

**DO**  **★**  
**YOUR**  **OUR**  
**BEST™**  
**IN SEPTEMBER**

**THE CARING HABIT ADVENTURE™**



[www.ncef.net](http://www.ncef.net) 866-770-6233

CARING COLOR "AWARD GOLD"

HEALTH FOCUS "GOOD NUTRITION"

*Caring Habit Adventurists are saying . . .*

*"The best preparation for tomorrow is to do your best today!"*



Item # NCEF 001-se-m

# PARENT - TEACHER COMMUNICATIONS

In **September**

**Do** ★  
**YOUR**  
**BEST**™

As the new school year comes around, remember what your teachers told you. September is DO YOUR BEST® Month!



for September is **GOOD NUTRITION**.  
When we eat right, We Do Our Best!



for September is **AWARD GOLD**

## GOAL SETTING . . .

is the art of trying to figure out  
**WHAT** you will do,  
**WHY** you are doing it and  
**HOW** you can work most efficiently.

# GOALS

List your goals for September here.

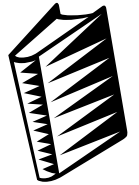


- check off as achieved
1. *I will Do My Best!*
  2.
  3.
  4.



*“EDUCATION is discipline for the adventure of LIFE.”*

-Alfred North Whitehead



	MATH	SCIENCE	SOCIAL STUDIES	ENGLISH
AUG 28	M			
AUG 29	T			
AUG 30	W			
AUG 31	T			
SEPT 1	F			



SEPTEMBER  
HEALTH FOCUS:  
**GOOD NUTRITION**


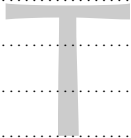

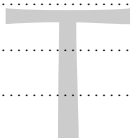

**September is BETTER BREAKFAST MONTH.**

Here's an easy WAKE-UP SHAKE for a quick start! Blend: 1 Banana, 1 chopped Apple, 1 cup Orange Juice, 1/2 cup Vanilla Yogurt, and 2 tablespoons Honey. Pour, drink and head for school with a nutritious



Does a tough task put you off? Instead of putting it aside, persuade yourself to spend at least 5 minutes on it. You may be surprised to find yourself completing the assignment after all!



READING / OTHER	SPELLING / HEALTH	COMMENTS / OTHER	PARENT SIGN & COMMENTS
			Signature 
			Signature 
			Signature 
			Signature 
			Signature 

SEP 23 MON  
 SEP 24 TUE  
 SEP 25 WED  
 SEP 26 THU  
 SEP 27 FRI  
 SEP 28 SAT  
 SEP 29 SUN

*Review Goals for September today!*

SEPTEMBER 2007						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DO YOUR BEST®

**WORD** -2- LEARN - TRUSTWORTHINESS - worthy of trust or confidence; faithful; reliable.

“

”

**S**uccess may involve talent, but **EXCELLENCE** involves **YOU!**

-Alvin Ailey - Dance Company



*WE ARE WHAT WE repeatedly DO,  
Excellence then, is not an art but a HABIT.*

-Aristotle

*I'm not a **has been**, I'm a **will be**.*

-Lauren Bacall



**B**ELIEVE in yourself and **EVERYTHING** is possible.

-Nelson Mandela

*You're not rewarded for having brains.  
You're only rewarded for using them.*

-Mordecai Johnson



**WE ARE** what we **BELIEVE** we are.

-Benjamin N. Cardozo

### Information about **THE CARING HABIT ADVENTURE™** . . .

The Caring Habit of the Month Adventure™ is an award winning academic improvement and school performance system based on multi-media technologies. Independent 2001-2003 evaluation studies by the University of Pittsburgh Graduate School of Public Health have concluded **“the number of honor role and high honor role students is increasing in Caring Habit Schools while indicators of disciplinary actions are declining.”**

Caring Habit youth, staff and families, are surrounded by a positive, monthly routine of multi-media messages that promote successful academics, mutual respect, and character development. Caring Habits media strategies lighten the teaching load on staff and reduce classroom disruptions. It's predictable routine and monthly focus organizes and increases the effectiveness of other curriculum. Together academics are improved, work force skills are reinforced and disciplinary problems and bullying are reduced.

Materials are available for K-6 and for alternative schools, after-schools, service groups, and the surrounding community. The prepared environment media materials include display items, student items and staff “idea” books, plus materials to involve and include families and communities. The supporting book, *Join The Golden Rule Revolution*, encourages family involvement and is available at [amazon.com](http://amazon.com) or local bookstores. If you have an idea to contribute or for more information, contact us at: **www.ncef.net** or Toll Free **866.770.6233**