



# Noreen's Kitchen

## Tuscan Seasoning Blend

### Ingredients

2 tablespoons ground rosemary	2 tablespoons sweet paprika
2 tablespoons dried basil	1 tablespoon red pepper flake
2 tablespoons dried parsley	1 tablespoon dried thyme
2 tablespoons dried marjoram	1 tablespoon cracked black pepper
2 tablespoons dried minced garlic	1 tablespoon dried lemon zest
2 tablespoons dried minced onion	1 tablespoon lemon crystals

### Step by Step Instructions

Combine all spices in a jar with a tight-fitting lid.

Shake well when initially preparing as well as before each use to distribute spices.

Use as you would any other Italian blend seasoning for cooking, salads, dressings, meats and more.