Work Life Balance? NO! Harmony.

2022 VIRGINIA NETWORK ANNUAL STATE CONFERENCE 10 JUNE 2022

ACE NETWORK

PREVENTING "WORK CREEP:" Mapping a Plan for Work/Life Harmony



PRESENTERS



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GOALS OF SESSION

- WHAT IS WORK/LIFE HARMONY?
- CURRENT CHALLENGES IN A POST-COVID WORLD
- CURRENT SILVER LININGS IN A POST-COVID WORLD
- THINK PAIR SHARE STRATEGIES FOR FINDING WORK/LIFE HARMONY
- RESOURCES FOR MAPPING OUT YOUR WORK/LIFE HARMONY PLAN



BALANCE VS. HARMONY

WORK-LIFE BALANCE HARMONY

WHAT IS WORK/LIFE HARMONY AND

HOW DOES IT DIFFER FROM WORK/LIFE BALANCE?



CHALLENGES IN POST-COVID WORLD

- STAFFING
- EXPECTATIONS
- INCREASED SUPPORT NEEDS ACROSS THE BOARD
- FAMILY/FRIENDS CONNECTIONS
- KEEPING UP WITH CHANING LANDSCAPE



SILVER LININGS IN POST-COVID WORLD

- ABILITY TO HELP PEOPLE SUCCEED
- ABILITY TO PIVOT FLEXIBILITY
- MORE RAPID INSTITUTIONAL CHANGE (VS. GLACIAL SPEED!)
- REPRIORITIZATION OF LIFE!



THINK PAIR SHARE

- SHARE 2-3 AREAS THAT ARE A CHALLENGE FOR YOU TO YOUR CURRENT WORK/LIFE HARMONY?
- SHARE ANY STRATEGIES YOU HAVE USED OR THAT YOU KNOW OF THAT SUPPORT MORE WORK/LIFE HARMONY





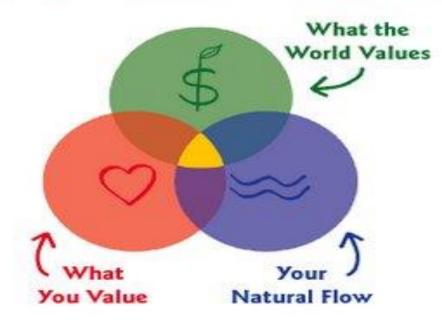
WORK/LIFE HARMONY RESOURCES FOR SHARING

WORKBOOK

WORKSHEET

ARTICLE – GIVE UP ON WORK-LIFE BALANCE

The Work-Life Harmony Roadmap





QUESTIONS? COMMENTS?

děkuji tack! faafetai lava salamat Gracias a dank dankon moholo köszönöm cám on dankon moholo köszönöm cám on dankon moholo köszönöm cám on teşekür ederim!, Merci ම முழிவில் sukriya sukriya Grazie Janke grziarč dhanyavadalu Dank U спасибо оас ευχαριστώ ありがとう taříř

