

**Canyon County Self Rescue Manual**  
**A guide to community resources and supports**  
**in Region 3.**

**Please email updates/feedback/information**  
**to: [selfrescue@phd3.idaho.gov](mailto:selfrescue@phd3.idaho.gov)**



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## **CLOTHING & FURNITURE**

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### **Love, Inc.**

16470 N Franklin Blvd  
Nampa, ID 83687  
*Ph: 208-466-7810 ext. 5*  
Requests are taken via the telephone and an application process, resources for furniture, bedding, adult, teen, and children's clothing. Mon- Fri 9:30am to 1:00pm

### **Clothing Shed – Lakeview Church of the Nazarene**

Pastor Gretchin  
Ph: 208-466-0112

### **IMSI Hope Community Phase II**

963 S Orchard Suite 101  
Boise ID Ph: 208-629-8861  
Clothing voucher/housing /employment/bus passes for those out of incarceration.  
[www.imsihopecommunityphasell.com](http://www.imsihopecommunityphasell.com)

### **St. Vincent DePaul-Our Lady of Guadalupe Food Pantry**

2920 E Railroad St  
Nampa, ID 83687  
*Ph: 208-442-4452*  
Tues/Thur 3:00pm to 5:00pm

### **Seventh Day Adventist Community Services**

2216 E Linden St  
Caldwell, ID 83605  
*Ph: 208-454-3549*  
Clothing and food resources upon availability.  
Mon 10:00am-12:30pm  
Tues 2:30pm-5pm  
Caldwell residents only.

### **Seventh Day Adventist Community Services**

1515 Checola  
Nampa, ID 83686  
*Ph: 208-461-1651*  
Clothing and food resources, once per month.  
Wed 12:00pm-4:00pm  
Nampa residents only. Photo id required. Must bring proof of Nampa residence (not id).

### **Lighthouse Rescue Mission**

304 16th Ave N  
Nampa, ID 83687  
*Ph: 208-461-5030*  
[www.boiserm.org](http://www.boiserm.org)  
Open and staffed 24/7. Emergency shelter and drug/alcohol recovery program. 3 meals/day for residents and men, women, and children in the area

### **Deseret Industries**

619 S Canyon St  
Nampa, ID 83686  
*Ph: 208-498-0569*  
Services provided to any student in the Nampa school district. School clothing, shoes, belts. Can call directly or speak with school counselor.

### **Our Lady of the Valley Outreach**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Located inside St. Vincent's.  
Store hours: Mon-Sat 9:00am-6:00pm  
Store Food bank: Wed 2:00pm-5:00pm  
Helpline Ph: 208-919-2940  
Spanish Ph: 208-571-2160

Helpline available 24/7; will get a response within 24-48 hours (rent, utilities, clothing, furniture, household items)

## **COMMUNITY MEALS**

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### **Lighthouse Rescue Mission**

304 16th Ave N  
Nampa, ID 83651  
*Ph: 208-461-5030*  
Serves 3 Meals a Day for residents and the community. Breakfast Mon-Sat 6:30am, Sun 8:00am; Lunch Mon-Sat 12:00pm, Sun 1:00pm; Dinner Mon-Sun 7:00 pm  
[www.boiserm.org](http://www.boiserm.org)

## **COUNSELING & MENTAL HEALTH**

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### **A New Beginning Wellness Center**

8660 W Emerald, Ste 142  
Boise ID 83704  
Office hrs: 9-5 Mon – Thurs  
Evening appts available to schedule call 208-939-3865  
Counseling, Peer Support, and Family Support, TBRI Trainings. Accept Medicaid & Private Insurance.  
[www.anbwellnesscenter.org](http://www.anbwellnesscenter.org)

### **Ability Health and Rehabilitation**

10101 W Overland Rd #110  
Boise, ID 83709  
Ph: 208-333-9578

Fax: 208-333-9582 Peer support services, medical management, CBRS, case management, counseling. Medicaid and private insurance.

**About Balance Mental Health**

6550 Emerald St Ste 108  
Boise, ID 83704  
*Ph: 208-342-6300*  
Mon-Fri, 9:00am-5:00pm, Fri 9:00am-3:00pm in summer. Counseling, med management, CBRS, case management, peer support. Accepts Medicaid and sliding scale fee with a minimum of \$50 for Therapy and \$61 for Med Management.  
[www.aboutbalance.net/](http://www.aboutbalance.net/)

**Acacia Wellness Center**

217 W Georgia Ave  
Nampa, ID 83686  
*Ph: 208-498-1760*  
*Crisis: 208-914-3053*  
Mon 9:00am-8:00pm (6-8pm for walk-ins)  
Tue 9:00am-6:00pm  
Closed Tues/Thur from 11:00am-1:00pm  
Wed 9:00am-7:00pm  
Thurs 9:00am-6:00pm  
Friday 9:00am-5pm  
Evening appointments available upon request. Private pay/Medicaid/private insurance/sliding scale  
Mental health, CBRS, case management, med management, peer support, substance abuse groups, individual therapy.  
[www.acaciawellness.org](http://www.acaciawellness.org)

**Access Behavioral Health Services**

3307 Caldwell Blvd Ste 102  
Nampa, ID, 83651  
*Ph: 208-465-4833*  
Mon-Fri 8:00am-5:00pm  
Walk in appointments available on a limited basis. Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP. Counseling, case management, CBRS, developmental therapy for children and adults, peer support, substance abuse groups, individual therapy, med management. Emergency walk in clinic for medication on Fri.  
[www.accessbhs.com](http://www.accessbhs.com)

**Access Living**

690 S Industry Way, Ste 45  
Meridian, ID 83642  
*Ph: (208)922-2207*  
Mon-Fri, 9-6  
Counseling, CBRS, Child Development Therapy, Adult Day Treatment, Med Management, Case Management. Medicaid, Sliding Scale, most insurances.  
[accesslivingllc.com](http://accesslivingllc.com)

**Advocates Against Family Violence-Hope's Door**

1508 Hope Ln, Ste 102  
Caldwell, ID 83605  
*Ph: 208-459-4779*  
24/7 Crisis Hotline Toll Free: 1-877-459-4779  
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center,

teen outreach program, rural outreach program.  
[www.aafvhope.org](http://www.aafvhope.org)

**Alliance Family Services**

6003 W Overland Rd  
Boise, ID 83709  
*Ph: 208-922-6538*  
Med management, psychotherapy, CBRS, case management, peer support, psychotherapy groups, company employee and family assistance programs, and substance abuse services. Accepts most insurances, Medicaid, Medicare, Blue Cross, United Behavioral Health, workman's comp, private pay, BPA, and Tricare.  
<http://www.alliancefamilyservices.net/home.html>

**All Seasons Mental Health**

1007 W Orchard  
Nampa, ID 83651  
*Ph: 208-461-2838*  
General medicine, family practice, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive services offered for many different languages. Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale.  
[www.asmh.org](http://www.asmh.org)

**All Together Now**

2995 N Cole Rd, Ste 270  
Boise, ID 83704  
Stonegate Plaza  
Ph: 208-336-4504  
Med management, CBRS,  
counseling, rehabilitation  
services, case management.  
Private pay, sliding scale, and  
most insurances accepted.  
[www.alltogether-now.com](http://www.alltogether-now.com)

**Alpine Behavioral Health**

8590 W. Fairview Ave  
Boise ID 83704  
Ph: 208-672- 0260  
Psychotherapy, Case  
Management, CBRS, Payee  
Services, Med management,  
Conflict Resolution/  
Mediation. Interpreters  
available.  
Medicaid, Medicare, private  
pay, sliding scale, most  
insurances accepted.  
[www.alpinebehavioralhealth.com](http://www.alpinebehavioralhealth.com)

**Alturas Counseling, LLC**

5185 W Overland Rd  
Boise ID 83705  
Ph: 208-991-0225  
Counseling for individuals,  
couples, family, children,  
adolescences, elderly,  
development disabilities,  
refugees, and military.  
Most insurances, Medicaid,  
Medicare, and Tricare.  
<http://alturascounseling.com>

**Ambitions of Idaho**

1031 W. Sanetta St  
Nampa, ID 83651  
Ph: 208-466-7443  
Mon-Fri 9:00am-5:00pm  
CBRS, anger management,  
faith based counseling,

diagnostic interviews, EMDR,  
grief counseling, life/success  
coaching, counseling, case  
management,  
support/education,  
residential habilitation,  
behavior consultation, med  
management, nursing  
services, A&D waiver/PCS  
services representative, and  
payee services.

24 Hour Crisis Intervention  
Ph: 208-794-2379  
Medicaid/ Medicare/private  
pay/private insurance/sliding  
scale/pro bono. Bilingual  
available.

**Ascent Behavioral Health**

366 SW 5th Ave, Ste 100  
Meridian, ID 83642  
Ph: 208-898-9755  
Text: 208-352-6563  
Hours: Mon-Fri 9:00am-  
6:00pm  
<http://www.ascentbhs.org>

**Aspire Assessments and  
Health Resources**

16 12<sup>th</sup> Ave S. Ste 201  
Nampa ID 83651  
Ph: 208-921-1024

**Aspire Professional  
Counseling Services**

14880 Alkmaar St  
Caldwell, ID 83607  
Ph: 208-585-3062  
Tues 9:00am-9:00pm  
Crime victim comp/private  
insurance/EAP.  
Early childhood trauma,  
marriage counseling, family  
therapy, children and adults.  
EMDR certified.

**Aura Counseling and  
Wellness, LLC**

1224 1<sup>st</sup> St S Suite 306  
Nampa, ID 83651  
Ph: 208-463-4639  
Offer mental health and  
substance abuse disorder  
services including:  
assessments, case  
management, individual,  
family, and couples' therapy,  
group counseling, anger  
management, parenting  
classes and drug testing.  
We accept BPA funding,  
Medicaid, private insurance,  
and utilize a sliding fee scale.  
[www.auracounseling.com](http://www.auracounseling.com)

**Brighter Future Health**

316 12th Ave Rd  
Nampa, ID, 83686  
Ph: 208-461-1300  
Mon- Fri 9:00am-5:00pm  
Evening appointments  
available upon request.  
Medicaid/Medicare/private  
pay/sliding scale.  
Mental health services for  
adults and children, CBRS,  
case management, med  
management.  
Interpreters available.  
[www.brighterfuturehealth.com](http://www.brighterfuturehealth.com)

**Canyon Counseling Center**

718 S 7<sup>th</sup> Ave  
Caldwell ID 83605  
Ph: 208-454-1576  
Individual and family therapy,  
adolescent and children  
therapy (ages 7+).  
Mon-Thur 9:00am-6:00pm  
Crime victim comp/private  
insurance.  
[www.canyoncounselingcenter.com](http://www.canyoncounselingcenter.com)

**Canyon Clinic Wellness**

524 Cleveland Blvd, Ste 140  
Caldwell, ID 83605

*Ph: 208-453-5151*

Services offered to clients who need help during a recovery process. Classes offered for taking next steps, stress management and tobacco cessation.

[www.canyonwellness.org](http://www.canyonwellness.org)

**Carol Collins Counseling**

1909 S 10<sup>th</sup> Ave  
Caldwell ID 83605  
*Ph: 208-454-3825*

Individual therapy, family therapy, marriage counseling  
Private insurance only.

**CenterPointe, Inc.**

915 Park Center Way, Ste 7  
Nampa, ID 83651  
*Ph: 208-442-7791*

Mon- Thur 9:00am-6:00pm  
Fri 8:00am-5:00pm  
Medicaid/ private pay/ Blue Cross. Individual therapy, family therapy, CBRS, med management. Ages 4-18.

[www.centerpointeinc.com](http://www.centerpointeinc.com)

**Children's Therapy Place**

5640 E. Franklin Rd, Ste 180  
Nampa, ID 83687  
*Ph: 208-323-8888*

Speech/language therapy, occupational therapy, physical therapy, teletherapy, developmental therapy, service coordination, academic tutoring.

Hours vary per appointment.  
Medicaid/Tri-Care/Private Insurance.

<http://childrenstherapyplace.com/>

**Dennis Augustus Counseling**

17329 Colt Dr  
Caldwell, ID 83607  
*Ph: 208-459-8088*

Mon- Fri 8:00am-8:00pm  
Crime victim comp/private insurance/EAP.

Abuse recovery, drug and alcohol counseling, mental health (anxiety, depression), marriage counseling, stress management.

**Diane Kruse**

1214 12<sup>th</sup> Ave S  
Nampa, ID, 83651  
*Ph: 208-466-2666*

Mon- Thur  
Crime victim comp/  
EAP/private insurance.  
Mental health counseling for adults.

**Empowering Choices Counseling**

104 9<sup>th</sup> Ave S, Ste B1  
Nampa, ID 83651  
*Ph: 208-803-0883*

Tele-therapy available for anybody residing in Idaho. Accept major insurance companies, EAP, Medicaid, and self-pay. Individual counseling for mental health & addiction issues. Provide DUI evaluations and GAIN assessments.

**Family Counseling of Nampa-**

**E. Fred Snow**

1214 12<sup>th</sup> Ave S  
Nampa, ID 83651  
*Ph: 208-468-0902*

EAP/ private insurance.  
Family and marriage counseling.

**Families ETC (Education, Training, and Counseling**

516 Holly St 3<sup>rd</sup> Floor  
Nampa, ID 83686

A counseling clinic that provides low cost individual, child/adolescent, couple and family counseling. We do not bill insurance; our services are low cost and provided on a sliding scale between \$10 - \$60 per session. Appts are available Mon – Thurs between 9AM – 9PM. *Ph: 208-467-8837.* Visit [www.familiesetcnampa.com](http://www.familiesetcnampa.com)

**Four Rivers Mental Health**

1605 Kimball Ave  
Caldwell, ID 83605  
*Ph: 208-454-2766*  
Mon-Thur 9:00am-3:00pm  
Eating disorders, drug and alcohol counseling, mental health. Bilingual.  
Medicaid/Blue Shield/private pay. [www.fourriversmh.com](http://www.fourriversmh.com)

**Healing Scars Counseling Center**

324 Caldwell Blvd, Ste G  
Nampa, ID, 83651  
*Ph: 208-467-9044*  
Private insurance/Crime victim comp/EAP.  
Bilingual.

**Healthy Transitions for Girls, LLC**

1015 Caldwell Blvd #18  
Nampa, ID 83651  
*Ph: 541-417-0837*  
[peggy@healthytransitionsforgirls.com](mailto:peggy@healthytransitionsforgirls.com)  
Group and Individual counseling for girls and woman. A 12-week , strength-based prevention program to help girls develop positive body image in the critical window of ages 8 to

14 when their bodies are changing.

[www.healthytransitionsforgirls.com](http://www.healthytransitionsforgirls.com)

**Hudson Counseling**

1909 S 10<sup>th</sup> Ave  
Caldwell, ID 83605  
*Ph: 208-228-0301*  
Mon-Thur 10:00am-7:00pm  
Private insurance/EAP.  
Anxiety, depression,  
individual and couples'  
therapy for teenagers and  
adults

**Human Supports of Idaho, Inc.**

314 Badiola St  
Caldwell, ID 83605  
*Ph: 208-454-8389*  
CBRS, case management,  
individual counseling, family  
and child counseling, group  
therapy, peer support, med  
mgmt., SUD services  
(outpatient and intensive  
outpatient) and payee  
service. Most insurances  
accepted including Medicaid  
and Medicare; some sliding  
fee and pro bono services  
available.

[www.humansupports.com](http://www.humansupports.com)

**Idaho Behavioral Health**

524 South 9th St, Ste 103  
Caldwell, ID 83605

*Ph: 208-454-2144*

CBRS, case management,  
counseling, group therapy,  
psychological testing, med  
management. Telehealth  
services provided to rural  
areas. Medicaid/Private  
Insurance/sliding fee.

[www.idahobehavior.com](http://www.idahobehavior.com)

**Idaho Behavioral Health-Nampa**

1811 E Karcher Rd  
Nampa ID 83687  
*Ph: 208-505-4419*

**Life Counseling Center**

112 12<sup>th</sup> Ave Rd  
Nampa, ID 83686  
*Ph: 208-465-5433*  
Mon- Thur 9:00am-6:00pm  
Fri 8:00am-5:00pm  
Private insurance/  
Medicaid/EAP.  
Family and couples  
counseling, individual  
therapy, med management.

**Lifeways in Caldwell**

2609 S 10<sup>th</sup> Ave, Ste 102  
Caldwell ID 83605  
*Ph: 208 454-2766*  
Services include mental  
health assessments, SUD/DUI  
evaluations; GAIN  
assessments, SUD/MRT  
groups, individual, child,  
family & couples therapy,  
Play therapy, substance use  
disorder evaluation, classes &  
victim impact panels, EMDR,  
psychiatric medication  
subscribing, case  
management, telehealth,  
SOAR-SSI/SSDI outreach  
access and recovery  
[www.lifeways.org](http://www.lifeways.org)

**Lifeways in Nampa**

824 S Diamond St  
Nampa ID 83686  
*Ph: 208 546-3046*  
[www.lifeways.org](http://www.lifeways.org)

**Mana Resources**

923 Grant St  
Caldwell, ID 83605  
*Ph: 208-585-3375*

Counseling services to  
children, youth, adults,  
couples and families.  
Medicaid/Private Insurance.  
[www.manoohana.org](http://www.manoohana.org)

**Montgomery Counseling Center**

323 12<sup>th</sup> Ave  
Nampa, ID, 83686  
*Ph: 208-463-0212*  
Mon- Fri 8:00am-5:00 pm  
Individual therapy, couples  
and family counseling, GAIN  
Assessments.  
Private insurance/  
EAP/Medicaid.  
[www.montgomerycounselingcenter.com](http://www.montgomerycounselingcenter.com)

**Mountain States Chemical Dependency & Counseling Services, Inc.**

1305 2nd St S, Ste 201  
Nampa, ID 83651  
*Ph: 208-463-0202*  
Mon-Thur 9:00am- 5:00pm  
Alcohol/drug education,  
relapse prevention, DUI class,  
anger management, recovery  
groups, individual counseling  
services.

**Nampa Family Justice Center**

1305 3<sup>rd</sup> St S  
Nampa, ID 83686  
*Ph: 208-475-5702*  
Crisis counseling, domestic  
violence, sexual abuse, family  
therapy, individual therapy,  
group therapy, parenting,  
play therapy.  
Private insurance/Medicaid/  
Crime victim comp.  
[www.nampafamilyjusticecenter.org](http://www.nampafamilyjusticecenter.org)



**A New Leaf**

2548 N Stokesberry Pl  
Meridian, ID 83646  
Ph: 208-939-3888  
Habilitative intervention supports, therapy, med management, and residential habilitation.  
[www.aneuleaf.info/](http://www.aneuleaf.info/)

**Pioneer Health Resources-Nampa**

204 10th Ave S  
Nampa, ID 83651  
Ph: 208- 466-2229  
Mon-Fri 8:00am-5:00pm  
Open later for group programs.  
CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees.  
[www.pioneerhealthresources.com](http://www.pioneerhealthresources.com)

**Pioneer Health Resources-Caldwell**

1305 S Kimball  
Caldwell, ID 83605  
Ph: 208- 459-1039  
Mon-Fri 8:00am-5:00pm  
Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees.  
[www.pioneerhealthresources.com](http://www.pioneerhealthresources.com)

**Refuge Counseling Center-Nampa**

4144 E Amity Ave  
Nampa, ID 83687  
Ph: 208-465-4985  
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/ partnerships whereas churches and ministries may help with cost.  
<http://refugecounseling.com/>

**Refuge Counseling Center-Meridian**

3023 E Copper Point Ste 105  
Meridian, ID 83642  
Ph: 208-465-4985  
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/ partnerships whereas churches and ministries may help with cost.  
<http://refugecounseling.com/>

**Region III Mental Health**

3402 Franklin Rd  
Caldwell ID 83605  
Ph: 208-459-0092  
Adult and Children’s services – crisis services, medication management, and individual counseling. Sliding Fee.

**Shannon Sorini, LCSW**

1909 10<sup>th</sup> Ave  
Caldwell, ID 83605  
Ph: 208-409-7286

Individual therapy, family therapy, trauma-focused for children and adults. Crime victim comp/private insurance/EAP.  
[www.shannonsorini.com](http://www.shannonsorini.com)

**S.T.A.R.R. Family Behavioral Health**

1108 W Finch Dr  
Nampa ID  
Ph: 208-466-3900  
8100 W Emerald St, Ste 150  
Boise ID  
Ph: 208-908-6399  
Mental health evaluations, individual counseling, family counseling, play therapy, early childhood trauma, couples/mental counseling, addiction therapy, trauma-focused for children and adult, domestic violence children and adults, parenting ed, CBRS, case mgmt., med mgmt., children’s respite care, crisis response, referral and consultation services. Medicaid/Medicare, all major insurances; sliding scale.  
[www.starrfbh.com](http://www.starrfbh.com)

**Stellar Mental Health & Mediation**

3904 E Flamingo  
Nampa, ID 83687  
Ph: 208-639-1514  
Counseling, CBRS, case management, payee services, groups, mediation, parenting coordination.  
[www.stellaridaho.com](http://www.stellaridaho.com)

**Still Waters Behavioral Health**

305 Cornell St  
Middleton, ID 83644  
Ph: 208-614-0550



Individual counseling for adults, adolescents, children, couples counseling, family counseling, premarital counseling. EAPs/sliding scale based on income. Evening appointments available. Visit [www.stillwatersbh.com](http://www.stillwatersbh.com)

**Strive Counseling**

5700 E Franklin Rd, Ste 220E  
Nampa, ID 83687  
*Ph: 208-936-1097*  
Mon- Fri 8:00am-6:00pm  
Individual therapy, couple and family counseling, domestic violence victim therapy, sexual abuse victim therapy, trauma, stress, parenting.  
Private insurance/EAP/sliding scale/Medicare.

**Terry Reilly Nampa 1<sup>st</sup> Clinic – Medical, Dental, Behavioral Health, and Urgent Care**

207 1<sup>st</sup> Street S  
Nampa, ID 83651  
*Ph: 208-466-7869*  
Services: Behavioral health assessments, individual, couples and family counseling, support and therapy groups, case management, psychiatric medication management. We accept private insurance, Medicaid, Medicare, and sliding fee scale based on income.  
[www.trhs.org](http://www.trhs.org)

**Terry Reilly Nampa 16<sup>th</sup> Clinic**

223 16<sup>th</sup> Avenue N  
Nampa ID 83687  
*Ph: 208-318-2100*

**Terry Reilly Arlington Clinic**

2005 Arlington Ave  
Caldwell ID 83605  
*Ph: 208-459-1025*

**Terry Reilly Middleton Clinic**

201 S Paradise Ave  
Middleton ID 83644  
*Ph: 208-585-0048*

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba ID 83641  
*Ph: 208-495-1011*

**TRHS- SANE Solutions**

**Victim Treatment**

211 16<sup>th</sup> Ave N  
Nampa, ID, 83687  
*Ph: 208-467-7654*  
Services: Survivors counseling, child abuse counseling, personal safety classes, protective parenting classes, family counseling. insurance/Medicaid/sliding scale/EAP. Bilingual.

**TRHS- SANE Solutions**

**Offenders Treatment**

1504 3<sup>rd</sup> Street N  
Nampa ID 83687  
*Ph: 208-345-1170*  
Services: Offenders counseling, group counseling, juvenile sex offender risk assessment, batterers treatment. insurance/Medicaid/sliding scale/EAP. Bilingual.

**Webb Psychological Clinic Institute**

408 22<sup>nd</sup> Ave S  
Nampa, ID, 83651  
*Ph: 208-466-8267*  
Mon-Fri 9:00am-5:00pm  
Individual therapy (children and adult), marriage and

family therapy, psychological assessments.  
Crime victim comp/private insurance/EAP.

**Wholeness Counseling & Trauma Healing**

1015 Caldwell Blvd  
Nampa, ID 83651  
*Ph: 208-353-4173*  
Mon-Fri 10:00am-7:00pm;  
Sat by appointment  
PTSD, sexual abuse, domestic violence, grief, adults, couples, family, Christian counseling. Ages 16+ only. Private insurance/private pay/EAP.  
[www.mikaylaforrest.com](http://www.mikaylaforrest.com)

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## **CRISIS RESOURCES & HOTLINES**

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**Advocates Against Family Violence-Hope's Door**

1508 Hope Ln, Ste 102  
Caldwell, ID 83605  
*Ph: 208-459-4779*  
24/7 Crisis Hotline Toll Free: 1-877-459-4779  
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program.  
[www.aafvhope.org](http://www.aafvhope.org)

**Boys Town-National Hotline-Suicide & Crisis**

*Ph: 1-800-448-1833*  
*Toll Free: 1-800-448-3000*

24-hour, nationwide, short-term crisis intervention hotline. Main focus is children and families, but serves anyone with any problem. Will provide referral to local agencies in the United States, Canada, Guam, and The Virgin Islands. 402-498-1300. [www.boystown.org](http://www.boystown.org)

**Covenant House Nineline**

*Toll Free: 1-800-999-9999*  
24/7. Provides crisis intervention to homeless, runaway, and other troubled youth and their families throughout the United States. All calls are serviced regardless of age and situation.

<https://teenlineonline.org/yy/covenant-house-nineline/>

**Idaho CareLine**

*Ph: 2-1-1 or 800-926-2588*  
A free, statewide comprehensive community information and referral service.

**Idaho Domestic Violence Hotline**

*Ph: 1-800-669-3176*  
Provides information and assistance to victims of domestic violence.

**Idaho Suicide Prevention Hotline & Veterans Crisis Line**

*Ph: 800-273-TALK (8255)*  
A toll-free, confidential service available 24/7.

**Mothers Against Drunk Driving (MADD)**

*Ph: 877-623-3435*

A national, toll-free 24/hr. hotline for victims of drunk driving.

**National Hotline on Domestic Violence**

*Ph: 800-799-7233*  
A toll-free service that provides information and assistance to victims of abuse.

**National Sexual Assault Hotline:**

*Ph: 1-800-656-HOPE (4673)*  
A toll-free, confidential service available 24/7 for victims of sexual assault.

**Parents of Murdered Children (POMC)**

*Ph: 888-818-POMC (7662)*  
A national organization to assist those who have lost a loved one.

**Women and Children's Alliance**

24-hour Domestic Violence Hotline *Ph: 208-343-7025*  
24-hour Rape Crisis Hotline *Ph: 208-345-7273*  
Provides comprehensive supportive services to women and children victimized by physical and sexual violence.

**DENTAL**

**Terry Reilly Canyon Dental**

11136 Moss Ln  
Nampa, ID 83651  
*Ph: 208-466-0515*  
Dental exams and cleaning, X-ray, fillings, crowns and bridges, dentures and partials, extractions, including

wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, pre-natal oral health care, pediatric oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

**Terry Reilly Homedale Dental**

8 N. 2nd St W  
Homedale, ID 83628  
*Ph: 208-337-6101*  
Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba, ID 83641  
*Ph: 208-495-1011*  
Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and prenatal oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

**Terry Reilly Nampa 1<sup>st</sup> Clinic**

207 1<sup>st</sup> Street S  
Nampa ID 83651  
*Ph: 208-466-7869*

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

**Terry Reilly Dental-Middleton**

201 Paradise Ave  
Middleton, ID 83644  
Ph: 208 585-0048

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

**Valley Family Health Care-Payette Medical and Dental Clinics**

1441 NE 10th Ave  
Payette, ID 83661  
Ph: 208-642-9376

Provides assistance and allows low income access to overall dental and health care.

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## EDUCATION

**Adult Education:**

**CWI Community College**  
Through the Adult Campus on Caldwell BLVD – Organized through Department of Health and Welfare

Contact your local office. Program through Workforce Investment Act, (WIA).

**JobCorps-Nampa**

3201 Ridgecrest Dr  
Nampa, ID 83687  
Ph: 208-442-4500  
<http://centennial.jobcorps.gov/home.aspx>

**Stevens-Henager College**

16819 N Marketplace Blvd  
Nampa, ID 83687  
Ph: 208-466-2251  
<https://www.stevenshenager.edu/locations/nampa>

**Trio**

322 E Front St, Ste 190  
Boise, ID 83702  
Ph: 866-624-9925  
or 208-364-9925  
<https://educationalopportunitycenter.wordpress.com/>

**Treasure Valley West #710**

1018 W. Sanetta St  
Nampa, ID 83651  
Ph: 208-465-8414

**Western Idaho Community Action Partnership - WICAP**

Ph: 208-454-0675  
Toll Free: 1-877-270-9086  
Employment and training services. [www.wicap.org](http://www.wicap.org)

\*Most online charter schools offer a program for free GED

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## SCHOOL PROGRAMS & SCHOOL SUPPLIES

**Computers for Kids, Inc.**

8540 W Elisa St  
Boise ID, 83709  
Ph: 208-345-0346  
9:00am-4:00pm  
Distributes refurbished computers to underprivileged Idaho children for their home use. [www.cfkid.org](http://www.cfkid.org)

**Nampa School District 131**

446 Lake Lowell  
MV Office  
Ph: 208-468-4601 Ext. 1161  
Contact: Steffanie Altenbern [saltenbern@nsd131.org](mailto:saltenbern@nsd131.org) or Mirella Garcia.  
Provide resources and support for homeless students.

**Big Brothers Big Sisters of Southwest Idaho**

110 N 27th St  
Boise, ID 83702  
Ph: 208-377-2552  
One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one, contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID. [www.bbbsidaho.org](http://www.bbbsidaho.org)

**Caldwell School District - Early Childhood Intervention Program**

1502 Fillmore St  
Caldwell, ID 83605  
Ph: 208-455-3300  
Program for developmentally delayed children 3 to 4 years

old. Testing available. Contact local school district.

[www.sd132.k12.id.us](http://www.sd132.k12.id.us)

**Community Council of Idaho-Head Start**

22730 Farmway Rd, Ste 112  
Caldwell, ID 83605

Ph: 208-459-6536

Toll Free: 1-800-787-7863

Migrant & seasonal worker

year round head start

program. ESL classes also

available for parents of

students. Some additional

resources available.

[http://communitycouncilofidaho.org/head\\_start](http://communitycouncilofidaho.org/head_start)

**Computer Lab-South Middle School, Nampa**

229 W Greenhurst Rd

Nampa, ID 83686

Ph: 208- 468-4740

Mon/Tues/ Thur nights

5:30pm-7:30pm during the

school year, excluding non-

school days. Computer lab is

open to the public. The lab

will also have a printer

available that charges 10

cents per one-sided copy

(cash or coin only).

[www.south.nsd131.org/](http://www.south.nsd131.org/)

**Advocates Against Family Violence - Hope Ln. Learning Center**

1508 Hope Ln

Caldwell, ID 83605

Ph: 208-459-6330

Daycare/preschool Located in

Caldwell. Located Near Van

Buren Elementary and Head

Start Bus Stops. Offers

preschool, meals, arts and

crafts weekly, after school

program ICCP accepted.

**Tutoring at Farmway**

22730 Farmway Rd

Caldwell, ID 83605

Ph: 208-455-3300

Tutoring for migrant children

who need assistance with

learning English and with

school work.

Mon-Fri 3:45pm-4:45pm

**The Mentoring Network, Inc.**

Nampa, ID 83653

Ph: 208-880-1690

School based individual

mentoring for grades 1-8

provided on a weekly basis by

trained volunteers. In the

Nampa & Caldwell school

districts. Supervision and

support provided by program

director.

[www.MentoringNetworkID.org](http://www.MentoringNetworkID.org)

**Online School Options:**

**Another Choice Virtual Charter School**

1014 W Hemingway Blvd

Nampa, ID 83651

Ph: 208-475-4255

Free online schooling, grades

K-12. Visit website for

additional information.

[www.anotherchoicecharter.org](http://www.anotherchoicecharter.org)

**AFTER SCHOOL PROGRAMS:**

**Treasure Valley YMCA**

3720 S Indiana Ave

Caldwell, ID 83605

Ph: 208-454-9622

Financial reduced prices

based on home income

levels/family size. There is

also an after school/

homework help program

found on the website with

direct busing from the

schools.

<http://www.ymcatvidaho.org/membership/financial-assistance/>

**Nampa Recreational Facility**

131 Constitution Way

Nampa, ID 83686

Ph: 208-468-5777

They sponsor several families

each month with

requirements for monthly

attendance. Contact the

membership coordinator for

additional information. Sign

up is required prior to a

certain day each month for

monthly evaluation.

**Boys and Girls Club Nampa**

316 Stampede Dr

Nampa, ID 83687

Ph: 208-461-7203

Cost is \$20 a year. Busing can

occur directly from school but

then parents must pick up

children on time. Limited

space available.

**Caldwell School District**

21<sup>st</sup> Century after school

Director: Kathleen Vadapalli

Ph: 466-6586 Ext. 209

Homework help for clients

with difficulty learning.

Salvation Army after school

program. Can also purchase

monthly memberships.

For grant applications email

[kvadapalli@caldwellschools.org](mailto:kvadapalli@caldwellschools.org)

## **EMPLOYMENT & CASUAL LABOR**

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### **Administrative and Light Industrial**

101 S Capitol Blvd, Ste 501  
Boise, ID 83702

*Ph: 208-375-9930*

Temporary work hire, short and long term, clerical, accounting, light industrial available. Must complete application, safety test, pre-employment drug screen & background check. Must provide 2 work references & i.d. that proves legally able to work in the U.S. Paid weekly. Usually \$8 - \$14 per hour. Must speak basic English.  
<http://www.volt.com/>

### **Community Council of Idaho**

317 Happy Day  
Caldwell, ID 83607

*Ph: 208-454-8604*

Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment.  
[www.communitycouncilofidaho.org](http://www.communitycouncilofidaho.org)

### **Idaho Department of Labor-Caldwell-WIA**

4514 Thomas Jefferson St  
Caldwell, ID

*Ph: 208-364-7781*

Services provided to those in the community who need training resource to obtain

employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

[www.labor.idaho.gov](http://www.labor.idaho.gov)

### **Idaho Department of Labor-Boise-WIA**

317 W Main St  
Boise, ID 83735

*Ph: 208-332-3575*

Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

[www.labor.idaho.gov](http://www.labor.idaho.gov)

### **Elwood Staffing-Boise**

8708 Fairview Ave  
Boise, ID 83704

*Ph: 208-327-1000*

Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.

[www.elwoodjobs.com](http://www.elwoodjobs.com)

### **Elwood Staffing-Nampa**

2585 Caldwell Blvd, Ste 103  
Nampa, ID 83651

*Ph: 208-468-7899*

Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.

[www.elwoodjobs.com](http://www.elwoodjobs.com)

### **Intelligent Employment Solutions**

732 Caldwell Blvd, Ste C  
Nampa, ID 83651

*Ph: 208-463-9228*

Provides help finding a job in the community.

<http://www.iescustomstaffing.com/>

### **Hopes Door Shelter**

702 E Chicago St  
Caldwell, ID 83605

*Ph: 208-459-6279*

Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success referrals meal planning for work. Services are free.  
<https://aafvhope.org/>

### **Job Corps**

2323 S Vista Ave, Ste 203  
Boise, ID 83705

*Ph: 208-375-9414*

Full time program, usually residential. Nampa is closest center. Can be on unsupervised probation, no pending court charges, felonies, or outstanding fines. Limited income. Ages 16-24. Mon-Fri 8:00am-5:00pm Orientation Thurs 2:00pm at the Meridian Dept. of Labor. Spanish speaker. Closed from 12:00pm-1:00pm

[www.centennial.jobcorps.gov](http://www.centennial.jobcorps.gov)

### **Labor Finders**

Resources based online—no office in local area.

*Ph: 208-442-7713*

<http://laborfinders.com>

### **Labor Ready Temporary Service**

10 W Franklin Rd  
Meridian, ID 83642

*Ph: 208-331-3606*

After application process is complete, employee is asked



to come into office at 6:00am if desiring employment. Mon-Fri 6:00am-5:30pm, Sat 7:00am-10:00am and 5:00pm-6:00pm, Sun closed. Application time & dates may vary-please call office for current application times. Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport. Spanish interpreters available. <http://www.laborready.com/>

**Pro People Staffing Services**

703 2nd St S  
Nampa ID  
*Ph: 208-463-8552*  
Temporary employment. Applications taken Mon-Fri 9:00am-2:00pm. Need 1-2 hours to complete application or online. Dress nicely for interview process. Free training & skills testing. Temp to hire based on work. Pay averages \$8-\$10 per hour. <http://propeoplestaffing.com>

**Elmwood Staffing**

2585 Caldwell Blvd, Ste 103  
Nampa, ID 83651  
*Ph: 208-468-7899 (Nampa)*  
*Ph: 208-327-1000 (Boise)*  
Clerical, skilled trades, production & technical work, and labor work available. Temp to hire based on work. Pay averages \$8-10/hour.

**Treasure Valley West #710**

1018 W. Sanetta St  
Nampa, ID 83651  
*Ph: 208-465-8414*  
Services provided for those with adults disabilities to enhance their living through

employment and community enrichment. This is program is state and federally funded. [www.vr.idaho.gov](http://www.vr.idaho.gov)

**Witco**

3919 E Ustick Rd  
Caldwell, ID 83605  
*Ph: 208-454-3051*  
Services for children and adults with disabilities to increase their potential for independent living, including teaching skills and job coaching. Services can be provided for those with array of insurances as well as Medicaid, Medicare, and Blue Cross. [www.witcoinc.net](http://www.witcoinc.net)

**Working Solutions (Easter Seals)**

1613 Park Centre Way  
Nampa, ID 83651  
*Ph: 208-466-2671*  
For those referred by the Idaho Department of Health and Welfare. Services provided are for adults who need help with job preparation including job orientated classes, workforce development, and resources to obtain a job (i.e. clothing and transportation). [www.easterseals.com](http://www.easterseals.com)

**FINANCIAL &  
UTILITY  
ASSISTANCE**

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**Heat/Electric:  
Navigators-with children only**

823 Park Centre Way  
Nampa, ID 83651  
*Ph: 1-800-926-2588*  
Must contact through 211 by requesting a call back from the navigators.

**St. Vincent DePaul**

2920 E Railroad St  
Nampa ID  
*Ph: 208-442-4452*  
Tues/Thur 3:00pm-5:00pm

**Salvation Army-Nampa**

403 12th Ave S  
Nampa, ID 83651  
*Ph: 208-467-6586*  
<http://www.salvationarmy.org/>

**Salvation Army-Caldwell**

1015 East Chicago St  
Caldwell, ID 83605  
*Ph: 208-459-2011*  
<http://www.salvationarmy.org/>

**Western Idaho Community Action Partnership - WICAP**

502 Main St  
Caldwell, ID 83605  
*Ph: 208-454-0675*  
*Toll free: 1-877-270-9086*  
Provides energy assistance when funding is available. Mon-Fri 8:00am-5:00pm, closed 12:00-1:00pm  
Service available once per year, or if emergency shut off when medical equipment present  
[www.wicap.org](http://www.wicap.org)

**Phone:**  
**Assurance Telephone Lifeline**  
*Ph: 888-321-5880*

**Idaho Telecommunications Service Assistance Program**

Contact local DH&W—  
<http://healthandwelfare.idaho.gov/ContactUs/Region3/tabid/227/Default.aspx>

### **Miscellaneous:**

#### **St. Clare's Outreach Program**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Wed 2:00pm-4:00pm  
Utility assistance; must bring photo ID and utility bill.  
Caldwell residents only.

#### **Our Lady of the Valley Outreach**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208 454-2132*  
Located inside St. Vincent De Paul. Wed 2:00pm-4:00pm  
Must go in person; no assistance over the phone. Maximum of \$50 to be used towards power, heating, and prescriptions paid directly to utility company or pharmacy. Must have i.d. with matching address as bill.

#### **Nampa Family Justice Center-Elder Abuse**

1305 3rd St S  
Nampa, ID 83651  
*Ph: 208-475-5702*  
Must be 50 years of age or older, have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

## **FOOD PANTRIES**

### **Caldwell:**

#### **St. Clare's Food Bank**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

#### **CCOA**

304 N Kimball  
Caldwell, ID 83605  
*Ph: 208-459-0063*

#### **New Life Celebration Church**

1201 Arthur St  
Caldwell, ID 83605  
*Ph: 208-454-1758*

#### **The Salvation Army**

1015 East Chicago St  
Caldwell, ID 83605  
*Ph: 208-459-2011*  
Tues/Wed/Thur 1:00pm-3:30pm

#### **World Harvest Food Pantry**

803 Main St  
Caldwell, ID 83605  
*Ph: 208-284-4411*  
Open the Third Saturday of every month 10am- noon

#### **Oasis**

615 16<sup>th</sup> Ave S  
Caldwell, ID 83605  
*Ph: 208-459-6000*  
Wed 12:00pm-2:00pm with lunch, Thur 4:00-6:00pm

#### **Seventh Day Adventist Community Services-Caldwell**

2216 East Linden St  
Caldwell, ID 83605  
*Ph: 208-454-3549*

Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm  
Closed on major holidays.

#### **Western Idaho Community Action Partnership-WICAP**

502 Main St  
Caldwell, ID 83605  
*Ph: 208-454-0675*  
*Toll free: 1-877-270-9086*  
Mon-Fri 8:00am-5:00pm,  
Closed 12:00-1:00pm  
Food Pantry hours  
Mon/Tues/Fri 8:00am-5:00pm, Closed 12:00-1:00pm  
Can use once per month.  
[www.wicap.org](http://www.wicap.org)

#### **Greenleaf, Middleton: Greenleaf Friends Church**

20535 Academy Rd  
Greenleaf, ID 83626  
*Ph: 208-459-3896*

#### **Middleton Food bank**

6 E 1<sup>st</sup> St N  
Middleton, ID 83644  
*Ph: 208-585-6634*  
Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment.

#### **Nampa: Harvest Life Church**

11437 Orchard Ave  
Nampa, ID 83651  
*Ph: 208-465-7327*  
Wed 7:00pm, Sun 8:45am, 10:30am, 12:30pm  
Must attend a service before food is given.

#### **Nampa Spanish Seventh Day Church**

323 11<sup>th</sup> Ave S  
Nampa, ID 83651  
*Ph: 208-921-3027*  
Tues/Thur 1:00-4:00pm



**Nazarene Care House**

1524 6<sup>th</sup> St S  
Nampa, ID 83651  
*Ph: 208-466-3549*  
Tues/Thur 1:00pm-4:00pm  
Sat 1:00pm-3:00pm

**Salvation Army**

403 12th Ave S  
Nampa, ID 83651  
*Ph: 208-467-6586*  
<http://www.salvationarmy.org/>

**Seventh-day Adventist  
Community Services**

1515 Chicola  
Nampa ID, 83651  
*Ph: 208- 461-1651*  
Wed 12:00pm-4:00pm

**St. Vincent DePaul**

2920 E Railroad St  
Nampa, ID 83687  
*Ph: 208-442-4452*  
Tues/Thur 3:00pm-5:00pm

**Storehouse Outreach**

303 10<sup>th</sup> Ave N  
Nampa, ID 83687  
*Ph: 208-570-9729*  
Home Delivery for shut-ins  
and seniors.

**12 Baskets Food Pantry**

11220 Lone Star Rd  
Nampa, ID 83651  
*Ph: 208-546-5896*  
Mon/Fri 12:00pm-2:00pm  
<http://foodbank.vcfnapa.com/>

**Centennial Elementary**

522 Mason Ln  
Nampa, ID 83686  
*Ph: 208-468-4627*  
<http://centennial.nsd131.org/>

## **HOUSING ASSISTANCE**

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**Advocates Against Family  
Violence**

1508 Hope Ln  
Caldwell, ID 83605  
*Ph: 208-459-6330*

**Autumn Gold**

813 E Fargo Ave  
Nampa, ID 83687  
*Ph: 208-461-7789*  
Help with housing programs  
including down payments and  
closing costs.  
<http://www.autumngold.org/>

**Boise VA Medical Center  
Homeless Veterans Program**

Provides services to Veterans  
who are homeless or almost  
homeless.  
*Ph: 208-422-1039*

**Caldwell Housing Authority**

22730 Farmway Rd  
Caldwell, ID 83607  
*Ph: 208-459-2232*  
<http://chaidaho.org/>

**The Jesse Tree of Idaho**

16 12<sup>th</sup> Ave So, Ste 114  
Nampa, ID 83651  
*Ph: 208-941-3188*  
Hours: 10am to 2pm Fridays

**SICHA**

377 Cornell St  
Middleton, ID 83644  
*Ph: 208-585-9325*  
<http://www.sicha.org/Public/HousingAuthorityRentals/>

**Nampa Housing Authority**

211 19th Ave N

Nampa, ID 83687  
*Ph: 208-466-2601*  
<http://nampahousing.com/>

**Salvation Army-Nampa**

403 12th Ave S  
Nampa, ID 8365  
*Ph: 208-467-6586*  
<http://www.salvationarmy.org/>

**Salvation Army-Caldwell**

1015 E Chicago St  
Caldwell, ID 83605  
*Ph: 208-459-2011*  
<http://www.salvationarmy.org/>

**Navigator-Health & Welfare  
(if children present):**

823 Park Centre Way  
Nampa, ID 83651  
*Ph: 1-800-926-2588*  
Must contact through 211  
care line.  
<http://healthandwelfare.idaho.gov/ContactUs/Region3/NampaOffice/tabid/715/Default.aspx>

**Idaho Inc:**

4110 Eaton Way  
Caldwell, ID 83607  
*Ph: 208-455-9463*

**Caldwell/Vallivue/ Nampa  
Resource Coordinator-**

**Homeless Liaison:**  
5207 S Montana Ave  
Caldwell, ID 83607  
*Ph: 208-454-0445*  
Contact the district office for  
contact information.

**C.A.T.C.H. of Canyon County**

16 12<sup>th</sup> Ave, Ste 114  
Nampa, ID 83651  
*Ph: 208-442-5300*  
A referral must be generated  
from a caseworker at one of

the shelters; direct contact is not possible.

<http://www.catchprogram.org/>  
Email: [info@catchprogram.org](mailto:info@catchprogram.org)

### **Mana Resources**

923 Grant St  
Caldwell, ID 83605  
*Ph: 208-585-3375*

Housing, employment assistance, and IL skills.

Training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.  
[www.manaohana.org](http://www.manaohana.org)

### **PATH-Project for Assistance in Transition from Homelessness**

*Ph: 208-608-3766  
or 208-336-5533 Ext. 276*

Assistance to individuals who are currently homeless or at risk for becoming homeless.  
<https://www.benefits.gov/benefits/benefit-details/728>

### **Idaho Department of Health and Welfare Website**

Located on the Idaho Department of Health and Welfare website, under the providers tabs there is lists created by the department that allow one to see what kind of different housing options are available in the community.

<http://www.healthandwelfare.idaho.gov/Providers/tabid/284/Default.aspx>

### **Living Independence Network Corp**

1609 S Kimball Ste. 201  
Caldwell, ID 83605

*Ph: 208-454-5511*  
Referral service for disabled, connecting people to independence.

[canyoninfo@lincidaho.org](mailto:canyoninfo@lincidaho.org)  
[info@lincidaho.org](mailto:info@lincidaho.org)

## **LEGAL ASSISTANCE**

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### **Advocates for the Disabled**

222 8th Ave S  
Nampa, ID 83651  
*Ph: 208-461-4210*  
By appointment only.  
<http://www.shelldisability.com/>

### **Area Agency on Aging**

125 E. 50<sup>th</sup> St  
Garden City, ID  
*Ph: 208-991-5629*  
<https://aging.idaho.gov/>

### **Canyon County Courthouse-Court Assistance Office**

1115 Albany St, Ste 334  
Caldwell, ID 83605  
*Ph: 208-454-7455*  
Mon/Wed/Thur/Fri  
9:00am-3:30pm  
Closed 12:00-1:00pm  
Legal Forms Workshop  
Every Tues @ Canyon County Courthouse, 9:30am-4:00pm  
Call for more information and registration.  
Email: [cao@canyonco.org](mailto:cao@canyonco.org)  
[www.courtselfhelp.idaho.gov](http://www.courtselfhelp.idaho.gov)

### **CASA**

120 S 9th Ave  
Caldwell, ID 83605  
*Ph: 208-454-9167 Ext. 1012*  
Volunteers are appointed by the courts to advocate and represent abused and

neglected children in the court system.

<http://www.strongandsafe.org/>

### **Concordia University Housing Clinic**

*Ph: 208-639-5422*  
Concordia Law's Housing Clinic takes new clients from September-November and February-April. Call or email to sign up.

[lawclinic@cu-portland.edu](mailto:lawclinic@cu-portland.edu)  
<http://law.cu-portland.edu/community-engagement/housing-clinic-legal-representation>

### **Concordia University St. Law Clinic**

Boise Public Library  
715 S Capitol Blvd  
Boise, ID 83702  
*Ph: 208-972-8200*  
The 2<sup>nd</sup> and 4<sup>th</sup> Mon every month 4:30-6:00pm  
<http://law.cu-portland.edu/academics/experiential-learning/clinics>

### **Idaho State Bar Association & Idaho Law Foundation**

Attorney Referral Service  
*Ph: 208-334-4500*  
A referral is free. The attorneys in the Lawyer Referral Service have agreed to charge \$35 for an initial 30-minute consultation.  
[https://isb.idaho.gov/general/fin\\_dattorney.html](https://isb.idaho.gov/general/fin_dattorney.html)

### **Intermountain Fair Housing Council**

5460 W Franklin Rd  
Boise, ID 83705  
*Ph: 208-383-0695*  
<http://www.ifhcidaho.org/>

**Nampa Family Justice Center- victims of abuse**

1305 3<sup>rd</sup> St  
Nampa, ID 83651  
Ph: 208-475-5702  
<http://www.nampafamilyjusticecenter.org/190/Family-Justice-Center>

**Legal Aid**

1104 Blaine  
Caldwell, ID 83606  
Ph: 877-500-2980  
or 208-454-2591  
[www.idaholegalaid.org](http://www.idaholegalaid.org)

**Port of Hope**

508 E Florida Ave  
Nampa, ID 83686  
Ph: 208-463-0118  
<http://www.courtselfhelp.idaho.gov/>

**State Attorney General**

**Criminal Victim Witness**

**Coordinator**

Ph: 208-334-4547  
or 888-334-4547  
[victimcoordinator@ag.idaho.gov](mailto:victimcoordinator@ag.idaho.gov)  
[http://www.ag.idaho.gov/victimAssistance/victimAssistance\\_index.html](http://www.ag.idaho.gov/victimAssistance/victimAssistance_index.html)

**University of Idaho Tax Clinic**

Ph: 208-364-4074  
If you would like more information about the Tax Clinic, or if you would like the Tax Clinic to consider representing you in a controversy with the IRS, please contact Barbara Lock in Boise. [block@uidaho.edu](mailto:block@uidaho.edu)  
<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

## **MEDICAL ASSISTANCE**

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**Canyon County Community Clinic**

524 Cleveland Blvd, Ste 110  
Caldwell, ID 83605  
Ph: 208-455-1143  
Clinic offered to those on a non-emergency basis with current medical conditions. Clients that are eligible for service have no insurance, meet income guidelines, and must be a Canyon County resident.  
<http://www.canyon-clinic.org/>

**Canyon County Indigent Fund**

Canyon County Courthouse  
1115 Albany St  
Caldwell, ID 83605  
Ph: 208-454-7419

**Family Medicine Health Center**

215 E Hawaii Ave  
Nampa, ID 83686  
Ph: 208-514-2529  
Medicaid, Medicare, sliding fee, private ins. Beginning of life through end of life care. Women's health, chronic disease mgmt., Hep C, HIV, mental health and more. Community health workers and certified enrollment counselors.  
[www.fmridaho.org/patients/services/](http://www.fmridaho.org/patients/services/)

**Genesis Community Health**

215 W 35th St  
Garden City, ID 83714  
Ph: 208-384-5200

Idaho Crime Victims Compensation Program  
208-334-6080 or toll-free statewide at 800-950-2110.  
Provides financial assistance to crime victims who are injured as the result of criminally injurious conduct. Boise and surrounding area.  
<http://genesiscommunityhealth.com/>

**Nampa Family Justice Center-Elder Abuse**

Address: 1305 3rd St So  
Nampa, ID 83651  
Ph: 208-475-5702  
Must be 50 years of age or older; have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver or trusted other. Emergency funding for prescription medication assistance, eye glass assistance, transportation assistance, referrals for counseling, support groups and possible legal aid to support establishing safety.  
<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

**Nampa School District 131**

MV Office  
446 Lake Lowell  
Ph: 208-468-4601 Ext. 1161  
Contact Person: Steffanie Altenbern  
[saltenbern@nsd131.org](mailto:saltenbern@nsd131.org) or Mirella Garcia.  
Provide resources and support for homeless students.  
<http://www.nsd131.org/>

**Our Lady of the Valley Outreach**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Located inside St. Vincent DePaul. Maximum of \$50 to be used towards prescriptions paid directly to the pharmacy.  
Wed 2:00pm-4:00pm  
Must go in person; no assistance over the phone.

**Southwest District Health-Communicable Disease Prevention**

13307 Miami Ln  
Caldwell, ID 83605  
*Ph: 208-455-5362*  
Surveillance, investigation, and counseling to control the spread of disease. Provides reporting according to Idaho code. <http://www.swdh.org/>

**Southwest District Health-HIV/AIDS-Sexually Transmitted Disease Services**

13307 Miami Ln  
Caldwell, ID 83605  
*Ph: 208-455-5345*  
Testing, counseling, and education to prevent the spread of disease.  
STD/HIV/AIDS Prevention.  
<http://www.swdh.org/clinical-services.asp>

**Terry Reilly Nampa 1<sup>st</sup> Clinic**

207 1<sup>st</sup> Street S  
Nampa ID 83651  
*Ph: 208-466-7869*  
Services: Urgent Care (Nampa 1<sup>st</sup> Only), child & adolescent health, adult & senior health, women's health, prenatal & OB care,

immunizations, chronic & disease management, pharmacy, laboratory, x-ray.

**Terry Reilly Nampa 16<sup>th</sup> Clinic**

223 16<sup>th</sup> Avenue N  
Nampa, ID 83687  
*Ph: 208-318-2100*

**Terry Reilly Arlington Clinic**

2005 Arlington Ave  
Caldwell ID 83605  
*Ph: 208-459-1025*

**Terry Reilly Middleton Clinic**

201 S Paradise Ave  
Middleton ID 83644  
*Ph: 208-585-0048*

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba ID 83641  
*Ph: 208-495-1011*

## **PREGNANCY, PARENTING, & FAMILY**

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**Baby Haven - Salvation Army Caldwell**

1015 E Chicago  
Caldwell, ID 83605  
*Ph: 208-459-2011*  
Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish.

<http://caldwell.salvationarmy.org/caldwell/baby-haven/>

<https://www.stlukesonline.org/communities-and-locations/find-classes-and-events>

**Boise Parks and Recreation**

150 N Capitol Blvd  
Boise, ID 83702  
*Ph: 208-384-4422*  
Boise Parks and Recreation provides activities and classes for youth and adults in a variety of topics. Price varies but scholarships are available for those who qualify.  
<http://parks.cityofboise.org/>

**Casey Family Program**

6441 Emerald St  
Boise, ID 83704  
*Ph: 208-377-1771*  
*Toll free: 888-581-3275*  
Services and Support to Kinship Families-Relatives other than the parents Who Are Caring for Children under Age 18. Services available in Nampa, Caldwell, Greenleaf, Wilder, Homedale and Marsing. Assistance with Legal, Financial, Mental Health, and Educational Needs for the child/children being cared for. Information, education, and resources available for Kinship Family members. English/Spanish.  
<https://www.casey.org/idaho/>

**CASI Foundation for Children**

2308 N Cole Rd  
Boise, ID 83704  
*Ph: 208-376-0558*  
Free unplanned pregnancy services, pregnancy testing, confidential one-on-one

support, medical expense and appointment scheduling assistance, and open and closed adoption plans. Both international and domestic adoption programs also available.

<http://www.adoptcasi.org/>

**Catholic Charities of Idaho**

847 Park Center Way, Ste 7  
Nampa, ID 83651

*Ph: 208-466-4442*

Counseling, mental health, crisis, pregnancy and/or single parent support, parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish.

<http://ccidaho.org/what-we-do/>

**Emmett Family Services**

2031 E Quail Run  
Emmett ID 83617  
*Ph: 208-365-2525*

**Hopes Door Shelter**

Caldwell, ID 83605  
*Ph: 208-459-6279*

Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free.

<https://aafvhope.org/>

**Idaho Parents Unlimited**

4619 Emerald St

Boise, ID 83706

*Ph: 208-342- 5884*

Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services.

[www.ipulidaho.org](http://www.ipulidaho.org)

**La Leche League**

*Ph: 1-877-452-532*

Services provided from mothers and for mothers with support, encouragement and information for breast feeding. [www.llusa.org](http://www.llusa.org)

**Lifeline Pregnancy Care Center**

1323 12th Ave So  
Nampa, ID 83651  
*Ph: 208-466-4000*

Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals For adoption, medical care, and social services if needed. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Care-line. *TEXT-208-615-1053*  
[www.lifelinepcc.org](http://www.lifelinepcc.org)

**Mana Resources**

923 Grant St  
Caldwell, ID 83605  
*Ph: 208-585-3375*

Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles

coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.

[www.manoohana.org](http://www.manoohana.org)

**Payette Family Services**

501 N 16<sup>th</sup> St, Ste 108  
Payette ID 83661  
*Ph: 208-642-6160*

**PATHS Program**

9167 W State St  
Garden City, ID  
*Ph: 208-473- 2191*

Services provided for higher needs foster children. Create and prepare foster families for children that will be placed in the home. Services provided are behavioral health, adoption, and family based services. Services are provided on a referrals basis from Department of Health and Welfare, Department of Juvenile Corrections, and Casey Family, as well as private pay. [www.pathinc.org](http://www.pathinc.org)

**St. Luke's Children's Programs**

*Ph: 208-381-1719*  
Car seat, pack n' play, and bike helmet assistance to families in need. We ask for a small money donation for car seats if able and no donation is needed for Pack N' Plays or helmets.  
Email: [bryanj@slhs.org](mailto:bryanj@slhs.org)

**St. Luke's-Birth, Parenting, and Community Education**

*Ph: 208-381-1510*  
Classes offered for many different areas of life from birthing, parenting,



adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

**Terry Reilly Nampa 1<sup>st</sup> Clinic – Medical, Dental, Behavioral Health and Urgent Care**

207 1<sup>st</sup> St So  
Nampa ID 83651  
Ph: 208-466-7869

**Terry Reilly Nampa 16<sup>th</sup> Clinic**

223 16<sup>th</sup> Ave N  
Nampa ID 83867  
Ph: 208-467-7654

**Terry Reilly Arlington Clinic**

2005 Arlington Ave  
Caldwell ID 83605  
Ph: 208-459-1025

**Terry Reilly Middleton Clinic**

201 S Paradise Ave  
Middleton, ID 83644  
Ph: 208-585-0048

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba ID 83641  
Ph: 208-495-1011

**YMCA**

1050 W State St  
Boise, ID 83702  
Ph: 208-344-5501

The YMCA is an organization created to help youth, individuals, and families with development, healthy living, and social responsibility.

Services are provided through membership. Financial aid is available. Locations include Boise, Meridian and Caldwell.  
<http://www.ymcatvidaho.org/>

## **YOUTH SERVICES**

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**Big Brothers/Big Sisters**

110 N 27<sup>th</sup> St  
Boise, ID 83702  
Ph: 208-337-2552

Free services provided to youth. The youth are mentored to help influence healthy lives.  
<http://www.bbbsidaho.org/>

**Boys and Girls Club**

316 Stampede Dr  
Nampa, ID 83687  
Ph: 208-461-7203

Boys and Girls club provides support and services to the youth to help them reach their full potential as a productive, caring and responsible citizens.  
<http://bgcnampa.org/>

**Parenting with Love and Limits**

450 W State St  
Caldwell, ID 83605  
Ph: 208-455-7016  
Program through the Idaho Department of Health and Welfare that helps children from 10-17 years of age and their parent learn how to maintain a healthy relationship.  
<https://www.gopll.com>

**YMCA-Treasure Valley**

3720 S Indiana Ave.  
Caldwell, ID 83605  
Ph: 208-454-9622

Services that develop youth, promote healthy living, and inspire social responsibility. Youth activities are for kids ages 6- 15.  
<http://www.ymcatvidaho.org/>

## **SHELTERS & SHOWERS**

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**Men Only**

**Lighthouse Shelter**

304 16<sup>th</sup> Ave N  
Nampa, ID 83687  
Ph: 208-461-5030

No reservations.  
[www.boiserm.org/facilities/light-house/](http://www.boiserm.org/facilities/light-house/)

**River of Life Shelter**

575 S 13<sup>th</sup> St  
Boise, ID 83701  
Ph: 208-389-9840

No reservations.  
<https://boiserm.org/facilities/river-of-life/>

**Hopes Door**

Caldwell, ID 83605  
Ph: 208-459-6330

For women and children victims of domestic violence. 24-hour crisis line available: 208-459-4779  
<https://aafvhope.org/resources/hopes-door-shelter/>

**Valley Shelter**

869 W Corporate Ln  
Nampa, ID 83651  
Ph: 208-475-0725  
<https://boiserm.org/facilities/valley/>

## Family

### Hay's House-out of control children

7221 Poplar St  
Boise, ID 83704  
Ph: 208-322-6687

## Emergency

### Advocates Against Family Violence-Hope's Door

Caldwell, ID  
Ph: 208-459-4779  
24/7 crisis hotline, domestic violence and sexual assault shelter, safe and sober housing, childcare center, teen outreach program, and rural outreach program.  
[www.aafvhope.org](http://www.aafvhope.org)

### Nampa Family Justice Center-Elder Abuse

1305 3rd St So  
Nampa, ID 83651  
Ph: 208-475-5702  
For victims 50 years and older who have experienced abuse, neglect, or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.  
<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

### Navigators-with children

823 Park Centre Way  
Nampa, ID 83651  
Ph: 1-800-926-2588  
Must contact through 211 by requesting a call back from the navigators

## SUBSTANCE ABUSE

## DISORDER TREATMENT

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### 2<sup>nd</sup> Chances

1214 Logan  
Caldwell, ID 83605  
Ph: 208-455-8399  
Offers adult male safe and sober housing. Accepts self-pay and insurance.

### Acacia Wellness Center

217 W Georgia Ave  
Nampa, ID 83686  
Ph: 208-498-1760  
Crisis: 208-914-3053  
Mon 9:00am-8:00pm (6-8pm for walk-ins)  
Tue 9:00am-6:00pm  
Closed Tues/Thur from 11:00am-1:00pm  
Wed 9:00am-7:00pm  
Thurs 9:00am-6:00pm  
Friday 9:00am-5pm  
Private pay/ Medicaid/private insurance/sliding scale.  
Mental health, CBRS, case management, med management, peer support, substance abuse groups, and individual therapy.  
[www.acaciawellness.org](http://www.acaciawellness.org)

### Access Behavioral Health

3307 Caldwell Blvd  
Nampa, ID 83651  
Ph: 208-466-4637  
Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing. Accepts state funding; Medicaid, Medicare, insurance and voc rehab  
Adults and adolescents.  
<http://accessbhs.com/>

### All Seasons Mental Health

1007 W Orchard Rd  
Nampa, ID  
Ph: 208-461-2838  
Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding and Medicaid. Adults.  
[asmh.org/](http://asmh.org/)

### Ambitions of Idaho

1031 W Sanetta St  
Nampa, ID 83651  
Ph: 208-466-7443  
524 Cleveland Blvd  
Caldwell ID 83605  
Ph: 208-454-2996  
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, private pay, Medicare, and other insurance. Adults and adolescents.

### Ascent Behavioral Health

366 SW 5th Ave, Ste 100  
Meridian, ID 83642  
Ph: 208-898-9755  
Text: 208-352-6563  
Hours: Mon-Fri 9:00am-6:00pm  
<http://www.ascentbhs.org>

### A Fresh Start Recovery Services

1123 Blaine St  
Caldwell, ID 83605  
Ph: 208-459-9222  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and transportation. Accepts state



funding, Medicaid, private insurance and self-pay. Adults.

<http://www.freshstartrecoveryervices.com/>

**Bell Counseling-Caldwell**

2719 S Kimball Ave  
Caldwell, ID 83605  
Ph: 208-459-6557

Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

**Bell Counseling-White Sage**

1208 E Linden  
Caldwell, ID 83605  
Ph: 208-454-1744

Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

**Bell Counseling-Payette**

235 S Main St  
Payette, ID 83661  
Ph: 208-642-7364

Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

**Center for Behavioral Health**

92 S Cole  
Boise, ID  
Ph: 208-376-5021  
2275 S Eagle #190  
Meridian ID  
Ph: 208-288-0649

Mon-Fri 5:00am- 12:30pm  
Sat 6am – 8am Private Pay  
Methadone & Suboxone clinic for opiate use disorder, outpatient treatment for other addictions, domestic violence offender intervention program, anger management, anti-theft  
[www.centerforbehaviorhealth.com](http://www.centerforbehaviorhealth.com)

**Community Services Counseling**

974 Corporate Ln, Ste 102  
Nampa, ID 83651  
Ph: 208-442-0024

Offers outpatient substance abuse treatment and case management. Accepts state funding. Adults.  
<http://www.cscid.org/>

**Cook & Tafoya Fisher Behavioral Health**

16 12<sup>th</sup> St So, Ste 103  
Nampa, ID 83651  
Ph: 208-461-3720

Offers outpatient substance abuse treatment and life skills. Accepts state funding. Adults and adolescents.

**Easter Seals-Goodwill Behavioral Health**

510 Arthur St  
Caldwell, ID 83605  
Ph: 208-454-8555

Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, and self-pay. Adults and adolescents.  
<http://www.easterseals.com/esg/w/our-programs/medical-rehabilitation/adult-behavioral->

[health.html?referrer=https://www.google.com/](http://health.html?referrer=https://www.google.com/)

**Family Services Counseling Center**

704 Albany St  
Caldwell, ID 83605  
Ph: 208-454-5133

Offers outpatient substance abuse treatment, case management, alcohol/drug testing, transportation, and child care (with parent on site). Accepts state funding, Medicaid, and self-pay. Adults and adolescents.

**AAFV Hopes Door**

720 N 16<sup>th</sup> Ave  
Caldwell, ID 83605  
Ph: 208-459-6279

Offers safe and sober housing. Accepts self-pay and state funding. Adult females and adolescents.  
<https://aafvhope.org/resources/counseling/>

**Human Supports of Idaho, Inc.**

314 Badiola St  
Caldwell ID 83605  
Ph: 208-454-8389  
4477 W Emerald Suite C100  
Boise ID 83706  
Ph: 208-321-0160

CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.

[www.humansupports.com](http://www.humansupports.com)

**Life Counseling**

112 12th Ave  
Nampa, ID 83686  
Ph: 208-465-5433

Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, private insurance, self-pay, Medicaid, and Medicare. Adults and adolescents.  
<http://www.lccidaho.com/>

**Lifeways Recovery Center**

702 Sunset Dr  
Ontario, OR 97914  
Ph: 541-889-2490

Offers adult residential substance abuse treatment. Accepts state funding, Oregon health plan (OHP), Medicaid, Medicare, self-pay, and insurance. Adults.  
<http://www.lifeways.org/locations/lifeways-recovery-center/>

**Lighthouse Rescue Mission-  
The New Life Program**

304 16<sup>th</sup> Ave N  
Nampa, ID 83687  
Ph: 208-461-5030

Offers faith based drug and alcohol discipleship recovery program for one to two years. Free to participate.  
<https://boiserm.org/services/addiction-recovery/>

**Montgomery Counseling**

323 12<sup>th</sup> Ave  
Nampa, ID 83686  
Ph: 208-463-0212

Offers outpatient substance abuse treatment

Accepts state funding, EAP, insurance, Medicaid, and self-pay. Adults and adolescents.  
<http://www.montgomerycounselingcenter.com/>

**Mountain States Chemical  
Dependency and Counseling  
Services, Inc.**

1305 2<sup>nd</sup> St S, Ste 201  
Nampa, ID 83686  
Ph: 208-463-0202

Offers outpatient substance abuse treatment, case management, alcohol/drug testing, and life skills. Accepts state funding, Medicaid, and self-pay. Adults.

**Peak Recovery**

2423 S Georgia Ave  
Caldwell, ID 83605  
Ph: 208-455-1788

Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents.  
<http://www.peakrecoveryllc.com/>

**Professional Counseling and  
Recovery Support**

2 N Main St  
Payette, ID 83661  
Ph: 208-230-2989

Offers outpatient early intervention. Accepts self-pay. Adults.

**Port of Hope Center**

508 E Florida  
Nampa, ID 83686  
Ph: 208-463-0118

Offers detox and residential and outpatient substance abuse treatment. Case management, life skills, and alcohol/drug testing. Accepts state funding, self-pay, and Medicaid. Adults.  
[www.portofhopecenters.org](http://www.portofhopecenters.org)

**Recovery 4 Life**

709 Dearborn St  
Caldwell, ID 83605  
Ph: 208-376-7083

Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing. Accepts state funding, Medicaid, insurance, EAP programs, credit cards, and self-pay on sliding scale. Adults and adolescents.  
<http://www.recovery4lifeidaho.com>

**Rising Sun Sober Living**

516 S 6<sup>th</sup> Ave  
Caldwell, ID 83605  
Ph: 208-898-4668

Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult males.  
[info@risingsunsoberliving.com](mailto:info@risingsunsoberliving.com)  
[www.risingsunsoberliving.com](http://www.risingsunsoberliving.com)

**Rising Sun Sober Living**

704 Belmont Ave  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**

1704 Dearborn St  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**

609 E Denver St  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**

523 Everett St  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**

1214 E Logan St  
Caldwell ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living-  
Ash St**

310 W Ash St  
Caldwell, ID 83605  
Ph: 208-898-4668  
Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult females.  
[www.risingsunsoberliving.com/](http://www.risingsunsoberliving.com/)

**SHIP**

510 Elmwood Dr  
Nampa, ID 83687  
Ph: 208-297-8889  
Offers adult safe and sober housing, life skills, and alcohol/drug testing. Accepts state funding and self-pay. Adults.  
<http://shipinc.org/>

**Victory over Sin**

**IMSI Hope Community Phase**

**II**  
963 S Orchard Ste 101 Boise  
ID Tues – Wed @ 7pm Ph:  
208-629-8861  
[www.imsihopecommunityph  
aseii.com](http://www.imsihopecommunityphaseii.com)

## **RECOVERY MEETINGS**

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**Parma Wed Night Group-  
The Lodge**

Corner of 2<sup>nd</sup> and E Grove  
Ave. (HWY 20/26/95)  
Alcoholics Anonymous class  
offered every Wed at 7:00pm

## **SUPPORT GROUPS**

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**Boise Moms Group**

Ph: 208-991-0534  
Support group created for  
moms in Boise and  
surrounding areas. The group  
is to offer mother to mother  
support. Annual fee of \$10.  
[http://boisemomsgroup.my-  
free.website/](http://boisemomsgroup.my-free.website/)

**Compassus Hospice**

Bereavement/Grief Support  
Group  
680 S Progress Ave  
Meridian, ID 83642  
Ph: 208-895-8686  
Thursdays 1:00 pm  
Bereavement Coordinator:  
Jay Ralphs

**Hopes Door Shelter**

Caldwell, ID 83605  
Ph: 208-459-6279  
Hopes door offers a variety of  
support groups for women  
including self-esteem,  
parenting and family (Spanish  
and English), personal  
finances, and golden voice  
(50+). Women only, except for

men's safety planning support  
group. Services are free.  
[https://aafvhope.org/resources/  
adult-education/](https://aafvhope.org/resources/adult-education/)

**Idaho Youth M.O.V.E**

1703 3<sup>rd</sup> St  
Nampa, ID, 83687  
Ph: 208-433-8845  
Idaho Youth M.O.V.E is a  
support group for adolescents  
who have mental health  
issues.  
[http://idahofederation.org/idah  
oyouthmove/](http://idahofederation.org/idahoyouthmove/)

**NAMI Connection**

4696 W Overland, Ste 272  
Boise, ID 83705  
Ph: 208-376-4304  
[http://www.namiboise.org/supp  
ort.html](http://www.namiboise.org/support.html)

**NAMI Family and Friends**

**Support Group (Boise)\***  
El-Ada Program Building  
2250 S Vista Ave  
Boise, ID 83705  
1<sup>st</sup>. 2<sup>nd</sup> & 3<sup>rd</sup>. Wed of each  
month. The 4<sup>th</sup> Wed. will be  
an Education night. 7:00 pm-  
8:30 pm  
[http://www.namiboise.org/supp  
ort.html](http://www.namiboise.org/support.html)

**NAMI Family and Friends**

**Support Group (Nampa)**  
First United Methodist Church  
2717 12<sup>th</sup> Ave  
Nampa, ID 8368  
Ph: 208-376-4304  
Thur 6:30pm-8:00pm  
[http://www.namiboise.org/supp  
ort.html](http://www.namiboise.org/support.html)

**NAMI Connection Recovery  
Support Groups-Boise-Open  
to all with mental illness**

VA Medical Center

500 West Fort St. Bldg. 114  
Ph: 208-376-4304  
Tues 1:00 pm-2:30 pm  
<http://www.namiboise.org/support.html>

**Omega Health Services**

5985 W State St  
Boise, ID 83703  
<http://omegahealthservices.com>

**DBSA Support Groups-  
Depression and Bipolar  
Support Alliance-takes all  
mental illnesses**

Ph: 208-949-6759  
Contact: Diana Howard  
Email:  
[dbsatreasurvalley@yahoo.com](mailto:dbsatreasurvalley@yahoo.com)  
<http://www.dbsalliance.org/>

**Idaho Federation of Families  
for Children's Mental Health**

704 N 7th St  
Boise, ID 83702  
Ph: 208-433-8845  
Email:  
[cshotton@idahofederation.org](mailto:cshotton@idahofederation.org)  
<http://idahofederation.org/>

**St. Luke's Living Through  
Cancer Support Group**

St. Luke's MSTI  
308 E Hawaii Ave  
Nampa, ID 83686  
Ph: 208-463-6009  
This ongoing support program welcomes people with cancer and their loved ones. Share your challenges and discuss topics that influence health and well-being. Every Thur.

**Jefferson St. Counseling Co-  
Dependency Education and  
Support**

1517 W Jefferson St  
Boise, ID 83702

Ph: 208-473-2283  
Support group for education and support through the recovery of codependency. Women are typically able to attend and men will be waitlisted. Support group meets weekly on Thur from 9:15am-10:45am and 5:00pm-6:30pm  
<http://jeffersonstreetcounseling.com/services/codependency/>

**The Compassionate Friends**

St. Luke's Hospital-West  
520 S Eagle Rd  
Boise, ID 83642  
Ph: 208-409-4660  
Support group offered to families after a child passes. The support group is held on the 2<sup>nd</sup> Thur of every month at 7:15pm. Group is free.  
<http://www.tcfboise.org/index.html>

**Alzheimer's Idaho, Inc.  
Support Groups**

13601 W. McMillan Ste 249  
Boise, ID 83713  
Ph: 208-914-4719  
<http://www.alzid.org/support/>

**Overland Court Alzheimer's  
Support Group**

Overland Court Senior Living  
10172 Smoke Ranch Dr  
Boise, ID 83709  
Ph: 208-322-2900  
Contact person: Jenny  
Email: [overlanddsm@isllc.com](mailto:overlanddsm@isllc.com)  
<http://overlandcourtseniorliving.com/support-group/>

**Emerson House-Families,  
Caregivers, & those Grieving**

8250 W Marigold  
Garden City, ID 83714

Ph: 208-377-3177

**Parents Anonymous-  
Support Group**

Parent-led group where parents and caregivers can freely share their questions, concerns, problems, and solutions about parenting in a safe, nonjudgmental, supportive atmosphere.  
[http://www.strongandsafe.org/our-programs-\(2\)/parents-anonymous](http://www.strongandsafe.org/our-programs-(2)/parents-anonymous)  
Meets at Caldwell Church of Christ, 4012 10<sup>th</sup> Ave. in Caldwell. Wed 5:00pm-7:00pm; Dinner and childcare are provided.  
<http://www.caldwellcofc.org/outreach/>

**Suicide Prevention Action  
Network of Idaho**

Meridian City Hall  
33 E Broadway Ave  
Meridian, ID 83642  
Ph: 208-888-4433  
Meets 2<sup>nd</sup> Tues each month, 11:45am-1:00pm  
<http://www.spanidaho.org/region-4-boise>

**St. Luke's Hospital-Meridian  
Downstairs, Paiute room**

520 S Eagle Rd  
Meridian, ID 83642  
Ph: 208-350-8856  
Meets 3<sup>rd</sup> Wed each month, 6:0pm-7:30pm  
Contact: Rubie Gallegos  
<http://www.spanidaho.org/meridian-support-group>

**Kristi Hendry with NOMS-Not  
One More Suicide**

820 2nd St S  
Nampa, ID 83651

Ph: 208-695-9926  
Last Sun each month,  
2:00pm-4:00pm

**Bereaved by Suicide Peer Support Group**

Elks Lodge  
1116 1<sup>st</sup> St S  
Nampa, ID 83651  
Ph: 208-272-8522  
or 208-272-3512

## **SENIOR SERVICES**

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**Willow Park Senior Living**

2600 N. Milwaukee St  
Boise, ID 83704  
Ph: 208-373-1234

**Meridian Senior Center**

1920 N Records Way  
Meridian, ID 83642  
Ph: 208-888-5555  
<http://www.meridianseniorscenter.com/>

**Spring Creek Meridian-**

175 E Calderwood Dr  
Meridian, ID 83642  
Ph: 208-884-6199  
<https://edgewoodseniorliving.com/community/spring-creek-in-meridian-id>

**Church of the Brethren Canyon County Alzheimer's & Dementia Support Group**

11030 West Orchard Ave  
Nampa, ID 8365  
Ph: 208-466-3321

**Prestige Assisted Living-Autumn Wind**

200 West Beech St  
Caldwell, ID 83605

Ph: 208-459-3335  
<https://www.prestigecare.com/location/prestige-assisted-living-at-autumn-wind>

## **TAX RESOURCES, BUDGETING, & DEBT COUNSELING**

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**Love, Inc.**

16446 Franklin Rd  
Nampa, ID 83687  
Ph: 208-466-7810 Ext. 5  
<http://www.loveinctv.org/wp/>

**Debt Reduction Services**

6213 N Cloverdale Ste 100  
Boise, ID 83713  
Ph: 877-688-3328  
<https://www.debtredutionservices.org/>

**AARP Tax Return Assistance-Begins February 1<sup>st</sup>.**

Toll free: 888-687-2277  
AARP Foundation Tax-Aide is offered in conjunction with the IRS.  
[http://www.aarp.org/money/taxes/aarp\\_taxaide/](http://www.aarp.org/money/taxes/aarp_taxaide/)

**IRS Tax Return-Caldwell Public Library: Feb-March**

Caldwell Public Library  
1010 Dearborn St  
Caldwell, ID 83605  
Ph: 208-459-3242

**IRS Tax Return-Nampa Public Library: Feb-March**

215 12th Ave S  
Nampa, ID 83651

Ph: 208-468-5800

**Online Resources**

Idaho State Tax Commission  
<https://tax.idaho.gov/i-1116.cfm>

**University of Idaho Law-Tax Clinic**

Ph: 208-364-4074  
Contact: Barbara Lock  
[block@uidaho.edu](mailto:block@uidaho.edu)  
<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

## **TRANSPORT**

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**Medicaid Transportation Management, Inc. (MTM)**

3295 W Emerald Ste 108  
Boise, ID 83705  
Hours: 8am to 5pm, M-F  
Ph: 877-503-1261  
Idaho Medicaid only; must apply first.  
<https://www.mtm-inc.net/idaho/>

**El-Ada Outreach**

2250 S Vista Ave  
Boise, ID 83705  
Ph: 208-345-2820  
Ada County. Income-based; must apply.  
<http://eladacap.org/>

**Metro Community Services**

304 N Kimball Ave  
Caldwell, ID 83605  
Ph: 208-459-0063  
Transportation for those aged 60+ and/or disabled in Canyon County to meet medical, nutritional, employment, education, social, and recreational needs. For those not



requiring wheelchair accessibility, volunteer drivers are available for rides originating in Canyon County to medical appointments in the Treasure Valley. No charge, but donations accepted.  
<http://www.metrocommunityservices.net/transportation>

**St. Alphonsus Express**

1512 12th Ave  
Nampa ID 83686  
*Ph: 208-463-5743*  
Any apt with 24-hr notice.  
Wheelchair accessible.  
Mon-Fri 8:00am-2:00pm  
<https://211idaho.communityos.org/zf/profile/program/id/845313>

**Go Ride Idaho-Volunteer Drivers Program**

700 NE 2nd St, Ste 100  
Meridian, ID 83642  
*Ph: 208-846-8547*  
<http://www.gorideidaho.org/volunteer-programs.html>

**Veterans Affairs Van**

Boise VA Medical Center  
Boise, ID  
*Ph: 208-422-1039*  
Wheelchair accessible. VA & families only. Mon-Fri 8:30am-4:30pm  
No appt. after 2:00pm  
Must provide 48-hr notice  
<https://www.boise.va.gov/visitors/>

**Stone Bridge Transport**

5979 W Overland Rd  
Boise, ID 83709  
*Ph: 208-344-9228*  
Mon-Fri 8:00am-5:00pm  
Some weekends and after hours with 24-hr notice.

First come first serve; do take appointments.

<http://stonebridgecare.com/>

**Tropicare Transport**

7480 E Grey Lag Dr  
Nampa, ID 83687  
*Ph: 208-467-CARE (2273)*  
<http://tropicaretransportation.com/>

**Kool Ridez**

1803 Ellis Ave  
Caldwell, ID 83605  
*Ph: 208- 454-9982*  
Taxi service.

**Treasure Valley Transit**

1136 W Finch Dr  
Nampa, ID 83651  
*Ph: 208-463-9111*  
Wheelchair accessible.

**Malheur Transit**

842 SE 1st Ave  
Ontario, OR 97914  
*Ph: 541-881-0000*  
Regional bus service, Mon-Fri.  
Wheelchair accessible. Call for pricing. Will transport to other states.  
<http://mcoacs.org/transportation/>

**Boise City Taxi**

110 E 35th St  
Boise, ID 83714  
*Ph: 208-377-3333*  
AAA and senior citizen discounts.  
<http://www.boisecitytaxi.com/>

**Freedom Shuttle**

*Ph: 208-866-3055*  
Wheelchair accessible.  
<http://freedomshuttle.net/>

**Ada-Boi Critical Care Transfer**

3985 S Summerset Way  
Boise, ID 83709  
*Ph: 208-362-2973*  
Contact for availability.  
Serving all of Treasure Valley.

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## VISION

**Lion's Club**

PO Box 606  
Nampa, ID 83651  
*Ph: 208-615-4662*  
<http://e-clubhouse.org/sites/nampa/>

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## EYE SURGERY & HEARING AIDS

**Idaho/Eastern Oregon Lions Sight & Hearing Foundation, Inc.**

1090 N Cole Rd  
Boise, ID 83704  
*Ph: 208-338-5466*  
*Toll free: 800-546-6889*  
<https://www.idaholions.org>

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## MISC/OTHER

**Genesis Service Dogs-Danielle Stem**

Meridian, ID  
*Ph: 208-761-4884*  
<http://www.genesservicedogs.com/>

**Juvenile Court Services-Community Service Program**

6300 Denton St  
Boise, ID 83704  
*Ph: 208-287-6998*  
Helps offenders repay their debt to the community and

Revised October 2018

be accountable for their actions. Programs include TEAM, work and learn, transitional care, counseling, victim impact program, mediation, and employability. <https://adacounty.id.gov/Juvenile-Court>

**Nampa Police Department  
Prescription Disposal**

820 2<sup>nd</sup> St S  
Nampa ID 83651  
Ph: 208-466-5662  
Lobby is accessible 24/7 for unwanted prescriptions (excluding syringes)

**Meridian Police Department  
Prescription Disposal**

1401 E. Watertower St  
Meridian, ID 83642  
*Ph: 208-888-6678*  
The Meridian Police Department will help dispose of unwanted prescriptions excluding syringes any time during business hours.  
Mon-Fri 8:00 am-5:00 pm  
<http://www.meridiancity.org/police.aspx?id=10920>