

PACIFIC YOUTH FOOTBALL LEAGUE

PLAYER AND CHEERLEADER PHYSICAL FORM

SEASON: _____

CHAPTER: _____

SECTION 1: PHYSICAL DESCRIPTION & CONDITION

PARENT TO COMPLETE THIS SECTION

NAME OF PARTICIPANT: _____

HEIGHT: ____ FT. ____ IN. WEIGHT: _____ LBS. HAIR COLOR: _____ EYE COLOR: _____

SECTION 2: HEALTH HISTORY

PARENT TO COMPLETE THIS SECTION

NAME OF PHYSICIAN: _____

PHONE: _____

PREFERRED EMERGENCY CENTER: _____

CITY: _____

LIST CURRENT MEDICATIONS: _____

CIRCLE CURRENT PROBLEMS:

ASTHMA	YES	NO
DIABETES	YES	NO
HEAD INJURIES	YES	NO
HEAT STROKE	YES	NO
HEART CONDITION	YES	NO
KIDNEY INJURIES	YES	NO
SHOULDER/HIP INJURIES	YES	NO
OTHER:	YES	NO

SECTION 3: MEDICAL EXAM

DOCTOR TO COMPLETE THIS SECTION

RECORDED HEIGHT: _____

RECORDED WEIGHT: _____

RECORDED BLOOD PRESSURE: _____

RECORDED TEMPERATURE: _____

EARS	HEAD/NECK	HERNIA
EYES	HEART	ADBDOMEN
NOSE	LUNGS	EXTREMITIES
TEETH	SKIN	FEET
		OTHER:

☐ WHILE THIS EXAM DOES NOT CONSTITUTE A COMPLETE MEDICAL EXAMINATION, IT DOES ON THIS DATE, ON MY OBSERVATIONS, MEET THE REQUIREMENTS FOR PARTICIPATION IN THE YOUTH FOOTBALL PROGRAM.

☐ THE INDIVIDUAL EXAMINED BY ME ON THIS DATE IS CONSIDERED "NOT" PHYSICALLY QUALIFIED TO PARTICIPATE IN THE YOUTH FOOTBALL PROGRAM FOR THE FOLLOWING REASONS:

EXAMINED BY: _____ DATE: _____ PHONE: _____

SIGNATURE: _____ STAMP OF OFFICE

NAME OF FACILITY: _____

**DO NOT USE THIS SPACE
THIS SPACE TO REMAIN BLANK
FOR PYFL CERTIFICATION**