## FORBES STATE FOREST SPRING 2024 PROGRAMS



### Writing in the Woods

Join local author, Jim Busch, for a family-friendly nature journaling workshop at Forbes State Forest. Explore how to express your experiences in nature on paper, while learning the basics of keeping a nature journal. Journals and all writing and drawing materials will be provided. This program is free but pre-registration is required. For more information or to register please contact rmahony@pa.gov or 724-259-2201.

## APRIL 11 AM - 2PM

### Happy Little Trees Bob Ross Painting Party

Support the Happy Little Trees 5k with a Bob Ross painting class led by Certified Bob Ross Instructor, Heidi Herhotz of Evolutions Studio in Claridge. Everything you need to paint a happy little picture will be available and your participation in the class results in a donation from Heidi toward the tree planting fund. Registration fee is \$60 and pre-registration is required.

## 10 AM - 12 PM

## Stop & Smell the Wildflowers

Slow down, take a deep breath, and recharge on this mindfulness-focused wildflower walk. Learn about common wildflowers on a gentle 1-2 mile hike, and take the time to notice the small details of nature that will enhance your overall outdoor experiences. This program is free but pre-registration is required. For more information or to register please contact rmahony pa.gov or 724-259-2201.

# 10 AM-12 PM

#### Sense of Wonder

Join Forest educator and local author, naturalist, Jim Busch for a morning of exploration! Learn how to nurture your child's curiosity of nature during this all ages, family-friendly program. Based off of famous ecologist, Rachel Carson's book 'The Sense of Wonder,' this program will bring to life many ideas of how to support connection, unstructured exploration, and spark curiosity for learning about nature, while looking through the lens of a child's eyes. This program is free but pre-registration is required. For more information or to register please contact rmahony@pa.gov or 724-259-2201.



#### High Point Hike

Kick off the holiday weekend with a hike to the highest point in PA! Learn about the natural and cultural history of the Mt. Davis area on a moderate, 2 mile hike. This program is free but pre-registration is required. For more information or to register please contact rmahony@pa.gov or 724-259-2201.

