

From the Administrator's desk.....

This Wednesday March 6th 2019, we enter into the Holy Season of Lent. 40 days where we join Catholics around the world in preparing to celebrate Our Lord's passion, death and resurrection on Easter Sunday.

In times past, these 40 days were a time of purification. A time to cut out in our lives those things that are not important and focus our attention on heavenly things. All this preparation and purification is so that on Easter Sunday, when we come for Mass, we are able to renounce Satan and sin and turn to the Lord and profess our faith in God revealed to us as a Trinity of persons: Father, Son and Holy Spirit.

The Church offers us many ways to enter into this season of Lent so that with hearts made pure we can be more committed Christians in both word and deed. What the Church offers to us is rooted in Sacred Scripture that is to pray, to give alms and to fast.

Prayer: What are some ways that I can increase my time in prayer? What are some ways that I can be more attentive to Our Lord in the times of prayer that I already have?

Almsgiving: St Theresa of Calcutta was known as saying, am I giving so that it hurts? Am I giving out of my excess or out of my necessity?

Fasting: Traditionally people look at this point and would think what food should I give up? Giving up chocolates or sweets or alcohol. However, there are many ways to fast: Fasting from screen time on my computer or smart phone; fasting from gossip; or fasting from spending money on unnecessary clothing or things and give a portion of that money as alms.

Now, whatever we end up doing during Lent to prepare and purify ourselves for our recommitment to our faith at Easter, write it down and place it in places to remind yourselves that this is not something that you are going to take lightly. It is said that it takes 40 days to form a good habit. This is not a coincidence into the length of our Lenten disciplines.

Be assured of my prayers for you and your family in this Lenten season.

Fr. Michael

WOMEN'S LENTEN RETREAT

On the weekend of March 22nd – 24th, the centre team will preach a Lenten retreat on the theme: EVERY GIFT REVEALS GOD'S LOVE: BUT NO GIFT REVEALS GOD'S LOVE MORE THAN THE GIFTS OF THE CROSS. To register please call 905-278-5229.



*Remember man
that you are
dust and into
dust you shall
return.*

ASH WEDNESDAY

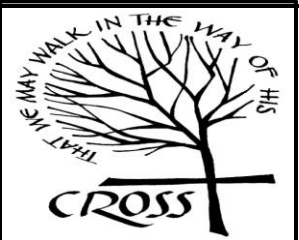
MARCH 6, 2019

MASS AT 7:00 PM

A reminder that Ash Wednesday is a day of fasting and abstinence from meat. The 1983 Code of Canon law states that the law of abstaining from meat is required by those who are 14 years of age and older. Fasting is for those who are 18-59 years of age.

STATIONS OF THE CROSS

Please join us for the Stations of the Cross, led by the Catholic Women's League, at 7:00 pm on Friday, March 8, 2019



CWL MEMBERSHIP FEES

CWL 2019 membership fees are now due (\$28 – Seniors \$25). You may use the blue envelopes in your Offertory box or a personal envelope and place it in the collection basket at any Mass, any weekend. Please ensure that your name is clearly written on the envelope along with "CWL Membership". If you aren't already a member of the CWL, please join us! Contact Evelyn Wickett, Organization Convener, for more information ([416-919-5351](tel:416-919-5351)).



KNIGHTS OF COLUMBUS

John Paul II Council # 11955

*** SHROVE TUESDAY PANCAKE DINNER ***

"All You Can Eat" Pancake Dinner | TUE MAR 05 at 5:30 pm

Plan to join the Knights for the Annual Shrove Tuesday Pancake Dinner. Pancakes & Sausages will be served with Juice, Coffee & Tea.

All donations will go to charity.

More information is posted on all church bulletin boards.



KofC Lottery Tickets | NOW ON SALE

The Knights of Columbus are conducting their annual lottery, benefitting the Special Olympics of Ontario, The Arthritis Society & local charities.

Tickets are \$5 each. Generous participation is encouraged for fabulous prizes.

Hope to see you on the winning side !!



SSVP

In January, we made 16 home visits, and distributed \$1365 in vouchers and tickets. We also made our annual \$1,000 donation to our twin SSVP conference in Jamaica. Thank you for your continued generosity.

COFFEE TIME

This Sunday, March 3, join us in the parish hall, after the morning Masses, for friendship and refreshments

LINKS TO FAITH MARCH 3, 2019

WEEK 9 – THE SERENITY PRAYER – THE SKIT GUYS

"In this skit, packed with humor and depth, The Skit Guys dig into what the Serenity Prayer is all about. As one man prays the prayer, God challenges him to understand what the words actually mean, and to actually mean the words he says."

To watch this skit on youtube, click on Links to Faith at the bottom of the parish homepage: www.stmarystarofthesea.ca and select [Week 9 – The Serenity Prayer – The Skit Guys](#)



COME & SEE WEEKEND MARCH 17, 2019

Come and See Weekend – Friday, March 15 (begins at 7:00 p.m.) to Sunday, March 17 (ends at 1:30 p.m.), at St. Augustine's Seminary: Inviting single Catholic men 17 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Register online at www.vocationstoronto.ca. Registrants 17 years old require parental consent. For more information contact (the Parish Priest) or Office of Vocations at 416 968 0997

LENTEN RETREAT: MARY IN THE HEART OF THE CHURCH

LED BY FR. CHARLES ANANG

St. Augustine's Seminary's Institute of Theology and Lay Spiritual Formation Program presents a workshop/retreat on Saturday, March 30, 2019 from 9:30 am to 3:00 pm (including Mass) at St. Augustine's Scarborough campus. Cost is \$50 including lunch. Registration: www.staugustines.on.ca

10TH ANNUAL DYNAMIC WOMEN OF FAITH CATHOLIC WOMEN'S CONFERENCE

Opening Mass celebrated by Cardinal Thomas Collins at St. Maximillian Kolbe Parish in Mississauga **Saturday, March 23 – 8 a.m. to 4 p.m.** Location: John Paul II Polish Cultural Centre 4300 Cawthra Road, Mississauga, Ontario 416-907-1042. **Speakers & Topics:** Dr. Ray Guarendi – from EWTN *Laughter: The Sanity of the Family Life*, Mary Wagner – *Jesus Won My Heart*, Fr. Eric Mah – *Lawyer to Priest – The Journey*, Dorothy Pilarski: *Motherhood Matters*. To register call 416-907-1042 <http://dynamicwomenfaith.com/>

CALLING GIRLS MOTHER DAUGHTER EVENT

Friday, March 22 - 7:00 pm to 10:00 pm. **Speakers & Topics:** Dr. Ray Guarendi from EWTN - *The Logic of Being Catholic* Katarzyna Ryba - *Straight From the Heart*; Isabella & Natalie Bruno - *Three Tips for a Great Mother Daughter Relationship*; Dorothy Pilarski - *The Truth About Work*

COMMUNITY MEAL

Every Friday. Doors open at 5 pm and dinner served at 6:45 pm. All are welcome.

THIS WEEK AT ST. MARY'S

SATURDAY 2ND

10:00 am Mass – †Mrs. Eliswa Paul Kannampuzha
Requested by the Kannampuzha family
Followed by Devotion to Our Lady of Perpetual Help
10:30 am Confessions
5:00 pm Mass – †Pardo Perrotta
Requested by the family

SUNDAY 3RD

9:00 am Mass – †Deceased members of the Tonic and Baratto families
Requested by the Tonic family
11:00 am Mass – For the People
1:30 pm Baptisms (Church)
2:00 pm Bible Study (SJR)

MONDAY 4TH

9:00 am Mass – †Florian Fernandes
Requested by the family
7:00 pm CWL Executive Meeting (SJR)
7:00 pm St. Vincent de Paul Meeting (Hall)

SHROVE TUESDAY 5TH

NO MASS
5:30 pm Knights of Columbus Shrove Tuesday Pancake Dinner (Hall)
7:00 pm Choir practice (Church)

ASH WEDNESDAY 6TH

10:00 am Craft Group Meeting (SJR)
7:00 pm Mass – †Shirley Maiers
Requested by the Lobo family
7:45 pm Legion of Mary Meeting (SJR)

THURSDAY 7TH

9:00 am Mass – Special intention of Patrick Rohan
Requested by Mary & Noel Rohan
7:00 pm Baptism Class (Hall)

FRIDAY 8TH

9:00 am Mass – †Kazimera Krecisz
Requested by the family
5:00 pm Community Meal (Hall)
7:00 pm Stations of the Cross led by the CWL (Church)

SATURDAY 9TH

10:00 am Mass – †Michael O'Brien
Requested by the family
Followed by Devotion to Our Lady of Perpetual Help
10:30 am Confessions
5:00 pm Mass – For the People

SUNDAY 10TH

9:00 am Mass – †Mario Bidini
Requested by Ann & Garry Sclisizzi
11:00 am Mass – †Alberto D'Orazio
Requested by the family