

# Why LAKANTO is the Best

Born from a proprietary mixture of the highest purity **Monk Fruit extract** & non-GMO Erythritol, LAKANTO is a delicious all-natural zero calorie, zero glycemic sweetener with the sumptuous rich taste of sugar.

“Lakanto” is  
Japanese for  
“Sweet Plant”

LAKANTO®

LAKANTO **looks** just like  
sugar, **tastes just like sugar**  
and you **use it** just like sugar.

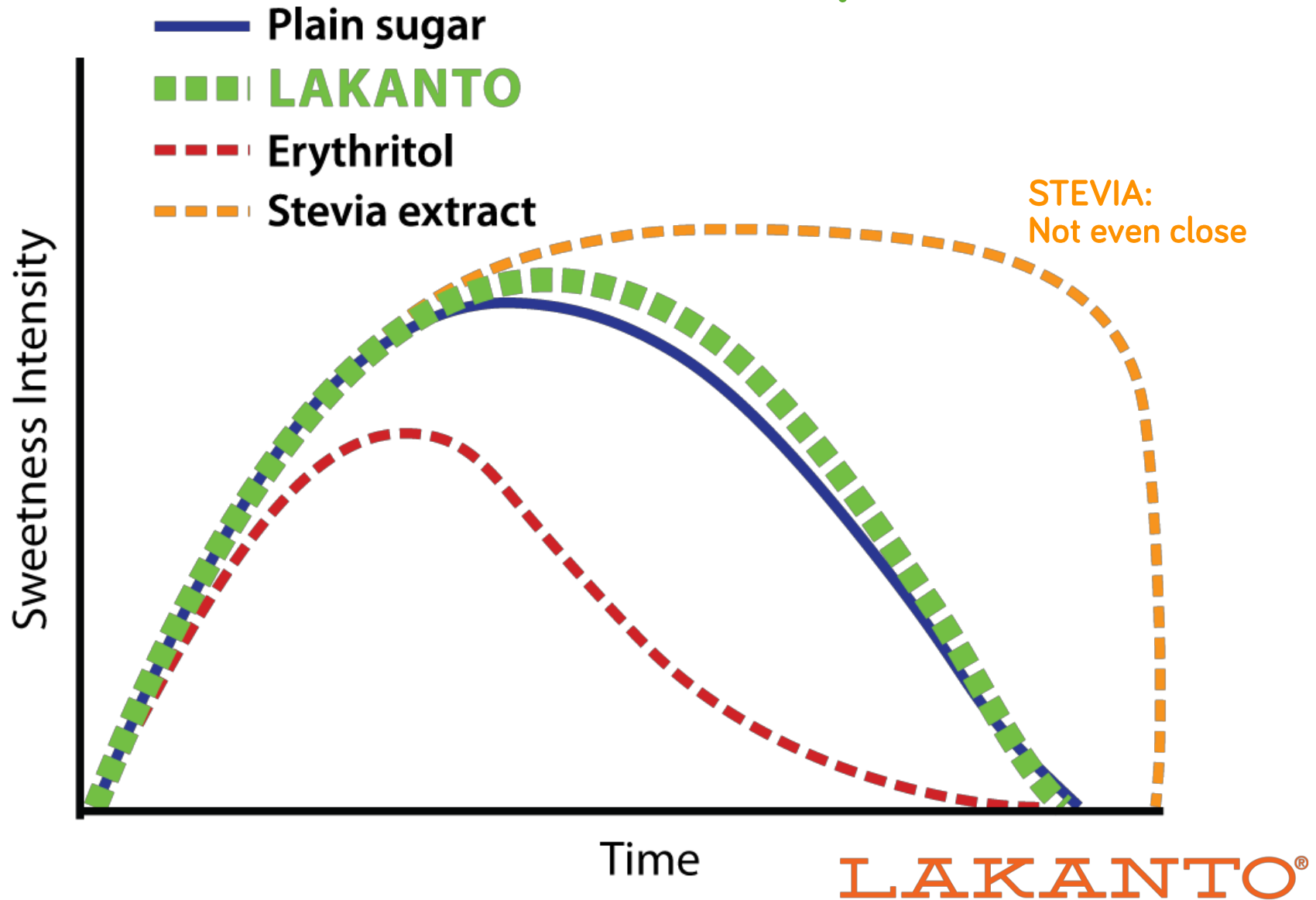


**LAKANTO®**

# Key Benefits

- ZERO Calories
- ZERO Glycemic Index
- ZERO Impact on Blood Sugar
- ZERO GMOs, Additives or Flavors
- ZERO Bitter or Chemical Aftertaste
- GREAT Taste
- Vegan & Kosher
- Does not feed Candida, Yeast or Bacteria

# Sweetness Comparison

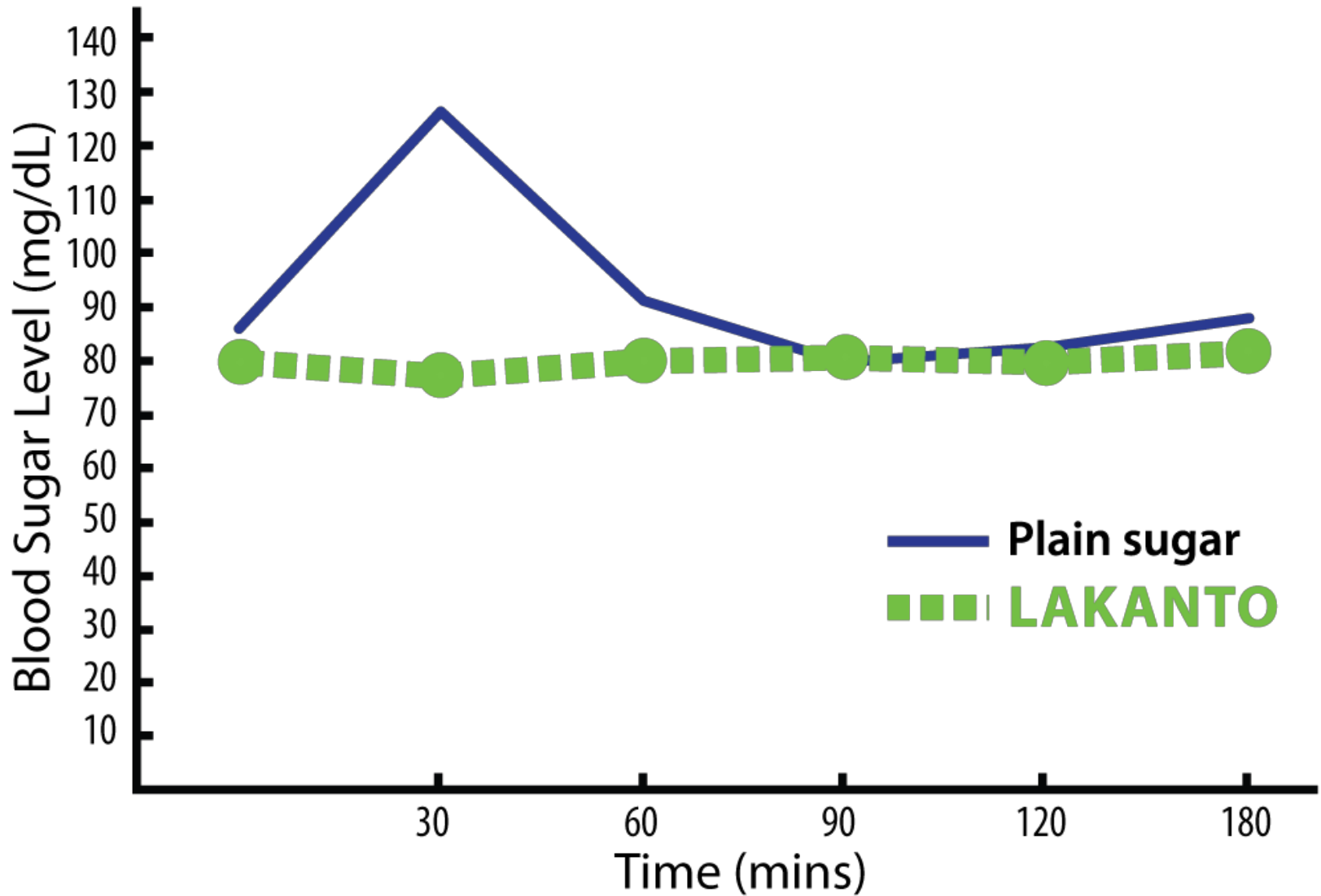




LAKANTO closely matches sugar, so it's **easy** to replace one-to-one in your food and drink recipes.

**LAKANTO**<sup>®</sup>

# No Impact on Insulin



# Nutrition Facts

Serving Size: 1 tsp. (4g)

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Amount Per Serving

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**Calories 0**

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	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrates</b> 4g	<b>1%</b>
Sugars 0g	
Sugar Alcohols 4g	

**Protein** 0g

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Not a significant source of saturated fat, trans fat, cholesterol, dietary fibers, vitamin A, vitamin C, calcium, iron, and calories from fat.

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\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS: Erythritol, Monk Fruit Extract**

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