



Speak to your Fears

Part I & II

November 10, 2020

Bishop C. Shawn Tyson

Pastor

©2020 All rights reserved to Cstministries

Summary

These are the top 10 fears shared by people everywhere regardless of race, creed, color or culture: Failure, Death, Rejection, Ridicule, Loneliness, Misery, Disappointment, Pain, The Unknown, and Loss of freedom. When looking at this list and our current situation with this pandemic, what's happening with jobs, the economy, churches being closed, civil unrest, a lot of sickness and death, many of these causes of fear are highly exacerbated right now. This list is comprised of mostly existential fears that describe an inner condition of the heart. In other words these are not fears of specific things, but more so fear of a undesirable outcome.

I. Introduction

Isaiah 41:10 KJV - [10] Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness

2 Timothy 1:7 KJV - [7] For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

John 14:27 KJV - [27] Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

A. Gallup Poll list of fears:

1. Snakes
2. Public Speaking
3. Heights
4. Being closed in a small space
5. Spiders
6. Needles and getting shots
7. Mice
8. Flying on an airplane
9. Dogs
10. Thunder and lightning
11. Going to the doctor
12. The dark

Psalm 19:1 KJV - [1] The heavens declare the glory of God; and the firmament sheweth his handywork.

1 Corinthians 10:13 KJV - [13] There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

B. Temptation

A. Definition = peirasmós = of the condition of things, or a mental state, by which we are enticed to sin, or to a lapse from the faith and holiness.

Exodus 20:20 KJV - [20] And Moses said unto the people, Fear not: for God is come to prove you, and that his fear may be before your faces, that ye sin not.

- Fear becomes sin, when that fear is the result of doubting God and the integrity of his thoughts toward you. I noticed that fear of failure comes near the top of the list for many people.

C. Self-doubt is NOT HUMILITY.

- Humility says without God, I can do nothing, but with God all things are possible.
- Self-doubt says, it doesn't matter what God or the Bible says, I said, I can't do it, and I'm not even going to try! THAT IS SIN. Because you've made your I can't greater than Gods I can.
- **PP:** The two most important days of your life are the day you are born and the day you recognized why you were born. ~ Mark Twain
- **PP:** There will come a time in your life when DESTINY will demand a return on the investment that God has made in you.

1 Peter 5:10 KJV - [10] But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, (after that ye have suffered a while) make you perfect, stablish, strengthen, settle you .

Ephesians 1:4-5,9 KJV - [4] According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love: 5] Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, 9] Having made known unto us the mystery of his will, according to his good pleasure which he hath purposed in himself:

- **PP:** In a certain sense you could say that Destiny is discovered one step of faith at a time.

Ephesians 2:10 "For we are HIS workmanship created in Christ Jesus unto good works, that God hath BEFORE ordained that we should walk in them.

Proverbs 4:18-19 KJV - [18] But the path of the just is as the shining light, that shineth more and more unto the perfect day. 19] The way of the wicked is as darkness: they know not at what they stumble.

Jeremiah 29:11,13 KJV - [11] For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end. 13] And ye shall seek me, and find me, when ye shall search for me with all your heart.

- **PP:** The greatest secret to success in life is to know what GOD is thinking about YOUR future.

D. Overcoming Fear

Psalm 27:1 KJV - [1] The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?

Psalm 27:3 - [3] Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident.

- **PP:** Fearlessness is a total way of life that is focused on God and which clings to God with naked faith in desperately overwhelming situations where there is no other source of help.

Psalm 27:7 KJV - [7] Hear, O Lord , when I cry with my voice: have mercy also upon me, and answer me.

Psalm 27:13-14 KJV - [13] I had fainted, unless I had believed to see the goodness of the Lord in the land of the living. 14] Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord.

E. 7 ways how seeking the Lord enables us to overcome all our fears.

1. PRAYER FLOWS OUT OF AWARENESS OF the spirit of power being greater than the spirit of panic.

Romans 10:8 KJV - [8] But what saith it? The word is nigh thee, even in thy mouth, and in thy heart: that is, the word of faith, which we preach;

2. Pray on the basis of God's mercy and not your goodness.

Psalm 54:1 KJV -[1] Save me, O God, by thy name, and judge me by thy strength.

3. Focus on your God and not on your Fear.

2 Chronicles 20:12,15,18-19 KJV - [12] O our God, wilt thou not judge them? for we have no might against this great company that cometh against us; neither know we what to do: but our eyes are upon thee. [15] And he said, Hearken ye, all Judah, and ye inhabitants of Jerusalem, and thou king Jehoshaphat, Thus saith the Lord unto you, (Be not afraid nor dismayed} by reason of this great multitude; for the battle is not yours, but God's. [18] And Jehoshaphat bowed his head with his face to the ground: and all Judah and the inhabitants of Jerusalem fell before the Lord , worshipping the Lord . [19] And the Levites, of the children of the Kohathites, and of the children of the Korhites, stood up to praise the Lord God of Israel with a loud voice on high.

4. Fear and Praise cannot occupy the same space at the same time.

Psalms 34:1-4 KJV - [1] I will bless the Lord at all times: his praise shall continually be in my mouth. [2] My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad. [3] O magnify the Lord with me, and let us exalt his name together. [4] I sought the Lord, and he heard me, and delivered me from all my fears.

5. Faith trusts in God's timing, not your own.

1 Corinthians 10:5,10 KJV - [5] But with many of them God was not well pleased: for they were overthrown in the wilderness. [10] Neither murmur ye, as some of them also murmured, and were destroyed of the destroyer.

6. Faith grows by believing God in spite of your circumstances.

- I'm not afraid to die, I am afraid to live in fear. I'd rather die in faith than to live in fear. ~L. Craig Tyson

Hebrews 11:13 KJV - [13] These all died in faith, not having received the promises, but having seen them afar off, and were persuaded of them , and embraced them , and confessed that they were strangers and pilgrims on the earth.

7. Faith obeys God one step at a time.

Genesis 15:3-12 KJV[3] And Abram said, Behold, to me thou hast given no seed: and, lo, one born in my house is mine heir. [4] And, behold, the word of the Lord came unto him, saying, This shall not be thine heir; but he that shall come forth out of thine own bowels shall be thine heir. [5] And he brought him forth abroad, and said, Look now toward heaven, and tell the stars, if thou be able to number them: and he said unto him, So shall thy seed be. [6] And he believed in the Lord ; and he counted it to him for righteousness. [7] And he said unto him, I am the Lord that brought thee out of Ur of the Chaldees, to give thee this land to inherit it. [8] And he said, Lord God , whereby shall I know that I shall inherit it? [9] And he said unto him, Take me an heifer of three years old, and a she goat of three years old, and a ram of three years old, and a turtledove, and a young pigeon. [10] And he took unto him all these, and divided them in the midst, and laid each piece one against another: but the birds divided he not. [11] And when the fowls came down upon the carcasses, Abram drove them away.

- There will be times when we can't read the Bible. Sometimes we won't be able to focus our thoughts on God at all. Often we will not even be able to pray. But in those moments when we can't do anything else, we can still trust in the loving purposes of our heavenly Father.

Speaking Victory over fear: Part 2

2 Timothy 1:7 KJV - [7] For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Ephesians 6:11 KJV - [11] Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

Wiles = methodeia = cunning arts, deceit, craft, trickery

➤ **PP:** Fear is Satan's go to move.

- Fear is the method, the trick, the craft through which the enemy seeks to paralyze the progress of a child of God.

Luke 21:26-[26] Men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken.

John 10:10 KJV - [10] The thief cometh not, but for to steal, and to kill, and to destroy:

The Characteristics when we speak "*the Spirit of a thing*":

- 1: The personality and character of a thing
- 2: How it operates
- 3: What power and authority it holds, whether for good or bad.
- 4: What influence it has over us.

II: Objectives of the spirit of Fear:

- 1: The Spirit of Fear comes to torment us.
- 2: The spirit of fear comes to keep us from fulfilling our destiny.
- 3: The spirit of fear is designed to keep us tied to the past instead of moving forward. To keep us stagnant.
- 4: The spirit of fear comes to prevent us from loving ourselves and others the way God intended.
- 5: The spirit of fear created a feeling of hopelessness.

6: The spirit of fear comes to makes us unstable in our minds, which causes us to be unstable in all of our ways.

III. 4-Step Process for overcoming the Spirit of Fear.

A. STEP 1: Get full of the Holy Ghost and Faith

Acts 11:22-24 KJV - [22] Then tidings of these things came unto the ears of the church which was in Jerusalem: and they sent forth Barnabas, that he should go as far as Antioch. 23] Who, when he came, and had seen the grace of God, was glad, and exhorted them all, that with purpose of heart they would cleave unto the Lord. 24] For he was a good man, and {full of the Holy Ghost and of faith}and much people was added unto the Lord.

Acts 2:17 KJV - [17] And it shall come to pass in the last days, saith God, I will pour out of my Spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams:

Ephesians 3:19 KJV - [19] And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

B. STEP 2: Walk in the Spirit of Power

Acts 1:8 KJV - [8] But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

Hebrews 13:6 KJV - [6] So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

C. Step 3: Walk in the Spirit of Love

1 John 4:18 “There is no fear in love; but perfect love casts out fear; because fear has torment. He that fears is not made perfect in love.”

Romans 8:1-4 KJV - [1] There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. 2] For the law of the

Spirit of life in Christ Jesus hath made me free from the law of sin and death. 3] For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh: 4] That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

D. Step 4: Walk in a Sound Mind

- Romans 12:2 tells us not to be conformed to this world, but to be transformed by renewing our minds so that we can prove what is the good and acceptable and perfect will of God.

- ❖ In order to keep our deliverance from the Spirit of Fear we have to do these things:
 - 1: Renew our minds daily.
 - 2: Meditate on the Word of God day and night until it transforms our thinking.
 - 3: Focus on the good like Philippians 4:8 says, Finally, brothers, whatever things are true, honest, just, pure, lovely and of good report, if anything is excellent or praiseworthy – think on these things.
 - 4: We have to consciously push away negative thoughts, especially the ones that make us afraid in the slightest way.

IV. DAILY PROCLAMATIONS!

- ❖ **Day 6** – *I PROCLAIM* a legacy of faith over my life. I declare that I will store up blessings for future generations. My life is marked by excellence and integrity. Because I'm making right choices and taking steps of faith, others will want to follow me. God's abundance is surrounding my life today. This is my proclamation.

- ❖ **Day 7** – *I PROCLAIM* that God has a great plan for my life. He is directing my steps. And even though I may not always understand how, I know my situation is not a surprise to God. He will work out every detail to my advantage. In His perfect timing, everything will turn out right. This is my proclamation.

- ❖ **Day 8** – *I PROCLAIM* God's dream for my life is coming to pass. It will not be stopped by people, disappointments, or adversities. God has solutions to every problem I will ever face already lined up. The right people and the right breaks are in my future. I will fulfill my destiny. This is my proclamation.

- ❖ **Day 9** – *I PROCLAIM* unexpected blessings are coming my way. I will move forward from barely making it to having more than enough. God will open up supernatural doors for me. He will speak to the right people about me. I will see Ephesians 3:20 exceedingly, abundantly, above-and-beyond favor and increase in my life. This is my proclamation.