



WNCFHG NEWSLETTER

Western North Carolina Fibers/Handweavers Guild, Inc.

PO Box 644, Black Mountain, NC 28711

<http://www.wncfhg.org>

2016-2017 BOARD MEMBERS

President

Gail Griffith

Vice President

Joyce Carpenter

Secretary

Nancy Crabtree

Treasurer

Lynda Feldman

Members at Large

Charlene St. John

Catherine Walsh

COMMITTEES

Blue Ridge Fiber Show

Joan Berner

Community Service

Historian

Ursula Powers

Hospitality

Lucy Daley

Librarian

Susan Trotter

Membership

Marjorie Krueger

NC Mountain State Fair

Lucy Daley

Newsletter

Catherine Alter

Retreat

Southeast Animal Fiber Fair

Ellen Turpening

Website Contact

Charlene St. John

President's Message

Gail Griffith

Take Good Care of Yourself!

Newspapers and magazines are filled with ads and articles of the many pills we can take to enhance our lives. We read about the value of kale and cara cara oranges for adding nutrients to our diets. And, don't forget the ruffage. Eating well is only part of how we can take better care of our bodies.

As weavers and spinners and knitters, we are doing ourselves a great deal of good. Recent research conducted by the Mayo Clinic demonstrated the value of "computer use, making crafts, playing games . . . going to movies or other types of socializing, and reading books" in helping to keep the mind sharp. Planning our projects, selecting materials, reading and interpreting patterns, troubleshooting our wheels and looms are ways we have to exercise our brains. Of the 2,000 who participated in the study, less than a quarter developed mild mental impairment. The study concluded that "being engaged mentally is good for brain health." We are engaged!

Winding warps, threading reeds and heddles, throwing shuttles, pressing the treadles, moving back and forth as we beat the yarns into place means we must use our whole bodies in the process. There is no need to describe the aches we all feel when we step away from a project. Keeping our joints lubricated and our muscles vibrant are a must. What to do? Some of you are walkers, others do aerobics, lift weights, run marathons. In an effort to take better care of myself, I have gotten into yoga and tai chi. I am delighted that Joyce Carpenter, our vice president in charge of programs, has invited Emily Van Eman to do a program of yoga exercises especially for our particular needs. It is never too

She who is false to the present duty breaks a thread in the loom, and you will see the effect when the weaving of a life-time is unraveled.

William Ellery Channing



March Program: Gentle Stretches for Fiber Artists



The March Meeting speaker is Emily Van Eman. Emily is a professional Movement Therapist specializing in the Chakra System, yoga, and traditional rehabilitation modalities. Her passion is helping students and clients (re)establish a relationship with their spiritual bodies—meaning the body as the soul in physical form. Emily is an intuitive guide for movements of all kinds—often “feeling” what her clients or students need and directing them there, with long-term mental and physical ease as the goal. Her background, education and experience allow her to knowledgeably bridge the much-needed gap between science and spirit in the care of the mind and body. She owns a studio in Hendersonville called The Shift (www.TheShiftStudio.com).

In your session with Emily you will learn several key movements and mental practices to re-balance taxed muscle patterns that come from repetitious movements. These exercises will strengthen your core, improve your posture and relieve back, hip, spine, shoulder and neck pain. These exercises and new patterns can be practiced by anyone, and don't take a large time commitment—just consistency!

July Craft Fair

Mary Nicols

The WNCF/HG has again been invited by the Southern Highland Craft Guild to host a "Drop in and Weave" educational demonstration at their July Craft Fair. The Fair runs from July 21 - July 23, 2017 (it has been shortened from 4 days to 3 days). I will be organizing this fun event and hope you all will consider signing up to participate. I'll have a signup sheet at the March Guild meeting.

2017 Guild Calendar

February 11	Winter project –Use Up Your Stash
March 11	Emily Van Eman – Gentle Stretches for Fiber Artists
March 25, 26	Susan Morgan Leveille— Overshot Workshop
April 8	Milissa Dew y-- Eighteenth & Nineteenth Century Fiber Arts Equipment
May 13	Tommye Scanlin – Weaving – a Dialogue
June 10	Vicki Bennett – Local Cloth 2016 Fashion Show and More
July 8	TBD
August 12	Retreat
Sept. 9	TBD
October 4	TBD
Nov. 11	TBD

Summer Workshop

Introduction to Ondulé
Penland School of Crafts
July 23 - August 8.

Ondulé is French for *undulating* or *wavy*. Ondulé fabric breaks the grid of conventional weaving, producing gently curving threads in the cloth through the use of an unusual tool: the fanning (or ondulé) reed. Students will become acquainted with this rare technique through a round-robin experience, making a collection of fabrics. We'll emphasize learning how to maneuver the reed. We'll cover the materials and structures most suitable for ondulé and the techniques that complement it. Students are encouraged but not required to bring an ondulé reed. For more information contact the instructor, Amy Putansu at www.putansutextiles.com.

Membership

Marjorie Krueger

mmkrue@aol.com.

WNCFHG membership enrollment is underway! Thank you to all who have already renewed for 2017.

For those who have not yet done so, we'll have application forms available at the March meeting, or you may go online to the Guild website, where you can submit your form and payment electronically.

If you have any questions about your membership, please email Marjorie Krueger.

This will be the last newsletter distributed to both 2016 and 2017 members. Beginning with the April newsletter, Guild communications will only reach members paid for the 2017 year. That newsletter will have an up-to-date membership roster attached.

Please extend a warm welcome to our newest members, and take a few moments to get to know them:

Barbara Smith, Columbus, NC 704-941-5258

Patty Reigstad, Alexander, NC 386-785-3265

Patricia Fair, Brevard, NC 828-877-6516

Let us also recognize these returning members from recent years. Welcome back!

Sharon Gordon

Betty Blackerby

Cathy Langdon

Babs Guardenier

Margaret Scranton



Schacht Spindle Floor Loom. 46" Wide, 4 Harness, Solid Maple Frame. Included: 2 extra reeds, bag of heddles, warping board and couple of shuttles. Asking \$1200.00 plus shipping from Charlotte, NC. Contact Jan Gorelick at Janet.gorelick@gmail.com.

BRFS briefs ...

Joan Berner

We will have a meeting after the guild meeting to begin planning for the show in 2018. Topics to be covered:

1. review calendar to help identify deadlines.
2. discuss changes in categories and special awards to streamline judging and award/ribbon cards. (as an example, Convergence generally has 3-4 "shows" with a different theme – fashion show, small expressions, mixed media. In general any fiber technique can then be entered in any show) What might work for us?
3. Decide on overall theme for the show.
4. Review budget

I hope to see you there.

A special thanks to Lynda Feldman for her persistence in getting the checks from sales out – she finally just sent me a note this week that we finally got the misdirected check from The Arboretum. Congrats to all of you that sold work, and thank you for your patience in receiving your payment.



Glimadra 39" (40 x 40") 6 harness Ideal Floor Loom. Countermarche with counterbalance parts, excellent condition. Extra texsolv heddles and ties. 6, 10 & 12 dent reeds. Made in Sweden in 1970s, purchased used in 1999. \$2000 or best offer.

Woolhouse Tools 24" 12 harness table loom. Double back beam in excellent condition. Extra texsolv heddles. 10 & 12 dent reeds. Made in Armstrong, BC Canada. Purchased new and used since 2002. \$500 or best offer.

Misc. supplies: warping board and reel, shuttles, books, etc. Contact Maggie Scranton at 406-544-7311 or email at Margaretscranton@outlook.com.





WNCFHG Board Meeting Minutes – February 4, 2017

Attendees: Joyce Carpenter (*Vice President & Programs*), Lynda Feldman (*Treasurer*), Nancy Crabtree (*Secretary*), Charlene St. John (*Website & Member at Large*), Cathy Walsh (*Co-Membership & Member at Large*), Marjorie Krueger (*Membership*), Joan Berner (*Blue Ridge Fiber Show*), Lucy Daley (*North Carolina Mountain State Fair*), Gail Griffith (*President*)

Gail Griffith called the board to order at 2PM, February 4, 2017 at her home. She noted that some guild volunteer positions are still not filled. One is the Hostess duties. Gail and Suzanne? will handle those duties for the first meeting on February 11. Also, Gail will arrive at 9 AM (an hour before the meeting starts) at Johnson Farms to open the building and begin setting up chairs for the program. Any board member who is available should come early to assist in this effort

The agenda was as follows:

Programs

Joyce Carpenter reviewed the programs that have already been contracted for the year (*see the February 2017 Newsletter for listing*). She requested suggestions to fill the open slots. Our budget is tight and it is likely we would not be able to pay travel expenses (*mileage*) for anyone who lives more than a few miles from the Asheville area.

Treasury

Lynda Feldman handed out a *preliminary* 2017 Budget for the board to review. Based on previous years' activities, she noted that we could possibly incur a loss for 2017 unless some activities change. All of this will be reviewed and voted on by the guild membership to decide where cost cutting may be possible. General discussion was had regarding dues. Overall it is believed that dues should remain constant for now. The HCC Scholarship Fund was discussed as an item to be reviewed.

Various members noted that possible future costs such as updated software could be an issue as well. Many older programs are no longer supported by tech companies.

Lynda reminded us that there is a Reimbursement Expenditure Form that needs to be used when submitting items to be paid for.

Our budget is audited annually by two guild members to prevent any oversights.

Secretary

Nancy Crabtree did not have any new items to review.

Website

Charlene St. John noted that until there is a way to secure the website, we cannot put our membership list on it. The membership list will continue as an e-mailed document to members for

now. Charlene mentioned that there had been several 'hits' on the site from Russia. She is investigating how to do various forms using our current domain.

Membership

Cathy Walsh is working with Marjorie Krueger to learn and assist with some of the membership and data entry items for various guild activities (including. Marjorie indicated that the guild will need to update software in about another year. This is an expense item that should be looked at in our future budget.

A discussion ensued regarding possible ways to rebuild our membership. We need to make visitors and new members feel more welcome. Suggestions included having members serve as greeters and/or providing mentors for each new member. It is important for a visitor to feel welcome at meetings. Marjorie sends out a Welcome Letter to new members. Greeters could wear a special ribbon to identify themselves. They could make sure the person is introduced around to various people, especially ones with similar interests (*such as knitting, etc.*). An e-mail survey may be sent to the membership for additional input. We may consider photographing a new member (*with their greeter/mentor*) to put into the newsletter.

Advertising was mentioned. We need to get information to local periodicals/newspapers that includes info about our monthly meetings and activities.

Blue Ridge Fiber Show

Joan Burner handed out a detailed list of duties for BRFS 2018 volunteers and a list of tools and supplies for various jobs. She will continue as chairperson for the 2018 show. The first meeting for the 2018 show will be held in March. Some categories for the show may change. She will be soliciting volunteers at our February meeting.

Newsletter

Catherine Alter will continue as the editor of our newsletter.

North Carolina Mountain State Fair

Lucy Daley will assume duties of this fall activity. She will be looking for volunteers to assist in various aspects. Lucy sent out letters with membership info to people who stopped by the demo booth in the fall.

Caring Committee

Marjorie Warren will be our contact person to send cards from the guild for illness, etc.

Other

Ursula Powers will continue as Historian. Susan Trotter has yet to confirm her position as Librarian. Someone is needed to take over Community Service (*Project Linus*).

An opportunity for workshop feedback may be considered.

Submitted by Nancy Crabtree, Secretary

WNCFHG Change of Address:

WNCFHG

c/o Lynda Feldman, Treasurer, 208 Woodland Ct., Black Mountain, NC 28711



WNCFHG Meeting Minutes – February 11, 2017

Revision 1

The first meeting of 2017 was called to order at 10AM by our new president, Gail Griffith.

Old Business

- Minutes of the November 2016 meeting were approved with Pat Brown making the motion and Charlene St. John seconding.
- Treasurer's Report for November 2016 was approved with Charlene St. John making the motion and Ann Mullican seconding

Committee Reports

- Membership: Marjorie Krueger and Catherine Walsh noted there were 43 members and 10 visitors in attendance. This was one of the largest crowds for so early in the year. Many attendees noted they learned about the organization through many of the guild's recent activities such as 'drop-in-and weave' (*SAFF, BRFS, Southern Highlands Craft Guild Show, North Carolina Mountain State Fair, etc.*). To be listed on the Membership Roster, members need to pay dues for 2017 by the end of February.
- Hospitality: Susanne MacGuire explained the duties of this unfilled position. Gail solicited a volunteer to take over the duties for 2017. There was one volunteer who requested additional information following the meeting before she committed to the job.
- Caring Committee: Sheila Church passed these duties to Marjorie Warren. Marjorie requested guild members e-mail her about any members or former members who might need cheering up (*such as those in nursing homes*).
- Library: Susan Trotter noted that the library is open 9:30AM to 1PM on guild meeting days. It is also open for use during Heritage Weavers' regularly scheduled hours. Be sure to sign the library card and put it in the box so Susan will know who has the book checked out.
- Fiber Forum – Lucy Dailey noted that Fiber Form has not been cancelled due to the fire. It will be held April 20-23 at Arrowmont in Gatlinburg, TN. A sign-up sheet is available today for those interested. Final registration date has been extended.
- Treasury: Lynda Feldman noted that checks for items sold from the BRFS were delayed due to a mail snafu. The 2017 Annual Budget Proposal will be provided at the March meeting. Website expenditures were more than usual this year due to operational changes.
- Programs/Workshops: Joyce Carpenter reviewed the upcoming programs for March (*see info in newsletter*). Additionally, the March 25/26 Overshot Workshop still has openings. Some members are willing to house members who live out of the area to help reduce expenses.
- North Carolina Mountain State Fair: Lucy Daley needs a co-worker to handle this event. Specifically someone to take over duties previously performed by Gail Griffith.
- BRFS: Joan Berner needs assistants for the 2018 show. The BRFS Facebook page and WNCFHG website have the listing for various jobs. A handout was available for those who might be interested. Joan thanked Susan Trotter for her write up in the weaving periodicals about the 2016 show. She noted that the show committee received many 'Thank You' notes

with lots of positive feedback. The first BRFS meeting for 2018 will follow the March guild program at Johnson Farms.

Announcements

- Mary Nichols will be asking for volunteers at the March meeting to do drop-in-and-weave at the July Southern Highlands Craft Guild Show in Asheville.
- Susan Trotter noted that Heritage Weavers will be hosting the 'Great Wheel Spinning Class' March 25-April 1.
- Pat Brown announced the Appalachian Arts Crafts Show in Pickens SC. The organizer has free vendor space.

Adjourn

- The meeting was adjourned with Cathy Walsh making the motion and Mikkel Hansen seconding. All were in favor.
- Show and Tell and Winter Project followed the meeting. Historian, Ursula Powers, requested members to send periodical articles about our members to her for the history books. Ursula also photographs our Show and Tell projects and is seeking a volunteer to help with this activity. She reminded members to give their name before presenting their project.
- Ellen Turpening thanked members for all of previous years' support with programs and workshops. Joyce Carpenter has taken over the responsibility for 2017.

Submitted by Nancy Crabtree, Secretary



Western North Carolina Fiber/Handweavers Guild Treasurer's Report: January 2017 Lynda Feldman

12/31/2016 Balance, Education Fund	\$ 2,587.37
12/31/2016 Balance, General Fund	<u>8,222.20</u>
December 31, 2016 Balance	10,809.57
Income	
2017 Dues	250.00
Advertising Income	<u>6.00</u>
Total January Income	256.00
Expenses	
Rent	<u>(210.00)</u>
Total January Expenses	(210.00)
01/31/2017 Balance, Education Fund	\$ 2,587.37
01/31/2017 Balance, General Fund	<u>8,268.20</u>
January 31, 2017 Balance	\$ 10,855.57



**Western North Carolina Fiber/Handweavers Guild
Proposed Budget for: January 2017
Lynda Feldman**

Dear Guild Members,

Below is the budget I will propose for adoption by the WNCFHG at our March meeting. It is based on a total membership of 80 people, with additional income from one workshop. Our board worked carefully to pare expenses so that they will not exceed projected income, leaving our reserves intact.

Because it's difficult to simply look at numbers without context, I am also providing a copy of the 2016 budget (left column) as compared to actual income/expenses (center column).

There will be time at the March meeting for me to present this budget and for you to comment and/or ask questions. Therefore, you might want to print out this page of the newsletter so that you can easily follow the discussion. If you are unable to print out a copy but would like to have one, please call (828.318.7892) or email me (lyndafeldman@gmail.com) by March 10th and I will bring a copy for you.

Lynda Feldman,

Treasurer

WNCFHG 2016 BUDGET VS ACTUAL AND 2017 Budget Proposal

INCOME	BUDGET	ACTUAL	2017 Proposal:
Dues	2,265.00	1,885.00	1,920.97 (80 members)
2016 Workshops	4,200.00	3,735.00	1,500.00
Advertising	30.00	10.00	10.00
Gifts	<u>0.00</u>	<u>21.00</u>	<u>0.00</u>
Total Income	6,495.00	5,651.00	\$3,430.97

EXPENSES

Awards	100.00	100.00	50.00
Bank Fees	0.00	35.95	20.00
Dues & Subscriptions	0.00	0.00	0.00
Guild Retreat	50.00	0.00	0.00
HCC Scholarship	500.00	0.00	500.00
History	90.00	91.91	90.00
Honorarium	100.00	200.00*	0.00
Hospitality	75.00	4.00	50.00
Insurance	300.00	266.00	275.00
Library	0.00	0.00	125.00
Office Supplies	50.00	43.74	25.00
Membership	0.00	168.62	25.00
PO Box Rental	86.00	86.00	0.00
Postage	25.00	19.60	10.97
Printing	50.00	0.00	0.00
Program	900.00	800.00	800.00
Publicity	50.00	98.73	0.00
Rent	726.00	700.00	630.00
Website	280.00	587.88	0.00
Workshops	<u>2,610.00</u>	<u>2,655.23</u>	<u>800.00</u>
Total expenses	5,992.00	5,857.66	3,400.97
Net profit/(loss)	503.00	(206.66)	+30.00

* \$100 was 2015 honorarium

WNC Fibers/Handweavers Guild, Inc.

2017 Membership Application/Renewal

For information on Guild membership, please visit our website at: <http://www.wncfhg.org>

Annual dues are \$25.00 per individual and \$30.00 per family. Dues for 2017 Membership will be past due after February 28.

- Checks should be made out to WNCFHG. The completed form and dues may be brought to a Guild meeting or mailed to: Treasurer, WNCFHG, PO Box 644, Black Mountain, NC 28711.
- Payment may also be made through PayPal, using the link on the Guild website under the “Join Us” tab. Then mail your application to the PO address above or email it as an attachment to the Membership Chairman, Marjorie Krueger, mmkrue@aol.com.

Whether a new or renewing member, please complete the membership application form, so that we can be sure your information is correct and up to date.

Name(s): _____ Check one: ___ New Member ___ Renewal

Address: _____

Home Phone: _____ Cell Phone: _____

E-Mail: _____ Website: _____

Alternate/Seasonal Contact Information: _____

<p>Please note your areas of fiber interest and mark your PRIMARY interest as “P”:</p> <p><input type="checkbox"/> Basketry</p> <p><input type="checkbox"/> Beading</p> <p><input type="checkbox"/> Clothing</p> <p><input type="checkbox"/> Computer</p> <p><input type="checkbox"/> Crocheting</p> <p><input type="checkbox"/> Dyeing</p> <p><input type="checkbox"/> Felting</p> <p><input type="checkbox"/> Inkle/Card Weaving</p> <p><input type="checkbox"/> Knitting</p> <p><input type="checkbox"/> Spinning</p> <p><input type="checkbox"/> Tapestry</p> <p><input type="checkbox"/> Weaving (# shafts____)</p>	<p>WNCFHG is run by volunteers. How would you like to help?</p> <p><input type="checkbox"/> Advertising/Publicity</p> <p><input type="checkbox"/> Blue Ridge Fiber Show</p> <p><input type="checkbox"/> Community Education Projects</p> <p><input type="checkbox"/> Community Service Project</p> <p><input type="checkbox"/> Fundraising</p> <p><input type="checkbox"/> Hospitality</p> <p><input type="checkbox"/> North Carolina Mountain State Fair</p> <p><input type="checkbox"/> Organizing Programs or Workshops</p> <p><input type="checkbox"/> Teaching Programs or Workshops</p> <p><input type="checkbox"/> Southeast Animal Fiber Fair</p> <p><input type="checkbox"/> Website Assistance</p> <p>Other: _____</p>	<p>Fiber Interest Groups in which you are a participating member:</p> <p><input type="checkbox"/> Blue Ridge Spinners</p> <p><input type="checkbox"/> Cate-Hall Weavers</p> <p><input type="checkbox"/> Fiber Friends</p> <p><input type="checkbox"/> French Broad Weavers</p> <p><input type="checkbox"/> Heritage Weavers and Fiber Artists</p> <p><input type="checkbox"/> Local Cloth</p> <p><input type="checkbox"/> Shepherds, Spinners & Wannabees</p> <p><input type="checkbox"/> SOFA (South Asheville)</p> <p><input type="checkbox"/> Weave-Study Group, Seneca, SC</p> <p>Other: _____</p>
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For office use only:
 Date dues received: _____ Check number: _____ Cash: _____ PayPal _____ Amount: _____

WESTERN NORTH CAROLINA FIBER/HANDWEAVERS GUILD

Overshot on Four Shafts

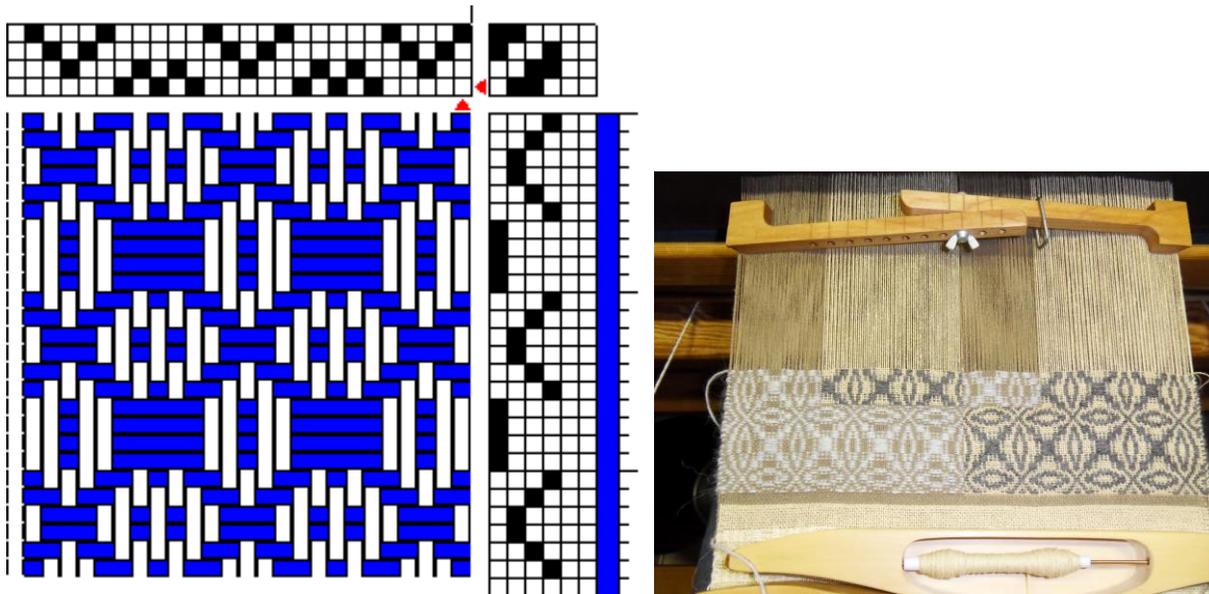
Instructor: Susan Morgan Leveille

2-day workshop, March 25 and 26, 2017

Time/Location: 10 am – 4 pm at The Folk Art Center, Asheville, NC

Max # of students: 12

Cost: \$150 per member, payable WNCFHG, and
Optional booklet of all patterns taught in class and additional notes, \$5.00



Experience level - Students should be able to:

Warp their own 4 harness loom based on threading instructions provided by the instructor, and be familiar with the basic theory of twills. Each student will be sent a different overshot pattern prior to the workshop, and should arrive with a loom warped and completely *ready to weave* per those instructions. Participants will supply their own warp and weft and tabby yarns (details below).

About this workshop - For many, from the past and the present, the overshot coverlet is the finest example of traditional mountain weaving. Investigating this fabric structure can be fascinating and will proceed through lecture and the weaving of samples. Susan particularly likes to share how the weavers of decades ago wove this fabric while having *ONLY* the threading for the pattern. Students will better understand the techniques and uses of this timeless fabric so they may realize possibilities for both traditional and contemporary applications in today's world. Susan will also share her collection of overshot textiles.

About the instructor - I had the great good fortune to be born into a family of craftspeople and weavers. This heritage has been critical in shaping who I am, along with the values that have been passed to me by both sides of my family. Problem solving, creativity, imagination, sharing of skills

and ideas, attention to detail, patience, caring for one's community and all the people in it, having empathy for all, and caring for the environment most particularly of these beautiful mountains, are, for me, all associated with working with your hands.

Beyond my family, I have been profoundly influenced by the three nationally known craft schools here in the Appalachian Mountains: Penland School of Crafts where I took my first weaving class as a young girl; Arrowmont School of Arts & Crafts where I studied in college and with Marion Heard, University of Tennessee professor and director of Arrowmont; and John C. Campbell Folk School where I have taught for many decades. All three of these institutions have had a profound influence on me over the years and they are all right here in these mountains. What better place to be to study traditional and contemporary crafts.

For all of my adult life I have taught weaving classes privately, through community colleges locally, craft schools, regional guilds and museums. Sharing my passion is very important to me and it brings me much joy. I have also worked with various craft organizations in the region and served on their Boards, been a member of the Southern Highland Craft Guild since 1982, owned and operated a weaving shop and a fine craft gallery 1977 - present, developed another fine craft gallery in Asheville 1992-1997 and take every opportunity to promote the incredible craft community of the mountains of the southeast. Most recently, I was honored by the State of North Carolina and the North Carolina Arts Council with the 2014 North Carolina Heritage Award.

I try to stay involved in my community, its activities, challenges and forward momentum. I support young women and old women in their efforts to secure their equal place in society, in the workforce and in the arts. Textile arts are considered "women's work" by so many cultures. I hope that the items that I make with my hands and heart will bring pleasure to many. What a gift I have received from so many others who have found joy in sharing their knowledge of making.

Yarn requirements -

Warp should be cotton. Unmercerized 8/2 at 3360 yards per pound works well. Natural is the traditional choice, but not required for this workshop. If you have something that is smooth spun and comparable in yardage, please use it, as these are samples and should help you diminish your stash!

Pattern Weft should be a yarn approximately twice as thick – or half the yardage per pound—as the warp and not too tightly spun. Harrisville Shetland wool would be a good choice, but there are thousands of other yarns that would work. Wool is the traditional choice for the pattern weft, but not a requirement for this workshop. These samples will not require much yardage of weft, so a few ounces of several yarns should be plenty. Bring a basket full of yarns with you and we can consider what might be workable for these samples. **Tabby weft** should be the same as the warp.

Color contrast is needed between warp and pattern yarn, so if your best yarn for warp is a dark color cotton, please choose a light or natural pattern weft --- or vice versa.

Warp should be **sett at 20 epi**. Warp length should be at least **two and a half yards**.

WNCFHG WORKSHOP: Overshot

GUILD MEMBER APPLICATION

To participate in Susan Leveille's weaving workshop (March 25 and 26, 2017), you may sign up online at the WNCFHG website, or by mail. Checks are to be made out to WNCFHG and can be mailed to us along with a completed application form. Payment may also be made through PayPal, with workshop applications emailed to the guild or hand delivered.

To apply via the website, go to:
<http://www.wncfhg.org/join-us.html>

To apply by mail, print the form below, sign, date, and mail it **with your check for \$150.00 made payable to WNCFHG** to:

Lynda Feldman
Treasurer, WNCFHG
208 Woodland Ct
Black Mountain, NC 28711

Name _____ Phone _____

Email (please print) _____

Confirmation of enrollment will be sent via email.

I understand that if I cannot come to the workshop, I will lose the fee paid unless another member can take my place.

Signed _____ Date _____

This workshop is presently open only to WNCFHG members.