

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Chicken Fajitas	All Grab & Go	Chicken Alfredo	Hot Dog	Pizza	
	Lett/Tom/Cheese	Ham & Cheese	Broccoli	Baked Fries	Corn	
	Rice/Beans	Snack Carrots	Carrots	Baked Beans	Salad	
	Fruit	Apple Slices/Juice	Fruit	Juice	Cake/Fruit	
	Milk	Cookie/Milk	Milk	Milk	Milk	
7	8	9	10	11	12	13
	Cheeseburger	Chicken & Rice	Chicken & Waffles	Muffin/Yogurt/Cheese	Chicken Nuggets	
	Baked Fries	Mixed Veggies	Carrots	Veggie Sticks	Mac & Cheese	
	California Veggies	Salad	Green Beans	Cauliflower	Broccoli/Fruit	
	Fruit	Juice	Fruit	Juice	Cookie	
	Milk	Milk	Milk	Milk	Milk	
14	15	16	17	18	19	20
		Mini Corn Dogs	Chili w/Grilled Cheese	Chicken Soft Taco	Pizza	
		Baked Beans	Mixed Veggies	Lett/Tom/Cheese	Corn	
	NO SCHOOL	Celery w/PB	Salad	Rice/Beans	Salad	
		Baked Fries	Juice	Fruit	Fruit Crisp	
		Juice/Milk	Milk	Milk	Milk	
21	22	23	24	25	26	27
	Chicken Patty	Beef Nachos	Hot Dog	Pasta w/Meatsauce	Chicken Nuggets	
	Green Beans	Rice/Beans	Baked Beans	Italian Veggies	Roll/Broccoli	
	Lett/Tom/Pickle	Lett/Tom/Cheese	Carrots	Salad	Fruit/Salad	
	Fruit	Juice	Fruit	Juice	Jello	
	Milk	Milk	Milk	Milk	Milk	
28	29	30	31			
	Grilled Chicken Patty	Hamburger	Beef Nachos			
	Veggie Sticks	Baked Fries	Lett/Tom/Cheese			
	Salad	Lett/Tom/Pickle	Rice/Beans			
	Fruit/Freezie	California Veggies	Fruit/Cookie			
	Milk	Juice/Milk	Milk			
		If you have any questions regarding your child's acct Robin Morehead our Café Manager at 863-419-3198 or email her at robin.morehead@polk-fl.net				