

Menu: Lunch - January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			BBQ Chicken Parmesan Baked Zucchini Homemade Mashed Potatoes Country Gravy Rosy Applesauce	Hamburger Steak w/ Onions Garlic Red Roasted Potatoes Green Beans Juicy Mandarin Oranges	Baked Flounder Mixed Vegetables Scalloped Potatoes Strawberries & Bananas	Herbed Pork Roast Harvard Beets Homemade Mashed Potatoes Pork Gravy Fresh Mango
5	6	7	8	9	10	11
Country Fried Chicken Homemade Mashed Potatoes Country Gravy Homemade Creamed Corn Sliced Peaches	Chicken Teriyaki Rice Pilaf Stir Fry Vegetables Vegetable Egg Roll Fresh Mango	Smothered Steak Broccoli (A) Scalloped Potatoes Sliced Pears	Soup & Sandwich Seven Layer Salad Honeydew Melon	Smothered Pork Spinach (A) Oven Roasted Potatoes Fresh Cut Pineapple	Tilapia Peas Au Gratin Potatoes Strawberries & Bananas	Beef Brisket Broccoli & Cheese Sauce Baked Potato
12	13	14	15	16	17	18
Butterfly Shrimp Green Beans Scalloped Potatoes Cantaloupe	Glazed Ham Balls Peas Garlic Red Roasted Potatoes Fresh Grapes	Swiss Steak Parmesan Baked Zucchini Homemade Mashed Potatoes Brown Gravy Juicy Mandarin Oranges	Breaded Veal Cutlet Cheesy Hashbrown Casserole Mixed Vegetables Fresh Mango	Herb Roasted Chicken Baked Eggplant Baked Potato Tropical Fruit	Battered Cod Corn Au Gratin Potatoes Watermelon	Porcupine Meatballs Oven Roasted Potatoes Carrots (A) Sliced Pears
19	20	21	22	23	24	25
Pork Tenderloin Homemade Mashed Potatoes Pork Gravy Spinach (A) Fresh Cut Pineapple	Homemade Meatloaf Baked Potato Country Green Beans with Bacon & Onion Cantaloupe	Lasagna Broccoli (A) Au Gratin Potatoes Sliced Peaches	BBQ Pork Ribs Oven Roasted Potatoes Carrots (A) Sliced Pears	Bierocks Cheese Sauce Corn Tater Tots Fresh Mango	Breaded Fish Nuggets Glazed Carrots (A) Scalloped Potatoes Strawberries & Bananas	Chicken Parmesan Buttered Egg Noodles Peas Rosy Applesauce
26	27	28	29	30	31	1
Fried Chicken Homemade Mashed Potatoes Country Gravy Corn Sliced Peaches	Spaghetti w/Meat Sauce Roasted Cauliflower Au Gratin Potatoes Fresh Cut Pineapple	BBQ Meatballs Baked Beans Baked Potato Rosy Applesauce	Chicken Tetrizzini Peas Fresh Tossed Vegetable Salad/Drsg Watermelon	Lemon Pepper Chicken Garden Blend Rice Peas Fresh Grapes	Fried Catfish Country Green Beans with Bacon & Onion Scalloped Potatoes Cantaloupe	

Menu: Supper - January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 Scrambled Eggs Bacon or Sausage Muffins Tropical Fruit	2 Hot Dogs / Brats Baked Potato Casserole Topped w/Bacon Crumbles Sliced Pears	3 Chicken Noodle Soup Homemade Mashed Potatoes Fresh Grapes	4 Beef Soft Taco Refried Beans Spanish Rice Watermelon
5 Cheeseburger Macaroni Casserole Cole Slaw Fresh Cut Pineapple	6 Swedish Meatballs Buttered Egg Noodles Broccoli & Cauliflower Salad Juicy Mandarin Oranges	7 "Pizza Night" Fresh Tossed Vegetable Salad/Drsg Fresh Grapes	8 Biscuit & Gravy Muffins Fried Bologna Sausage Links Fresh Mango	9 Chicken Pot Pie Italian Pasta Salad Fruit Cocktail	10 Ham & Bean Soup Cornbread Tropical Fruit	11 Baked Turkey Casserole Macaroni & Cheese Watermelon
12 Beef Stroganoff Over Egg Noodles Three Bean Salad Sliced Peaches	13 Stuffed Bell Pepper Macaroni & Cheese Fresh Cut Pineapple	14 Hamburger Gravy Homemade Mashed Potatoes Peas Lime Gelatin with Pears (FR)	15 Taco Burger on Bun Refried Beans Fresh Grapes	16 Hillbilly Goulash Seven Layer Salad Fresh Cut Pineapple	17 Beef Chili Iced Cinnamon Roll Strawberries & Bananas	18 Turkey Noodle Casserole Broccoli (A) Fresh Mango
19 Popcorn Shrimp Cole Slaw Watermelon	20 Hot Open Face Rst Bf or Turkey Sandwich Homemade Mashed Potatoes Poultry Gravy Fruit Cocktail	21 Sloppy Joe on Bun Pea Salad Fresh Mango	22 Breakfast Pot Pie Muffins Tropical Fruit	23 Italian Baked Chicken Broccoli (A) Fresh Cut Pineapple	24 Ham & Cheese Squares Broccoli Cheese Soup Juicy Mandarin Oranges	25 Beef Pot Pie Macaroni Salad Cantaloupe
26 Beef Goulash Broccoli & Cauliflower Salad Fresh Grapes	27 Sweet & Sour Pork Rice Pilaf Vegetable Egg Roll Fresh Mango	28 Hot Beef Sandwich Homemade Mashed Potatoes Brown Gravy Juicy Mandarin Oranges	29 Breakfast Casserole Muffins Tropical Fruit	30 Pigs in a Blanket Baked Beans Sliced Pears	31 Beef Noodle Soup Homemade Mashed Potatoes Fresh Mango	1