


# OCTOBER 2017

# MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2. Chicken Nuggets Hash Brown Potatoes Seasoned Mixed Vegetables Roll Chilled Fruit Vanilla Wafers	3. Pork Chop w/Gravy Mashed Potatoes & Gravy Wax Beans w/Peppers Roll Chilled Fruit Animal Crackers	4. Beef Stroganoff over Buttered Pasta Mixed Vegetables Roll Fruit in Gelatin Fruit Juice	5. Meatloaf Baked Potato Stewed Tomatoes Roll Chilled Fruit Chocolate Pudding	6. Italian Sausage w/Sauce Tater Tots Seasoned Green Beans Chilled Fruit
9. Baked Ham Scalloped Potatoes Mixed Vegetables Graham Crackers Chilled Fruit	10. Swedish Meatballs over Pasta & Gravy Carrots Roll Cole Slaw Fruit in Gelatin	11. Chicken Sweet Potato Casserole Mixed Vegetables Cake w/Fruit Roll	12. Roast Pork Mashed Potatoes & Gravy Cooked Cabbage & Roll Chilled Fruit & Fruit Muffin <b>(Congregate-Unlock the Secret Lunch)</b>	13. Baked Spaghetti Spinach Garlic Roll Fresh Vegetables w/Dip Chilled Fruit
16. Chicken Patty Corn French Style Green Beans Chilled Fruit	17. Roast Turkey Stuffing w/Gravy Mixed Vegetables Roll Tomato Juice Chilled Fruit	18. <b><u>Soup &amp; Salad Bar</u></b> Vegetable Soup Chicken Salad Fresh Vegetables w/Dip Chilled Fruit (Chicken Noodle Soup)	19. Salisbury Steak w/Gravy Mashed Potatoes & Gravy Broccoli Roll Chilled Fruit Cinnamon Apple Muffin	20.  <b>CENTER CLOSED</b>
23. Hamburger Seasoned Peas Warm Rosey Applesauce Fresh Vegetables w/Dip	24. Chicken & Noodles Mashed Potatoes Harvard Beets Roll Fruit Juice <b>(Breakfast Bar @ 9 am)</b>	25. Beef Pot Pie Mixed Vegetables Roll Chilled Fruit Blueberry Muffin	26. <b><u>Monthly Fellowship</u></b> Roast Beef Mashed Potatoes & Gravy Seasoned Green Beans Roll Chilled Fruit & Cake	27. Swiss Steak AuGratin Potatoes Mixed Vegetables Chilled Fruit
30. Creamed Chicken Mashed Potatoes Green Beans Chilled Fruit Vanilla Pudding	31. Beef Stew Biscuit Broccoli Chilled Fruit Graham Crackers		<b><u>Breakfast Bar 10/24/17 @ 9 am</u></b> <ul style="list-style-type: none"> <li>• Scrambled Eggs &amp; Bacon</li> <li>• Hash Brown Potatoes</li> <li>• Cottage Cheese &amp; Sliced Tomatoes</li> <li>• Fruit Juice &amp; Coffee Cake</li> </ul>	<b>Please RSVP for daily lunches and Monthly Fellowship by the day before: 740-474-8831</b>