

**National Ski Patrol – New Jersey Region**  
**2006 Bike Patrol Equipment Lists**

<b>Basic Pack - First Aid Items</b>		
• Rubber gloves (4 pr)	• Kling (4 rolls)	• Space blanket
• Safety pins (10)	• 4" x 4" bandages (12)	• Glucose tablets
• Ice pack	• 5" x 9" bandages (2)	• Trauma scissors
• Antiseptic towelettes	• Adhesive tape	• Pocket mask
• 6 tongue depressors	• Wire (SAM) splint	• 1-4 oz. Eye wash
• Cravats (5)	• 4-oz. Tube antibiotic cream	• Ace bandage
• Adhesive bandages (12)	• Butterflies	

<b>Basic Pack - Non First Aid Items</b>		
• Trail maps of area	• Small notebook	• <i>Lighter</i>
• Compass	• Pencil	• <i>Water purification pills</i>
• GPS	• Incident report sheets	• <i>Signal mirror (old CD)</i>
• Whistle	• Cell phone w/ numbers	
• Bug repellent	• Patrol Radio	
• Sunscreen (4-oz. bottle)	• Knife (Swiss Army-type)	
• Toilet Paper	• Food	

<b>Bike Related Items</b>			
• Bike	• Gloves	• Water Bottles w/ Water	• Sun Glasses
• Helmet	• Shoes	• Bike Bags	

<b>Tool/Spare Parts Kit Contents</b>	
• Multi tool	• Pump (presta/schrader)
• Chain tool (chain breaker)	• Patch kits (fresh)
• Hex key set (allen wrenches)	• Tubes (presta/schrader)
• Phillip's head & flat head screwdriver	• Duct tape (small roll)
• Adjustable wrench (small)	• Cable / zip ties
• Spoke wrench	• Cables (shifter/brake)
• Tire levers (2-3)	• Tire boot for ripped tires

<b>Base Camp / Car Items</b>		
• Folding chair	• More Food (Lunch / Snacks)	• Headlamp / small flashlight
• Hat	• Jacket – Wind/water resistant	• Extra batteries/bulbs
• Hiking Boots	• Pants / Tights	