

Metcalfe's Salads

Served with your choice of homemade salad dressings:
Blue Cheese, 1,000 Island, Italian, Balsamic Vinaigrette, Creamy Dill, or Oil and Vinegar

Garden Salad: \$7.50
 Fresh spring mix, tomatoes, cucumbers, carrots, green peppers, and sliced red onion

Chef Salad: \$9.50
 Our Garden Salad with your choice of 1 cheese and 2 meats

Garden Salad with Tuna or Chicken Salad: \$9.25
 Our Garden Salad topped with a generous helping of our homemade tuna or chicken salad

Antipasto Salad: \$9.50
 A bed of spring mix topped with sliced pepperoni, salami, and provolone, kalamata olives, whole pepperoncini peppers, and sun-dried tomatoes.
 • Try it with our homemade Balsamic Vinaigrette

Prosciutto Caprese Salad: \$9.50
 Layers of sliced tomato, soft mozzarella, and basil leaves topped with shredded prosciutto and served with our homemade Balsamic Vinaigrette on the side

Kids' Menu

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| <ul style="list-style-type: none"> • Grilled Cheese • PB&J • PB&Fluff • Turkey or Ham with Cheese as a roll up OR sandwich | <p>\$6*</p> <p>Includes a water and small chips</p> |
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*tax included

Metcalfe's Panini's

A grilled sandwich on Deli Bread (GF +\$1.50 for a HALF)	Half	Whole
Caprese: Mozzarella, tomato slices, and fresh basil drizzled with homemade balsamic vinaigrette	\$5.50	\$10
Paesano: Prosciutto, mozzarella, roasted red peppers, and spinach drizzled with homemade balsamic vinaigrette	\$6.25	\$11.50
Julius: Thin sliced turkey, homemade balsamic onions, Honeycup mustard, and soft brie cheese	\$6.75	\$12.50
Wise Guy: Mortadella, salami, provolone, sundried tomatoes, and homemade garlic mayo	\$6.75	\$12.50
Zap: Roast beef, red onion, homemade borsin cheese, and spinach	\$6.75	\$12.50
Hit Man: Capicola, prosciutto, and pepperoni with hot cherry pepper relish, and provolone	\$6.75	\$12.50
The Boss: Roast beef, bacon, blue cheese, homemade balsamic onions and sun-dried tomato mayo	\$7	\$13
Working Girl: Ham, cheddar, sliced granny smith apple, and Honeycup mustard	\$6	\$11
Pesto (may contain nuts): Homemade pesto with mozzarella, and provolone	\$5.75	\$10.50
Jordan: Turkey, bacon, american, tomato, and mayo	\$7	\$13



Submarine Sandwiches

563-SUBS (7827)

**Always homemade!
 Always fresh ingredients!**

www.metcalfe.com

- *Classic Submarine Sandwiches*
- *Thick Deli Sandwiches*
- *Homemade Soups Baked Goods*
- **Gluten Free & Vegetarian Options**

**Monday ~ Saturday
 10:30a.m. ~ 3p.m.**

49 Main St.
 Damariscotta, Maine
 In the Back Parking Lot

metcalfe.com

Effective January 2024

Metcalf's Classic Submarine Sandwiches

Most Submarines Include: lettuce, tomato, onion, olive oil, red wine vinegar, salt, pepper and oregano		
Make any ½ sub into a Salad or a Wrap! (Gluten Free Bread +\$1.50 half size only)	Half	Whole
1. Ham & Provolone	\$7.50	\$14
2. Salami & Provolone	\$7.50	\$14
3. Salami, Ham & Provolone	\$7.75	\$14.50
4. Salami, Capicola & Provolone	\$7.75	\$14.50
5. Ham, Capicola & Provolone	\$7.75	\$14.50
6. Ham, Prosciutto & Provolone	\$7.75	\$14.50
7. Ham & Swiss	\$7.50	\$14
8. Roast Beef & Cheese (your choice)	\$9	\$17
9. Turkey & Cheese (your choice)	\$9	\$17
10. Ham, Turkey & Swiss	\$8	\$15
11. Salami, Capicola, Prosciutto & Provolone	\$8.50	\$16
12. B.L.T. & Cheese (your choice) with “everything” or just Lettuce, Tomato, and Mayo	\$8	\$15
13. Tuna Salad – Homemade Using All White Meat	\$8.50	\$16
14. All Cheese ~ Choose Any Two Cheeses	\$7	\$13
15. Our Homemade Meatballs with Homemade Tomato Sauce & Parmesan Cheese	\$8	\$15
16. Italian Sausage with Homemade Tomato Sauce, Sautéed Green Peppers & Onions & Parmesan Cheese	\$8	\$15
17. Turkey, Avocado, Bacon & Swiss	\$9	\$17
18. Hot Reuben - Corned Beef, Swiss, Morse's Kraut & 1,000 Island Dressing	\$8.75	\$16.50
19. Hot Pastrami with Swiss Cheese, Tomato, Onion & Spicy Mustard	\$8.75	\$16.50
20. Capicola, Prosciutto, Pepperoni, Ham & Provolone	\$9	\$17
21. Mortadella, Salami & Provolone	\$8	\$15
22. All Veggie with Hummus – Everything plus Carrot, Cucumber, Green Peppers	\$7	\$13
23. Roast Beef, Bacon, Cheddar, & Cole Slaw & 1,000 Island Dressing	\$9	\$17
24. Chicken Salad - Homemade Using All White Meat	\$8.50	\$16
25. Classic Maine Italian - Ham, American, Pickles, Olives, Green Peppers, Onion & Tomato	\$7.50	\$14

Extra's and Add Ons

+Extra Meat	\$2.25	Per half Sub
+Avocado	\$1.50	
+Extra Bacon	\$1.25	
+Extra Cheese	\$1.25	

Build Your Own Deli Sandwich

Your Choice of Bread, 1 Standard or Premium Meat, 1 Cheese, Veggies, and Condiments		
Bread: White Wheat Marble Rye	Wraps Gluten Free Bread (+\$1.50, considered a HALF sized)	
Standard Sandwich Meat: Ham, Salami, Capicola, Mortadella, Pepperoni, Tuna Salad, Chicken Salad, or Only Cheese	Half \$5	Whole \$8.50
Premium Sandwich Meat: Turkey, Roast Beef, Bacon, Prosciutto, Corned Beef, or Pastrami (hot or cold)	\$5.50	\$9.50
Cheese: Provolone Swiss Cheddar	Blue Cheese Crumbles Mozzarella America Brie	
Vegetables: Lettuce Spinach Spring Mix Tomato Onion Red Onion Green Peppers	Roasted Red Peppers Black Olives Kalamata Olives Pickles Cucumbers Carrot Banana Peppers Pepperoncini Peppers	
+Extra Meat	\$1.25	Per half
+Avocado	\$1.00	
+Extra Bacon	\$0.75	
+Extra Cheese	\$0.75	
Condiments: Hot Cherry Pepper Relish Mayo Pesto Mayo Garlic Mayo Sun-Dried Tomato Mayo	Horseradish Mayo Yellow Mustard Spicy Dijon Mustard Honey Mustard Red Wine Vinegar Olive oil	

Make it a Combo!

Pick 2: \$8
-Side Garden Salad
-Cup of Soup
-1/2 Deli Sandwich
(or ½ Panini \$9)

Soup of the day!

Cup \$6 – Bowl \$7 – Mini \$3

*Tax included