

MEDICAL PROFILE QUESTIONNAIRE

Name: _____ Age: _____ Dominant Hand: _____

Occupation: _____

PRESENT SYMPTOMS – Please describe your complaints:

LOCATION/RADIATION:

Where is your pain? Using the following symbols, please mark on the drawing the areas where you feel pain.

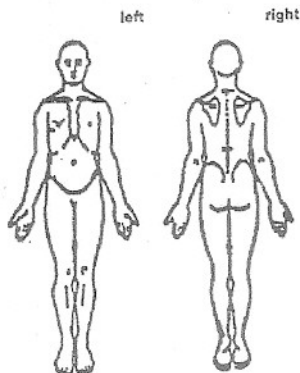
CHRONOLOGY/TIMING/ONSET

How long have symptoms been present?

Is this the first episode? _____ Yes _____ No
If no, when have you had similar symptoms?

What was the mechanism of injury?

Symbols: Pain (circle area)
Numbness // // // // //
Pins/Needles
Shooting pain ↓



QUALITY

Pain type: _____ Sharp _____ Aching _____ Burning _____ Throbbing
_____ Superficial _____ Deep _____ Radiating _____ Tingly _____ Numb

Pattern since onset: _____ Better _____ Worse _____ Same _____ Fluctuating

Pain/symptoms present in: _____ Morning _____ Mid-day _____ Evening _____ Night

Pain/symptoms worst in: _____ Morning _____ Mid-day _____ Evening _____ Night

Pain/symptoms least in: _____ Morning _____ Mid-day _____ Evening _____ Night

Does it keep you awake? _____

Does it wake you up? _____

Describe your sleeping position: _____

SEVERITY

Intensity: 0 = no pain worst pain = 10

0 1 2 3 4 5 6 7 8 9 10

Frequency: _____ Constant _____ Intermittent
If constant, does the intensity vary???

FACTORS THAT INFLUENCE YOUR SYMPTOMS

What activities/positions increase your symptoms (sit, lay, stand, rest, activity, walk, etc)?

What activities/positions decrease your symptoms?

Have you had any treatment for this episode?

Have you had any diagnostic testing – i.e. x-ray, MRI, CT scan, etc.???

Are you taking any medications? Please list them :

ACTIVIITES OF DAILY LIVING:

Circle activities that are difficult for you and then check the appropriate box.

Activity	No difficulty	With difficulty/pain	Cannot perform
Person Hygiene: Hair, bathing, toilet.			
Dressing: Zippers/buttons, upper body, lower body, shoes.			
Household chores: Reach overhead, lifting/carrying, dusting, vacuuming, mopping.			
Meal preparation: Use stove, do dishes.			
Yard/Garden: Mowing, tilling, weeding, raking, watering.			
Walking: Stairs, curbs, incline, decline, uneven ground, distances.			
Transportation: Drive self, ride with others, bus, taxi, shopping.			

LIST YOUR LEISURE ACTIVITIES (circle those affected by your current problem): _____

GENERAL MEDICAL

Have you or anyone in your immediate family EVER been diagnosed as having any of the following conditions?

	<u>YOU</u>	<u>FAMILY</u>	<u>if family, WHO</u>
A: Cancer	YES	YES	_____
If yes, describe what kind:			_____
B: Heart problems:	YES	YES	_____
C: High blood pressure:	YES	YES	_____
D: Asthma:	YES	YES	_____
E: Emphysema:	YES	YES	_____
F: Chemical dependency (i.e. alcoholism)	YES	YES	_____
G: Thyroid problems:	YES	YES	_____
H: Diabetes:	YES	YES	_____
I: Multiple Sclerosis:	YES	YES	_____
J: Rheumatoid arthritis:	YES	YES	_____
K: Other arthritic problems:	YES	YES	_____
L: Depression:	YES	YES	_____
M: Hepatitis:	YES	YES	_____
N: Tuberculosis:	YES	YES	_____
O: Stroke:	YES	YES	_____
P: Kidney disease:	YES	YES	_____
Q: Anemia:	YES	YES	_____
R: Epilepsy:	YES	YES	_____
S: Insomnia:	YES	YES	_____
T: Constipation/diarrhea:	YES	YES	_____
U: Osteoporosis:	YES	YES	_____
V: Other: _____			_____

Who are you currently seeing for this and any other conditions?

- | | | |
|--------------------|-----------------|---------------------------|
| A: Family Practice | E: Cardiologist | I: Osteopath |
| B: Internist | F: Pediatrics | J: OB/Gynecologist |
| C: Orthopedist | G: Podiatrist | K: Other list type: _____ |
| D: Neurologist | H: Chiropractor | |

Who is your PCP (Primary Care Physician)?

Have you had previous physical therapy for this problem? YES NO
 Did it help? YES NO