

# International schools essay competition

We are delighted to announce a global competition to win £250 for the best essay or blog responding to any central theme or topic in **Happiness Explained** by Professor Paul Anand, published in 2016 by Oxford University Press.

To enter, students between 11 and 20 should submit an interesting and well written essay or blog of 100-500 words on the question:

**What is happiness and what can we do to promote it?**

Full details of the prize, organised by the Oxford based charity Foundation for Knowledge Exchange, can be found at [happinessexplained.org/prize](http://happinessexplained.org/prize)

Closing date: 31 September 2016

[#happinessexplained](https://twitter.com/happinessexplained)

