

# Jammin' Dance & Fitness Schedule

2018 Summer ~ Fall

Jammindance.com • dance@jammindance.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	9:00 - 10:00 <b>Zumba at Town Hall</b> by Kay <i>Class not held at studio. Email for more info</i>	<b>All Inclusive</b> Family Zumba & Creative Dance ages: 2 yrs - Seniors 10:30 - 11:30 by Kay  <i>All Inclusive is a unique class, please see our website for more info!</i>	9:00 - 10:00 <b>Zumba at Town Hall</b> by Kay <i>Class not held at studio. Email for more info</i>	<b>All Inclusive</b> Family Zumba & Creative Dance ages 2 yrs - Senior 9:30 - 10:15 by Kay  <i>All Inclusive is a unique class, please see our website for more info!</i>	9:00 - 10:00 <b>Zumba at Town Hall</b> by Kay <i>Class not held at studio. Email for more info</i>	8:30 - 9:30 <b>Zumba</b> All Levels by Neda/Katie
9:00 AM						10:00 - 12:00  <b>New Freedom Choir</b>
10:00 AM					10:30 - 12:00 <b>Creative Kids</b> by Kay Dance, Art Tumbling, & Social - FUN!! <b>This class Has a wait list</b>	<b>Coming Soon! Modern and Contemporary classes!</b> <i>Classes forming, please email for more info....</i>
10:30 AM		2:15 - 4:30 <b>Scottish Country Dance for Children</b>  by Patsy Corrigan				
3:00 PM	<b>NEW!!</b> 3:30 - 4:30 <b>Lyrical - Jazz Combo class!</b> Ages: 8 - up By Joellene	5:00 - 5:30 <b>Beginning Tap</b> Youth - Ages 6-8 by Kay		5:00 - 5:30 <b>Creative Dance</b> Youth - Ages 4- 5 by Kay	3:30 - 4:30 <b>Beginning Hip Hop</b> Youth-Ages 6-10 By Joellene	<b>Jammin' Dance also hosts:</b> • Tea Parties • Birthday Parties • Private Parties
3:30 PM						
4:00 PM						
4:30 PM	4:30 - 5:30 <b>Intermediate Lyrical</b> for Teens, 13-up by Joellene	5:30 - 6:00 <b>Family ZUMBA Kids &amp; Parents!</b> 6-up ~ by Kay	5:30 - 6:30 <b>Zumba</b> Includes Toning by Kay	5:30 - 6:00 <b>Family ZUMBA Kids &amp; Parents!</b> 6-up ~ by Kay	4:30 - 5:30 <b>Hip Hop</b> for Teens ,13-up by Joellene	<i>Studio is available for additional use, please contact for more info.</i>
5:00 PM					<b>NEW!!</b> 5:30 - 6:30 <b>Hip Hop - Jazz Combo</b> for Adults by Joellene	
5:30 PM	5:30 - 6:30 <b>Beg Tap</b> Teen/Adults by Kay	6:00 - 6:30 Reserved for <b>Tap Technique</b> by Kay		6:00 - 7:00 "Jewelettes"		
6:00 PM						
6:30 PM	6:45 - 7:30 <b>Aqua Zumba</b> by Kay	6:30 - 7:30 <b>Belly Dance for Beginners</b> all levels welcome! Teen / Adults by Vahana	6:30 - 7:30 <b>Inter. Tap Teen/Adults</b> by Kay	<b>Belly Dance</b> Youth Ages 7-15 by Vahana	7:00 - 9:00 <b>SWING DANCE</b> Teen/Adults  by The Trainors	<i>Jammin' Dance is a certified member of <b>Dance Masters of America</b></i>
7:00 PM	This class is taught at: Lindberg Swim Club			7:00 - 8:00 <b>Belly Dance</b> Teen / Adults by Vahana 8:00-9:00		~
7:30 PM					please email before first class  <a href="mailto:placerville.swing@comcast.net">placerville.swing@comcast.net</a>	<i>Jammin' Dance is registered with</i> <b>ASCAP</b> <b>SESCAP</b> <b>BMI</b> <i>Copyright Compliance</i>
8:00 PM	<b>Please NOTE .....</b> <b>Schedule Change in September:</b> Reg. Zumba at: 5:30-6:30 Adult Tap at: 6:30-7:30			<b>Jewels of the North</b> <b>Belly Dance Troupe</b> by Vahana		
8:30 PM						

## DANCE & ZUMBA INSTRUCTORS

Dance, Creative Kids & Zumba classes: Kay Lenhart • [dance@jammindance.com](mailto:dance@jammindance.com)

Swing Dance classes: Dan and Sheryl Trainor • [placerville.swing@comcast.net](mailto:placerville.swing@comcast.net)

Belly Dance: Valerie Baker aka, Vahana • [dancingesquire@yahoo.com](mailto:dancingesquire@yahoo.com)

Lyrical & Hip Hop classes: Joellene Vakulich. • [vjoellene@yahoo.com](mailto:vjoellene@yahoo.com)

Our All Inclusive classes accommodate wheelchairs and more! *Please see our website for more info on our All Inclusive classes.*

Dance class Prices: 1 hr - \$47 per month / 45 min - \$42 per month / 30 min - \$37 per month / Drop In: \$15 per class

Zumba & Fitness Prices: \$30 per mo (1 class per wk) • \$45 per mo (2 classes per wk) Zumba Kids: \$25 per month (with Parent \$10)

• Creative Kids: \$60 per month • Swing Classes: \$10 per couple Drop-In