



June 2020

1423 S Hastings Way
 Eau Claire, WI
 Instudio & Virtual
 Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
All classes are offered in studio and live streaming unless marked virtual.	1 PiYo 9am Kettles 5:30pm	2 Sculpt 5:45am BarOga 9am Iron Flow + Abs 5:30pm	3 PiYo 9am Defined Abs 4:30pm <u>Virtual PiYo 5:30pm</u>	4 March Punch Kick 9am Kettles 4:30pm In Studio WERQ 5:30pm	5 Booty Blast 5:45am	6 PiYo 8am	
	7 Stretchy Flow 8am	8 PiYo 9am Kettles 5:30pm	9 Yoga + HIIT 5:45am Yoga Fusion 9am Iron Flow + Abs 5:30pm	10 PiYo 9am Barre HIIT 4:30pm <u>Virtual PiYo 5:30pm</u>	11 March Punch Kick 9am Kettles & Abs 4:30pm	12 HIIT 5:45am	13 PiYo 8am
	14 Stretchy Flow 8am	15 PiYo 9am Kettles 5:30pm	16 March/Punch 5:45am Deep Flow 9am Iron Flow + Abs 5:30pm	17 PiYo 9am Booty Blast 4:30pm <u>Virtual PiYo 5:30pm</u>	18 March Punch Kick 9am TBD 4:30/5:30pm	19 Barre HIIT 5:45am	20 PiYo 8am
	21 Stretchy Flow 8am	22 PiYo 9am Kettles 5:30pm	23 Kettles 5:45am Yoga Fusion 9am Iron Flow + Abs 5:30pm	24 PiYo 9am Yoga HIIT 4:30pm <u>Virtual PiYo 5:30pm</u>	25 March Punch Kick 9am TBD 4:30/5:30pm	26 Sculpt 5:45am	27 PiYo 8am
	28 Stretchy Flow 8am	29 PiYo 9am Kettles 5:30pm	30 Defined Abs 5:45am BarOga 9am Iron Flow + Abs 5:30pm	27 PiYo 9am HIIT 4:30pm <u>Virtual PiYo 5:30pm</u>	28 March Punch Kick 9am TBD 4:30/5:30pm	29 Iron Flow 5:45am	30 PiYo 8am

