

NOVEMBER 2022

Preston Hollow UMC Child Development Center

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast snack: Raisin toast **7**

Lunch: Bean & cheese burritos w/guacamole dip, mixed berries

Afternoon snack: Fig Newtons

Breakfast snack: Spice muffins **14**

Lunch: Cheese pizza, garden salad w/ranch dressing, mixed berries

Afternoon snack: Enjoy Life snickerdoodle soft cookies

Breakfast snack: Cinnamon apple oatmeal bars **1**

Lunch: Chicken w/penne in a butternut sauce, garden salad, peaches

Afternoon snack: Pirate's booty cheddar puffs

Breakfast snack: Cinnamon toast **8**

Lunch: Cheesy chicken & pasta bake, green beans, peaches

Afternoon snack: Graham crackers

Breakfast snack: Banana muffins **15**

Lunch: Chicken broccoli & rice casserole, peaches

Afternoon snack: Yogurt w/fruit

Breakfast snack: Raisin oatmeal bars **2**

Lunch: Vegetables w/rotini noodle soup w/crackers, mixed fruit

Afternoon snack: Yum Earth tropical fruit snacks

Breakfast snack: No nut butter toast **9**

Lunch: Autumn tomato soup w/crackers, salad w/dressing, mixed fruit

Afternoon snack: Yogurt w/fruit

Breakfast snack: Blueberry muffins **16**

Lunch: Broccoli & cheese soup w/crackers, mixed fruit

Afternoon snack: Quaker rice crisps

Breakfast snack: Maple oatmeal bars **3**

Lunch: Turkey stir fry w/brown rice and vegetables, mandarin oranges

Afternoon snack: Nutri Grain bar

Breakfast snack: Cheese toast **10**

Lunch: Turkey meatballs w/mashed sweet potato, mandarin oranges

Afternoon Snack: Animal crackers

Breakfast snack: Apple muffins **17**

Lunch: Turkey lettuce & tomato roll ups, veggie chips, mandarin oranges

Afternoon snack: String cheese w/raisins

Breakfast snack: Honey Oatmeal bars w/cream cheese **4**

Lunch: Fish sticks w/sweet potato fries, apples

Afternoon snack: Made Good chocolate chip bars

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School Closed

Breakfast snack: Cranberry muffins **18**

Lunch: Fish & sweet potato fries, peas, apples

Afternoon snack: Pretzel's w/cheese cubes

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School Closed

22

School Closed

23

School Closed

24

School Closed

25

School Closed

Breakfast snack: Cheerios **28**

Lunch: Butternut squash macaroni & cheese, broccoli, mixed berries

Afternoon snack: Fig Newtons

Breakfast snack: Raisin bran **29**

Lunch: Chicken tacos w/mild salsa on the side, guacamole dip, peaches

Afternoon snack: Graham crackers

Breakfast snack: Berry Vanilla Puffs **30**

Lunch: Chicken noodle soup w/crackers, mixed fruit

Afternoon snack: Jell-O cups

