



LIFE.LOVE.YOGA. STUDIO ANNOUNCEMENT : May 22, 2020

Dearest Life.Love.Yoga. Family,

As promised, I am keeping our community updated with transparency as things develop rapidly in this "new normal".

We are now at day 71 of our closure, and as you know, the guidelines for re-opening under Phase 1 do not feel reasonable nor safe for us to resume our in-person classes any time soon.

In addition to our very real safety concerns, we would only be able to fit about 6 students per class with proper guideline distancing if we were to re-open. This, unfortunately, would not cover even a fraction of our overhead costs, all of which have continued throughout our closure. As such, it is with a very heavy heart that in just the last 36 hours, I have come to a settlement payment agreement to release us of our next 10 months of tenant obligations (as of June 1), and we will not be re-opening in our current location.

THIS IS NOT THE END. THIS IS JUST A NEW CHAPTER.

We have every intention of continuing with our current online teaching as we have been for the last 2.5 months, and honoring our students current punch cards for these online classes, so that I may continue to pay our amazing teachers for their service. I know that you would agree with me that our teachers have adapted with grace and professionalism to this new online platform, and that the practices and community connection continue - through the screen - from our homes and hearts to yours. It has also been amazing to connect with so many of you virtually from various cities, states and even countries. This has been the silver lining for me : to realize that the magic of the practice can be shared far and wide, live online.

We are also very hopeful to have outside in-person classes this summer locally in Central Oregon, perhaps on private lawns and in parks and wherever else our imaginations might take us. We have also

discussed possibly joining forces with various other Sisters businesses in the future (when it is safe to do so) to hold pop-up classes around town. The possibilities are endless.

We are not defined by 4 walls, and Life.Love.Yoga. is not going out of business, we are just practicing true yoga : living the 8 Limbs of Yoga with our community's wellness and truthfulness and clear seeing at the forefront. We are present and aware of what is happening around us at this point in time, and are responding rather than reacting with open hearts.

THESE DECISIONS ARE NOT BASED IN FEAR, BUT WITH TRUE LOVE AND COMPASSION.

With that said, this has been a heart-wrenching journey of transformation for me. I know that this news will also be heartbreaking for you, too. Life.Love.Yoga. truly belongs to all of us, and has held our minds, bodies and spirits for the last 11 years. But we are yogis, and we are flexible - and together we can adapt to the changing winds. This is what the practice has been preparing us for. To bend, and not to break.

Do not hesitate to reach out to me with any questions. I want to reiterate that this is not the end, this is just the beginning of the next chapter.

With deepest love and gratitude to each of you for sharing your hearts with us

xo
Kari