Two Families Now

Protecting Children Through Divorce

Divorce is a difficult process. It can be especially hard for children. Investing in a co-parenting curriculum can strengthen and develop better communication channels, normalize emotions, and keep focused on the goal of maintaining a relationship with a co-parent that will foster a nurturing, and healthy environment for children. This class will help to shift the focus from personal to family; keeping kids safe and strong.

Two Families Now

Two Families Now is an evidence based parent education curriculum that improves co-parenting relationships and protects children in divorce. This class teaches parents skills to nurture themselves, build strong relationships with their children, and cultivate a working alliance with the co-parent.

Benefits

Parents, grandparents and step-parents can benefit from this program:

- Strengthening and sustaining family processes
- Increasing knowledge of factors that affect children
- Reducing stress and building support
- Keeping both parents involved and active
- Creating a comfortable place for children at each home
- Helping children to accept the outcomes of divorce

Curriculum and Fees

The curriculum consists of six one–hour sessions covering the following topics:

- Helping children adjust
- Reducing co-parent conflict
- Co-parenting styles
- Creating a parenting plan
- Benefits of mediation
- Parenting skills that buffer children from risk
- Handling stress effectively
- Building a support network

The fee is $50/person per session. Those that complete all sessions will receive a certificate of completion. Healthy refreshments will be provided at each session.

Referrals

Referrals are accepted by order of the court or a child protective agency that has custody of the child. Self referrals are welcome.

HEMPFIELD
BEHAVIORAL HEALTH, INC.
INNOVATION ▪ COMMUNITY ▪ EXPERIENCE

To Make a Referral:

Call: 717-221-8004
Fax: 717-221-8006

Visit us on the web: **hempfieldpa.com**
Like us on Facebook!