Download, complete and mail this form to F.I.S.H.

You will receive a follow up call once this form is received.

Volunteer At F.I.S.H.

Please complete this form and mail it to:

Volunteer at F.I.S.H. P.O. Box 4291 Santa Rosa CA 95402

You will receive a phone call to discuss your interest in volunteering at F.I.S.H.

N	IAME
Т	ELEPHONE NUMBER
Which	days of the week are you available from 10:00 AM - 2:15 PM?
_	Mon Tues Wed
_	Thur Fri Sat (10:00-12:15)
How of	ten would you be interested in volunteering your time?
	Once a week
	Every other week
	Once a month
	Other
\/\/hich	positions sound interesting to you?
VVIIICII	Driver: Pick up food from grocery stores.
_	Every morning for a week once every 6 weeks.
	Receiving: Sort and check donations.
_	
_	Dispatcher: Accept phone requests for food. Process on computer.
	Bagger: Pack bags of standard foods, based on size of family,
_	Door Person: Hand out standard food bags and extras.
_	Food drives at local markets.
_	2.5 hours on occasional Saturdays.
	2.0 Hours off occasional octahays.

You will be invited to come observe the process.