# Community Resources For Putnam County Algood/Cookeville, South Cookeville & Monterey Head Start Centers 2016-2017



To locate additional information on Community Resources access, www.tennhelp.com or Call 211

Developed and Distributed by L.B.J.& C. Head Start

# **Table of Contents**

Resources	for:

Adult Education	Page # 3
Adult Job Training	Page # 4
Bereavement	Page # 6
Child Care	Page # 7
Child Abuse	Page # 10
Dental Providers/TennCare	Page # 12
Dental Providers/	Page # 14
Disabilities	Page # 15
Domestic Violence	Page # 17
Drug/Alcohol Abuse	Page # 19
Emergencies	Page # 22
Food/Clothing& Utilities	Page # 24
Housing/Homeless	Page # 27
Insurance	Page # 29
Legal/Gov. Assistance	Page # 30
Marriage/Strengthening	Page # 32
Marriage (Pre-Counseling)	Page # 33
Medical Providers/TennCare	Page # 34
Medical Providers/	Page # 36
Mental Health Providers/TennCare	Page # 37
Mental Health Providers/	Page # 38
Quit Tobacco Resources	Page # 39
Raising Children	Page # 40
Transportation	Page # 42
Youth Involvement	Page # 44
Language Assistance	Page # 47

# Adult Education:

## **Fortis Institute**

Cookeville, TN. 38501 (931) 526-3660 (Assists Adults to further their education)

# **Genesis Career College**

880-A East 10<sup>th</sup> Street Cookeville, TN. 38501 (931) 526-8735 (Assists Adults to further their education)

# **Nashville State Community College**

1000 Neal Street Cookeville, TN. 38501 (931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

# **Putnam County Adult Basic Education**

286 E. Main Street Algood, TN. 38506 (931) 528-8685

They offer: ESOL, GED, Adult High School, Hi-SET test (Assists Adults to further their education)

# **Roane State Community College**

Crossville, TN 38555 931-456-9880 (Assists Adults to further their education)

# **Tennessee Technology Center**

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502 (Assists Adults to further their education and job skills training)

# **Tennessee Technological University**

Cookeville, Tennessee 38505 (800) 255-8881 or (931) 372-3888 or 931-372-3101 (Assists Adults to further their education)

# **Volunteer State Community College**

113 Windle Community RD. Livingston, TN 38570

931-823-7065

(Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

# **Adult Job Training Services:**

# **Adult Learning Center**

286 E. Main Street Algood, TN. 38506 (931) 528-8685

They offer: ESOL, GED, Adult High School, Basic Computer Training (Assists Adults to further their education)

# **Career Center**

580 S. Jefferson Suite A Cookeville, TN. 38501 (931) 520-8733 (Assist adults in locating jobs)

# **Career Solutions**

565 South Jefferson Cookeville, TN. 38501 (931) 520-8789 (Assists Adults with disabilities to further their education)

# **Genesis Career College**

880-A East 10<sup>th</sup> Street Cookeville, TN. 38501 (931) 526-8735 (Assists Adults to further their education)

# **Fortis Institute**

Highway 111 Cookeville, TN. (931) 526-3660 (Assists Adults to further their education)

# Mr. Wayne's school of Hair Design

Willow Tree Shopping Mall Cookeville, TN. 38501 (931) 526-1478 (Assists Adults to further their education)

# Nashville State Community College- Cookeville Higher Education

1000 Neal Street Cookeville, TN. 38501 (931) 520-0551 (Assists Adults to further their education and they also sponsor job fairs)

# **Social Security Administration - SSI Program**

1145 Perimeter Park Drive Cookeville, TN 38501

931-528-9765 & Hotline: 800-772-12131

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

# **Tennessee Department of Human Services - Putman County**

Families First Program 1000 England Drive, Suite B Cookeville, TN 38501 931-528-7487

# **Tennessee Technology Center**

910 Miller Ave. Crossville, TN. 38555 (931) 484-7502

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

# **Vocational Rehabilitation**

100 England Dr Cookeville, TN. 38501 (931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

# **Vocational Training Center**

1605 Brown Ave. Cookeville, TN. 38501 (931) 526-4721 or 931-526-1115

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

# Resources for Bereavement:

# **Heart of the Cumberland**

P.O. Box 2474

Cookeville, TN 38502 Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

# **Hospice Grief Recovery Group**

Sponsored by: Gentiva Hospice 851 South Willow Ave Ste 102 Cookeville, TN. 931-520-1705-Main Office 931-528-5133

# **New Beginnings Bereavement Support Group**

Meets at the First United Methodist Church 3rd Wednesday of each month at 11:00 a.m. Crossville, TN. 38555 (931) 484-4748

# Childcare:

# **ABC**, 123

7848 SOUTH FORK ROAD BAXTER, TN 38544 (931) 858-6698 (Mon – Fri call for fees)

# **Agape Pre-School**

Methodist Church 124 N Holly St Monterey, TN 38574 (931) 839-2597

## ALGOOD/COOKEVILLE HEAD START

180 WEST CHURCH ST ALGOOD, TN 38506 (931) 537-9057 (Free Service)

# **BRIGHT SIDE**

520 E. 10TH STREET COOKEVILLE, TN 38501 (931) 526-9649 (Mon – Fri call for fees)

# **BUSY BEES PRESCHOOL**

749 BUFFALO VALLEY RD COOKEVILLE, TN 38501 (931) 372-8275 (Call for fees)

# COLOR MY WORLD CHILD CARE AND LEARNING

1701 N. DIXIE COOKEVILLE, TN 38501 (931) 528-1503 (Call for fees)

# **Cookeville Cooperative Pre-School**

Sponsored by: St. Michaels Episcopal Church 640 N Washington Ave. Cookeville, TN. 38501 931-526-4654 (Monday-Friday 8:30 a.m. – 11:15 a.m.)

# COOKEVILLE CREATIVE LEARNING

275 S WALNUT COOKEVILLE, TN 38501 (931) 528-2782 (*Call for fees*)

# **CUMBERLAND EARLY SCHOLARS ACADEMY (-E-)**

728 S Jefferson Ave COOKEVILLE, TN 38501 (931) 528-2543 (Call for fees)

# **CUMBERLAND PRESBYTERIAN NURSERY**

565 E. 10TH STREET COOKEVILLE, TN 38501 (931) 528-8587 (*Call for fees*)

# JACOB'S LADDER

210 E. BROAD ST COOKEVILLE, TN 38501 (931) 520-0181 (Call for fees)

# KIDDIE KORNER DAYCARE

357 DRY VALLEY RD ALGOOD, TN 38506-0000 (931) 537-6423 (Call for fees)

# LONDON BRIDGE PRESCHOOL & INFANT TODDLER

1175 EAST 10TH STREET COOKEVILLE, TN 38501-0000 (931) 528-6860 (Mon – Fri call for fees) (931) 372-6977 (Mon – Fri call for fees)

# MONTEREY HEAD START

705 EAST COMMERCIAL MONTEREY, TN 38574 (931) 839-3323 (Free Service)

#### MRS. KRISTIE'S

1578 ELMORE TOWN RD BAXTER, TN 38544 (931) 858-5559 (Mon – Fri call for fees)

# **Lighthouse Learning Academy**

1160 Perimeter Park Dr Cookeville, TN 38501

# Little Wonderland

402 South Chestnut Monterey, TN.38574 (931) 839-8478

# MS THERESA'S PRESCHOOL

1630 HANGING LIMB ROAD MONTEREY, TN 38574 (931) 839-6682 (Call for Fees)

# **NOAH'S ARK**

780 FAIRGROUND LANE COOKEVILLE, TN 38501 (931) 528-7113 (Mon – Fri call for fees)

# **South Cookeville Head Start**

571 South Willow Ave. Cookeville, TN 38501 (931) 372-8021 (Free Service)

# THE NANNIES OF COOKEVILLE, INC

125 EAST STEVENS STREET COOKEVILLE, TN 38501 (931) 520-7749 (Mon – Fri call for fees)

# TTU CHILD DEVELOPMENT LAB

720 QUADRANGLE COOKEVILLE, TN 38505 (931) 372-6262 (Call for fees)

# Ms. Crystals Learning Tree

Hwy 70 Monterey, TN 38574 931-544-3794

# Resources to help in Child Abuse Situations:

# **Algood City Police Department**

110 E Main Street Algood, TN. 38506 (931) 537-6830 911 Emergencies (Assist with emergency needs)

# **Child Abuse Hotline**

900 2nd Avenue North Nashville, TN 37201 877-237-0004

(*Hotline Only*. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

# **Cookeville City Police Department**

10 East Broad Street Cookeville, TN. 38501 (931) 526-2125 (931) 526-2126 911 Emergencies (Assist with emergency needs)

# **Court Appointed Special Advocates for Children (***CASA***)**

580 S Jefferson Ave Cookeville, TN. 38506 931-520-9542

(Assist with child placement for best possible outcome when child is taken from home due to abuse and/or neglect)

# **Department Of Children's Services**

1300 Salem Road Cookeville, TN 38506 (931) 646-3000

(*Counties Include:* Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

# **District Attorney General**

1519-East Spring Street Cookeville, TN. 38501 (931) 528-5015

(Assist with child Abuse/domestic violence and other legal issues)

# **Juvenile Court Family Services**

421 East Spring Street Cookeville, TN. 38501 (931) 528-5541 (Assist with family legal needs)

# **LifeCare Family Services**

665 S Jefferson Ave Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

# **Monterey Police Department**

711 E. Commercial Ave Monterey, TN (931) 839-2323 911 Emergencies (Assist with emergency needs)

# **Putnam County Sheriff's Department**

421 Spring Street Cookeville, TN. 38501 (931) 528-8484 911 Emergencies (Assist with emergency needs)

# The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

#### **Tennessee Commission on Children/Youth**

1225 S Willow Ave Cookeville, TN 38501 (931) 646-0955

# **Dental Providers who take TennCare:**

# **Algood Family Dental Clinic**

172 West Main Street Algood, TN 38506 (931) 537-9948

# **Aspen Dental**

416 W Jackson St Cookeville, TN 38501 931-754-1103

# **Cookeville Regional Dental Clinic**

327 North Cedar Street Cookeville, TN 38501 (931) 528-5105

# **Crossville Dental Clinic**

1720 West Avenue Suite # 6 Crossville, TN. 38555 (931) 484-3007

# **Cumberland Pediatric Dentistry**

510 S Jefferson Ave Cookeville, TN 38501 931-854-1200

# Dr. Steven Ellis

Upper Cumberland Family Dentistry 215 Oak St Livingston, TN. 38570 (931) 823-5517 or 537-2254

# **Dr. Buckie Parsons**

215 Oak St Livingston, TN. 38570 (931) 823-5517 or 537-2254

# **Hays Dental Care**

620 E. 10<sup>th</sup> Street Cookeville, TN. 38501 (931) 526-1614

# **Hermitage Dental Clinic**

Dr. Charles Burdeshaw 107 Bonnabrook Drive Hermitage, TN 37076 1-800-889-1654

# **Hintz Family Dentistry**

120 West Jackson Avenue Cookeville, TN. 38501 (931) 526-5460

# **Monterey Dental Center**

400 West Crawford Ave, Ste C Monterey, TN. 38574 (931) 839-8684 (Open Monday – Thursday)

# **Putnam County Health**

701 County Services Rd Cookeville, TN. 38501 (931) 528-2531

# **Robinson Dental Care**

738 East Spring Street Cookeville, TN. 38501 (931) 520-8880

# Zoo Crew

Neal St Cookeville, TN 38501 931-349-7807

# Dr. L.G. Puckett

508 N. Church St Livingston, TN 931-823-3754

# **Cloudland Dental**

510 Livingston Rd Crossville, TN 38555 931-484-3007

# **Cumberland Pediatrics**

Jefferson St Cookeville, TN 38501 931-854-1200

# <u>Dental Providers, who may not take TennCare,</u> <u>but offer services to low-income families:</u>

#### **Bread of Life Homeless Shelter and Clinic**

281 4th Street Crossville, TN 38555 931-707-0503

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

# **Prescription Assistance Program**

www.pparx.com 1-888-477-2669

In the Month of February on a Saturday several Putnam County Dentist's provide a free dental services day. This day is announced in the local papers and Head Start shares this with our families and staff.

# Resources for Persons with Disabilities:

# **Project Affirm**

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823—5678

# **Children's Special Services**

Cookeville, TN 38501 931-528-2531

# **Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street Suite # 8 Cookeville, TN. 38501 (931) 528-7701

# **KIDS Putnam**

1130 Chocolate Dr Cookeville, TN 38501 931-526-5437

# Pacesetters Inc.

2511 HWY 111 North Algood, TN. 38506 (931) 537-9100

# **Social Security Administration - SSI Program**

1145 Perimeter Park Dr Cookeville, TN 38501 931-528-9765 & *Hotline*: 800-347-4501

# **Support Group for Families of Children w/Disabilities**

Sponsored by: Upper Cumberland Regional Health 200 West 10<sup>th</sup> Street Cookeville, TN. 38501 931-528-7531

# **Tennessee Department of Human Services - Putnam County**

1000 England Drive, Suite B Cookeville, TN 38501 931-528-7487

# **TN Early Intervention System (TEIS)**

Upper Cumberland 1519 East Spring St. Suite E Cookeville, TN 38506 (931) 528-1623

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

# **Vocational Rehabilitation**

100 England Dr Cookeville, TN. 38501 (931) 526-9783

# **Vocational Training Center**

1605 Brown Ave. Cookeville, TN. 38501 (931) 526-4721 or 931-526-1115

# **Assurance Wireless**

Free phone with 250 minutes per 250 minutes per month to apply call: 1-888-898-4888

# Resources to help in Domestic Violence Situations:

# **Algood City Police Department**

110 West Main Street Algood, TN. 38506 (931) 537-6830 or 931-537-6357 911 Emergencies (Assist with emergency needs)

# **Cookeville City Police Department**

10 East Broad Street Cookeville, TN. 38501 (931) 526-2125 (931) 526-2126 911 Emergencies (Assist with emergency needs)

# **Domestic Violence Support Group**

Sponsored by Genesis House: 931-526-5197

# **District Attorney General**

1519-East Spring Street Cookeville, TN. 38501 (931) 528-5015 (Assist with child Abuse/domestic violence and other legal issues)

## Genesis House

Street location is confidential Cookeville, TN N/A (931) 526-4730

**Hotline:** 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

# **LifeCare Family Services**

665 South Jefferson Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

# **Monterey Police Department**

Commercial Ave Monterey, TN. 38574 (931) 839-2323 911 Emergencies (Assists in emergency situations)

# **Putnam County Sheriff's Department**

Spring Street Cookeville, TN. 38501 (931) 528-8484 911 Emergencies (Assist with emergency needs)

# **Trinity Outreach Center**

205 West Wall Street Algood, TN 38506 931-537-9814

(Assists in paying utilities, rent, and prescription drugs. Individuals can also receive food and clothing help.)

# Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area (See listed under Pre-Marriage Counselors)

# 12 Steps to Freedom

Algood Presbyterian Church Algood, TN 38506 Last Wednesday 931-239-8251

# **Standing Stone Church**

Elmore St Monterey, TN 38574

# **Alcoholics Anonymous (AA)**

Monterey, TN 38574 Meets at the Senior Citizens on Friday Nights at 7:00 p.m.

#### AA/NA

Monterey Senior Citizen Elmore St Monterey, TN 38574

# **Algood City Police Department**

110 West Main Street Algood, TN. 38506 (931) 537-6830 or 931-537-6357 911 Emergencies

# **Bradford Health Center @ Cookeville Regional Office**

1330 Neal Street, Suite D Cookeville, TN 38501 931-528-6803

# **Center Grove Church of Christ**

Meetings on Meth Abuse 38575 S Grundy Quarles Hwy Gainesboro, TN 38575 931-858-7460

# **Cookeville City Police Department**

10 East Broad Street Cookeville, TN. 38501 (931) 526-2125 (931) 526-2126 911 Emergencies

# **Daily Surrender**

St. Michael's Church N Washington Ave Sunday, Thursday, Friday, 7PM

# **Drug Abuse Hotline**

1-800-888-9383 (Call to report illegal drug activity)

# **Freedom Group**

165 E Broad St 1<sup>st</sup> United Methodist Church (*Mondays 7PM*)

# **LifeCare Family Services**

665 South Jefferson Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

# MADD of Tennessee (Mothers Against Drunk Driving) - Putnam County

18 N Madison Ave Cookeville, TN 38502

931-284-4829 & **Hotline:** 800-544-MADD

# **Meth Hotline**

Spring Street Cookeville, TN. 38501 (931) 525-6384

# Meth Hotline/Statewide

1-877-866-6384 (Call to report suspected Meth activity)

# Mothers Against Drunk Driving /Support Group Meetings

18 N. Madison Ave Cookeville, TN. 38501 931-284-4829

# Noon Group

St Michael's Church North Washington Ave M-F 12 Noon

## **Plateau Mental Health Center**

Substance Abuse Services 1200 South Willow Avenue Cookeville TN 38502

Phone: (931) 432-4123 Hotline: (877) 567-6051

# **Putnam County Sheriff's Department**

421 Spring St Cookeville, TN. 38501 (931) 528-8484 911 Emergencies (Assist with emergency needs)

# **Promise of Hope**

Friendship United Methodist 5454 N Jefferson Ave Wednesdays 6 PM

# The Ranch

PO Box 38 Nunnelly, TN 37137 1-866-247-7183

# **Recovery 1st**

St. Michael's

N Washington Ave Cookeville, TN 38501 Tuesday, Wednesday, Saturday, 7PM

# **Serenity on the Square**

20 N Dixie Ave Cookeville, TN 38501 Thursday & Friday 7PM, Saturday 10AM

# **Thirteenth Judicial Task Force**

Cookeville, TN. 38501 (931) 528-5400 (*Drug Task Force*)

# **Upper Cumberland-Community Services Agency**

1000 England Dr Cookeville, TN 38501 (931) 520-0200

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

# Assistance in the event of an Emergency Situation:

# Air Evac Life Team

106 Emergency Services Dive Albany, KY 42602 (606) 387-9099 Emergency = 911

# **Algood City Police Department**

110 West Main Street Algood, TN. 38506 (931) 537-6830 911 Emergencies

# **Baxter Fire Department**

410 Elm St Baxter, TN. (931) 858-2621 911 Emergencies

# **Cookeville City Police Department**

10 East Broad Street Cookeville, TN. 38501 (931) 526-2125 (931) 526-2126 911 Emergencies

# **Cookeville City Fire Department**

45 East Broad Street Cookeville, TN. 38501 (931) 526-2121 (931) 520-5236 911 Emergencies

# **Monterey Police Department**

711 Commercial Ave. Monterey, TN. 38574 (931) 839-2323 911 Emergencies

# **Monterey Fire Department**

Monterey, TN. 38574 (931) 839-2323 911 Emergencies (Assist with emergency needs)

## **Poison Control/National**

1-800-222-1222

# Poison Control/Cookeville

1-800-288-9999

# **Putnam County Sheriff's Department**

421 Spring Street Cookeville, TN. 38501 (931) 528-8484 911 Emergencies

# **Putnam County Ambulance Service**

700 County Services Dr Cookeville, TN. 38501 (931) 528-1555 911 Emergencies

# **Putnam County Fire Department**

700 County Services Dr Cookeville, TN. 38501 (931) 528-1200 911 Emergencies

# **Putnam County Sheriff's Department**

421 Spring Street Cookeville, TN. 38501 (931) 528-8484 911 Emergencies

# **Shriners of Tennessee**

1354 Brick Church Pike Nashville, TN. 37207 (615) 226-7676

# **Thirteenth Judicial Task Force**

Cookeville, TN. 38501 (931) 528-5400 (*Drug Task Force*)

# Assistance with Food/Clothing/Utilities Needs:

# **Allons Church of Christ**

3154 Celina Hwy Allons, TN. (931) 823-4145 (Assist with various needs)

# **Baxter Church of Christ**

24 Buffalo Valley Rd Contact: John Pippin 931-858-3518 (Assist with food and clothing)

# **St Thomas Outreach**

421 North Washington Ave. Cookeville, TN. 38501 (931) 526-2575 931-372-1368 (Assist with food needs)

# **Center Grove Church of Christ**

38575 S Grundy Quarles Hwy Gainesboro, TN 38575 931-858-7460

# **Church on the Hill**

3001 Phillips Cemetery Rd Algood, TN 931-537-9504 Mon, Tues, Thurs 9-4pm (Assists with utilities once a year)

# **Collegeside Church of Christ**

252 East 9<sup>th</sup> Street Cookeville, TN. 38501 (931) 526-4605 or 526-2661 (Assist with food needs)

# **First Baptist Church**

18 South Walnut Cookeville, TN. 38501 (931) 526-7108 (Assist with food needs)

## First United Methodist Church of Cookeville

165 E Broad Cookeville, TN 38501 931-526-2177

(Assists with <u>Clothing</u>, Transportation and <u>Utilities</u>. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)

# **Helping Hands**

421 E. Broad St Cookeville, TN 38501 931-526-8838 M-F 9-12 & 1-5p

#### Life Church

2223 N. Washington Ave. Cookeville, TN 520-3343 (Assist with food and other needs)

# **Monterey Church of God**

625 S Poplar Monterey, TN 38574 (Assist with food and other needs)

# **Mineral Springs Missionary Baptist Church**

Monterey, TN 38574 (Assist with food and other needs)

# **Putnam County Helping hands**

421 E Broad St Cookeville, TN. 38501 (931) 526-3838 (Assists families in need)

# **Stevens Street Baptist Church Care Center**

406 Short St Cookeville, TN. 38501 (931) 526-6398 Open Noon-2pm, Closed Fridays (Assist with food needs)

# St. Thomas Aquinas Catholic

421 N. Washington Ave 931-372-1368 (Assists with food and utilities)

# **Tennessee Department of Human Services - Putman County** *Families First Program*

Cookeville, TN 38501 931-528-7487

(Assists with Children's Issues, Disability Services, **Food**, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

# **Trinity Outreach Center**

205 West Wall Street Algood, TN 38506 931-537-9814

(Assists in paying **utilities**, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.)

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

# **Victory Christian Church**

125 South Oak Street Monterey, TN 38574 (931) 839-6068

#### **West View Baptist Church**

427 Laurel Ave Cookeville, TN 38501 931-526-7220 Free clothing 1<sup>st</sup> & 3<sup>rd</sup> Monday 11Am-1PM

# Resources to assist with Housing/Homeless Needs:

# **Algood Manor**

100 Maddux Ct Algood, TN. 38506 (931) 537-3228 (Income Based Housing)

# **Bread of Life Homeless Shelter and Clinic**

281 4th Street Crossville, TN 38555 931-707-0503

# **Highlands Residential Services**

235 West Jackson St. Cookeville, TN 38501

Main Office: (931) 526-9793

Fax: (931) 526-5841

Website: www.highlandsrs.com

(Public Housing offers affordable housing in Cookeville, Baxter, Algood, Monterey, Gainesboro and Celina. In addition, their resident services dept. offers programs to housing residents such as Teens Need Training after-school program, elderly or disabled mentoring, monthly resident newsletter, Resident Council activities, youth programs and more).

#### **Cookeville Rescue Mission**

1331 South Jefferson Ave Cookeville, TN 38506 (931) 528-5819 (Homeless shelter)

### First United Methodist Church of Cookeville

165 E Broad Cookeville, TN 38501 931-526-2177

(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), <u>pay for rent</u>, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)

# **Habitat for Humanity**

728 E 15<sup>th</sup> St. Cookeville, TN. 38501 (931) 528-1711

(Habitat builds and sells houses to "partner families" at cost with no-interest mortgages)

# **Highland Manor**

535 Old Walton Rd Monterey, TN 38574 (931) 839-7566 (62 years or older/housing)

# **Homeless Prevention and Rapid Rehousing**

1225 S. Willow Ave Cookeville, TN 38501 931-432-4111

# **Laurel Creek Apartments**

Sponsored by: Upper Cumberland Development District 580 Cora Rd Cookeville, TN. 38501 (931) 432-4111

# **Rolling Meadows**

186 Dry Valley Rd Algood, TN. 38506 (931) 537-9839 (Low-income Benefits for Housing)

# **Trinity Outreach Center**

205 West Wall Street Algood, TN 38506 931-537-9814

(Assists in paying **utilities**, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.)

# **United States Department of Agriculture**

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 526-9502 (Provides affordable home loans. Assists low-income homeowners finance needed home repairs)

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-520-0651

#### **Volunteer Behavioral Outreach**

Kristin Raines- Homeless Outreach Coordinator 1200 S. Willow Ave Cookeville, TN 38501 931-432-7681

# **Wonderwood Apartments**

230 Cates Rd Monterey, TN. 38574 (931) 839-3118 (Low-income housing, must meet guidelines)

# Assistance with Insurance Needs:

# **Blue Cross Blue Shield**

1-800-845-2738 (Affordable Insurance for Families & Individuals)

# Farm Bureau

410 Veterans Drive Cookeville, TN 38501 (931) 528-1571 (Affordable Insurance for Families & Individuals)

#### Farm Bureau

1165 South Willow Ave Cookeville, TN 38501 (931) 432-1571 (Affordable Insurance for Families & Individuals)

#### Farm Bureau

107 W. Commercial Ave Monterey, TN 931-584-0042

#### **State Farm Insurance**

595 E. Spring Street Cookeville, TN 38501 (931) 528-6515 (Affordable Insurance for Families & Individuals)

# The Bradley Agency

102 E. Commercial Ave Monterey, TN 931-584-0111

# Tennessee Department of Human Services - Putman County Coverkids

1000 England Drive, Suite B Cookeville, TN 38501 931-528-7487

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

# **Tennessee Justice Center**

301 Charlotte Ave Nashville, TN 615-255-0331

Assists with strategies for obtaining TennCare and appeals process, etc.

# Legal/Governmental Assistance:

# **Child Support Services of Tennessee - Cookeville**

1525 East Spring Street Suite G Cookeville, TN 38506 931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

# **Highland Residential Services**

Housing Authority

235 W Jackson Cookeville, TN 38503 (931) 526-9793 Cookeville (931) 839-3331

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

# Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue Cookeville, Tennessee 38501

Phone: 931.528.7436 Toll Free: 800.262.6817

(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

# **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197 Hotline: 800-707-5197

Translation services offered: Yes

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

# **United Way 211**

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

# **Upper Cumberland-Community Services Agency**

1000 England Dr Suite F Cookeville, TN 38501 (931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

# Resources to Strengthen Marriages:

# **Assessment Counseling & Training Services (ACTS)**

Cookeville, TN 38501 (931) 528-9399

# Family Church of God A Family of Faith, Hope and Love

119 West Commercial Ave. Monterey, TN 38574 (931) 839-7011 (931) 839-2183

# **LifeCare Family Services**

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

# The Exchange Club/Stephens Center for the Prevention of Child Abuse

307A West Broad Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

# **Trinity Church**

205 West Wall Street Algood, TN. 38506 (931) 537-9830

# **Upper Cumberland Development District**

1225 South Willow Avenue Cookeville, TN 38501 (931) 432-4111

# **Westview Baptist Church**

427 Laurel Ave. Cookeville, TN. 38501 (931) 526-7220

# Pre- Marriage Counselors:

# **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501 (931) 528-9399 (Provide Assistance with Marriage & Mental Health Counseling)

# Family Church of God A Family of Faith, Hope and Love

119 West Commercial Ave.

Monterey, TN 38574
(931) 839-2183
Contact: Carlos Merida
(Assist with pre-marriage & marriage strengthening counseling)

# **Trinity Church**

205 West Wall Street Algood, TN. 38506 (931) 537-9830 (Assist with pre-marriage & marriage strengthening counseling)

# **Westview Baptist Church**

427 Laurel Ave.
Cookeville, TN. 38501
(931) 526-7220
(Assist with pre-marriage & marriage strengthening counseling)

# Medical Providers who take TennCare:

# **Baxter Medical Clinic**

319 West Broad Street Baxter, TN.38544 (931) 858-2116

# **Children's Special Services**

Cookeville Regional Health Office 200 W. 10th Street Cookeville, TN 38501 931-528-2531

# **Cookeville Pediatrics Associates**

150 N. Willow Ave Cookeville, TN. 38501 (931) 528-1485

# **Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street Cookeville, TN. 38501 (931) 528-2541

# Center of Vision Development/Dr. Clopton

1440 E10th St Cookeville, TN. 38501 (931) 372-2567

# Dr. P.K. Jain

225 North Willow Ave. Cookeville, TN. 38501 (931) 528-8899

# Dr. Koucheki

40 Elmo Dr Crossville, TN. 38555 (931) 484-5525 1-800-669-1851

# Dr. Krusa

289 Highland Square Shopping Center Crossville, TN. 38556 (931) 484-4364

# **Dr. David Snodgrass**

4761 Andrew Jackson Parkway Hermitage, TN. 37076 (615) 885-3525 (Takes TennCare)

# **Kids Kare**

Dr. Climico 758 South Willow Ave. Cookeville, TN. 38501 (931) 526-6173 (Takes TennCare)

# **Monterey Rural Health Clinic**

117 W Commercial Ave Monterey, TN. 38574 (931) 839-6642 (Takes TennCare)

# **Moore Eyes**

209 E. Commercial Ave Monterey, TN. (931) 839-3937

# **Putnam County Health**

701 County Services Drive Cookeville, TN. 38501 (931) 528-2531

# **Tennessee Pediatrics**

435 North Cedar Street Cookeville, TN. 38501 (931) 526-6100 (*Takes TennCare*)

# Wheeler Eye Care

Dr. Jane Wheeler 46 West Broad Street Cookeville, TN. 38501 (931) 528-7765 (Takes TennCare)

# <u>Medical Providers, who may not take TennCare, but offer</u> <u>services to low-income families:</u>

#### **Baxter Medical Clinic**

319 West Broad Street Baxter, TN.38544 (931) 858-2116

(Takes TennCare and has affordable rates for those who do not have TennCare)

# **Bread of Life Homeless Shelter and Clinic**

281 4th Street Crossville, TN 38555 931-707-0503

(Primary care medical clinic for uninsured no-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

# **Children's Special Services**

1100 England Dr Cookeville, TN 38501 931-528-7531

(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

# **Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street Cookeville, TN. 38501 (931) 528-2541 (*Takes TennCare*)

# **Monterey Lion's Club**

1020 Farley Ave Monterey, TN. 38574

(931) 839-2669 (Assist with eye exams and glasses, must show proof of need)

# **Putnam County Health**

701 County Services Drive Cookeville, TN. 38501 (931) 528-2531

(Takes TennCare and has affordable rates for those who do not have TennCare)

# **Primary Health Clinic**

135 W 3<sup>rd</sup> St Cookeville, TN 38501 931-526-7622

# Mental Health Providers who take TennCare:

# **Cumberland Plateau Recovery**

550 North Church Street Livingston, TN. 38570 (931) 403-3577 (931) 265-5382

# **Dale Hollow Mental Health Center**

501 Spruce Street Livingston, TN. 38570 (931) 823-5678 or (800) 704-2651

# **Personal Growth and Learning Center**

509 North Cedar Avenue Cookeville, TN 38501 931-520-8435

# **Plateau Mental Health Center**

Substance Abuse Services 1200 South Willow Avenue

Cookeville TN 38502 Phone: (931) 432-4123 or Crisis Hotline: (877) 567-6051

# **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F Cookeville, TN 38506 Hours of operation = 24 hrs/day, 7 days a week Phone: 931-526-5197 **Hotline**: 800-707-5197

# Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow PO Box 3165 Cookeville, TN 38502

931-432-4123 **Hotline:** 1-800-281-4943

# **LifeCare Family Services**

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

# **Mental Health Co-Op**

418 N. Willow Ave Cookeville, TN 38501 931-646-5600

# Mental Health Providers, who may not take TennCare, but offer services to low-income families:

# **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501 (931) 528-9399

# **LifeCare Family Services**

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

# **Plateau Mental Health Center**

1200 South Willow Avenue Cookeville TN 38502

Phone: (931) 432-4123 or Hotline: (877) 567-6051

#### Pacesetters Inc.

2511 HWY 111 North Algood, TN. 38506 (931) 537-9100

# **Upper Cumberland-Community Services Agency**

1000 England Dr Cookeville, TN 38501 (931) 520-0200

# **Upper Cumberland Human Resource Agency - Putnam County**

580 South Jefferson Ave Cookeville, TN 38506 931-528-1127

# Quit Tobacco Resources

**Tennessee Tobacco Quitline:** 1-800-784-8669

# **Cumberland County Health Department**

Smoking Cessation Ruth Lucas 131 South Webb Crossville, TN 931-484-6196

# **Nicotine Anonymous**

www.nicotineanonymos.org

# **American Lung Association**

Freedom From Smoking www.lungusa.org

# **American Lung Association of Tennessee**

1-800-432-5864 www.lungusa.org

# **Former Smokers**

The No Smoke Café http://clever.net/chrisco/nosmoke/stop.html

# Resources to assist persons raising children possibly other than their own:

# **Agricultural Extension Service - Putnam County**

900 South Walnut Avenue Cookeville, TN 38501 931-526-4561

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

# **Department Of Children's Services**

1300 Salem Road Cookeville, TN 38506 (931) 646-3002

(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

# **Help Us Grow Up Successful (HUGS)**

Upper Cumberland Regional Office 111 England Dr Cookeville, TN 38501 931-528-7531

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

#### **Relatives as Caregivers**

1225 South Willow Ave. Cookeville, TN. 38501 (931) 432-4111

(Assists in various ways, such as support groups, etc.)

# The Exchange Club/Stephens Center for the Prevention of Child Abuse

307A West Broad Street Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

# **Upper Cumberland-Community Services Agency**

1000 England Dr Cookeville, TN 38501 (931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

# **Youth Villages**

1420 Neal Street Cookeville, TN. 38501 (931) 525-6900 (Assists Foster Parents in the Upper Cumberland)

# Resources to assist with Transportation Needs:

# A Cheap Taxi

984 Humble Dr, Cookeville, TN 38501 (931) 520-1818

# A-1 Auto Repair

12636 Monterey Hwy Monterey, TN. 38574 (931) 839-3013 (*Repairs vehicles*)

#### Affordable Cab

502 E Spring St, Cookeville, TN 38501 (931) 372-7599

#### Clark's Taxi Cab Service

565 W Broad St, Cookeville, TN 3850 (931) 526-8889

### Cookeville Taxi Cabs

428 E Broad St, Cookeville, TN 38501 (931) 372-2227

#### **Discount Taxi**

945 Grandiose Dr, Cookeville, TN 38501 (931) 526-2222

# First United Methodist Church of Cookeville

204 East Springs Street Cookeville, TN 38501 931-526-2177

(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)

# Norrod's Garage

605 Cates Road Monterey, TN. 38574 (931) 839-3016 (Repairs vehicles)

# **Selby's Cab Company**

164 W 1st St, Cookeville, TN 38501 (931) 372-7588

# **Upper Cumberland-Community Services Agency**

1000 England Dr Cookeville, TN 38501 (931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

# **Upper Cumberland Human Resource Agency - Putnam County**

Cookeville Area Transit Service, CATS 580 S Jefferson Ave Cookeville, TN 38506 931-528-1127 931-372-8000

Accessible public transportation within Cookeville city limits. Please make reservations at least two days in advance. Services operated by Upper Cumberland Human Resource Agency (UCHRA).

# **Upper Cumberland Development District**

1225 South Willow Avenue Cookeville, TN 38501 (931) 432-4111

(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

# **Promoting Youth Involvement:**

# **Baxter Branch Library**

200 Main Street
Baxter, TN.
(931) 858-1888
(Assists with library cards, tax forms, research and Internet access)

#### **Church of the Nazarene**

106 North Poplar Street
Monterey, TN. 38574
(931) 839-2609
(Provide opportunities for youth to meet and participate in activities)

# **Collegeside Church of Christ**

252 East 9<sup>th</sup> Street Cookeville, TN. 38501 (931) 528-2872 (Has Teenside & UCSC Programs for youth involvement)

# **Cookeville Children Theatre**

460 E. Stevens Street
Cookeville, TN. 38501
9331-528-5437
(Assists young people to get involved with drama/theatre. Puts on plays for the community)

# **Highlands Residential Services**

235 West Jackson St. Cookeville, TN 38501 Main Office: (931) 526-9793

Fax: (931) 526-5841

Website: www.highlandsrs.com

(Public Housing offers affordable housing in Cookeville, Baxter, Algood, Monterey, Gainesboro and Celina. In addition, their resident services dept. offers programs to housing residents such as Teens Need Training after-school program, elderly or disabled mentoring, monthly resident newsletter, Resident Council activities, youth programs and more).

# **Cumberland Soccer Complex**

Board of Directors (931) 528-6516 (Assists young people to get involved with soccer)

# **First United Methodist Church Youth Group**

204 East Spring Street Cookeville, TN. 38501 (931) 526-2177

(Provide opportunities for youth to meet and participate in activities)

# **Monterey Branch Library**

401 East Commercial Monterey, TN. 38574 (931) 839-2103

(Assists with library cards, tax forms, research and Internet access. Also has activities for youths)

# **Monterey First Baptist**

Youth Pastor: Jeremy Flatt 106 N Chestnut St Monterey, TN. 38574

(931) 839-2971

# **Putnam County Library**

50 E. Broad Street Cookeville, TN. 38501 (931) 526-2416

(Assists with library cards, tax forms, research and Internet access)

# **Putnam County Children's Library**

50 E. Broad Street Cookeville, TN. 38501 (931) 526-2416

(Assists with library cards, has story time and special projects for youth)

# **River Community Church**

1200 Miracle Rd Cookeville, TN. 38501 (931) 528-3660 (Youth Program)

# **Upper Cumberland-Community Services Agency**

1000 England Dr Cookeville, TN 38501 (931) 520-0200

# **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506 931-528-1127

# **YMCA**

235 Raider Dr Cookeville, TN. 38501 (931) 528-1255

(Assists young people to become involved in exercise activities and community events)

# **Victory Christian Church Youth Program**

125 S Oak St Monterey, TN. 38574 (931) 839-6068 (Provide opportunities for young children to become involved in church and the community)

# WCTE American Graduate& Ready To Learn

lWray@wcte.org CPutnam@wcte.org 931-528-2222

# <u>Language Assistance</u> (All Counties)

# **Brent Simpson**

931-212-8097

# **County Health Depts. - Primary Health Care Services**

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

# **Department of Human Services, Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

#### **Hispanic Family Resource Center**

(615) 227-7500 (800) 280-8682

#### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150 (615) 699-6279

# **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue Cookeville, TN 38501 (931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)