



The Country Playhouse Academy

Menu

November 18-22, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<ul style="list-style-type: none"> • Life Cereal • Pears • Milk 	<ul style="list-style-type: none"> • Hard Boiled Egg • Hash browns • Tropical Fruit • Milk 	<ul style="list-style-type: none"> • Oatmeal • Cinnamon Apple & Raisins(5) • Milk 	<ul style="list-style-type: none"> • Waffles • Mixed Berries • Milk 	<ul style="list-style-type: none"> • Cheerios • Bananas • Milk
Lunch	Lunch	Lunch	Lunch	Lunch
<ul style="list-style-type: none"> • Beef Shepherds Pie • Mixed Vegetables • Orange Slices(1) • Milk 	<ul style="list-style-type: none"> • Pepperoni, Ham, Bacon, Cheese & Lettuce Pizza Wraps(2) • Green Beans • Peaches • Milk 	<ul style="list-style-type: none"> • Turkey Enchilada Casserole • Corn(6) • Pineapple(7) • Milk 	<ul style="list-style-type: none"> • Tuna & Lettuce on Whole Wheat(8) • Peas and Carrots • Mandarin Orange • Milk 	<ul style="list-style-type: none"> • Chicken Broccoli Cheddar Soup • Dinner Rolls • Grapes(9)* • Milk
Snack 1	Snack 1	Snack 1	Snack 1	Snack 1
<ul style="list-style-type: none"> • Yogurt • Graham Crackers • Water 	<ul style="list-style-type: none"> • Carrot & Cucumber Slices w/Ranch(3) • Ritz Crackers • Water 	<ul style="list-style-type: none"> • String Cheese • Goldfish Crackers • Water 	<ul style="list-style-type: none"> • Multi-Grain Crackers • Cheddar/Jack Cheese Sticks • Water 	<ul style="list-style-type: none"> • Fruit Muffins • Milk
Snack 2	Snack 2	Snack 2	Snack 2	Snack 2
<ul style="list-style-type: none"> • Cheez-it Crackers • Orange Juice 	<ul style="list-style-type: none"> • Apple Slices(4) • Pretzels • Water 	<ul style="list-style-type: none"> • Hummus Dip • Club Crackers • Water 	<ul style="list-style-type: none"> • Animal Crackers • Apple Sauce • Water 	<ul style="list-style-type: none"> • Chex Mix • Apple Juice

Menu #3

Infant food substitution: () (1)Mandarins (2)Pita Bread (3)Par-Boiled Carrots (4)Apple Sauce (5)Mixed Fruit (6)Broccoli (7)Berries (8)Chicken (9)Fruit Cocktail
 Toddler food substitution: *