SIBS ARE SPECIAL TOO!

A tele-group for kids ages 9-12, whose siblings have special needs

When your brother or sister has special needs, it can be tough. Meet other kids who understand, along with a psychologist. Share stories, laugh, cry, and strategize on ways to stay positive and supportive.

*join an existing group if available or to join the next group to start visit www.bridgestherapy.com for registration details

*Covered by most insurance providers after initial one-time intake session. Can be done in-person or via telehealth.