

October/November

...at a glance

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
17 Hybrid In-Person Worship Open Hearts 11:15 am Wesley Covenanting 3pm	18 Meditation Online 7pm	19 Prayer Service Online 12pm Courageous Church 7pm	20 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm Faith Formation 6:30pm	21 Prayer Service Online 4pm Craft/Study 1:30pm Community Dinner Online 6pm LSC Partnership Meeting 7:30pm	22	23 Baptism Orientation 2pm
24 Hybrid In-Person Worship 11:15 am Baptism	25 Meditation Online 7pm	26 Prayer Service Online 12pm Courageous Church 7pm	27 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm	28 Prayer Service Online 4pm Craft/Study1 :30pm	29	30
31 Hybrid In-Person Halloween Worship 11:15 am Happy Halloween! Dress Up!	1 Meditation Online 7pm	2 Prayer Service Online 12pm Courageous Church 7pm	3 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm	4 Prayer Service Online 4pm Craft/Study1 :30pm	5	6
7 Russell away Hybrid In-Person Worship 11:15 am	8 Meditation Online 7pm	9 Gratitude Team 10:30am Prayer Service Online 12pm	10 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm	11 Remembrance Day 	12	13

Russell away for
Skylight Meeting

ANNOUNCEMENTS

October 17, 2021



306-761-0556 | eastsideunited@sasktel.net
Eastsideunited.ca | **Join us on Zoom here!**
Like us on Facebook (Eastside United Church)
Follow us on Twitter! @eastside_united



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Minister: Russell Mitchell-Walker

Pianist: Hyun Ju Park (Live)

Tech Support: Brayden Barrett

Greeting: Dale Banks

COVID Protocol: Becca Dziaduck

Prayers of the People: Linda Fowler

PowerPoint: Michelle Dickie

Congregational Care Greeter: Diane Dopko

Zoom Host: Brian Mitchell-Walker

Facebook Live Host: Ernie Poirier

Today is the International Day for Eradication of Poverty and World Food Day.
Service will be featuring Open Hearts Jar.

Sunday Scripture: Mark 10:35-45

Hymns:

Spirit Open My Heart – MV#79 chorus
Come You Thankful People – VU#516 vs 1
Come Touch Our Hearts – MV#12 vs 1, 3, 4
I Can Feel You Near Me, God – MV#48
We are Called to Follow Jesus – VU#598 vs 1-3
Now Thank We All Our God – VU#236 vs 1
Lord, Listen to Your Children Praying – VU#400
Go Make a Difference – MV#209
God Help Us to Treasure – MV#147 vs 1

Last week's in-person attendance: **38**

Last week's online attendance: **27**

Offering: **\$1762.20** (not incl. PAR)

Sept. 1-15

Weekly budget: **\$3167**

Office Hours and More:

- **Russell's Hours:** Tuesday, Wednesday, Thursday, and Friday. Russell's e-mail address: russell.eastside@gmail.com.
- **Zoom Office Hours:** Wednesdays from 2 – 4:30 online.
- **In-Home Visits:** Please let us know if you would like to have an in person visit, especially if you have been isolated or alone during the Pandemic. More information is available below.
- **Church Office Hours:** Tuesday, Wednesday, Thursdays, 9 am – 3 pm. You can reach our office by email: eastsideunited@sasktel.net.
- **Prayer Services:** Tuesday at noon, Wednesday at 8:15am, Thursday at 4pm online and in person.



COVID Protocols: We thank you for helping us keep our community safe as we continue to monitor the pandemic. This practice and policy is consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, and done in a manner that is meaningful for our community

and is safe for every member of our congregation. If you have questions or feedback, please let Sarah Tkachuk know.



In-Person Worship Details

- We will be holding in-person services – you are welcome to attend if you feel comfortable doing so!
- **If you are planning to attend in-person services:**
 - We are required to wear masks and practice social distancing at the LSC.
 - We ask that adults only attend if you are fully vaccinated. We hope this will make our services more accessible to those who are ineligible to receive a vaccine (immuno-compromised, children under 12, etc.). Those who are ineligible may attend without being vaccinated.
 - Please do not attend in-person services if you are experiencing any COVID-like symptoms, or have possibly been in contact with someone who has COVID.
- **Please notify our office if you have tested positive for COVID-19 and have attended our in-person services within the last two weeks of your positive result.**
- If you are not yet vaccinated, we invite you to join us online via Zoom or Facebook Live.
- Please let us know if you would be able to assist as a volunteer on Sundays as we will need help with ensuring that pandemic protocols are followed.



Eastside Announcements

Worship will also be happening here on Zoom as an online option! You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom. You may also join us on Facebook Live via our Page.

The Gratitude Team has launched the 2021 Stewardship Campaign!

The Stewardship Campaign packages will be available for pick up after church on Sunday, October 10th and Sunday October 17th. They may also be picked up from the church office during regular office hours. If packages have not been picked up by October 17th, the Gratitude Team members will deliver them by hand. Please support the Gratitude Team by picking up your package!

Please read the information in the package and return your Response Card by November 7, 2021.

We still need your support as our ministry continues!

We are presently behind in our revenues, both budget and with regard to expenses. Making your offering online couldn't be easier on our website! Additionally, offerings can be mailed to Eastside at:

Eastside United Church
3018 Doan Drive
Regina, SK S4V 1M1

Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door (mail is checked Tuesday, Wednesday, Thursday). You can also send e-transfers to our email: eastsideunited@sasktel.net.

Thank you for your generosity!

Financial update for September: If you would like to view Eastside's August financial statement, please [click here](#). Eastside has experienced shortfalls in our envelope giving this quarter. We appreciate all of those who give to Eastside and are thankful to all of our givers! If you would like to sign up for regular giving through PAR, please contact Becca. We also accept e-transfer which can be sent to eastsideunited@sasktel.net.

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Becca and she will help you get set up or make changes. Email eastsideunited@sasktel.net to let Becca know what changes you would like to make, and he will submit the changes for processing.

We are continuing the A Work of Art, Culture, and Its Story during worship! If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

Sunday School with Eastside will be resuming today! We are looking for people to join our Sunday School Teaching Team of Stephannie Banks, Cathie

Henderson and Leanne Sudom. If you are interested in sharing in this important work, please contact Leanne Sudom at 306-924-0055 or email leanne.sudom@gmail.com.



Once we return to larger in-person services, we will be in need of more offering counting volunteers! Please let the office know if you can assist us with counting!

COVID Vaccine Fact Sheet: We are all encouraged to get vaccinated, to protect ourselves and others, and to return to a new normal. Download the fact sheet [here](#), and check out Saskatchewan's vaccination plan. Remember that once vaccinated you can still be a carrier of the virus so masks and distancing practices are recommended when out in public.

Are you looking for more information about proof of vaccination in Saskatchewan? We have compiled a list of useful links:

- [Information about VaxWalletVerification](#)
- [Registering for your MySaskHealthRecord Account](#)
- [More links about vaccine verification from Sask eHealth](#)

Eastside T-Shirts: T-shirts can be picked up during LSC office hours. If you did not order but are interested in purchasing one, email Becca to see what colour and sizes are available. \$30/each.



Cloth Masks: It is a good idea to double mask when we are out in public, especially indoors. If you would like a cloth mask, please contact or drop into the office as we still have some in the bin.

Were you unable to attend worship in the past? You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service. After we stopped recording on Zoom they can also be found on our Facebook page.



Please share your favourite hymns with us! Let us know by filling out this Google Form [HERE](#).



Text In Church: If you would like to receive text notifications about special services and events at Eastside, text the word 'Loop' to 306-517-6797.

Did you miss the announcements at last Sunday's worship service? Printed announcements are saved on the Eastside website each week - check them out at www.eastsideunited.ca under the **What's New** heading!

Eastside will be having an online auction near Christmas-time! Perhaps you would like to donate something, an item, talent, a craft or some baking. If you are interested in providing a donation, please contact Maureen Hughes or send her a picture of the donated item/talent, a description, and starting bid: nmhughes58@gmail.com



Eastside Programming

Meditation Schedule: Meditation has resumed online! [Click here](#) to join at 7 pm on Mondays.

Craft/Study will be resuming in the fall on September 16! Sessions will be on Thursdays at 1:30 online.



The book for these sessions will be See No Stranger by Valarie Kaur. If you would like a book, please let Becca know.

Reading Schedule:

September 16 ~ Chapter 1
September 23 ~ Chapter 2
September 30 ~ No C/S, office closed for National Day of Truth and Reconciliation
October 7 ~ Chapter 3
October 14 ~ Chapter 4
October 21 ~ Chapter 5
November 4 ~ Chapter 6
November 11 ~ Chapter 7
November 18 ~ Chapter 8
November 25 ~ Chapter 9 and Epilogue

Russell is planning to offer in-home visits. If you would like to plan a visit, please let Russell know. We would ask that those who are comfortable having in-home visits let us know whether you have been vaccinated as we are planning to make arrangements that consider health and safety during the pandemic. Masking and physical distancing can be planned for as well.

We will be delivering Messy Church bags to families with children again at the end of November for Advent. If you didn't get a bag and would like one, let the office know. Do you want to be a part of the LSC Messy Church Community? [Follow our brand new Facebook page!](#)

Online Community Dinner

October 21 at 6:00 pm



Join us for our October Community Dinner on October 21! The theme that will be featured is anti-poverty and discussing liveable income issues. RSVP by texting "RSVP" to 306-517-6797, or send our office an email letting us know you would like to attend. We will be joined by Regina Anti-Poverty Ministry.



Join us for the Courageous Church Summit Tuesdays at 7pm online on September 14, then each week from September 28.

Sept. 14 - Diana Butler Bass, author, (Grateful, Grounded), historian
Sept. 28 - Rev. John Dorhauer, President United Church of Christ
Oct. 12 - Rev. Dr. Jacqui Lewis, minister Middle Collegiate Church, New York
Oct. 19 - Brian McLaren, author (We Make the Road by Walking)
Oct. 26 - Bishop Michael Curry (Episcopal National Bishop) & Jim Wallis (Sojourners Magazine)
Nov. 2 - Rev Claudio Carvalhaes, Theologian and Professor of Worship at Union Theological Seminary.

Register by texting 'Faith' to 306-517-6797 or contact the office.



FOR THE LOVE OF CREATION

Faithful Climate Conversations

As we live into the crisis of climate change and experience more and more the impacts of this crisis this resource encourages dialogue on climate change. For the Love of Creation developed Faithful Climate Conversations, a series of guides to facilitate small group conversations on climate change. There are three sessions and folk may participate in all or the ones that suit them and where they are at. If you are interested in participating in any of these conversations, let Russell or the office know, along with which one(s) and we will schedule them. The three sessions are:

- 1) Creation, Climate and You - Designed for people who have rarely, if ever, talked about climate change in a group setting before, this guide focuses on gently surfacing peoples' emotions and underlying thoughts about climate change.
- 2) From Concern to Action - For people who may have a basic understanding of climate change or are concerned about the effects of climate change, but remain uncertain about the best ways to act in light of this reality.
- 3) Build a Better Future - Meant for people who have already been involved in climate action at some level, this guide focuses on enacting political and systemic change to address the climate emergency.

This resource has been developed by a coalition of organizations including Kairos.

[Click here to complete the survey!](#)



October's Gratitude image shared by Maureen Hughes.

Community Announcements

Regina Native Outreach Ministry is looking for board members. If you are interested, please email reginanativeoutreachministry@gmail.com. RNOM is also selling t-shirts! They are \$20 each (\$30 if mailed), and come in sizes S-XL. Contact Deb for more information glammergirl@live.com.

- ICF is holding a virtual gala!
- Click here to view a recording of an event from Knox Met - Downtown on Purpose: Conversations about Poverty and Homelessness in Regina | October 6, 2021
- Broadway United is having an apple sale!
- Heritage United Church Drive-Thru Fall Supper - \$25 a meal, October 22
- LBC art exhibition showcasing camper art and other activities - October 23, 1-3:30 pm with performance by Misty Wensel
- LBC Annual Meeting - November 23rd at 7:00 pm
- Queen's House Retreat and Renewal Centre bulletin
- Affirm United is looking for a treasurer (no-bookkeeping involved)
- Oct 29 Music Recital with Chris MacRae (Russell's cousin) new Vocal Lecturer at UofR

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FACULTY RECITAL

CHRISTOPHER MACRAE, TENOR

RACHEL ANDRIST, PIANO

MUSIC BY CIPULLO, DUPARC, SANTOLIUQUIDO, & STRAUSS

7:30 PM FRIDAY OCTOBER 29TH

UNIVERSITY THEATRE, RIDDELL CENTRE

FREE ADMISSION

MASKS & SOCIAL DISTANCING IN EFFECT

MUSIC@UREGINA.CA FOR MORE INFO

FACULTY OF MEDIA-ART-PERFORMANCE
Department of Music

University of Regina