

The Palestine Press

September 2018

Volume XXXII Number 9
Monthly newsletter of
Palestine Lutheran Church
Evangelical Lutheran Church in America
God's work. Our hands.

(515) 597-2620, office
(515) 597-2624, secretary's office
E-mail address: PLC@huxcomm.net
Fax: 515/597-2621
Web site: www.plchuxley.com
Pastor Eric Klimpel
Nels Dovre, Youth Liaison
Oriett Snider, Editor
Christa Hartsook, Webmaster

Reaching Out in Christian Love to All

Our Vision:

Palestine Lutheran Church will be a haven for all generations, a people worshipping and growing continually in relationship with Jesus, inspired by God's Word; a living example of stewardship, a loving and caring fellowship that reaches out in Christ-centered faith and love to the world.

Mission Statement:

"Palestine Lutheran Church exists to proclaim and live God's Holy Word, to nurture and support our membership, and to enable us to live our faith in our daily lives. As we are nourished, we are called to reach out to our communities, our spheres of influence, and to the wider world through the church-at-large."

Getting to Know our Neighbor.....With Pastor Eric

Teacher, which commandment in the law is the greatest? ³⁷ Jesus said to him, "'You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.' ³⁸This is the greatest and first commandment. ³⁹And a second is like it: 'You shall love your neighbor as yourself.' ⁴⁰On these two commandments hang all the law and the prophets." Matthew 22:36-40

Over my years of ministry, I have lived in different places in the city, suburbs and the country. The other day I had a conversation with someone who made the statement, "We don't know how to be neighbors anymore." They said it with a mournful sigh as together we reflected on what it means to know your neighbors, have block parties, and have dinner together – kind of like the "old days". We are so busy in our daily routines – we work longer hours, drive farther distances, and run around from store to ball game, to church...If we are not staring at our cellphones, or combing through Facebook, then we are listening through our headphones in the gym, or mowing our lawn. Do we have time to "know our neighbors"? I wonder... how well do we even "know our families, or ourselves" not mention others?!

When I look across the street and see my neighbor coming towards his mailbox, I have to consider whether I can invest my time in speaking to him. Is it worth the effort to know him/her? Is it worth their effort to get to know me? Maybe if it is convenient for me, or for a specific purpose, then I might invest in a relationship? Some professional therapists believe that we lack the social skills and patience to invest in meaningful relationships outside a few select companions. However, the Bible reveals that one of the treasures/gifts we have is a relationship with God in Jesus Christ! I believe that the saying "it's not what you know but who you know" holds true for Christians. We know Jesus, and Jesus knows us! Because of our relationship with Jesus we have a large family – brothers and sisters in Christ all over the place. God desires us to love our neighbors as we love ourselves. We share the gift of forgiveness and a ministry of reconciling love which is given to get to know our neighbor in the pew, at the rail and across the street. Investing in other people is never wasteful however briefly or imperfectly because we learn more about ourselves and our relationship to God in the process.

Our congregation is a family of brothers and sisters who are united in Christ Jesus. We are neighbors and much more! I pray that as we begin this new school year we reach out to touch, speak and visit with someone new, as well as someone old in our church family, and yes...the neighbor down the street. Amen.

Palestine Lutheran Church Worship & Study Opportunities-September 2018



The "dial in" number for the worship service is no longer available.

Saturday, September 1

7 a.m. Tri County Men's Bible study @ Ballard Creek Sunday, September 2 15th Sunday after Pentecost

9:30 a.m. Worship: Holy Communion

Wednesday, September 5

7:00 a.m. Men's Bible Study

5:30-7:30 p.m. Confirmation kick off @ Nord Kalsem

Saturday, September 8

7 a.m. Tri County Men's Bible study @ Ballard Creek Sunday, September 9 16th Sunday after Pentecost

9:30 a.m. Worship: Installation of Confirmation Class

Monday, September 10

6 p.m. Palestine Women of ELCA Salad Supper & Bible study

Wednesday, September 12

7:00 a.m. Men's Bible Study

6:30 p.m. Confirmation

Saturday, September 15

7 a.m. Tri County Men's Bible study @ Ballard Creek Sunday, September 16 17th Sunday after Pentecost

9:30 a.m. Worship: Holy Communion; Blessing of teachers for Children's Church; Children's Church begins!

Wednesday, September 19

7:00 a.m. Men's Bible Study

6:30 p.m. Confirmation

Saturday, September 22

7 a.m. Tri County Men's Bible study @ Ballard Creek Riverside Women's Retreat 8:30 am Sat thru brunch on Sunday

Sunday, September 23 18th Sunday after Pentecost

9:30 a.m. Worship: Children's Church

Pastor @ SE IA Fall Theological Conference @ St Paul Luth, Davenport from 4 pm Sunday, 9/23, thru 2 pm, Tuesday, 9/25

Wednesday, September 25

7:00 a.m. Men's Bible Study

6:30 p.m. Confirmation

Saturday, September 29

7 a.m. Tri County Men's Bible study @ Ballard Creek

9 a.m. Cluster 1 Women of ELCA Fall Gathering @ Immanuel Lutheran, Ogden. Program: Puppy Jake Foundation

Sunday, September 30 19th Sunday after Pentecost

9:30 a.m. Worship: Children's Church

Daily Discipleship themes which will be used for Wednesday morning Men's Bible study (uses the text for the following Sunday).. They are available on the ELCA website-

www.elca.org → Resources → Downloadable

Resources → Bible Studies

Sept 2 15th Sunday after Pentecost – Primary Text: Mark 7:1-8,14-15,21-23 **Living in Christ:** Start from the Inside

Sept 9 16th Sunday after Pentecost –

Primary Text: Mark 7:24-37 **Living in Christ:** Trust

Sept 16 17th Sunday after Pentecost –

Primary Text: Mark 8:27-38

Living in Christ: Pick Up the Cross Sept 23 18th Sunday after Pentecost –

Primary Text: Mark 9:30-37

Living in Christ: Welcome Others Sept 30 19th Sunday after Pentecost –

Primary Text: Mark 9:38-50

Living in Christ: Commit to Christ Oct 7 20th Sunday after Pentecost –

Primary Text: Mark 10:2-16

Living in Christ: What does God intend for

marriage?





I would like to take this opportunity to invite you to join the Senior Choir

this fall! Whether you've sang in the choir for years, or don't think you can carry a tune but have always wanted to be a part of the group, I encourage you to join us! Rehearsals will be every Sunday before church from 8:30-9:15 am, and we will usually sing every other Sunday. Come when you can! Ages high school and up. The first rehearsal together will be Sunday, September 9 at 8:30 am! We won't sing for worship on that morning, rather we'll prepare pieces for worship on September 16 and 30. Hope to see you there! ~Mindy DeVries



Children's Church will begin September 16th.

Kids will go to class immediately following the

Children's Message and return during the Sharing of the Peace. Kids will go to the choir loft following the service to let their joyful voices be heard.



Children's Church Teachers Needed!

We need teacher volunteers to help our kids learn about all the exciting things that happen in the Bible.

- Rotational model we pair teachers up so you don't have to teach every Sunday
- Our teachers' manuals are very clear little to no prep time required

If you are interested, please contact Michelle Siepker or Erika Williams

Important Sunday School dates:

<u>September 9</u> – Rally Day – watch for announcements about how your family can participate in exciting service projects for "God's Work, Our Hands"

September 16 – 1st day of Children's Church



ROCK - Sr. High Youth Group

September meetings to plan and dream.

Wednesday, Sept. 5th – 7 pm @ Palestine

Wednesday, Sept. 19th – 7 pm @ McKenzie's house (304 E. 4th St., Huxley)

EWALU Volunteer Work Weekend Sept. 21-23
All are invited to a free weekend at Camp Ewalu. Join other volunteers, families, and church groups for outdoor activities, fun fellowship, and service projects around camp. Lodging and meals provided free of charge. Please RSVP to camp@ewalu.org or call 563-933-4700.

Thank you for your support of Camp Ewalu!

God's Work, Our Hands Sunday – September 9, 2018



"God's work. Our hands." Sunday is an opportunity to celebrate

who we are as the Evangelical Lutheran Church in America - one church, freed in Christ to serve and love our neighbor. The 2018 dedicated day of service is Sunday, Sept. 9. Mark your calendars today! Watch and listen for ways you can be involved.

Service activities offer an opportunity for us to explore one of our most basic convictions as Lutherans: that all of life in Jesus Christ - every act of service, in every daily calling, in every corner of life - flows freely from a living, daring confidence in God's grace.

You work every day to make your community a better place. Let us continue doing this work together in 2018!



A ministry whose goal is to build relationships between individual families of all generations within the family created by Jesus at Palestine Lutheran Church. We will pursue this ministry in three ways: pray partners, servant events, and table fellowship.

We will be launching Third Word Ministry at Palestine on God's work. Our hands. Sunday - September 9th. We plan to send emails informing families who will be their pray partners this coming year during the week of September 2nd. We will also be attaching an updated address directory.

Check out the insert in this month's newsletter for additional information.

We will have a table set up for questions in the Fellowship Hall beginning September 9th.



Fall Theological Conference

The annual Southeastern Iowa Synod Fall Theological Conference for rostered ministers and congregational program staff will be held September 23-25, 2018, at St. Paul Lutheran Church, Davenport, Iowa. We will gather around the theme "Leadership and Innovation" with Dr. Bill Withers from Wartburg College, Waverly; the Rev. Michael Hurst from Des Moines; and the Rev. Louise Johnson from Wartburg Theological Seminary, Dubuque

A huge thank you! Here are the official results from the August 8th Blood Drive at Palestine:

- 28 people on the schedule
- 27 registered to donate
- 24 were able to donate!
- 1 first time donor
- 25 units of blood collected
- Up to 75 lives saved or sustained!!!

September news for K.I.C.K (Kids in Christ's Kingdom):

Thanks to everyone who helped us package meals at Meals for the Heartland in August! We had a fabulous turn out and the time went very quickly! It is very rewarding to see the kids having fun AND helping others at the same time.

We are going to have our "KICK" OFF event Sunday, September 16th at the church from 5:30 - 7. We will have pizza and play games as well as discuss our upcoming events through December. All incoming 3rd - 6th graders are welcome along with one or more parents!

Contact any K.I.C.K advisor with any questions: Jody Calvert 515-451-3332 jodycalvert18@gmail.com Lesa Lewis 515-669-3131 lesalewis5@gmail.com Lori Schonhorst 515-321-2833

ljschonhorst@gmail.com

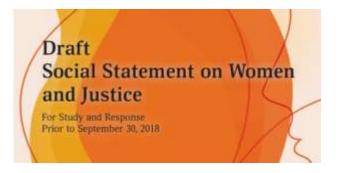


Open to the public.



The results are here! We Palestine Piecemakers donated 12 quilts to the Riverside Bible Camp Auction on August 4th. Our quilts netted a total of \$ 1,020 for the camp's scholarships and operating expenses. "Sew" successful!

Our new quilting season will begin on September 5th.We'll continue to celebrate our passion every Wednesday at 1:00 p.m. during the schoolyear. We welcome any new volunteers who would like to join us in piecing together fun, food, and fabric!



The ELCA Task Force on Women and Justice: One in Christ has written a draft as a step toward the development of a social statement that will be considered by the 2019 ELCA Church-wide Assembly. Draft social statements are a means to invite everyone to participate in the process toward the creation of an official statement. Learn more and read the draft online.

Hearing in our area: Saturday, September 22, 2018 @ Faith Lutheran Church, Clive 10:00 am - 11:30 am



Update on Kitchen remodel/renewal project

So far everything has run smoothly on the kitchen. The demolition was taken care of in the first week of construction. Rough ins are finished. The North Wall has been insulated and sheet rocked as per the idea approved back in 2013 when Ordean and the Building committee insulated several of the exterior walls to help with efficiency. The Kitchen committee expanded on the idea and added heat ducts on the North wall to help with the air flow in the room. The Kitchen is currently being painted. Going forward, appliances should arrive the week of the 20th, cabinets the week of the 27th, and hopefully order countertops around Labor Day. Everything is moving right along as scheduled. Thanks for all your patience as we go through this process. We would like to thank church members who have helped coordinate things so far. Andrew Larson for the dumpster service. Case Brendeland for the Insulation through Kinzler. Aiden Lewis for his help on the demolition of the cabinets and removal of the wall paper. The Potes for all their work in getting the area painted. Thank you to Cynthia Johnson and Jean Saveraid for all their work in dismantling and cleaning out the cupboards. This has been a team effort and we look forward in the next month to really taking some big strides...

Thanks

The Kitchen Committee

Brad Lewis, chair; Cynthia Johnson; Roger Moore; Jean Saveraid; Marge Sheldahl; Kristin Shelton



As summer is coming to an end and we gear up for a new school year I would like to give an update on the current budget and giving status.

We have been running a negative balance in the general fund for most of the year, but we've been able to 'borrow' from ourselves through other line items in the budget as has been done historically. However, due to the typical lower giving levels during the summer months, about \$3,000 in unforeseen maintenance and repair items, and the fact that we are starting to pay out funds for the kitchen, our opportunities to 'borrow' from other line items has diminished. The checking account balance was getting low enough that we deemed it necessary to address meeting our obligations. Therefore, the council voted to approve drawing \$14,000 on our line of credit (currently at 6% interest) at South Story Bank at our council meeting on 8/12/18. This should allow us to get back to a positive general fund balance and meet our week-to-week obligations as we continue to move our mission forward.

Please prayerfully consider how your gifts will help to sustain and grow the great things that are happening at Palestine. Our members have a strong history of giving generously...most recently to the Building addition, roof repairs, and now the Kitchen renovation (almost fully funded). Just as we have accomplished many of these milestone improvements to our infrastructure, I'm confident we can work to together to make the general fund our next 'cause'. Consider this...the loan amount is equal to 40 families giving an additional \$0.96/day...less than \$7/week. We can do this! Feel free to reach out to myself or any council member with questions.

Blessings, Matt Williams-Council President

September 2018

Volunteer schedule

Greeters

9/2 David & Vallery Eisenmann

Marge Sheldahl

9/9 DeAnn Baldwin

Julie & Brent Emerson

9/16 Troy & Jody Calvert

Julie & Tim Huxford

9/23 Bill & Sandy Harleen

Brent & Missy Larson

9/30 Robin & Mark Doty

Teri, Ashley, Austin Klimpel

Acolytes -

to be contacted

Lectors -

9/2.....

9/9

9/16.....

9/24

9/30

<u>Ushers</u>

Brent Larson, captain

Brad Lewis

Mike Larson

Justin Sampke

Sunday Fellowship

Families who greet also serve beverages for fellowship.

Communion Assistants

9/2.... Del & Vivian Lundgren

9/16..... Bill & Sandy Harleen

Offering Counters

Doreen Blackmer, Joyce Carlson

Altar Guild

Teri Klimpel, Nancy Fausch

Mowing volunteers

Aug 17- Sept 2

Sept 3 – 9

Sept 10- 16

Sept 17- 23

Sept 17 - 23 Sept 24 – 30

<u>Deliver Food Pantry donations for September</u>

"September is **Breakfast of Champions!** month at the food pantry - please donate breakfast items, such as cereal, oatmeal, jelly, peanut butter, juice." Sponsored by Palestine Mission Outreach Committee.

Looking Ahead

October 7^{th} & 14^{th} – push wheelchair @ The Households of Bethany

October 9th - Blood Drive @ from 3-7 p.m.

October 28th - Confirmation

Church Office: 515/597-2620 Fax number: 515/597-2621

Website: www.plchuxley.com Secretary's Office: 515/597-2624 Church e-mail is: PLC@huxcomm.net

Pastor Eric Klimpel's email: ericklimpel@gmail.com

cell: 936/444-3895

Treasurer's Report

Balance on hand August 19, 2018 Checking Account \$ 10,431.36

Checking Account General Fund - S 9,498.85 **Designated Funds** \$19,930.21 385.00 Benevolence **Building Improvement** 235.89 Technology 3,384.00 Kitchen 10,157.00 Parsonage 865.57 Confirmation 838.50 Evangelism/Fellowship 363.97 Piano Fund 2.454.09 **ROCK** 510.00

Maland Fund 1,078.60 VBS - 342.41 Principal balance for building improvement loan

\$ 3,584.64 (as of August 19, 2018)

Next Council Meeting – Sunday, Sept 9th or 16th, 2018 at 8 am

Church Council 2018 Pastor Eric Klimpel

President: Matt Williams Vice President: Jeff Van Pelt Secretary: Ellen Longnecker Treasurer: Deidre Qual Financial Sec'y: Dick Kepler

Council: Nels Dovre
David Eisenmann Cynthia Johnson
Laura Kepler Brad Lewis
Jean Saveraid Kristin Shelton
Tim Wilson Lora Young

Lora Young



GATHER AT THE GARDEN

Whether you have a green thumb or not, you are welcome to join us at the church garden on **Tuesday evenings starting at 7pm.** We'll be tending to the garden, weeding and gathering produce for the local

food/clothing pantries. If Tuesday evening doesn't work in your schedule, check with Roger Moore regarding which tasks are most needed to be completed. Remember, anyone can stop out anytime and take what they'd like from the garden.

Palestine Lutheran Church Council Meeting

[not yet approved]

August 12, 2018 Sunday

8:00 a.m.

Present – Pastor Eric, Brad Lewis, Kristin Shelton, Cynthia Johnson, Dick Kepler, Deidre Qual, Jeff Van Pelt, Matt Williams, Lora Young, Laura Kepler, Nels Dovre, Jean Saveraid, David Eisenmann, Ellen Longnecker

Devotions – Dick Kepler Read Vision and Mission Statements Goals and Reflections

1. Kitchen is going well

Minutes of the previous meeting Jeff Van Pelt motioned to approve minutes of previous meeting. Motion seconded by Lora Young.

Treasurer's Report - Deidre

Treasurer 3 Neport - Delare	
2018 PLC Checking Account	
Benevolence	\$ 305.00
Building Improvement	1,155.00
Confirmation	838.50
Evangelism/Fellowship Committee	363.97
General Fund Checking	-13,245.27
Kitchen	9,142.00
Maland Fund	1,078.60
Parsonage	901.12
Piano fund	2454.09
Rock Group	10.00
Technology Fund	3384.00
VBS	-342.41
Total PLC Checking Account	\$ 6,044.60

Motion to approve treasurers report Lora Young, seconded by Jean Saveraid

Discussion about

Riverside/VBS Bill

Kitchen payment

Landscape payment

Roof payment

Air conditioner repair

Lawnmower maintenance

Pastor's Report - Pastor Klimpel Refer to pastor's report.

New business:

- 1. Mindy has started to investigate new piano.
 - a. Looking into the smallest baby grand. Around \$12,000
- 2. Luncheon/Dinner in Nevada with Bishop Burk
 - Pastor Eric, Matt Williams, and Deidre Qual attended

Unfinished Business:

- 1. Roof Repairs update: Work is complete at cost of \$1,275.
 - a. Work was completed and OK'd to pay
 - b. Damage over the awning- submitted claim to get fixed
- 2. Prairie Fest status?
 - a. Ice Cream Social- no float this year
- 3. Kitchen committee Update.
 - a. Kitchen is started
 - b. Cabinets come August 27th
 - c. Going to do some painting and flooring in the meantime before cabinets come in
 - d. By mid-September we'll be in good shape
- 4. Parsonage Update.

Possible move in dates

- a. September
- b. October
- c. March

Allison and Nels looked at the parsonage- both were happy. When ready to move in they'd

like - Carpet cleaned Kitchen Sanitized

Radon check

Brad Lewis Motioned to approve Nels and Allison Dovre to lease the parsonage when they are ready- Jeff Van Pelt Seconded the motion. Motion approved

- 5. Coffee enhancement update-Tim Wilson
- 6. Review need for catch-up funds event.
 - a. Going to take loan from credit line to get general fund out of negative
 - Wanting to set up visual for congregation to keep motivation towards their giving's.

Nels motions to approve a transfer of funds (\$14,000) from the credit line to the General Funds. Seconded by Brad Lewis. Motion approved.

Adjourn with Lord's Prayer

Next meeting – Sept 9th or 16th? September Devotions – September Treats -



September

- 1 VanSoelen, Kirsten
- 3 Rasmussen, Teresa
- 4 Rahner Zoev
- 5 Brendeland, Scott Sheldahl, Marge
- 7 Johnson, Warren (91st)
- 8 Doty, Robin
- 9 Wee, Arlene Wuebker, Adam
- 15 Kepler, Dick
- 17 Sample, Jodie
- 18 Echtenkamp Bev (86th) Atkinson, Jodie
- 19 Baldwin, DeAnn Lisowski, Donna Rasmussen, Andrew Twedt, Ellie
- 20 Edwards, Jeremy Wuebker, Molly
- 21 Atkinson, Abrielle
- 22 Clark, Dax Gallagher, Brynn
- 25 Bowers, Charles
- 27 Snider, Oriett
- 28 Clark, Rex Shelton, Max
- 30 Huxford, Jacob Prichard, Dave

Celebrating Their
ANNIVERSARY

SEPTEMBER

- 1 Steve & Jodie Atkinson
- 4 David & Margret Anderson (35th) Dick & Helen Kepler
- 7 Lucas & Courtney Williams
- 9 Chelsea & Kyle Limoges Hannah & Jake Saltzman
- 10 Allen & Ruth Evans
- 11 Jeremy & Danielle Edwards (25th)
 DeAnn & Stuart Baldwin
 Bruce & Angela Hartman (25th)
- 14 Jon & Sarah Jensen
- 15 James & Lora Young
- 18 Greg & Christa Hartsook
- 20 Richard & Chris Nelson (10th) Tony & Jamie Ness
- 21 Tim & Julie Huxford
- 28 Timothy & Holly Wise (5th)
- 29 Adam & Amber McKenna Kyle & Tracy Rhoads Dan & Kirsten VanSoelen

If your birthday or anniversary was not included or is listed incorrectly, please contact the church office so we can update our records.

To my family of faith at Palestine,

Special thanks go to each of you for the many acts of kindness and concern – all the nice cards and many special gifts. My family and I wish to especially thank you for your many prayers. I am beyond blessed with peace and the spiritual support that I have received from the great family of Palestine.

God bless you all!!!

Bruce Hartman

Thank you to everyone who thought of us, sent a card, said a prayer, etc. during the time of our brother/brother-in-law, Don Moore's passing. We especially appreciate Pastor Klimpel's guidance and suggestions for a bereavement gathering at Palestine. Thank you all for being family to us during a difficult time.

Roger & Deb Moore

Remember in Prayer

The following were included in the Prayers of the Church during July: Anita Brendeland; Valerie Brendeland; Adrienne Brown; Joan Carson; Kim Fears; Jackie Greene; Bruce Hartman; Kai Johnson; Ralph Kalsem; Sandy Kalsem; Pastor Eric Klimpel; Janella Kammin (Jody Calvert's mother); Rob Larson; Merlin Lyon; Elias Samuel Moore; Ruth Schonhorst; Marvin Sorensen; Shannon Tope; Arlene Wee; Randy Young; Sarah JoAnn Young

- Our Compassion International child a 6 yr old boy Roberto Junior Perez Barreto in Columbia.
- Those impacted by hurricanes, flooding, earthquakes, tsunamis, storms,

We extend our prayers and congratulations to...

...Darin & Katie Madson and Rafe as they welcome their newborn son and brother, Gus Milo Madson (born July 17, 2018; weight: 7 lb 6 oz, length: 20 inches)

We extend our prayers and sincerest Christian sympathy...

- ...to family and friends of Jamie Coquyt
- ...to family and friends of Arnold Larson

May the risen Lord give his strength & comfort to these families in their time of loss.

Tornado recovery

Giving opportunities through LSI, Southeastern Iowa Synod and Thrivent are available for those communities impacted by the tornadoes that struck Bondurant, Pella and Marshalltown on July 19. Bulletin inserts with more information are available on the counter in Fellowship Hall.

U.S. Wildfires

Bulletin inserts with more information about giving opportunities through Lutheran Disaster Response are available on the counter in Fellowship Hall.

A reflection from Aiden Lewis on the opportunity to reach out to his community of Bondurant following the tornado –

The recent tornados that hit across Iowa were devastating to watch. The destruction and wrath that the tornadoes brought onto these towns was ruthless. However, in Bondurant we are very fortunate to live in a community that rushes out to help those in need. With no fatalities, we could work with a positive mindset of moving forward and fixing the damage to the town. Many groups of people along with baseball team and football team set aside their practice duties to make sure the town we lived in could prosper after Mother Nature let loose. I look forward to seeing the homes that were totaled or damaged to be repaired soon, along with my prayers set to the people who benefited poorly from the tornado attack.

PALESTINE WOMEN OF ELCA

Monday, September 10, 6:00 p.m. Salad Supper & Bible Study.

Invite a friend and bring a salad to share. Table service and beverage provided.

In the Gather magazine

Fall 2018: Repentance by Meghan Johnston Aelabouni

Repentance is one of the most powerful acts of a person or a church, making possible not only forgiveness but also reconciliation. This three-part Bible study by Meghan Johnston Aelabouni will explore how we as Lutheran Christians understand the role of repentance in our faith, especially as we understand God's grace to be unearned and freely given.

The Rev. Meghan Johnston Aelabouni is a graduate of California Lutheran University and the Lutheran School of Theology at Chicago. Ordained in 2007, Meghan has served congregations in Illinois and Colorado. She is currently a full time Ph.D. student and mom to three.

September: Session one – Time after time: Turning to God "Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love." With these words, the prophet Joel reminds us that repentance is nothing to be afraid of—for when we turn to God, we find grace. What does it mean to (re)turn to God with all our hearts, and how do we do it?

October: Session 2 –If I could turn back time: Turning to others When Zacchaeus met Jesus, he was moved to give away half of his wealth to the poor and to make amends with those he had defrauded. Why? In the Gospels, Jesus' call to repentance is a call to turn back to the ways of God's reign on earth: justice, peace and mercy for the neighbor and the community. What does repentance look like in our relationships?

Nov: Session 3–Turning points: Turning as the church to the world

The word repentance often refers to an invitation that brings people into the church. But what happens when the church turns outward to the world? When the church has been complicit in abuse, racism, anti-Semitism and other attitudes and practices that lead away from God's reign, what happens when the church repents?

The theme for the September 2018 *Gather* magazine is - What does it mean to repent? Why is repentance important in the life of Christian faith? When we turn to God in repentance, God lifts us out of a place of brokenness, into a place of new perspective.

MARK YOUR CALENDAR: Fall Cluster 1 Women's Gathering is September 29 at Immanuel Lutheran Church, Ogden. Program: Puppy Jake Foundation. Watch for further details.



Direct Support Professionals Week

Do you know someone who is a caregiver to a loved one? It is a role that is both demanding and meaningful. During September's National Direct Support Professionals Week, we celebrate all the ways in which these professional caregivers help children and adults achieve their goals and build meaningful lives.

One way LSI empowers lowans is through our Services for People with Disabilities. From 24-hour support to occasional respite care, the LSI team lifts up Iowans with disabilities as they find the confidence and independence they need to thrive in their communities.

We thank you for your faithful support of LSI – you create so many new life-changing possibilities for children, adults, and families! If you would like to learn more about how you can support crucial programming like LSI's Services for People with Disabilities, please contact Deb Whitford, LSI director of philanthropy and church relations, at 563-676-2065 or Deborah.Whitford@LSIowa.org.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at www.LSIowa.org and www.facebook.com/LSI.iowa.

Finding His Independence

Logan and his mother, Michaela, didn't know where to turn.

Since Logan was 5 years old, he had moved in and out of hospitals and residential treatment centers across lowa. For 13 years, Michaela tried to find the right approach to address his behavioral needs. But nothing was working. That's when the family learned about LSI's Services for People with Disabilities. Now 18, Logan is living independently in an apartment supervised 24/7 by his compassionate LSI team.

Logan is now active in his community and developing healthy relationships with his friends. He graduated early from his high school and has become active at the gym and in a local bowling league – where his high score for a game is 210.

Every step of the way, Michaela knows Logan's LSI team will keep her informed about her son's care and growth. "At LSI, they treat him like an individual and they know each person needs different care," Michaela says. "It's good knowing that I have constant communication with his team, and I know somebody is saying, 'we hear you'."

Community Events - Check bulletin board & counter in Fellowship Hall for additional announcements & information.



Sundays, September 2nd and 9th – You can donate books you've read OR books that have been "hanging" around that you haven't read for the **BOOK LOVERS BASH** here at Palestine church Sundays,

September 16th and 23rd.

Great way to get some winter reading! "Bring some, take some." Any genre – religious, romance, history, scifi, western, etc. Children and adult books can be donated. NO magazines, please. New this year – we are also going to have puzzles available. On September 16th & 23rd at fellowship time after church you can take home some "new" reading material.

So bring books or puzzles to put in our donation boxes the first 2 Sundays of September and plan to pick out books you haven't read September 16th & 23rd.

Help Us Create School Kits for Lutheran World Relief



The best time to buy supplies for the school kits is in late summer or the fall when school supplies are on sale. You can help by donating one or all of the items on the list (available in the work room). Bags with a list are also available

in the work room (area outside of offices) for you to fill if you want. ?s talk to Oriett.

Guidelines: Please give new items only. Do not donate items with any religious symbols; decorated with a U.S. flag, patriotic military symbols, or references to the armed forces, including camouflage.

Lists of items needed for personal care kits, baby care kits and Fabric Kits are available near the collection boxes for the school kits. The next shipment for LWR quilts and kits is in October.



Raise a toast to our community with

Bethesda Lutheran Church! 1517 Northwestern, Ames

Open to the public—with kid-friendly activities!

No admission fee! Enjoy the food and fellowship!

Food and drink available to purchase

Brats . . . Hot dogs . . . Potato salad . . . Beans . . . Pretzels Apples & more! . . . Beer . . . Root beer (made onsite!)
Bounce house & slide Contests & games galore
Wear your German togs Polka lessons & dancing
(featuring the Bluestem Bellows Band)

Outdoor modern worship service after festivities at 5:30 pm is open to everyone!

Blood Drive October 9

We count on your support so consider giving blood – A Blood Drive will be **at Palestine** on **Tuesday, October 9 from 3-7 p.m.** You may schedule an appointment to donate blood by going online www.bloodcenterofiowa.org or by calling 1-800-287-4903. Previous donors will be contacted by email or phone.

To be eligible to donate, donors must be at least 16 years of age (16 and 17 year old first time blood donors must have a signed parental/guardian consent form). Donors must weigh at least 120 pounds and be in general good health. An ID pre-printed with the donor name is required at registration. Donors are encouraged to eat a good meal and drink plenty of water before donating blood.

Wheelchair Pushing at Bethany Manor

212 Lafayette Ave, Story City We will be pushing wheelchairs on Sunday mornings, October 7 & 14, to make worship services possible and meaningful for residents at Bethany Manor.

You need to arrive about 9:20 a.m. It is helpful to have 4-6 wheelchair pushers so that it goes smoothly. Sunday School classes are very welcome and are encouraged to participate. A sign up sheet will be available in Fellowship Hall in September. KICK has signed up for the 14th.



The Ballard Ministerial Association will be offering a GriefShare Support Group this fall. Our first meeting will be Tuesday, Sept 11

at 6:30 pm at the Slater Senior Center, 305 Main Street, Slater (next to the Fire station). Pastor Emily Peasley, Slater Sheldahl Methodist Church, Pastor Eric Klimpel & Kris Polich from Palestine Lutheran Church, will be facilitating this group. Questions contact: ericklimpel@gmail.com or call 936-444-3895.

GriefShare is a network of 12,000+ churches worldwide equipped to offer grief support groups. The program is nondenominational and features biblical concepts for healing from your grief. Learn more about GriefShare at www.griegfshare.org.

Support and encouragement for your grief journey. The care you need. Information you can trust.

After the funeral, when the cards and flowers have stopped coming, most of the people around you return to their normal lives. But your grief continues and you feel alone.

Often, friends and family want to help you, but don't know how. That's the reason for GriefShare. The group is led by caring people who have experienced grief and have successfully rebuilt their lives. We understand how you feel because we've been in the same place. We will walk with you on the long path through grief toward healing and hope for the future.

GriefShare is a support group that offers 13 seminar topics. Each session is "self-contained". Topics & description available on website.



Saturday, September 29 at Terra Park in Johnston 8:30 am – Registration 10 am - Walk
As NAMIWalks celebrates its 16th anniversary, we invite you to take part in NAMI's largest and most successful mental health awareness and fundraising event in the country. Join the thousands of concerned citizens in over 85 communities across the nation who will walk together to raise money and awareness to ensure vital, free NAMI programs and services are available to provide help and hope to those in need. When you walk with NAMI, you join the movement to raise awareness of mental illness and raise funds for our mission to help individuals and families right here in our region. NAMI Central Iowa's team name is Stepping Out of the Shadows.

Register today and join us as we improve lives and our communities one step at a time. You can register online at

<u>www.namiwalks.org/index.cfm?fuseaction=donorDrive.team&teamID=23849</u>

Interested in volunteering for the walk?

Contact Lisa Heddens at namiofci@gmail.com



An Evening of Hope and Healing is a community event providing information, community resources, and practical, everyday tools to better understand and manage mental health issues including trauma, stress and substance abuse. The Expo will include exhibits and opportunity for discussion with numerous mental health

and substance abuse providers from Story County. Highlights of this event include a heartfelt presentation by nationally renowned speaker, Joan Becker at 7:00 pm. After experiencing family tragedy, Joan transformed her life to become author of the book, Sentenced to Life, a public speaker, and an advocate for individuals with mental illness. Her focus is to open the doors for individuals and families in lowa to promote change in our mental health system. This event is free to the public and includes door prizes, refreshments, and free parking in the Memorial Union ramp. **Tuesday, September 25 6:00-8:30 p.m.**

The following information was taken from the Alzheimer Association website: www.alz.org Other resources include www.alzfdn.org

September is World Alzheimer's Month. Across the globe, 35 million people and their families are affected by dementia.

Alzheimer's and dementia basics

Alzheimer's is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks.

Alzheimer's is the most common form of dementia, a general term for memory loss and other intellectual abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 50 to 80 percent of dementia cases. There is a lot to know about living with Alzheimer's disease. Stay up-to-date on the latest advances in Alzheimer's, plus get tips on managing daily life with the disease.

Alzheimer's is not a normal part of aging, although the greatest known risk factor is increasing age, and the majority of people with Alzheimer's are 65 and older. But Alzheimer's is not just a disease of old age. Up to 5 percent of people with the disease have early onset Alzheimer's (also known as younger-onset), which often appears when someone is in their 40s or 50s.

Alzheimer's worsens over time. Alzheimer's is a progressive disease, where dementia symptoms gradually worsen over a number of years. In its early stages, memory loss is mild, but with late-stage Alzheimer's, individuals lose the ability to carry on a conversation and respond to their environment. Alzheimer's is the sixth leading cause of death in the United States. Those with Alzheimer's live an average of eight years after their symptoms become noticeable to others, but survival can range from four to 20 years, depending on age and other health conditions.

Alzheimer's has no current cure, but treatments for symptoms are available and research continues.

Although current Alzheimer's treatments cannot stop Alzheimer's from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset, and prevent it from developing.

Help is available. If you or a loved one has been diagnosed with Alzheimer's or a related dementia, you are not alone. The Alzheimer's Association is the trusted resource for reliable information, education, referral and support to millions of people affected by the disease.

The Madrid Home offers a monthly Alzheimer's and Dementia Luncheon Support Group for caregivers – 1st Wed of Every Month @ The Cedars and 4th Wed of Every Month @ Ballard Creek. Please RSVP to Carol Mallory 515-249-2637 by Tuesday noon prior to the luncheon.

September is Suicide Prevention Month

Suicide ranks as the 10th leading cause of death in the U.S. Each year almost 45,000 Americans die by suicide with more than 7,000 of them being Veterans. They leave behind their friends and family members to navigate the tragedy of loss. In many cases, friends and families affected by a suicide loss (often called "suicide loss survivors") are left in the dark. Too often the feelings of shame and stigma prevent them from talking openly.

Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background. In fact, suicide is often the result of an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues.

September is National Suicide Prevention
Awareness Month—a time to share resources
and stories in an effort to shed light on this highly
taboo and stigmatized topic. We use this month to
reach out to those affected by suicide, raise
awareness and connect individuals with suicidal
ideation to treatment services. It is also important
to ensure that individuals, friends and families
have access to the resources they need to discuss
suicide prevention.

Informational Resources – available online on NAMI's website www.nami.org

Know the Warning Signs and Risk of Suicide
Preventing Suicide as a Family Member or Caregiver
Being Prepared for a Crisis

Need more information, referrals or support? Contact the <u>NAMI HelpLine</u>.

Crisis Resources

If you or someone you know is in an emergency, call **911** immediately.

If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)

If you're uncomfortable talking on the phone, you can also text **NAMI to 741-741** to be connected to a free, trained crisis counselor on the Crisis Text Line. Locally there is a 24 hour crisis line 1-844-258-8858 with a mobile crisis response team that can be deployed if it is deemed to be necessary or helpful (more information about this service in the next column.)

CICS 24-Hour Crisis Line 844-258-8858

A crisis is any stress or pressure that has become too great for you to cope with alone. "Crisis" can mean different things to different people. A crisis could be a major loss – the death of a loved one, a divorce, or a serious illness. Or it could be a series of smaller problems that have compounded and become overwhelming. Because crisis can happen to anyone, at any age, at any time, the crisis phone line provides trained, compassionate telephone counselors 24 hours a day, 365 days a year.

CICS (Central Iowa Community Services) and Eyerly Ball Mental Health Services have teamed up to create a **mobile crisis response service**. Central Crisis Line will use the new service to provide additional support to people who struggle with depression, anxiety, suicidal thoughts and other mental illnesses.

The service is available to all ages. Anyone experiencing a crisis, a concerned relative or care provider, or first responder can access the crisis line. Trained phone responders will assess the situation and deploy the MCRT (mobile crisis response team) if an inperson response is deemed to be necessary or helpful. All services are voluntary.

A trained two-person team will leave as soon as they have been dispatched and will respond to the scene within 60 minutes. On site, the on-call counselors are able to perform crisis assessments and will take the necessary time with the client to:

- Determine if suicidal or homicidal ideations are present
- Determine if de-escalation and stabilization in the field are possible
- Complete a thorough safety plan with the client if they are willing to contract for safety in that moment
- Determine what kind of support systems they have involved

"We are not done after the call is done. So, within 24 hours of that call one of our case managers will follow up with that individual. We'll provide that ongoing kind of support for at least up to 30 days. We are not meant to be their full-time case managers, or take over services for them. It's more just to be able to insure they are getting out to the right resources," said Krystina Engle, Director of Crisis Service of Eyerly Ball. Engle said the idea is to help free-up police officers and emergency room personnel and give assistance to both children and adults.

CICS will respond to phone calls in its region. In-person response is available to the South Region (Jasper, Madison, Poweshiek, and Warren Counties), in the Central Region (Boone, Marshall and Story Counties) and in the North Region (Franklin, Hamilton and Hardin Counties).

Business Cards with the CICS 24-Hour Crisis Line are available on the counter in Fellowship Hall.



3001 Riverside Rd, Story City, IA 50248 1-800-372-7748

rlbc@riverside.org

www.RiversideLBC.org

"To Know Christ and to make Christ known to all."

Upcoming Events

September 1 – McDermott Retirement Celebration

September 14 – Riverside Fall Golf Classic

September 22-23 – Women's Retreat

Mother-Daughter Ride with the King

September 10-11, 15-16, or 29-30

Fall Recharges

Jr Recharge (grades 3-6) October 12-14 JH Recharge (grades 6-9) Oct 26-28 or Nov 9-11 High School Recharge (grades 9-12) October 16-18

Join Us To Celebrate

Dave & Jan McDermott's Retirement!

There will be an open house at the Riverside Dining Hall from 1:00 pm until 4:00 pm, with a program at 3:00 pm on Saturday, September 1. No RSVP is required. We hope to see lots of friends, campers, families, supporters, and past staff to help us celebrate what God has done the last two decades through the McDermott's! Please plan on joining us for this joyous occasion, as we celebrate all God has done through his servants.

Fifteenth Annual Riverside Fall Golf Classic!

This year's event will be held at Ames Golf & Country Club on September 14th. Check in will begin at 9:30 AM, with play beginning at 10:30 AM. You will be able to enjoy lunch while you play. Registrations were due by August 18.

Join us for a great day of golf with friends that will be helping Riverside build for the future. Lunch will be provided as you play, with ice cream sundaes after the round. As always, there will be awards and prizes at the conclusion of the day.

About 2018 Women's Retreat

This fall, on the weekend of **September 22-23**, we will once again have an amazing weekend at Riverside just for women. This retreat is for ALL women of ALL ages! Our speaker for this year is Erin Port. Stay tuned for more about the 2018 Women's Retreat!!

This is a weekend to be loved, served, taught, and entertained. There will be great food prepared, with no cooking or cleaning to do before or after! It will be a time to laugh, play and pray; a time to reconnect with friends and make new friends and time to be in God's Word. Enjoy God's creation by taking advantage of some options, such as horseback riding, taking a walk,

or enjoying a wagon ride around camp. God's creation is so beautiful and this is a great time of year to appreciate the outdoors. There will also be plenty of chocolate and coffee!! Register online today! Cost is \$75.

Along with being filled up and renewed at this retreat, every year our women's retreat has an outreach project to help others in a tangible way. Check back later to get all of the details for our outreach project!

The retreat will begin at 8:30 am on Saturday and concludes with 11:45 am brunch on Sunday morning. Register by September 8 to ensure you have a spot. Register online or by mail!

Meet our Speaker - Erin Port

Erin Port and her family live in Ankeny, Iowa. She has been married to her husband, Scott, for 12 years. They have 3 children together. Their son Solon is eight. Vera, their oldest daughter, is 6, and their youngest daughter, Lucy, is 2. They are also in the process of adopting their son from China and hope to bring him home by the end of 2018. The Port family loves football in the fall, decorating for the seasons, visiting family spread out across the USA, and spending lots of time at their family's lake cabin in the summer. Faith is at the core of who Erin is, and she looks forward to getting to know you all, while digging into the word and learning together!

2018 Quilt Auction Recap

We continue to be amazed and thankful in how God provides for campers to attend Riverside each and every year, regardless of their financial situation. One way this is accomplished is through our annual Quilt Auction!

Praise God for his faithfulness.

- \$41,505.10 raised for the whole day (with the 5K)!
- 205 people attended the auction!
- 274 items were auctioned off!

There were many laughs and memories made once again at the live auction. The day started with our 5K run/walk, followed by a time of musical worship and a message. Then folks enjoyed a wonderful BBQ Turkey lunch (thanks to Woodland Farms in Story City) as well as peruse through the silent auction. We once again want to thank all of the incredibly gifted people who helped quilt the masterpieces for this great event. We could not do this without you! Thanks to the many volunteers, our summer staff, as well as all of the wonderful people who bid on quilts. We hope to see you all next year!

"Third Word" Ministry Family Groups 12-Month Project

We ask that Palestine families stay in their groups for 12-month at which time we will evaluate and provide for a new mix of families in groups. (9/2018-9/2019)

<u>New Members/Regular Attenders</u> – Any family who joins the congregation, or become regular attenders will be added to an existing group not to exceed <u>five</u> families.

<u>Inactive Members</u> – If a member of your group becomes inactive for any reason, then encourage them, pray for them and let the Fellowship/Evangelism committee know.

<u>Determining Groups for 2018-2019</u> (Pastor, Staff, Member(s) of Fellowship/Evangelism, and Member(s) of Congregation Council):

- 1. Names taken from the directory (2015) and baptism records (2015+) and Christian Education attendance (2015+) most families are members who <u>are regular attenders</u> and <u>receive Palestine</u> <u>communications</u> (*newsletters*, *emails*, *bulletins*)
- 2. Names not added to the groups are families (*individuals*) who are deceased, moved away and inactive, or did not choose to participate *as best that we could determine to date*.
- 3. Tried to match families into groups with the following priorities in mind:
 - a. Each group should include a mix of generations when possible
 - b. Groups should include shut-in, widows, widowers
 - c. Trying to match families who are <u>not</u> already close friends (*Goal: To help introduce/get to know people who attend Palestine Lutheran and build up community*)
- 4. Participant families are encouraged to visit and do things with families that they are already acquainted with, or have a good relationship with.
- 5. We realize that this matching process is still in flux as we seek to follow our criteria above.

Expectations for Family Groups

<u>Basic</u> – Pray for those in your group, and make it a point to check in with them at church or in town whenever you see them.

Other as the Spirit moves

- Send special notes/cards/emails on birthdays, anniversaries and holidays.
- Visit them in hospital
- Help them with chores, baby-sitting, transportation as you get to know them and feel appropriate to do so
- Invite each other to special gatherings, or for coffee, or lunch, etc.

Church Supporting Helps and Events

- Congregation will provide initial contact information for group members (found in directory and already printed in newsletter)
- Provide opportunities to do activities in groups (sit with each other on designated Sundays)
- Encourage group contacts and provide prayer themes and resources for groups

We will have a table set up for questions in the Fellowship Hall beginning September 9th.