

# CAPE | Community Assessment and Education to Promote Behavioral Health Planning and Evaluation



Kanawha County, West Virginia  
Behavioral Health Indicators and Priorities

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## Project Partners

CAPE | Community Assessment and Education to Promote Behavioral Health Planning and Evaluation




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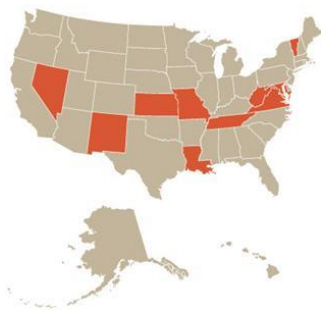
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## CAPE Communities




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## Top 10 CAPE Health Priorities

(All 10 Sites)

1. Alcohol abuse
2. Illegal drug use
3. Child abuse
4. Adult depression
5. Child neglect
6. Non-medical prescription use
7. Stress
8. Anxiety
9. Youth depression
10. Physical abuse by domestic partner

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Kanawha County CAPE Survey: Behavioral Health Priorities

Rank	Health Condition	N	%
1	Illegal drug use	44	78.6%
2	Non-medical prescription use	42	75.0%
3	Alcohol abuse	37	66.1%
4	Child abuse	28	50.0%
5	Child neglect	26	46.4%
5	Stress	26	46.4%
5	High school dropout rate	26	46.4%
8	Youth depression	25	44.6%
9	Adult depression	24	42.9%
10	Tobacco use	22	39.3%
10	Suicidal thoughts	22	39.3%
12	Anxiety	21	37.5%
12	Teen pregnancy	21	37.5%
14	Post-traumatic stress disorder	19	33.9%
14	School or work absenteeism	19	33.9%
16	Physical abuse by domestic partner	17	30.4%
17	Mental abuse by domestic partner	13	23.2%
17	Fetal alcohol syndrome	13	23.2%
19	Schizophrenia	12	21.4%
20	Sexually transmitted diseases	9	16.1%
21	Suicide rate	7	12.5%
22	Alcohol-related automobile accidents/deaths	4	7.1%

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## Respondents to Kanawha County CAPE Survey (N=55)

Role	N	%
Health services	17	30.9
Social services	9	16.4
Community organizations	18	32.7
Elected/government officials	11	20.0

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### Kanawha County CAPE Survey

- **Illegal drug use** was selected more often by those in Health Services and Elected/Govt. Officials^:
  - 94% of Health Services (1)
  - 56% of Social Services (tied for 6)
  - 67% of Community Organizations (tied for 1)
  - 91% of Elected/Government Officials (tied for 1)
- The largest percentage of leaders (39%) got their data/information from **cliente/stakeholders**.




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### Kanawha County CAPE Survey

- **Non-medical prescription drug use** was most cited by Elected/Government Officials.
  - 82% of Health Services (2)
  - 56% of Social Services (tied for 6)
  - 67% of Community Organizations (tied for 1)
  - 91% of Elected/Government Officials (tied for 1)
- The largest percentage of leaders (42%) got their data/information from **cliente/stakeholders**.




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### Kanawha County CAPE Survey

- **Alcohol abuse** was within the top 4 across groups.
  - 77% of Health Services (3)
  - 67% of Social Services (tied for 2)
  - 56% of Community Organizations (tied for 4)
  - 64% of Elected/Government Officials (3)
- The largest percentage of leaders (36%) got their data/information from **cliente/stakeholders**.




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## Top 3 Health Issues by Role

Kanawha County:

	Health Services	Social Services	Community Org.	Elected/Govt. Officials
1	Illegal drug use	High school dropout rate	Non-medical prescription use, Illegal drug use, Child neglect	Non-medical prescription use, Illegal drug use
2	Non-medical prescription use	Alcohol abuse, Child abuse, Youth depression, Stress		
3	Alcohol abuse			Alcohol abuse

CAPE Communities Overall:

	Health Services	Social Services	Community Org.	Elected/Govt. Officials
1	Alcohol abuse	Alcohol abuse	Illegal drug use	Illegal drug use
2	Illegal drug use	Child neglect	Alcohol abuse	Alcohol abuse
3	Non-medical prescription use	Stress	Child abuse	Child abuse



## CAPE: Behavioral Health Priorities Across Communities

	1	2	3
Finney County, KS	Alcohol abuse	Illegal drug use	Teen pregnancy
Pettis County, MO	Illegal drug use	Child neglect	Child abuse
Bloount County, TN	Illegal drug use	Alcohol abuse	Non-medical prescription use
New River Valley, VA	Illegal drug use	Alcohol abuse	Non-medical prescription use
Chittenden County, VT	Alcohol abuse	Illegal drug use	Physical abuse by domestic partner
Kanawha County, WV	Illegal drug use	Non-medical prescription use	Alcohol abuse
Garrett County, MD	Illegal drug use	Alcohol abuse	Non-medical prescription use
Clark County, NV	Alcohol abuse	Illegal drug use	Adult depression
Orleans Parish, LA	Post-traumatic stress disorder	Stress	Adult depression
Doña Ana County, NM	Alcohol abuse	Child abuse	Adult depression



CAPE Survey: Primary Sources of Data by Behavioral Health Concern

Behavioral Health Concern	Source	%	N	Total N
Non-medical prescription use	Clients/stakeholders	42.4%	14	33
Illegal drug use	Clients/stakeholders	39.4%	13	33
Physical abuse by domestic partner	State government	46.2%	6	13
Mental abuse by domestic partner	Clients/stakeholders	33.3%	3	9
Alcohol abuse	Clients/stakeholders	35.5%	11	31
Fetal alcohol syndrome	Federal statistics	45.5%	5	11
Alcohol-related automobile accidents/deaths	Federal statistics, State government, Media report	33.3% †	1 †	3
Tobacco use	Clients/stakeholders *	27.8%	5	18
Child neglect	State government, Clients/stakeholders	38.1% †	8 †	21
Child abuse	State government, Clients/stakeholders	31.8% †	7 †	22
Adult depression	Federal statistics	38.9%	7	18
Youth depression	Clients/stakeholders	38.9%	7	18
Anxiety	Clients/stakeholders	41.2%	7	17
Stress	Clients/stakeholders *	47.6%	10	21
Suicide rate	State government	57.1%	4	7
Suicidal thoughts	State government, Clients/stakeholders	33.3% †	6 †	18
Schizophrenia	Clients/stakeholders	40.0%	4	10
Post-traumatic stress disorder	Federal statistics	56.5%	9	16
Teen pregnancy	State government, Clients/stakeholders	35.3% †	6 †	17
High school dropout rate	State government	52.4%	11	21
School or work absenteeism	State government, Clients/stakeholders *	33.3% †	5 †	15
Sexually transmitted diseases	Federal statistics	57.1%	4	7

\* Significant differences in sources based on role in community.





## CAPE Toolkit

- Product of CAPE technical team
- Provide resources for (and organized by) community behavioral health issues
- Community-based programs
- Different levels of evidence
  - Includes:
    - Evidence-based
    - Emerging / Promising
    - Untested




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## CAPE Toolkit Behavioral Health Areas

- |   |                                |
|---|--------------------------------|
| • Alcohol abuse                               | • Intimate partner violence    |
| • Alcohol-related automobile accidents/deaths | • Non-medical prescription use |
| • Alzheimer's/Dementia                        | • PTSD                         |
| • Anxiety                                     | • Schizophrenia                |
| • Bipolar disorder                            | • School/work absenteeism      |
| • Child abuse and neglect                     | • STDs                         |
| • Child/youth mental health                   | • Stress                       |
| • Depression                                  | • Suicide                      |
| • Fetal alcohol syndrome                      | • Teen pregnancy               |
| • High school dropout rate                    | • Tobacco                      |
| • Illegal drug use                            | • Other at-risk youth          |
|   | • Other mental health          |




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## CAPE Toolkit

- Online, searchable database
- Searches can use keywords or categories
- Tip: Searches will be more successful when they are less restrictive (using fewer terms).
- Web address:
  - [www.ncrcrd.msu.edu/ncrcrd/search](http://www.ncrcrd.msu.edu/ncrcrd/search)




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### Example: Mental Health First Aid

- Trains community members to:
  - Recognize signs of mental illness and substance abuse
  - Assess risk of suicide or self-harm
  - Listen non-judgmentally to someone who may be experiencing MI/SA
  - Provide information and encourage help-seeking behavior

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### Example: Mental Health First Aid

- Has been proven effective
  - Ability to recognize mental disorders, changed beliefs about treatment, decrease social distance, increase confidence in providing help, increase amount of help given (*BMC Psychiatry* 2002)
  - Greater confidence providing help in workplace settings, greater likelihood advising people to seek professional help, decreased stigma (*BMC Psychiatry* 2004)
  - Destigmatize mental illness, improve knowledge about mental illness and appropriate assistance among ethnic minority groups (*International Journal of Mental Health Systems* 2009)

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### Illegal Drug Use

#### PACT 360-Police and Communities Together

- The Partnership at Drugfree.org
- To enhance the ability of local law enforcement to communicate and interact with engaged community members, especially parents.
- Program of research-based, multimedia community education presentations.
- PACT360 contains five key programs: Meth360®, Parents360, Youth360, Latino360 and Padres360.

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with: Support from MENTOR and the Big 12 Conference  
 MENTOR and AT&T Announce Partnership to Launch New Mentoring Corps

### Start A Program

Thank you for your interest in starting a formal youth mentoring program. This section will provide you with the resources you need to create a quality mentoring program following our *Elements of Effective Practice for Mentoring™*, Third Edition, which outlines research- and experience-based guidelines for running safe and effective mentoring programs. The left menu provides categories of resources for:

- Program Design and Planning includes how to design parameters for your program.
- Program Management includes resources related to setting up an advisory group, managing information, fund raising, policies and procedures, advocacy, public relations and building coalitions.
- Program Operations encompasses resources for recruitment, screening, orientation and training, matching, activities, ongoing match support and match closure, and
- Program Evaluation provides resources for measuring program process and outcomes. In addition, there are a variety of related resources.

Another available resource is the companion tool kit to the *Elements of Effective Practice*.

CAPE | WEST VIRGINIA STATE UNIVERSITY | USDA | SAMHSA | RRDC

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