

Loch Haven Tymes

June 2020



A publication of

Loch Haven

Senior Living Community

Macon, Missouri

Brandy Bottoms, CNA

Employee Spotlight



- ♦ What is your nickname? "B" or sister
- ♦ Describe yourself in one word. Determined
- ♦ If you were an animal, what would you be? Zebra
- ♦ What is your favorite movie? The Goonies
- ♦ What is the best place you ever went on vacation? Oregon
- ♦ What was your favorite subject in school? French
- ♦ Who is or was your hero and why? My mom

because I am lucky to still have her. She was in a broken down mini van and was hit by a semi 10 years ago

- ♦ **Everyone has a talent. What is yours?** I can turn my tongue sideways
- ♦ **What is one thing on your bucket list?** To go see the Atlantic Ocean
- ♦ **Who is your favorite celebrity as a child?** Patrick Swayze
- ♦ **How long have you worked at Loch Haven?** March of 2020
- ♦ **What are your duties?** Help residents with their activities of daily living such as getting dressed and going to the restroom
- ♦ **Family:** Casey, Nicole, Jacob, Kaitlyn, Cheyenne and Jayci
- ♦ **Live in:** Macon
- ♦ **Quote I like:**

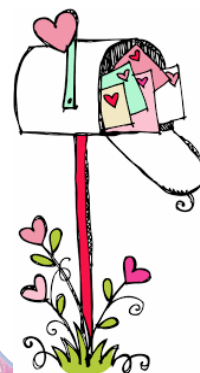
"Nothing is impossible. The word itself, says I'm possible."

A Warm Welcome

Patsie "Pat" Littrell



If you would like to write a letter to a resident (or residents) we welcome the correspondence! If you don't have a specific resident in mind, address your letter to:
A Special Person



Our address is:

**Loch Haven Senior Living
701 Sunset Hills
Macon, MO 63552**

visit us on the web at www.lochhaven.com



If you would like a
PDF copy
of the
Loch Haven Tymes
sent to your email address,
just drop us a note at
friendsoflh@gmail.com or
call 660-385-3113
and ask
Crystal Smith to add you
to the list!

JUNE Birthdays

2	Martha Bragg	18	Laverne Heaton
6	Johnny Walker	20	Rosie Thompson
8	Marguerite Bowen	22	Dorothy Burton
12	Frenda Sparkman	28	Harriet Rush
17	Bennie Daiprai		

Thank you to Mela Linn and her sister Peggy Smith for donating flowers, potting soil and for making Oak View cottages patio so nice for the residents to enjoy this summer. We can't thank you ladies enough for doing this every year!

To Macon Westlake's for donating buckets for our tomato plater project

Ruth Meisner for donating masks

Beth Gueren for donating masks

Macon United Methodist Church for coming to plant flowers and mulch our flower garden in Special Care

Wayne and Sharon Hackman for donating 2 walkers, a wheelchair, an air mattress with cushion and a seat. We appreciate the donation

Sherry Lenzini for making all our mothers corsages for Mother's Day. We appreciate you doing this each and every year for us



Employee work Anniversary's for the Month of JUNE

3rd	Mary Stivers, 24 years
6th	Triston Adkins, 2 years
8th	Cathy Kitchen, 4 years
15th	Karen Ibrahim, 9 years
15th	Stephen Lozuaway, 11 years
15th	Kimberly Smith, 9 years
19th	Susan Lenon, 7 years
21st	James Kenney, 3 years
26th	Katie Nelson, 14 years
28th	Lindsey Burkhardt, 2 years
28th	Jerry Perkins, 2 years

Thank you for your commitment to us and for being a valuable part of our TEAM! We look forward to working with you for years to come.

Medical Records & Central Supply



Central Supply Manager:
Brenda Primrose

Thank you
for being an
essential
PART
of our
TEAM!



Medical Records and Accounts Payable: Shonda Wood



Celebrating our Mom's with a Mother's Day Tea Party



Our Mom's had a fun time at their tea party!



Your greatest contribute to the kingdom of God may not be something you do, but someone you raise. ~Andy Staley





Betty Schlanker received the most gorgeous roses from her grandson Allen for her 99th Birthday. There were 100 total, 99 for her birthday and one to grow on! She was so surprised and everyone is enjoying the beautiful fragrance they have.

Just a few things that's been going on around here...



The activity department sure knows how to keep our spirits up during these uncertain times! Thank you for going above and beyond for our employee's. We appreciate what your doing here to boost everyone's spirits.



We make living here FUN!

For the past few Friday's we've been having a "feel good Friday" here at Loch Haven. A group of us employee's dress up as a theme and dance in every hallway and every department to a song to bring cheer to the residents! Now, everyone here looks forward to Fridays because dancing just makes everyone feel good! Here's a few pictures from those "feel good Friday's!" KEEP ON DANCING!



Carlos Andrews recently was the lucky winner of the "guess how many in the jar" game! He guessed 87 and there were 89. Congrats on winning your bag of sweet treats!



News from RCF

Hello Everyone, May is almost over. June is knocking at the door. We are so thankful for the outdoor concerts. This gives our residents in the apartment's time to be outside. Thank you to all the family visiting through the windows and facetime chatting with our residents. They miss you and enjoy hearing from you. For Mother's Day the residents enjoyed a nice meal and the dining room was decorated. All the tables had a fresh bouquet of flowers. Each female resident received a corsage made by Sherry Lenzini. Some of the residents enjoyed a Saturday Afternoon drive. We drove around Macon. A few of the residents ate an ice cream cone. It was a beautiful day for a drive. The residents enjoyed a BBQ on Memorial Day. We served hamburgers, brats or hot dogs along with baked beans, potato salad, pea salad, corn on the cob and red, white and blue cheesecake salad. We also played bingo in the afternoon. See you all next month. ~Katie Nelson





SPECIAL Brook

We've been keeping ourselves busy by doing exercising, crafts, arts and playing games inside and outside when we get the chance. We've planted our garden. It has tomatoes, green beans, green peppers and broccoli. We sure enjoyed having everyone attend our Mother's Day Tea party. During National Nursing Home Week we really enjoyed the annual company BBQ. All the residents are enjoying sitting outside on our porch and viewing all the flowers that are in bloom. We'd like to thank Macon United Methodist Church for tending our flower gardens and spreading new mulch down. ~Blanche Neeson, Activities Director for SCU



JUNE 2020 DINING CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Fried Chicken Mashed Potatoes & Gravy Green Beans Peach Pie Dinner Roll/ Margarine Beverage	1 Meatloaf Oven Browned Potatoes Buttered Corn Strawberry Shortcake (FR) Dinner Roll/Margarine Beverage	2 Baked Turkey Crunch Garden Blend Rice Roasted Zucchini Seasonal Fresh Fruit Dinner Roll/ Margarine	3 Beef Tips in Gravy Buttered Egg Noodles Candied Carrots (A) Caesar Salad Banana Pudding Cake Garlic Bread Beverage	4 Herb Roasted Pork Loin w/ Gravy Baked Sweet Potato (A) Mixed Vegetables Frosted Chocolate Chip Brownie Biscuit/Margarine Beverage	5 BBQ Chicken Baked Beans Potato Salad Mixed Fruit Cup Dinner Roll/ Margarine Beverage	6 Baked Ham Scalloped Potatoes Seasoned Spinach (A) Pudding Parfait Cornbread/ Margarine Beverage
7 Pot Roast w/ Gravy Roasted Carrots, Potatoes & Onions (A) Cheesecake Dinner Roll/ Margarine	8 Brown Sugar Pork Chops w/ Garlic & Herbs Buttered Orzo Green Peas with Sautéed Onions Brownie Dinner Roll/Margarine Beverage	9 Summer Chicken w/ Pasta Tossed Salad/ Dressing Fruited Pudding (FR) Dinner Roll/Margarine Beverage	10 Fiesta Hamburger Steak Mashed Potatoes & Gravy Chuckwagon Corn Snickerdoodle Blondie Bars Dinner Roll/Margarine Beverage	11 RESIDENT'S CHOICE	12 Baked Fish w/ Tarter Sauce Macaroni & Cheese Dill & Chive Peas Fresh Fruit Cup Cheese Herb Biscuit Beverage	13 Baked Ziti/ Italian Sausage Side Salad w/ Dressing Jell-O Cake w/ Whipped Topping Garlic Bread Beverage
14 Cheddar Baked Chicken BBaked Potato w/Sour Cream Green Bean Casserole Peach Cobbler Dinner Roll/ Margarine	15 Swedish Meatballs w/ Sauce Steamed Rice Broccoli (A) Pineapple Crisp (FR) Dinner Roll/Margarine Beverage	16 Pork Chop w/ Gravy Oven Roasted Potatoes Brussel Sprouts Tropical Fruit w/ Whipped Topping Dinner Roll/ Margarine	17 Roast Turkey Fresh Baked Sweet Potato (A) Creamed Peas Strawberry Pretzel Dessert Dinner Roll/Margarine Beverage	18 Soft Beef Taco Pinto Beans Fiesta Corn Salad Creamy Orange Cake Beverage	19 Glazed Ham Scalloped Potatoes Braised Red Cabbage Frosted Angel Food Cake Cornbread/Margarine Beverage	20 Cornflake Chicken Cheesy Hash Brown Casserole Buttered Carrots (A) Banana Cream Pie Dinner Roll/ Margarine
21 Roast Beef Mashed Potatoes w/ Gravy Broccoli w/Cheese Sauce (A) Creamy Custard Pie Dinner Roll/Margarine Beverage	22 Herb Roasted Chicken Baby Bakers Four Way Mixed Vegetables Frosted Cake Dinner Roll/Margarine Beverage	23 Bow Ties w/Italian Sausage, Tomatoes, & Cream Italian Blend Vegetables (A) Fruited Gelatin (FR) Garlic Bread Stick Beverage	24 Salisbury Steak Baked Potato w/Sour Cream Spinach (A) Hummingbird Cake Dinner Roll/Margarine Beverage	25 Sliced Roast Turkey w/Gravy Vegetable Medley Cornbread Dressing Blueberry Cobbler (FR) Dinner Roll/Margarine Beverage	26 Fish of the Day w/Tarter Sauce Macaroni & Cheese Green Beans Mandarin Oranges & Bananas Dinner Roll/Margarine Beverage	27 Beef Parmesan Buttered Pasta Roasted Zucchini Mixed Fruit Cup Garlic Bread Beverage
28 Fried Chicken Mashed Potatoes & Gravy Green Beans Peach Pie Dinner Roll/ Margarine Beverage	29 Meatloaf Oven Browned Potatoes Buttered Corn Strawberry Shortcake (FR) Dinner Roll/Margarine Beverage	30 Baked Turkey Crunch Garden Blend Rice Roasted Zucchini Seasonal Fresh Fruit Dinner Roll/ Margarine				



Our residents have been enjoying playing games, getting their exercise, celebrating birthdays, listening to local entertainment, giving advice to our graduates, facetimeing relatives and friends, visiting family at a distance and enjoying each others company!



June 2020 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
One on One activities offered daily.	1 9a Coffee Club 10a Exercise 10:30a Book Club 1p BINGO (Group1) 2:30p BINGO (Group2)	2 9a Nails 2p Sidewalk Serenade 3:15p Resident's Council and Celebrating Rocky Road Day	3 9a Coffee Club 10a Exercise 10:30a Book Club 2p Sidewalk Serenade 3:15p Cooking Club	4 10a Devotional 2p Sidewalk Serenade 3:15p Pitch and Games of Choice	5 9a Coffee Club 9:45a Exercise 10:30a Feel Good Fri- day Dance 2p Sidewalk Serenade	6 Independent Activities
7 Independent Activities	8 9a Coffee Club 10a Exercise 10:30a Book Club 1p BINGO (Group1) 2p Sidewalk Serenade 3:15p BINGO (Group2)	9 10a Art Club 2p Who am I? Trivia 3:15p Monthly Birth- day Party & Dianna Resa Sings	10 9a Coffee Club 10a Exercise 10:30a Book Club 2p Sidewalk Serenade 3:15p Pitch and Games of Choice	11 10a Devotional 2p Concentration 3:15p Name that Tune- Bird Calls	12 9a Coffee Club 9:45a Exercise 10:30a Feel Good Fri- day Dance 2 Sidewalk Serenade 3:15p Jeopardy!	13 Independent Activities
14 Flag Day 	15 9a Coffee Club 10a Exercise 10:30a Book Club 1p BINGO (Group1) 2p Sidewalk Serenade 3:15p BINGO (Group2)	16 9a Nails 2p Sidewalk Serenade 3:15p Cooking Club	17 9a Coffee Club 10a Exercise 10:30a Book Club 2p Sidewalk Serenade 3:15p Art Club	18 10a Devotional 2p Sidewalk Serenade 3:15p Facebook and Root Beer Floats	19 9a Coffee Club 9:45a Exercise 10:30a Feel Good Fri- day Dance 2p Sidewalk Serenade 3:15p Father's Day	20 Independent Activities
21 Father's Day 	22 9a Coffee Club 9:30a Exercise 10:30a Opening Ceremo- ny 1p BINGO (Group1) 2p Sidewalk Serenade	23 10a Pitch and Games of Choice 2p Pink Flamingo Day Trivia & Activity 3:15p Loch Haven Games Day 1	24 9a Coffee Club 10a Exercise 10:30a Book Club 2p Sidewalk Serenade 3:15p Loch Haven Games Day 2	25 10a Devotional 2p Dianna Resa Sings 3:15p Loch Haven Games Day 3	26 9a Coffee Club 9:45a Exercise 10:30a Feel Good Fri- day Dance 2p Sidewalk Serenade 3:15p Loch Haven Games—Final Day	27 Independent Activities
28 Independent Activities	29 9a Coffee Club 10a Exercise 10:30a Book Club 1p BINGO (Group1) 2p Sidewalk Serenade 3:15p BINGO (Group2)	30 9a Nails 2p Art Club 3:15p Memorial Service	Flower of the month: Rose 	Birthstone: Pearl 	Bird of the month: Dove 	All Activities Are Subject To Change

A Mission To Serve

The Loch Haven Senior Living Community Foundation assists in raising funds for the Macon County Nursing Home District (Loch Haven) which serves area citizens. The Foundation received its 501 (C) 3 status in August of 2016. The Foundation will accept and steward charitable gifts for the benefit of the residents of Loch Haven. Gifts support special projects, programs, and capital improvements that cannot be funded by the regular operating budget. Some special projects we are preparing for are the addition of a spa tub in the Legacy Building, new sitting furniture, and walking trails. All gifts are **tax deductible**. The Foundation members include: Kelsey Hinshaw, Richard Waller and Crystal Smith.



Loch Haven is grateful for all past donations, but the need continues to grow. Improving the quality of life for our residents is our goal...everyday. Please consider making a **tax-deductible** gift to the Loch Haven Senior Living Community Foundation. We pledge 100% of your donation will be used to help our residents and to improve their quality of life.

If you would like to make a donation, please fill out the pledge card below , make checks payable to

Loch Haven Senior Living Community Foundation, and mail to:

Loch Haven Senior Living Community
PO Box 187

Name _____
Address _____
City, State Zip _____
Phone # _____
Email _____

We/I pledge our/my one time gift of: _____\$25 _____\$50 _____\$100
_____ \$150

Amount of _____

CONGRATULATIONS TO OUR SENIORS



Madison Peavler



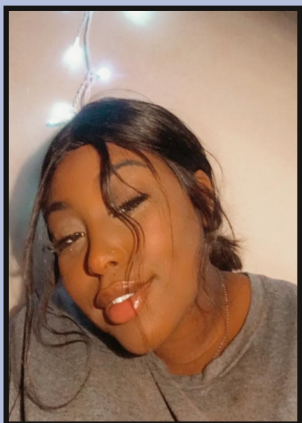
Triston Adkins



Joey Chambers



Abigail Pierce



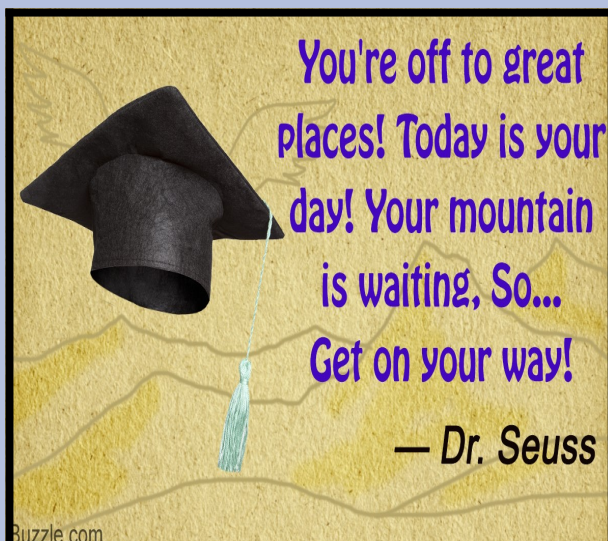
Kari Russell



Keli Seldal

We'd like to
CONGRATULATE
all of our seniors. May
all your dreams come
true! We're so **PROUD**
of you!

~Team Loch Haven



We'd like to wish our residents and staff a wonderful Father's Day. May you enjoy this special day.

The Loch Haven Tymes is the monthly newsletter of Loch Haven Nursing Home in Macon, Missouri. **If you would like to subscribe to this newsletter OR have your name removed from this mail list, please contact us.** The editorial staff is led by the Marketing Department. Photography is by the Marketing/Activities Departments. You are welcome to submit articles or news items for consideration. Send items by mail, email or deliver to Loch Haven by the third Monday of the month before publication. Resident admission, room assignment, and patient services are provided and employee/applicants are treated on a nondiscriminatory basis without regard to race, color, creed, gender, marital status, national origin, disability, veteran status, age or religion. Crystal Smith, Marketing Director 660-385-3113 www.lochhaven.com