



Temecula Valley Time Machine Track and Field meet

Date: March 23, 2019

Time: 7:30am (First call 7:15am for both track and field events)

Location: Murrieta Mesa High School
24801 Monroe Ave.
Murrieta, CA 92562

Concessions: A full concession stand with reasonably priced food.

Package Pick-Up: North End of the Field

Coaches Meeting: At 7:15am on the infield

Meet Director: Bobby Williams

License: Licensed by the AAU: all rules apply and will be enforced. This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and non-athlete memberships are no longer instant and cannot be applied for at an event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership. USATF Cards are good too

Facility: A nine lane all-weather surface; a long jump pit and high jump pit. Canopies are restricted to the top row and must be secured.

Spikes: 3/16 needle spikes are the maximum allowed. All spikes will be checked.

Warm-up Area: The warm up area is reserved for the athletes only.

Entry Fees: \$10 per athlete. Clubs can pay by club check, cash or money order. NO PERSONAL CHECKS. Participants and clubs may pay the day of the meet when they pick up their packet.

Registration: All entries must be submitted online at Athletic.net
Registration closes at 5:00 PM on March 22nd

Age Divisions: 8 & under 2011 & After	13y old 2006
9yr old 2010	14yr old 2005
10yr old 2009	15-16yr old 2003-2004
11yr old 2008	
12yr old 2007	

RELAYS WILL BE RAN USING USATF AGE GROUPS. Ie. 8 & U, 9-10, 11-12, 13-14, 15-16

Event Limitations: 8 & Under-12yr are limited to three events not including relays.
13yr & older are limited to four events not including relays.

Implements: Please bring your own marking implements.

Awards: 1st – 3rd place for overall events will receive medals. Ribbons will be given for 4th – 8th place. Awards will be in team packet. Coaches may pick them up at the next San Diego or AAU Meet.

Checking in: Running events: you must report to the clerk when the event is called. Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to complete and stay in the area.

Field events: Report directly to the event when the event is called two calls will be given for each event. All athletes will be given four attempts. Athletes must inform the official and be excused if they have a running event at the same time. Athletes must report back to their field event within five minutes upon completion of their running event.

Community: PLEASE NO SUNFLOWER SEEDS OR PEANUTS ARE ALLOWED. NO SMOKING ON CAMPUS AND NO DOGS ALLOWED.

Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes be on their best behavior. Anyone displaying threatening or inappropriate behavior will be removed from the facility. **NO WANDERING AROUND THE SCHOOL GROUNDS.**

Schedule of Events

3000m Run	11, 12, 13, 14, 15-18 Boys and Girls
4x100 Relay	All Divisions
4x100 Relay	Parents and Coaches
80m Hurdles	11, 12, Boys and Girls
100m Hurdles	13, 14, 15, 16 Boys and Girls
100m Run	All Divisions
1500m Race Walk	9, 10, 11, 12 Boys and Girls (may be combined)
3000m Race Walk	13, 14, 15, 16 Boys and Girls (may be combined)
400m Run	All Divisions
1500m Run	All Divisions (except 8 & under)
200m Run	All Divisions
800m Run	All Divisions

Field Events

High Jump	9, 10, 11, 12, 13, 14 Boys and Girls
Long Jump	All Divisions * Four Jumps no Final
Shot Put	9, 10, 11, 12, 13, 14 Boys and Girls
Pole Vault	9, 10, 11, 12, 13, 14 Boys and Girls* 2pm Start