

THE FACE OF DIABETES



In the United States 29.1 million people or 9.3% of the total population have diabetes and 8.1 million or 27.8% of people with diabetes are undiagnosed, according to the Center for Disease Control. Chances are you know someone with diabetes. The cost to treat this disease for those without health insurance can be thousands of dollars per year.

In Lebanon County, it is estimated that 8.7% of adult residents are living with diabetes and death rates from diabetes continue to trend upward. Over 50% of the patients seen at Volunteers in Medicine have diabetes and in many cases suffer from related conditions such as hypertension, heart and kidney disease, neuropathy and eye problems. Other health related problems associated with diabetes include sleep apnea, fatty liver disease, and increased risk of cancer and bone fractures. People with diabetes may develop severe complications that can result in blindness or amputations.

Diabetes is a national health crisis costing an estimated \$245 billion in direct and indirect costs. At the VIM clinic our providers work tirelessly to treat and educate our diabetic patients helping them remain active, healthy and productive members of our community.

SUMMER 2015



NEWSLETTER

WILL YOU PARTNER WITH VIM TO HELP OUR FRIENDS & NEIGHBORS?

\$1,000

Provides care and treatment for one diabetic patient for one year

\$500

Provides one year of laboratory testing for one diabetic patient

\$250

Provides one month of insulin for one diabetic patient

\$100

Provides one year of doctor visits for one diabetic patient



HEALTHY COMMUNITY CAMPAIGN REACHES GOAL

Pictured left to right: Bob Phillips, Linda Jackson, Rich Carter & Nancy May.

ONE YEAR AGO, VOLUNTEERS IN MEDICINE LAUNCHED ITS FIRST COMMUNITY-BASED FUNDRAISING CAMPAIGN WITH A GOAL OF \$300,000. WITH THE HELP AND SUPPORT OF LOCAL INDIVIDUALS, BUSINESSES, FOUNDATIONS AND CIVIC ORGANIZATIONS, THAT GOAL HAS BEEN ACHIEVED!

On Monday, June 22, Rich Carter and Nancy May, representing Northwest Savings Bank, presented VIM with a check in the amount of \$15,000 from the Northwest Charitable Foundation. With the help of Rich Carter, Senior Vice President and District Manager for Northwest Saving Bank, Volunteers in Medicine submitted a grant application to the Foundation in support of free medical care for Lebanon County uninsured adults. This gift put the Campaign over the top with a total of \$302,000, according to Linda Jackson. VIM is extremely grateful for this generous gift which will allow the clinic to continue serving the many men and women who rely upon VIM for their medical care.

It costs approximately \$1,000 per day to operate the Clinic. This gift represents 15 days of free medical care to our community and

is a life line for those individuals suffering from chronic illnesses such as diabetes, hypertension and Chronic Pulmonary Obstructive Disease (COPD). Without the health care safety net VIM provides, thousands of individuals would not have access to preventative and primary medical care, prescription medications and diagnostic testing.

This fundraising campaign was a great opportunity to reach out to the Lebanon County community with information about the clinic, stories about the people we serve and the dedicated volunteers who give of their time. As a result of this year long effort, we believe the community has a greater awareness of the Clinic and the services we provide. And while the Campaign has officially closed, VIM will continue our community outreach efforts to make sure those individuals without health insurance have a medical home.



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TOUR DE LEBANON VALLEY BIKE RIDE

On Saturday May 30, over 200 bike riders pedaled 62 or 26 miles in the Tour de Lebanon Valley bike ride to benefit Volunteers in Medicine and the Lebanon Valley Bicycle Coalition. This is the first time the clinic and the Bicycle Coalition partnered in this joint fundraising event which was co-chaired by Ron Birch, LVBC member and Linda Jackson, VIM Executive Director.

Over \$15,000 will benefit the VIM clinic. Thank you to our major sponsors: Hershey-Palmyra Sertoma Club, APR Supply Company, Fulton Bank, Dominos Pizza, Lebanon Daily News, Good Samaritan Hospital, Schott North America and Emmy Truckenmiller Photography.

We also recognize and thank the many volunteers who contributed to the bike ride success. The second Tour de Lebanon Valley Bike Ride is tentatively scheduled for Saturday, June 18, 2016.



Lebanon Daily News



M.E. TRUCKENMILLER PHOTOGRAPHY

THANK YOU TO ALL OF OUR DONORS WHO SUPPORTED THE HEALTHY COMMUNITY CAMPAIGN:

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Good Samaritan Health System
Leshar Mack Sales and Service, Inc.

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The Dixon Foundation

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Linda Jackson
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In memory of the Spayd Family
Mary Laslo
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A MESSAGE FROM THE VIM MEDICAL DIRECTOR

Dr. Victoria Brown

The Lebanon Valley Volunteers in Medicine is pleased to welcome two new providers, Dr. Thomas Heberling and Dr. David Frank.

Dr. Heberling specializes in Emergency Medicine and Family Medicine and is well known to both patients and providers in the Lebanon area. When he first arrived at VIM, Dr. Heberling remarked, "the community has been good to me, and I'd like to give back." He has certainly already done that during his many years as an emergency physician in the Good Samaritan Hospital's ER, and we are very pleased that he has decided to join our provider staff at VIM!

Dr. David Frank is a Family Physician with special expertise in occupational medicine, orthopedics, and acupuncture. He currently practices at the Orthopedic Institute of Pennsylvania and sees patients at VIM on Monday evenings. Dr. Frank not only brings VIM's orthopedic services to a new level, but as a licensed physician acupuncturist, he can help patients with chronic pain, migraine headaches, the desire to quit smoking, and many other medical conditions. We are fortunate to have Dr. Frank on our staff!

The Lebanon Valley Volunteers in Medicine welcomes new volunteer providers with a desire to help patients otherwise unable to access routine medical care. Practicing or retired physicians, physician assistants, and nurse practitioners are invited to call Dr. Vicky Brown for a tour of the office and application materials.

SECURE THE FUTURE

Secure the Future of Lebanon Valley Volunteers in Medicine. Remember to include VIM in your will or estate plan.



LEAVE A LEGACY®

DESIGN & PRINT
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7,500

Number of VIM patient visits annually

50%

Percentage of VIM patients that are diabetic or prediabetic

\$15,000

Average cost of a hospital stay for a diabetic patient

50%

Percentage of patients treated at VIM that would have used the ER

\$125,000

Average lifetime costs (Ages 25-44) to treat diabetes

MARK YOUR CALENDARS
FOR NEXT YEAR'S
TOUR DE LEBANON VALLEY BIKE RIDE
SATURDAY, JUNE 18, 2016