

APRIL - THURSDAYS

	MAGALI	ARACELY		SAVANNAH	
4:00			4:00		4:00
4:10			4:10		4:10
4:15	Jr. Gym -	Super Stars WU - FLOOR 2	4:15	Level 2 WU- FLOOR 3	4:15
4:20			4:20		4:20
4:25	BEAM/BARS	VAULT/BEAM	4:25	FLOOR	4:25
4:30			4:30		4:30
4:35		FLOOR	4:35		4:35
4:40	FLOOR		4:40	BARS/BEAM	4:40
4:45		BEAMS (FLOOR LOW BEAMS ONLY)	4:45		4:45
4:55	BARS/VAULT		4:55	VAULT/BARS	4:55
5:00			5:00		5:00
5:10		Level 1 & JR GYM: FLOOR 1 W/JG	5:10		5:10
5:15	TEAMGYM LEVEL 2: - FLOOR ROUTINES		5:15		5:15
5:20	FLOOR 1 & 2	BEAM/TRAMPOLINE	5:20	Jr. Gym - BARS 2	5:20
5:25			5:25		5:25
5:30			5:30		5:30
5:35		BARS 2	5:35	TRAMPOLINE/BEAM	5:35
5:40	TUMBLING FLOOR #1		5:40		5:40
5:45		STILL ON BARS	5:45		5:45
5:50		FLOOR/VAULT (FLOOR 2)	5:50	VAULT (FLOOR 2)/ FLOOR	5:50
5:55	MINI TRAMP FLOOR #1		5:55		5:55
6:00			6:00		6:00
6:05			6:05		6:05
6:10	VAULT IN VAULT AREA	LEVEL 3WU FLOOR 2 BLEACHER SIDE	6:10		6:10
6:15			6:15	LEARN FRONT OFFICE	6:15
6:20		VAULT/FLOOR	6:20	RESPONSIBILITIES FROM	6:20
6:25	COINDITIONING FOR 5 MIN		6:25	UNLESS YOU HAVE A	6:25
6:30	Super Stars WU - FLOOR 2		6:30	PRIVATE OR EVALUATION	6:30
6:35		FLOOR/BARS	6:35	SCHEDULED.	
6:40	BARS		6:40		6:40
6:45			6:45		6:45
6:50	BEAM/VAULT OR TRAMPOLINE	BARS/BEAM	6:50		
6:55			6:55		6:55
7:00	FLOOR #2		7:00		7:00
7:10			7:10		7:10
7:15	LEVEL 1	LEVEL 1 & LEVEL 2 -WARM UP	7:15	LEVEL 3 - WARM UP	7:15
7:20			7:20		7:20
7:25	FLOOR #1	LEVEL 2 - FLOOR 3	7:25		7:25
7:30			7:30	TEEN LEVEL 3 & 4 GYM	7:30
7:35					7:35
7:40	BARS	VAULT/BEAM (START ON LOW)	7:40	BARS 2	7:40
7:45			7:45		7:45
7:50					7:50
7:55	VAULT/BEAM	BARS	7:55	FLOOR 3	7:55
8:00			8:00		8:00
8:10			8:10	BEAM/VAULT	
8:15			8:15		8:15
8:30			8:30		8:30