



Work Life Balance? NO! Harmony.

2022 VIRGINIA NETWORK ANNUAL
STATE CONFERENCE

10 JUNE 2022

ACE NETWORK

PREVENTING “WORK CREEP:” Mapping a Plan for Work/Life Harmony

PRESENTERS



**Ramona
Kirsch**

Director
International Programs
Hollins University



**Patty
O'Toole**

Vice President Student Affairs
& Dean of Students
Hollins University

GOALS OF SESSION

- WHAT IS WORK/LIFE HARMONY?
- CURRENT CHALLENGES IN A POST-COVID WORLD
- CURRENT SILVER LININGS IN A POST-COVID WORLD
- THINK PAIR SHARE STRATEGIES FOR FINDING WORK/LIFE HARMONY
- RESOURCES FOR MAPPING OUT YOUR WORK/LIFE HARMONY PLAN

BALANCE VS. HARMONY

WORK-LIFE
~~BALANCE~~
HARMONY

WHAT IS WORK/LIFE HARMONY
AND
HOW DOES IT DIFFER FROM
WORK/LIFE BALANCE?

CHALLENGES IN POST-COVID WORLD

- STAFFING
- EXPECTATIONS
- INCREASED SUPPORT NEEDS ACROSS THE BOARD
- FAMILY/FRIENDS CONNECTIONS
- KEEPING UP WITH CHANING LANDSCAPE

SILVER LININGS IN POST-COVID WORLD

- ABILITY TO HELP PEOPLE SUCCEED
- ABILITY TO PIVOT – FLEXIBILITY
- MORE RAPID INSTITUTIONAL CHANGE (VS. GLACIAL SPEED!)
- REPRIORITIZATION OF LIFE!

THINK PAIR SHARE

- SHARE 2-3 AREAS THAT ARE A CHALLENGE FOR YOU TO YOUR CURRENT WORK/LIFE HARMONY?
- SHARE ANY STRATEGIES YOU HAVE USED OR THAT YOU KNOW OF THAT SUPPORT MORE WORK/LIFE HARMONY



WORK/LIFE HARMONY RESOURCES FOR SHARING

WORKBOOK

WORKSHEET

ARTICLE – GIVE UP ON WORK-LIFE BALANCE

The Work-Life Harmony Roadmap



QUESTIONS? COMMENTS?

děkuji **tack!** faafetai lava 명. 고맙습니다 谢谢
salamat paldies mauruuru
Gracias Tak KIITOS Toda
a dank dankon mahalo köszönöm cám ơn
Thank you!
सुक्रिया। 블라고даря teşekkür ederim!,
Merci obrigado Danke धन्यवाद
sukriya dhanyavadalu Dank U terima kasih
תודה Grazie شكرا
спасибо σας ευχαριστώ ありがとう takk