Morrow County Services for Older Citizens 41 West Center Street, Mount Gilead, OH 43338 Phone 419-946-4191 Fax 419-946-1037 FEBRUARY 2020 MENU

MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
3 Veal Patty Bun Baked Beans Corn Malibu Fruit Mix Milk	4 Sliced Turkey Peas & Carrots Mashed Potatoes Peaches Roll Milk	5 Spaghetti w/ Meat Sauce Green Beans Cauliflower Mandarin Oranges Milk	6 Burger Bun Vegetable Soup Beet Salad Applesauce Milk	7 Taco Meat Tortilla Lettuce Corn & Black Bean Mix Pineapple Milk
10 Chicken Breast Prince Charles Veggie Blend Lima Beans Strawberries Pasta Sauce Milk	11 Beef Stroganoff Broccoli Corn Mandarin Oranges Cookie Milk	12 Salisbury Steak Mashed Potatoes Peas & Onions Cinnamon Apple Crisp Bread Milk	13 Pizza Patty Bun Mediterranean White Bean Soup Beet Salad Mandarin Oranges Milk	Cooked Carrots Pears & Blueberries Milk
17 CLOSED IN OBSERVATION OF PRESIDENTS DAY	18 Chicken Leg Green Beans Cauliflower Peaches Roll Milk	19 Roast Pork Scalloped Potatoes California Blend Veggies Sliced Apples Roll Milk	20 Ham & Swiss Bun Vegetable Soup Cucumber Salad Apricots Milk	21 Hungarian Goulash Prince Charles Veggie Blend Corn Pineapple Roll Gingerbread Cookie Milk
24 Ham & Turkey Sandwich Cooked Carrots Wax Beans Cinnamon Apple Crisp Cookie Milk	25 Pot Roast Mashed Potatoes California Blend Veggies Pears Breadstick Milk	26 Cheese Ravioli w/ Marinara Sauce Cooked Spinach Carrot Raisin Salad Milk	27 Burger Bun Tomato Basil Soup Tossed Salad Pineapple Milk	28 Breaded Eggplant w/ Marinara Sauce Green Beans Malibu Fruit Mix Garlic Bread Marshmallow Crispy Bites Milk

Just a few reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal if you cannot come in.

2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as though they cannot get in your drive or up to your house, they may decide not to deliver your meal. We do not want to put anyone in harm trying to deliver a meal in the bad weather.

3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs.

Thank you, if you have any questions please give us a call at the center.