### **Position Description:**

**Mental Health Resource Center**, a comprehensive mental health center and Joint Commission accredited organization, is seeking **Weekend Behavioral Healthcare Assistants** to provide patient care and assistance.

Behavioral Health Assistants provide competency based direct care to children, adolescents and adults on our inpatient behavioral health units. Behavioral Health Assistants assist in providing a safe, clean and therapeutic environment for our patients. These inpatient units provide crisis stabilization services and most patients are admitted involuntarily to the facility via the Baker Act, the mental health act of Florida. The normal length of stay on the unit for patients is typically 3-5 days. This is an ideal opportunity for an individual who is dedicated to providing a caring, therapeutic environment and who enjoys working in a team atmosphere. We provide a variety of training, including but not limited to Crisis Intervention, CPR, Diagnosis and Behaviors, Ethics, and Confidentiality.

Each team member contributes to the completeness and confidentiality of clinical records by ensuring documentation, paperwork and system entries meet internal and external guidelines for content, accuracy and timeliness.

Some of the responsibilities of the position include but are not limited to:

- Monitors behaviors and documents observed behaviors as indicated in the patient record.
- Provides ongoing attention and interaction with patients in order to establish supportive relationships, learn patient concerns and goals and work to assist patients in achieving successful outcomes.
- Assists patients with personal hygiene and activities of daily living skills (ADLs) in accordance with age, cultural consideration and level of functioning based on current acuity and diagnosis.
- Ensures implementation of the daily schedule that meets patients' needs and interests.
- Performs safety checks at a minimum of 15 minute intervals on patients in accordance with policy and procedure or as directed by supervisor.
- Supervises patients during fresh air breaks and visitation periods.
- Remains knowledgeable of admission/discharge status, patient level and privileges/restrictions, special information, treatment plan and unusual events.
- Performs and documents vital signs on patients, under direct supervision of Registered Nurse.

#### **Position Requirements:**

In order to be considered, candidates must have a High School Diploma or equivalent.

Certified Nursing Assistant (CNA) or Emergency Medical Technician (EMT) certification preferred.

One year experience working in direct patient care preferred.

Excellent customer service skills are essential and this individual must be able to interact appropriately with internal and external customers, including patients, families, caregivers, community service providers, supervisory staff and other department professionals.

# **Position Details:**

### Weekend Shifts:

Day Shift- Every other Saturday and Sunday **or** Every Saturday and Sunday 7:00am to 3:30pm on Children and Adolescent Unit & Adult Unit -MHRC North **and** Adult Unit-MHRC South

Evening Shift- Every other Saturday and Sunday **or** Every Saturday and Sunday 3:00pm to 11:30pm on Children and Adolescent Unit & Adult Unit -MHRC North <u>and</u> Adult Unit-MHRC South

## PRN Shift:

Work on an as needed basis- MHRC South and MHRC North