

BARN-B-Q TRAIL RUN, HIKE, & PARTY F.A.Q.

So what exactly is this glorious event you call Barn-B-Q anyway?

For starters, it's awesome sauce. Second, this is its 4th year, so you'll be a huge part of what it "is" and becomes. There are many options and ways to enjoy the day – trail runs, hikes, Barn party, BBQ, Beer, Wine, DJ, and Games. We're also counting on YOU to bring your love of the outdoors and good times, sparkling personalities, themed outfits, etc. We'll be partying at the restored Masker's Barn in The Deserted Village of Felville which is within the Watchung Reservation. The Village and Reservation are rich with history and beautiful trails. In conclusion, Barn-B-Q is awesome sauce...and we assume you must be too!

The Trails

We will be featuring 4 trail distances at Barn-B-Q: 10 miles, 6 miles, 3 miles, and 2 miles. We will have trail maps with written descriptions for each distance. There are scheduled start times for each distance designed to get you back to the party sooner rather than later and minimize crowding on the trails. The 10 mile is recommended as a trail run only. The 6 and 3 mile are available to both trail runners and hikers (please don't push beyond your existing limits). The 2 mile is intended for new or casual hikers.

What do I need to run or hike on the trails?

Besides the requisite love of the outdoors and sense of adventure...

- *Common sense and safe thinking: if you are running over rocks, go slowly, so you don't twist an ankle; if you see a drop-off on one side of the trail, don't fall down it!
- *Good sturdy shoes – running sneakers designed for trails or hiking boots are ideal.
- *Comfortable clothes – the same ones you would wear for any workout/exercise. If you have a fear of sticks or bugs, wear long sleeves and pants, although you may melt!
- *If hiking, you may want to bring your walking stick.
- *WATER! We will have water bottles, but if you have a favorite water bottle then bring it to reduce waste and our impact on the environment. Camelbaks and similar water bladders/reservoirs are highly encouraged.
- *Beer stein or wine cup (not glass) – again this helps reduce waste!
- *If not too cumbersome, it's a good idea to bring your phone on the trail. In the rare chance you get lost or have an emergency, it will come in handy. Plus...pictures!
- *Good ideas: sun block, bug spray, hat, sunglasses, basic first aid kit.
- *Your map (or one for your posse at least)!
- *Although this is an organized event, if you have an emergency on the trail it WILL take us time to reach you. The safest option is to pack as if you were on a day hike or run on your own. If this is all new to you, google the "10 essentials" to understand what makes a good day pack OR call us.

Schedule: Trail Briefings & Start Times

Check-In – We will open the Barn doors at 10 a.m., but check-in will not open until 10:30 due to our crew's propensity for sleeping in. We recommend showing up 45 minutes before your recommended start time to leave enough time to park, walk to the Barn, and check-in.

Make sure to bring your ID to receive your 21+ wristband!

10 Mile (Sierra Trail, white) – This trail is only recommended for experienced trail runners as it will be unsupported (no signs other than official Sierra Trail markings (white), limited water) and has technical trail running/hiking areas. It is not recommended however for experienced hikers due to the length of time you'd be gone – we want you back at the party!

(18+ only)

<http://www.mapmyrun.com/routes/view/1780119818/>

10 Mile Briefing: 10:45 AM

Run: 11:00 AM

6 Mile (mostly History Trail, pink) – This trail is recommended for experienced trail runners, novice trail runners who can keep up with a designated pace group, adventurous non-trail runners who are capable of running a 10K on the road and can KEEP UP with a designated pace group, and experienced hikers with trail marking & map knowledge.

– There will be 1 or 2 guided pace groups offered for runners.

– Experienced trail runners who plan to run at a faster pace are welcome to depart on their own at 11:20, but will be relying on themselves to follow trail blazes, temporary signs, and their map.

– Hikers should know how to read trail blazes and a map (hiking could take 3 hours or more, so make sure you are prepared).

(18+, 14+ with parent upon request/approval)

<http://www.mapmyrun.com/routes/view/788479751/>

6 Mile Briefing: 11:05

Unguided: 11:20

10-11 min pace: 11:25

Hike (unguided): 11:30

**(Pace above is intended as your road/treadmill pace, you will likely be 3-4 minutes slower on the trails – remember this isn't a competition!)*

3 Mile (mix of existing trails) – This trail is recommended for those who can comfortably run a road/treadmill 5K and hikers who are used to completing similar distances. This trail will use a mix of existing trails and so there will be a mix of following existing trail markings and special event signs.

– There will be 1 or 2 guided pace groups offered for runners.

– Experienced trail runners who plan to run at a faster pace are welcome to depart on their own at 11:40, but will be relying on themselves to follow trail blazes, temporary signs, and their map.

-Hikers should know how to read trail blazes and a map.
(18+, 10+ with parent upon request/approval)

<http://www.mapmyrun.com/routes/view/788488661>

3 Mile Briefing: 11:25

Unguided: 11:45

10-11 min pace: 11:50

Hike: 11:55

*(Paces above are intended as your road/treadmill pace, you will likely be 3-4 minutes slower on the trails – remember this isn't a competition!)

2 Mile (mix of existing trails) – This trail is recommended for those who want to enjoy the trails without a long hike (recommended for hikers) or those less experienced with trails. It will bring you back to the party sooner! This trail follows a portion of the 6 mile route but will have no designated leader. You will guide yourself using the provided trail maps, trail blazes, and temporary event signs. There is one challenging crossing with a ladder to descend and where you may need to use your hands/a rope to ascend. If you feel uncomfortable, you may turn around and reverse the path you just hiked (you'll have gone 1 Mile at this point). Start with the group or you can feel free to explore on your own at your leisure later in the day (but not before 11:45).

(18+, 8+ with parent upon request/approval)

<http://www.mapmyrun.com/routes/view/1780128941/>

2 Mile Briefing: 11:40

Hike: 12:00

Leave No Trace!

We have Samuel L. Jackson on speed-dial. If we find out that anyone has left trash on the trail, he will be called in. (This means that you want to leave the trail just as you found it, if not in a better condition. If you bring something out (water bottle, granola bar, etc.), bring it and all of it's packaging back in!) This is just one principle of LNT, there are 6 more that are equally important. Visit LNT.org to learn how to preserve our lands and wildlife.

What Should I & Can I Bring?

Anything you normally would to enjoy a day outdoors: think sunscreen, hat, sunglasses, bug spray. Also, you'll want to wear comfortable athletic style clothing for the trail (not jeans and flip flops). You'll need a good pair of running sneaks or hiking boots. If you want to change after the trail, bring extra clothes or rock your new Barn-a-rific tee!

Yes – blankets, lawn chairs, favorite water bottle or beer stein

*BRINGING YOUR OWN DRINKING VESSEL HELPS REDUCE WASTE!

No – outside alcohol, tables, tents, trash, grumpiness, bad moods

Wondering about something else? Ask us!

What will I receive at check-in?

- Your super awesome Barn-B-Q tee
- Your 21+ wristband if you are old enough and can prove it!
- A bib # for both the front and back of your shirt. This indicates your distance.
- Emergency numbers on the back of your bib #.
- Add your name on your back bib, make new friends!

Do I need money? What's included?

Your registration fee covers your included shirt, beverages (beer, wine, water, soft drinks), food, the party, and trail maps/support. We will have some Barn-themed items you can purchase to add to the fun if you like (cash only). A limited supply of Rent-a-Shacks will be available on-site.

Games

We'll have a number of free lawn games set-up. They'll be open to all participants on a "put your name on the list for next" sort of way. Think Cornhole, Ladderball, etc.

Can I bring my kids/dogs? Guests?

Yes, as long as they are on a leash! Oh wait, maybe that only goes for the dogs.....

Kids are welcome and we have a special price for those 12 and under (Lil Farm Hands). They can't be left at the event site alone, so consider that when deciding upon your trail distance. Also, kids can't go on the trails alone, so please read the minimum ages by each event above.

As per Reservation guidelines, dogs are allowed if on a 6' leash. They will not be allowed inside the Barn however and we ask that you only bring them if they are well mannered, get along with people and other dogs, and you intend on cleaning up after them. They also can't be left alone, so if you are going to enjoy a trail: Participants with a dog MUST start in the back of their group and keep a large enough distance if anyone in the group is uncomfortable with our canine pals. We LOVE dogs, but ours will be sitting this one out because she isn't friendly with other dogs, so please just consider the rest of the group when making your decision.

Guests do need to be registered to partake in any part of the Barn-B-Q festivities. Registered participants get a wristband giving you access to the trail maps/descriptions, trail leaders, food, beverages, party, Barn, and games. The Reservation is open to the public however.

21+?

Barn-B-Q does proudly serve the tasty nectar we know as beer and also wine for those with more discerning tastes. As always, to acquire these suds, you'll need to prove your age. Please remember to bring your ID down to the Barn for check-in to get your 21+ wristband.

I'm not 21, can I still come to Barn-B-Q? Abso-flippin-lutely! You just can't imbibe in these tasty adult beverages. We will have water and some other beverages to wash down your bbq.

Is it timed?

No way, Jose! This event is all about FUN not competition....well the lawn games may be an exception! We will have a clock at the Barn running the time of day. There will be sharpies as well so you can jot your departure and arrival time on your bib and calculate your trail time.

Restrooms

Real potties in the Barn! All the comforts of home...

Rent-a-Shack

If you're coming with a posse, perhaps you want to stake a claim with your own 10' x 10' tent, table, and chairs. The "shack" is actually a modern day pop-up tent that will bear your name and be exclusive to you and your pals!

Parking

If you are coming with a group, please plan to CARPOOL. While there is a good amount of parking near the Deserted Village, we hope not to have to send cars to further lots in the Reservation. Please follow instructions of the parking posse who will direct your car into its new temporary home.

We have the green light to park in the field closest to the Barn. Once on Cataract Hollow Rd. (which is a park road appearing more like a parking lot entrance) continue down the road (past the Road Closed/Barn Parking Only signs) and turn right on the first bridle trail (event sign). Follow the trail out into the open field and park according to the instructions of the Parking Posse/event signs. Follow the event signs to walk to Masker's Barn and Barn-B-Q! REMEMBER YOUR ID!

IF the lower lot fills and event signs are indicating you should stay in the upper lot (prior to the Road Closed/Barn Parking Only signs) OR you want to walk the 1/2 mile down Cataract Hollow Rd. to the Barn...You'll pass the other historic buildings along the way. Grab a guide book from the kiosk.

We recommend that everyone arrives 45 minutes (or earlier) prior to their scheduled trail time. Please try to adhere to this recommendation as the 6 milers pass through the upper parking lot and we would like to have all cars settled in for their nap by then.

The address to the Barn is 2 Cataract Hollow Rd. which is directly off of Glenside Ave. in Berkeley Heights.

Did we forget something? Just ask and we'll add it to this list!