

After attending this conference, you should be able to:

- Understand the endocannabinoid system
- Understand the role of the endocannabinoid system in sleep
- The effect of cannabis on sleep and sleep disorders
- Identify the pediatric patient and their normal sleep patterns
- Recognize why children need sleep evaluation
- Discuss AASM technical & recording recommendations when performing pediatric sleep studies
- Understand what MSLT testing is
- Understand the purpose of MSLT testing and what is considered abnormal
- Understand special considerations during MSLT testing.
- Identify the proper documentation needed to optimize in-lab sleep study approvals.
- Identify the need to understand and know the medical policy for each payer source
- Develop a plan to increase in-lab testing vs HST
- Understand the concept and overview of connected care solutions
- Understand the different types of published studies
- How Big Data can further help drive better care initiatives, patient adherence, and reimbursement pathways.
- How to identify seizure activity during sleep
- What are typical types of seizures seen during sleep
- Recognize what the patient will display clinically during seizure activity.
- Understand normal respiratory physiology
- Understand utilization of servo ventilation during a sleep study
- Understand how to implement non-invasive ventilation

Purpose

The purpose of this conference is to bring the latest information in the Sleep Medicine field to physicians, mid-level providers, sleep technologists, respiratory therapists, nurses, EEG technologists, and other healthcare providers involved in the care of patients with sleep disorders.

Directions

Conference is located at the Education and Research Center, UnityPoint-Methodist.

Address:

Unity Point Methodist Education & Research Center
1415 Woodland Ave
Des Moines, IA 50309

Overnight accommodations have been set aside at Holiday Inn Express, Des Moines. Tell them you are with the Iowa Sleep Society when making reservations. Special rate of \$119 plus tax.

Hotel Address:

Holiday Inn Express
333 Southwest 11th Street
Des Moines, IA 50309
Phone (877)410-6667



Iowa Sleep Society Annual Conference

12th Annual Iowa Sleep Society
Conference on
September 13, 2019.

www.ialseepsociety.org



Educational Program

Friday September 13, 2019

Program Committee:

Penny Grunder, Melissa Walsh, Linda Berry, Lisa Leibold, Lyn Otto,
Brandon Butters, Teresa Blondell, Gail Wilkins, Kai Schwab

Continuing Education

- Application to the AARC CSCE has been submitted for approval
- BRPT CEC Program Application has been submitted for approval
- Application for Nursing Contact hours has been submitted for approval
- Full attendance is required. No partial credit will be given. It is the licensee's responsibility to determine if the continuing education programs they attend meet the requirements of their professional licensure.

Intended audience: physicians, physician assistants, nurse practitioners, nurses, respiratory therapists, sleep technologists, END technologists, other healthcare providers involved in sleep medicine

Conference Cost:

Physician: \$100

Nurse, RT, Sleep Tech, END: \$100

Student (NO CEU/Contact Hours): \$50

Registrations after 9/1/19 add \$30

Cost includes conference, all meals and snacks, and continuing education units.



Time	Topic	Speaker
7:00am	Registration and Continental Breakfast	Iowa Sleep Society Board Members – Breakfast Sponsored by F&P Healthcare
7:45-8:45	MSLT	Melissa Walsh & Linda Berry
8:45-9:45	Pediatric Sleep Studies: What you need to know...	Joel Porquez, BS, RPSGT, RST, CCSH
9:45-10:05	Break—Vendor Hall open	Sponsored by
10:05-11:05	Big Data: New Findings in Connected Care and How It Can Positively Influence Therapy & Adherence	Rachel Gunnarson, RRT, RPSGT
11:05-12:05	Seizure Activity in Sleep	Sara Batson, R. EEGT, CNIM
12:05-12:50	Lunch	Sponsored by
12:50-1:50	Cannabis role in Sleep & Sleep Disorders	Dr. Akshay Mahadevia
1:50-2:50	Advanced Therapies	Brandon Butters, RRT, RPSGT
2:50-3:10	Break—Vendor Hall Open	
3:10-4:10	Device Therapy Options for CSA Patients: How does it work and what to expect	Respicardia – Don Hefner
4:10-5:10	Optimizing In Lab Testing	Penny Grunder, AAS, BS, RPSGT, CSE
5:10-5:30	Close/Evaluations	ISS Board
	<p>Register and pay online using PayPal at: www.iasleepsociety.org/education-conference.html</p> <p>Mail checks to: Iowa Sleep Society % Lisa Leibold 2209 W 14th Street Davenport, IA 52804</p>	<p>REFUNDS: NO REFUNDS AFTER SEPTEMBER 9.</p> <p><i>Attendees will not be officially registered until fees have been received. Registration Fees cover cost of conference, continuing education, and all meals and breaks.</i></p>