

# Shannon Heston Boys' Basketball Camp 2024

*This is our eighteenth year to run our basketball camp in Katy! We believe that summer is a great opportunity to improve basketball skills and improve your game for the upcoming season. It's a great time to further your knowledge of the game and edge out the competition on the basketball court. We are so excited for the return of camps! This year, for the summer of 2024, we are again excited to offer three sessions of basketball camps. For the first time ever, we will welcome female campers to our half day camps! Thank you for choosing Shannon Heston Basketball Camp! Together, we build character, promote positive attitudes, and focus on high quality fundamentals of basketball in a competitive and fun environment.*

*See you on the court,*

*Coach Heston*



## GENERAL INFORMATION

<b>Cost Session 1:</b>	\$125 per camper (sibling discount cost: \$100 per additional camper)
<b>Grades:</b>	Campers entering grades 1st - 4th
<b>Times:</b>	Monday - Thursday/9:00 a.m. - 12:00 p.m.
<b>Dates:</b>	June 3rd - June 6th
<b>Cost Session 2:</b>	\$125 per camper (sibling discount cost: \$100 per additional camper)
<b>Grades:</b>	Campers entering grades 5th - 8th
<b>Times:</b>	Monday - Thursday/1:00 p.m. - 4:00 p.m.
<b>Dates:</b>	June 3rd - June 6th
<b>Cost Session 3:</b>	\$225 per camper (sibling discount cost: \$200 per additional camper)
<b>Grades:</b>	Campers entering grades 2nd - 8th
<b>Times:</b>	Monday - Thursday/9:00 a.m. - 4:00 p.m.
<b>Dates:</b>	June 10th - June 13th

*This organization and its activities are not related to or sponsored by the Katy Independent School District.*

### Sessions 1 and 2 (Boys & Girls):

*Shooting League  
Offensive Skill Work  
Fundamental Stations  
Competitions  
Tournament Games*

### Session 3 (Boys Only):

*Shooting League  
Fundamental Stations  
Teaching Lectures  
Position Breakdown Work  
Competitions  
1 on 1 League  
3 on 3 League  
Tournament Games*

# Shannon Heston Basketball Camp Summer 2024

**Boys' and Girls' Camp  
at Seven Lakes High School**



**SESSIONS ARE FOR  
ATHLETES ENTERING  
1ST - 8TH GRADES**

**Summer Session 1: June 3rd - 6th**

9:00 - 12:00 (entering 1st - 4th grades)

**Summer Session 2: June 3rd - 6th**

1:00 - 4:00 (entering 5th - 8th grades)

**Summer Session 3: June 10th - 13th**

9:00 - 4:00 (entering 2nd - 8th grades)

## About the Staff

Camp director Shannon Heston has worked basketball camps in the Houston area for the past 26 years. Coach Heston continues to lead his 6A high school team with a "team first" mentality and is more proud of the men they become than anything else. This past season his team won 36 games, were crowned district champions, and he was named Coach of the Year. Coach Heston has won 3 consecutive district championships and has now been named Coach of the Year 4 times.

The camp staff has a passion for teaching and runs a very competitive camp with a focus on basketball improvement, sportsmanship, and having fun! All camp staff are former district championship basketball players or current high school and junior high basketball coaches who LOVE to teach the game of basketball. The coaches want to help campers learn what it takes to be a successful player!

### CAMP LOCATION for all of Session 1 and 2

Seven Lakes High School  
9251 South Fry Rd  
Katy, Texas 77494

### CAMP LOCATION for all of Session 3

**\*Depending on the camp size, 4<sup>th</sup> and 5<sup>th</sup> grade campers may move to Seven Lakes Junior.**

Seven Lakes High School  
9251 South Fry Rd  
Katy, Texas 77494

### CONTACT INFORMATION:

SHANNON HESTON  
832.264.2574

Email to: [hestonbasketballcamp@gmail.com](mailto:hestonbasketballcamp@gmail.com)

Website:

[www.shannonhestonbasketballcamp.com](http://www.shannonhestonbasketballcamp.com)

## Who is basketball camp for?

Camp is for athletes who want to learn the game and improve their basketball skills. All three sessions are excellent for all levels of experience. Campers will learn how to be competitive and enjoy the game of basketball. Staff will focus on teaching and ensuring good sportsmanship. Our half day sessions are for both girls and boys; however, we are only able to accommodate boys during our full day camp.

### Camp focus:

- Individual Defense
- Shooting
- Rebounding
- Individual Offense
- Post Play
- Sportsmanship
- Team Defense
- Ball Handling
- Passing
- Team Offense
- Perimeter Play
- Teamwork

### Camp Information:

- Session 1 and 2 concession stand will be open with snacks and drinks.
- Session 3 concession stand will be open with snacks, drinks, hot dogs, pizza, etc.
- There will be a camp bank to deposit money for the concession stand.
- Campers have the option to bring a lunch each day for Session 3.
- Doors open Mondays one hour before camp starts for registration.
- Please have basketball shoes.
- Camp jerseys will be passed out Monday and should be worn each day of camp.
- Half Day Camp is open to both boys and girls this year!
- Our Full Day Camp can only accommodate boys this year.

## Shannon Heston Basketball Camp Camp Registration Form

1. Complete camp application below. One application per camper.
2. Return with check or money order payment to **Shannon Heston Basketball Camp, 36805 Lariat Lane, Wallis, TX 77485.**
3. **Non-refundable** deposit of \$50 (session I and II) or \$75 (session III) per player must accompany application and is required prior to June 1st, 2024. Remaining balance must be paid on or by the first day of camp. Full payment is also accepted.
4. **You may also pay with Venmo!** Please put your son's name, grade entering, session attending, and a good email to contact you in the notes so I can keep track of your payment. **Send payment to: @Heston-Basketball**
5. **Please circle Jersey Size: YS YM YL AS AM AL AXL**

AMOUNT: \$ \_\_\_\_\_ CHECK # or VENMO: \_\_\_\_\_

CHECK CAMP SESSIONS ATTENDING:

Session 1: \_\_\_\_\_ Session 2: \_\_\_\_\_ Session 3: \_\_\_\_\_

Sessions 1 & 3: \_\_\_\_\_ Sessions 2 & 3: \_\_\_\_\_

Camper's First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Grade (next Fall) \_\_\_\_\_ School \_\_\_\_\_

Parent(s) Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail address: (please PRINT)  
\_\_\_\_\_

By signing below, I authorize Shannon Heston Basketball Camp and staff to arrange emergency medical care as necessary for my son in the event that I cannot be reached to authorize treatment. In such an event, I understand that, as this camper's parent, my insurance will be considered primary coverage for care. In addition, I hereby release Shannon Heston Basketball Camp in itself and its staff from any liability in the event of illness or injury of my child, and I affirm that my child has no medical conditions that would prevent him from full participation in camp activities.

Signature of Parent of Legal Guardian

Date

\_\_\_\_\_  
PLEASE CHECK IF YOU DO NOT WANT YOUR CHILD'S IMAGE  
USED FOR CAMP FACEBOOK OR ANY FORM OF MEDIA.

**Venmo payment to @Heston-Basketball or make check payable  
to Shannon Heston Basketball Camp  
Please Mail Registration Forms to:**

Shannon Heston Basketball Camp  
36805 Lariat Lane  
Wallis, TX 77485

