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RETURN SERVICE REQUESTED

TIME OF SERVICES

Murphy Church of Christ P. O. Box 511

Murphy, NC. 28906

Sunday Morning Bible Class Sunday Morning Worship Sunday Evening Worship Wednesday Evening Bible Class

9:30 a.m. 10:30 a.m. 6:00 p.m. 6:00 p.m.



MURPHY CHURCH OF CHRIST CHURCH OF CHRIST ROAD

(Located above King Ford on Highway 64 West)

P. O. BOX 511 MURPHY, NC 28906

Website: murphychurchofchrist.com

Minister

Roy Stephenson

Cell Phone: 828-557-8882

E-mail: MurphyNCchurchofchrist@gmail.com

joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. " May the God of hope fill you with all

SEPTEMBER 8, 2024

WELCOME

We welcome you to the Murphy Church of Christ where every visitor is our special guest, and we want to make sure you always remember that. If you are looking for a "family" that will offer you the most important things in life, then why not give us a chance to be part of your family?

Please fill out a visitor's form and drop it in the collection box.

Please do not hesitate to ask any of our members for assistance.

Please join us for the first Sunday evening prayer time at 6:00 PM. Any changes will be announced during morning worship.

Wednesday Bible devotional is temporarily on hold while Roy Stephenson awaits the rescheduling of his knee surgery.

On the 5th Sunday of each month, we get together for potluck fellowship meal immediately following morning worship.

Website: murphychurchofchrist.com

The bulletin is posted on the website and



hard copies are in the foyer for members and visitors. Be sure to check out the website for articles by Roy

Goodlet.

The bulletin hardcopy cover is designed so you can mail a copy to a shut-in, friend, or family member. If you have any suggestions for the website or see an error or want to make a change, please contact Lula Williams.

Greeters

Stacey Packer and Sheri Goodlet

Order of Service

Welcome/Song Leader Roy Goodlet

> Opening Prayer Jerry Queen

Lord's Supper Thoughts
Roy Stephenson

Scripture: Matthew 4: 1-4 Read by Dean Wray

Sunday Sermon:

"Examples of Self-Control"

By Roy Stephenson

Announcements
Roy Goodlet

Closing Prayer Dean Wray

How to Develop Self-Control

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law

Galatians 5:22-23



- Sandy Parmer asked that we keep her family and friends in our prayers: April is doing great after her transplant, Rob Seel is getting better. Kailyn 17, her granddaughter and her son Erik need prayers to come back to God. Rob's brother, Harold Parmer has Parkinson.
- Mindy Scaffe continues to have multiple health problems. She remains positive with a cheerful attitude. Many of you follow her on Facebook and she enjoys reading your comments!
- Darlene Queen is adjusting to her new pacemaker at home.
- Mike Smith, a friend of Lee Sanders, is on life support in Mission Hospital in Asheville, NC.
- Richard Hicks, the brother of Norma Leiby, has completed his chemotherapy.
- Jeff Leiby's brother, Brian Leiby, from Huntsville had two heart surgeries. So far he is doing ok.
- Roy Stephenson's knee replacement surgery has been rescheduled to September 26th because he and his wife were positive for COVID on July 11th. We thank God they both experienced mild symptoms and are no longer required to stay quarantined at home.
- Jeff and Norma Leiby are both suffering from COVID symptoms. We pray for a quick recovery.

Encouragement

- Sheri's friend Debbie and Cayle have cancer.
- You or family member or friend may not be on this list but, we are all in need of prayer. The pandemic and flu

season continues to take its toll on many. Depression, homicides, suicides, gun violence and wars and civil unrest are increasing as well as the impact of climate changes. Take time to check on your neighbors and keep our country in your prayers!

Directory Updates

Contact Nell Ard if you need a picture taken for our picture directory located in the foyer or need changes made to the directory printout provided for your reference. Complete the form provided on the back table and give it to Nell upon completion.

Please make sure the directory has your current contact information. It is important so we can initiate telephone or text notifications to keep members informed, especially during inclement weather.

Please note that because the bulletin is uploaded to the website, we do not include details regarding home and phone information for privacy reasons.

Welcome

Chuck and Theresa Brehm placed membership on August 11th. They moved here from the Blairsville Church of Christ. If you didn't get a copy of the insert for your notebook directory, please check with Nell.

2024 Bi-Monthly Area Singing



Bi-monthly on the second Sunday local churches get together for

a group singing. The last sing along for the year will be on October 13th at 3:00 p.m. hosted by the Cherokee Church of Christ.



REACH of Cherokee and Graham County, Inc. is an outreach program for victims of domestic violence.

As the staff travel to the schools to discuss domestic violence, they have identified a need for children's shoes, underwear, and socks of varying sizes. They have also adopted some families to help as well. If you have items of clothing (clean and in good condition), children's books, etc. to donate please place them in the blue bin located in the pantry. Check out the clearance section at Walmart next time you go shopping.

Stacy can always use some small tote bags and small travel size items to fill them with, e.g. travel size shampoo and conditioner, toothbrushes, tooth paste, travel size deodorant, hand sanitizer, etc. Place items on the table located in the pantry on your left as you enter.

Please contact the REACH office staff if you have furniture you want to donate to arrange pickup by the Thrift Store volunteers. They also ask for cooking utensils to help victims start over. Often the victims leave home with only the clothes on their back, so they are given clothes, furniture, and items for the home from the Thrift Store until they can get back on their feet. They also can use items to help with their self-esteem and pass the time until they can be placed in a safe environment. You can provide puzzles (500 pieces or less), adult coloring books, reading material, word puzzles, make -up, nail polish, hair clips,

Volunteers and donors are always needed. Call the office at 828-837-2097 or 828-837-8064 for more information.

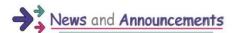
FOOD BANK DONATIONS

We need your help to keep our pantry stocked. If no family, or individual has made a special request; then, Lula pulls items off the shelves and takes them to the Cherokee County Food Bank, Inc. in Andrews, NC. The food bank is open to the public on Tuesdays and Saturdays from 10-12.

Suggested items based on Lula's previous discussion with some of the female staffs: they can always use feminine hygiene products and other personal hygiene items, e.g. toothpaste, toothbrushes, small bottles of mouthwash, bars of soap, wipes, small bottles of shampoo, soups that can be heated over a small fire, small jars of peanut butter and items that do not require a stove for cooking. Most of the clients are homeless and/or senior citizens living on a fixed income, so they can use small bottles of laundry detergent and Clorox to wash their clothes. Lula also includes assorted chips and crackers to give to the homeless who sit outside next to the food bank. The food bank has a bakery that donates bread, and the local Walmart provides fresh produce.

You can also write a check payable to the Andrews Food Bank, P. O. Box 843, Andrews, NC 28901, and they will supplement items that are not being donated.

To whom much is given, much will be required (Luke 12:48). If you have heard that line of wisdom, you know it means we are held responsible for what we have. If we have been blessed with talents, wealth, knowledge, time, and the like, it is expected that we benefit others.



Our church's 2023 weekly budget is set at \$1,250.00.

<u>August 25th</u> - \$1,130.00 is under budget by \$120.00.

<u>September 1</u> – \$885.00 is under budget by \$365.00.

Sunday School Attendance – 9 **Morning Worship Attendance** - 11

Members are asked to please stay home if you are not feeling well, especially since many of our members are considered high-risk because of age and/or chronic health issues. Wearing a mask is still optional!

We will start telephone contacts to let you know if anything changes regarding church services. STAY SAFE!

Wayne Ard's Outreach Ministries

If there are folks who would like to participate in the prison ministry, please contact Nell Ard, Wayne requested that Nell continues to correspond with some of these men since they truly have no one else. Thanks to Dean and Karen Wray for working with her to keep Wayne's prison ministries going.

Wayne was also active with World Bible Study. If you need help with WBS (World Bible Study) or know someone who has indicated an interest in WBS, please contact Roy Stephenson.

Sunday Bible Study at 9:30 am

Roy Stephenson's goal is to go through the entire bible over the next four years.

Because of the uncertainity of the re-scheduling of Roy Stephenson's knee surgery, recuperation and rehab. therapy the Bible study classes arrangements will be made on a weekly basis,

NO - Weekday Bible Study Devotional

Wednesday devotional postponed until Roy Stephenson's doctor lets him know when he can resume daily activity while his foot wound is healing. His knee replacement surgery has been rescheduled for September 26th including post knee surgery recuperation.

Lord's Supper Preparation

There is a sign-up sheet on the back table for anyone wanting to make a commitment for a specific month. If you signed up and there is a change, please make a note on the sheet so we can make other arrangements.

Nursery Assistance

If you are willing to watch the younger children during worship service, please let DJ know. There is a sign-up sheet on the back table or you let her know inf person.

Building Maintenance

Dean Wray continues to keep us updated on the status of maintenance projects, so if you want to help or <u>if you notice something that needs repairing, please let him know</u>. He is working to get the baptistry repaired,

replacement of the carpet and chairs in the sanctuary and the carpet in the breeze way.

Because of a leak to the refrigerator ice maker there was extensive water damage to the flooring and cabinets in the kitchen so they will need to be replaced. Several of the men assisted in the removal of the damaged flooring. The damage is covered under the insurance policy. We anticipated the replacement would take about a month.

Dean Wray can use our help to move items and with any last-minute details to help complete all projects. He is currently looking at carpet samples so if you want to help, PLEASE let him know.

Special thanks to Roy Goodlet for maintaining the sign on HWY 64 welcoming people to the church. And for maintenance of the grounds.

September Wedding **Anniversaries**



Jeff and Norma Leiby



September Birthdays

Darlene Queen	12
Roy Goodlet	13
Patricia Dykema	13
Eva Wilkins	22

If you do not see your birthday or wedding anniversary listed or the date is incorrect, or your name is misspelled please let Lula know. NOTE: Some of the people listed are frequent visitors or former members that like to stay in touch.

HOMECOMING CELEBRATION!

Murphy church hopes to be celebrating our 40th Anniversary by having a Homecoming Sunday and encouraging all former members along with their family and friends to come back to celebrate with us. We will be having a Fellowship Dinner on that Sunday and encourage everyone to attend.

If you have any ideas or suggestions for a program and/or guest speaker, please let Roy and DJ Stephenson know if you want to help with the planning. WE NEED **VOLUNTEERS!**

Please make note of the date and mark your calendar accordingly and plan to attend October 27, 2024, to help us celebrate!



Tovs For Tots

Hopefully you have taken advantage of sales throughout the year and

placed them in the Toys for Tots boxes in the back classroom.

If you would like to volunteer. please contact the coordinator Jeana Conley at jeanaconley33@gmail.com or call her at 828-361-2161 or the assistant coordinator Sue Evans at 828-837-3035.

There is also a website http://murphync.toysfortots.org with more information.



A Night in Bethlehem 2024

If you want to help us, get a head start raising funds for 2024 to purchase

books and crafts, please make checks payable to the church and indicate on the check it is for 'A Night in Bethlehem'. We will need volunteers to bake cookies and put labels in the books collected so far.

We are getting closer to having planning meetings with the Culberson Community, local churches and vendors. If you have any suggestions, please let Roy Goodlet know. This is another one of the Murphy churches and local merchants' outreach to our community, so your input is greatly appreciated.



Seasons Change

The first day of fall in 2024 is Sunday, September 22, which is the autumnal equinox. This is the astronomical start of fall, but there is also a meteorological start of fall on September 1.

The time when leaves start to change varies based on the weather and location in the U.S. According to SmokeyMountains.com, the first leaves will likely change in early September in some northern states, as well as in Colorado and Utah, along the Canadian borders.

Autumn Is the season to thank God for His many blessings The land yields its harvest; God our God blesses us. - Psalm 67:6. Autumn is also a season of thanksgiving. It's a season of praise. It's a season to gather with family and friends to thank God for the many blessings He has bestowed upon us.

What is the spiritual theme of autumn?

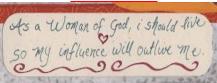
Spiritually speaking, fall represents the harvest time of year, a time to acknowledge growth and expansion as a



natural evolution of our organic being. Our lives go through cycles of growth,

harvest, death, and rebirth just as we see

Ladies Retreat



There's a ladies' retreat September 27-29, 2024, at Smoky Mt. Christian Camp in Coker Creek. If you are interested talk to Sheri Goodlet. If there is enough interest, we will provide more details.

How can I self-control myself?



Here are eight tips to increase selfcontrol:

- 1. Find more motivation. ...
- 2. Get a good night's sleep. ...
- 3. Self-regulation to improve selfcontrol. ...
- 4. Exercise to increase self-control.
- 5. Get digital self-control support. ...
- 6. Understand your emotional intelligence. ...
- 7. Avoid decision fatigue. ...
- 8. Set SMART goals.