**Saint Joseph School Monroeville**

***3rd Annual***

 ***Run Your Ashes Off*** 

**5K Run/Walk**

**Ash Wednesday, February 14, 2018**

St. Joseph Church, Chapel Street, Monroeville

Start Lent off with a prayer service and receive ashes at St. Joseph. Then run or walk them off in a 5K through town. Warm-up stops will be available during the course.

All are welcome! You do not have to be Catholic or receive ashes to participate.

Registration and T-shirt pick-up in the St. Joseph Social Hall: 4:00-5:30

Prayer Service & Distribution of Ashes: 5:30

5K Run/Walk: Immediately following Distribution of Ashes

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Early Registration Received by 1-29-18 \_\_\_\_\_\_$20 After 1-29-18 \_\_\_\_\_\_$25 (You will receive shirts after race day.)

T-shirt size (circle **one**) **Youth**  YXS YS YM YL YXL **Adult**  S M L XL XXL 3XL 4XL 5XL

 (50/50 cotton poly) (add $2 per X after XL)

Name (print in ink) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age as of 2-14-18 \_\_\_\_\_ M\_\_ F\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*In consideration for my participation in the Run Your Ashes Off 5K, I for myself and any or all of my representatives, do hereby release and hold harmless all race sponsors, officials, organizers, and volunteers from any claims, including negligence, liabilities, loss, damage, and expense whatsoever, including legal fees, which may arise out of my participation in the race, including pre and post race activities. I also agree to abide by any and all of the rules for this walk/run, whether written or verbal. I further grant permission the use of my name, photographs, videotapes or recording of my participation in the event for any deemed reasonable purpose.

**Participant’s Signature** **(if 18 or older as of registration date)**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent/Guardian Signature (if under 18 as of registration date)**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent/Guardian Printed Name (if under 18 as of registration date)**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Registrations may be returned **with cash or check payable to St. Joseph School** (79 Chapel Street, Monroeville, OH 44847), St. Joseph Parish office, or put in the collection basket at either St. Joseph or St. Alphonsus Churches. Extra registration forms are available in the St. Joseph School & Parish offices, in the back of St. Joseph & St. Alphonsus Churches, & at [www.msjcs.org](http://www.msjcs.org) or [stalphonsus-stjoseph.org](https://stalphonsus-stjoseph.org/).