



Nursery School Snack Menu Winter-Spring 2023

Week 1	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	No Nut Butter Whole Wheat English Muffin Fresh Fruit	Gold Fish Crackers Raisins	Apple Berry Sauce Whole Wheat Multigrain Crackers	Bran Banana Loaf Fresh Fruits
Week 2	Yogurt Arrowroot Cookies Fresh Fruit	Zucchini Banana Loaf Fresh Fruit	Soft Cheese Whole Wheat Bagel Fresh Fruit	Carrot Muffin Fresh Fruit	No Nut Butter Raisin Bread Fresh Fruit
Week 3	Apple Berry Sauce Rice Cakes	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	Gold Fish Crackers Raisins	Apple Berry Loaf Fresh Fruit	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit
Week 4	Morning Glory Loaf Fresh Fruit	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	Pumpkin Banana Raisin Loaf Fresh Fruit	Oatmeal Raisin Cookies Fresh Fruit	Nachos Cheese Salsa

Water available at all times