

Loch Haven Tymes

April 2020



A publication of

Loch Haven
Senior Living Community

Macon, Missouri

Daffanie Brammer

Employee Spotlight

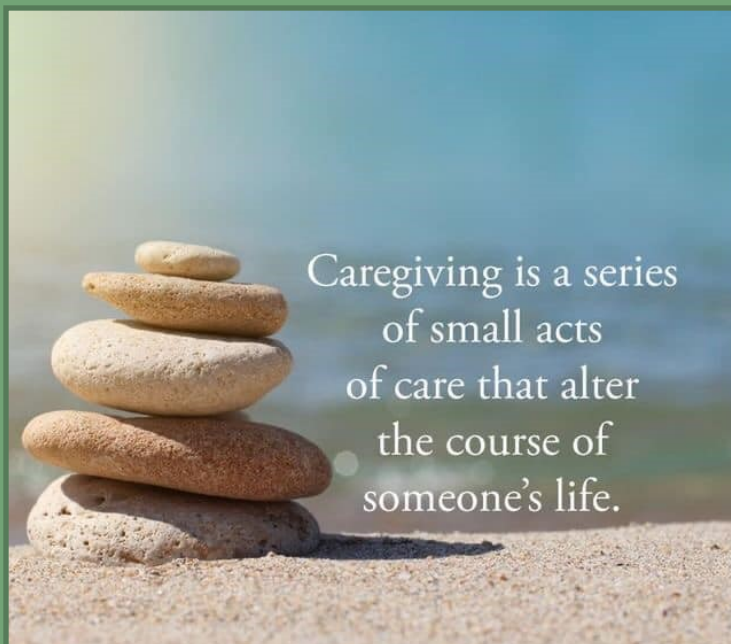


- ♦ **What is your nickname?** Duck
- ♦ **Describe yourself in one word?** Independent
- ♦ **If you were an animal, what would you be?** Bird
- ♦ **What is your favorite movie?** Life as we know it
- ♦ **What is the best place you ever went on vacation?** Knoxville, Tennessee

- ♦ **What was your favorite subject in school?** History
- ♦ **Who is or was your hero and why?** My kids. Because I see different strengths in each of them that I admire
- ♦ **Everyone has a talent, what's yours?** My capability for caring for the residents with ease and love
- ♦ **Who was your favorite celebrity as a child?** Johnny Depp
- ♦ **What is on thing on your bucket list?** Taking my kids to Walt Disney World
- ♦ **How long have you worked at Loch Haven?** 10 years
- ♦ **What are your duties?** Taking care of the residents by giving baths, feeding them, helping them with live a normal life
- ♦ **Live In:** Macon
- ♦ **Family:** Michaela-18 daughter, Antwone-14 son, Sydney-12 daughter, Drake-10 son and Tagan-6 son.

What do you like about working at Loch Haven?

I really enjoy working with the residents and staff. Loch Haven is a second home to me. ~ Daffanie



Just wanted to "thank" our staff for their hard work and dedication to Loch Haven. It's in these times that we always come together as a team. For that, we are truly blessed to have each one of you on our team. Thank you for ALL that you do to ensure our residents have the BEST care.

~Team Loch Haven



Thank you TEAM!



join us on
facebook

A note to our families....



Our residents wanted to send out some special notes to their families during our quarantine...

Leading the way...



Pictured front row: L to R– Donna Ewing– RN/Unit Coordinator , Lea Apel- RN/MDS Coordinator and Carol White LPN/Unit Director

Back row: L to R - April Hruska –Watson LPN Cottage Director, Chrisy Riekeberg RN/Medicare Coordinator/Referral Nurse and Nita Coale RN/DON

These leading ladies have really stepped up and have done it ALL around here! They've covered multiple shifts, worked weekends, worked nights and have done it with such honor. We can't thank these ladies enough for leading the way to ensure that the residents are taken care of as well as their teams. When we talk about how we're like a family here, this is one of the many reasons why we are. It's in the times that are stressful that everyone here comes together and works towards the common goal. Not ONLY do we provide exceptional care for our residents but we care for each other too. Thank you, again for everything you do around here and for being such great leaders!

~Team Loch Haven

As we celebrate Easter we must remember...

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die.

John 11:25-26

A Warm Welcome to

We will always remember

Thomas Linhardt
Donna Albrothross
Jack Crooker
Paul Harrison

Robert Devore
Ralph Richter
Hilda Kreimeyer

**Those we love can never be
more than a thought apart,
For as long as there is memory,
they'll live on in the heart.**

Jill Wyatt
Gladys Larrick
Betty Strobietto
Loren Jensen
Carmela Schrader
Fred Schrader
Juanita Wisdom
Donald Day

Bennie Daiprai
Ellen Burk
Marvin Morsback
John McElligott
Paul Barnes
Mary Davis
Donna Clark

www.lochhaven.com

A note to our families....



Our activities department along with other staff members worked together to visit each resident and some chose to write a note to their families. All the notes and pictures were shared on our Facebook page so that family members could see the notes that their loved ones wrote.

We're hoping everyone will be able to reunite very soon. Sure looks like everyone around here is making the most of it! From our family to yours, we MISS you!



Facetimeing Family...



Many family members have had to communicate with their loved ones differently due to the Corona Virus. This has made everyone have to think of unique ways to still be able to see their loved ones. Pictured above is some family members to our residents who found a way to still communicate while our facility requests NO visitors. We **THANK** everyone who's abided by this to keep our residents safe. We hope to see everyone soon.



APRIL BIRTHDAYS

8	Marjorie Petre	23	Hedy Richards
10	Gwen Smith	29	Mildred Phipps
16	Esther Tabor	30	Doris Magers
16	Bernard Wilhelme	30	Shirley Weber
21	Patty Bailey		
21	Mary J Chloupek		

God found some of the strongest women and men and made them nurses.

If you would like a PDF copy of the **Loch Haven Tymes** sent to your email address, just drop us a note at friendsoflh@gmail.com or call and ask for Crystal Smith 660-385-3113 to be placed on the email list.

If you are having surgery in the near future, please contact our Social Service Director Julie Mason at 660.385.3113 to find out about the exceptional after-hospital-stay care and therapy we provide at Loch Haven Senior Living Community.
We will have you home in no time!!

www.lochhaven.com



Employee work Anniversary's for the Month of APRIL

1st	Paula Whisenand, 40 years
3rd	Julie Mason, 14 years
4th	Colleen Jones, 1 year
5th	Donna Conger, 10 years
6th	Debbie Cross, 3 years
7th	Sadie Adkins, 4 years
9th	Dennis Ashenfelter, 16 years
12th	Deborah Carpenter, 39 years
13th	Teresa Rife, 4 years
15th	Crystal Sandner, 11 years
16th	Ruth Dillard, 7 years
21st	Crystal Bouman, 3 years
23rd	Sharon Lyons, 4 years
28th	Nita Coale, 4 years

Thank you for your commitment to us and for being a valuable part of our TEAM! We look forward to working with you for years to come!



A special lady who does such an amazing job here as our Restorative Nurses Aid also blesses our residents with her beautiful music! Thank you for sharing your many talents with us, Dianna Restor.



Ivan and Gail Clark-son celebrated their 64th wedding anniversary this month. They were so glad they got to spend some time together to share this special day with one another.

SPECIAL Brook NEWS



Hello, hope that you are staying well. We are trying to keep our spirits up. We are missing seeing you just as much as you are missing us. We've been staying busy by playing games, making crafts and watching movies. We had a St. Patty's Day party, we served cookies and made some ice cream floats! We have also been playing a lot of dominoes. Hope you got to see our pictures on Facebook?! Several of us were able to make and paint bird houses. We've been playing BINGO on Friday's, boy that's been fun and we all look forward to it. We are looking forward to this health scare to pass us so we can be with our families and friends again. Until then, take care! ~Blanche Neeson



News from RCF



Hello Everyone,
I hope all of you are staying healthy. It's a very stressful time in our nations history. The residents and staff in the apartments are trying to have as much fun as we can inside. We did however go outside a few times. We were able to celebrate St Patrick's Day. We enjoyed treats of pretzels made into shamrocks with a rolo and

an m & m's on top. They were very cute. We also learned whether a statement was the truth or was it blarney. Our family is trying very hard to keep our spirits up during this time. We really enjoy receiving the letters, cards and pictures from our families and friends. Thank you!
~Katie Nelson, Activities Director-RCF

APRIL 2020 ACTIVITY CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Flower of the Month: Daisy	Birthstone: Diamond	Bird of the Month: Wilson's Warbler	1 9a Coffee Club 10a Exercise 10:30a Book Club 2p April Fools Trivia and Activity	2 10a Postcards & Letters 1:30p Men's Social 2:30p Easter Craft 3p FaceTime with Family Wear Blue today for World Autism Awareness Day	3 9a Coffee Club 10a Exercise 10:30a Book Club 2:30p Universal Yums	4 9:30a
5 Palm Sunday	6 9:00a Coffee Club 10a Exercise 10:30a Book	7 9a Nails 2p Resident's Council (Survey)	8 9a Coffee Club 10a Exercise 10:30a Book Club 2p Easter Craft 2:45p Penny Trivia and Totals	9 9:30a Devotional 10:30a Women's Tea 1p Card BINGO 2:30p Virtual Visit to San Diego Zoo 3p FaceTime	10 9a Coffee Club 10a Exercise 10:30a Book Club 1:30p National Farm	11 9:30a
12 Easter Sunday	13 9:00a Coffee Club 10a Exercise	14 10a Celebrating Raindrops and Rainbows Month 1:30p Concentration 3p Board Game!	15 9a Coffee Club 10a Exercise 10:30a Book Club 2p Dianna Resa sings 3:15p Fluffy Foam	16 10a Armchair Travels: Greece 1:30p Sun	17 9a Coffee Club 10a Exercise 10:30a Book Club 2p "Would you Rather" Game	18 9:30a
19	20 9:00a Coffee Club 10a Exercise	21 9a Nails 1:30p Pass the Hat 2:30p Numbers 3p FaceTime	22 9a Coffee Club 10a Exercise 10:30a Book Club 2p Earth Day Trivia and Activity	23 9:30a Devotional 10:15a Color by Numbers 1:30p Universal Yums 3p FaceTime with	24 9a Coffee Club 10a Exercise 10:30a Book Club 2:30p Sing-a-Long	25 9:30a
26	27 9:00a Coffee Club 10a Exercise 10:30a Book Club 2p BINGO (Group 1) 3:15p BINGO (Group 2)	28 9:30a Concentration	29 9a Coffee Club 10a Exercise 10:30a Book Club 2p Penny Shuffleboard	30 10a Jeopardy 1:30p Noodle Ball		

A Mission To Serve



The Loch Haven Senior Living Community Foundation assists in raising funds for the Macon County Nursing Home District (Loch Haven) which serves area citizens. The Foundation received its 501 (C) 3 status in August of 2016. The Foundation will accept and steward charitable gifts for the benefit of the residents of Loch Haven. Gifts support special projects, programs, and capital improvements that cannot be funded by the regular operating budget. Some special projects we are preparing for are the addition of a spa tub in the Legacy Building, new sitting furniture, and walking trails. All gifts are **tax deductible**. The Foundation members include: B J Roberts, Kelsey Hinshaw, and Richard Waller.

Loch Haven is grateful for all past donations, but the need continues to grow. Improving the quality of life for our residents is our goal...everyday. Please consider making a **tax-deductible** gift to the Loch Haven Senior Living Community Foundation. We pledge 100% of your donation will be used to help our residents and to improve their quality of life.

If you would like to make a donation, please fill out the pledge card below , make checks payable to

Loch Haven Senior Living Community Foundation, and mail to:

Loch Haven Senior Living Community

PO Box 187

Macon, MO 63552

Name _____
Address _____
City, State Zip _____
Phone # _____
Email _____

We/I pledge our/my one time gift of: _____ \$25 _____ \$50 _____ \$100
_____ \$150 Amount of _____

APRIL 2019 DINING CALENDAR

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1 Baked Turkey Crunch Parslied Buttered Pasta Italian Green Beans Pumpkin Cake (A) w/ Whipped Topping Cornbread/Margarine Beverage	2 Herbed Baked Cod Rice Pilaf Carrots, Broccoli, Cauli- flower (A) Apple Brown Betty (FR) Dinner Roll/Margarine Beverage	3 Orange-Rosemary Pork Roast Au Gratin Potatoes Fried Cabbage Carrot Cake w/Cream Cheese Frosting Cornbread/ margarine	4 Salisbury Steak Mashed Potatoes or Buttered Corn Winter Blend Veggies Mixed Berry Cobbler Bread/Margarine Beverage	
5 Cornflake Chicken Baked Potato w/Sour Cream Carrots (A) Creamy Custard Pie Dinner Roll/Margarine Beverage	6 Apple Glazed Pork Loin Mashed Cauliflower Vegetable Medley Jell-O Cake w/Whipped Topping Bread/Margarine Beverage	7 Roast Beef w/ Gravy Scalloped Potatoes Spinach & Mush- rooms (A) Mock Pecan Pie Dinner Roll/Margarine Beverage	8 Smokey Mountain Chicken Smashed Red Potatoes Buttered Peas & Car- rots (A) Autumn Fruit Crisp Texas Toast	9 Baked Sausage Ziti Italian Cut Green Beans Tossed Salad w/ Dressing Pumpkin Mousse (A) Garlic Bread Beverage	10 Battered Pollock Fish Filet w/tater sauce Broccoli Rice Casse- role Creamy Cole Slaw Caramel Pear Pudding (FR) Hush Puppies	11 Baked Ham Au Gratin Potatoes Lima Beans Banana Cake Bread/Margarine Beverage
12 Fried Chicken Garlic Mashed Pota- toes w/Gravy Vegetable Blend Cherry Pie Dinner Roll/Margarine Beverage HAPPY EASTER	13 Deviled Pork Mashed Sweet Potatoes (A) Roasted Brussel Sprouts Frosted Chocolate Cake Cornbread/Margarine Beverage	14 Beef Stroganoff Over Egg Noodles Buttered Carrots (A) Pear Cobbler (FR) Bread/Margarine Beverage	15 Asian Chicken Long Grain & Wild Rice Blend Oriental Vegetables Egg Roll Mandarin Orange Cake Beverage	16 Roast Turkey w/ Gravy Mashed Potatoes Steamed Broccoli (A) Mixed Fruit Cup Dinner Roll/Margarine Beverage	17 Fish of the Day w/Tarter Sauce Rice Pilaf Confetti Cole Slaw Chocolate Cream Pie Biscuit Beverage	18 Cranberry Glazed Pork Roast Garlic Red Roasted Potatoes Mixed Greens (A) Frosted Vanilla Cake Beverage
19 Pot Roast w/Gravy Roasted Carrots, Pota- toes & Onions (A) Chocolate Chess Pie Dinner Roll/Margarine Beverage	20 Cheddar Baked Chicken Mashed Cauliflower Succotash Peach Cobble (FR) Biscuit/Margarine Beverage	21 Braised Beef Parslied Buttered Noodles Buttered Peas Pineapple Upside Down Cake Bread/Margarine Beverage	22 Lemon Baked Fish Long Grain& Wild Rice Blend Broccoli w/ Cheese Sauce (A) Ambrosia (FR) Dinner Roll/Margarine	23 Residents Choice	24 Roast Pork Herb Stuffing Roasted Brussel Sprouts Fruits Crisp (FR) Dinner Roll/ Marga- rine Beverage	25 Chicken Alfredo Over Fettuccini Italian Blend Veg (A) Mixed Fruit cup w/ topping Garlic Toast Beverage
26 Baked Ham Sweet Potatoes (A) Country Green Beans w/ bacon and onion Dinner roll/Margarine Milk/Beverage	27 Meatloaf Mashed Potatoes & Gravy Baby carrots (A) Cheesecake Bread/Margarine Milk/Beverage	28 Bruschetta Chicken Roasted Cauliflower Buttered Peas Glazed Applesauce Cake Cheese Herb Biscuit Beverage	29 Baked Turkey Crunch Parslied Buttered Pasta Italian Green Beans Pumpkin Cake (A) w/ Whipped Topping Beverage	30 Herbed Baked Cod Rice Pilaf Carrots, Broccoli, Cauli- flower (A) Apple Brown Betty (FR) Dinner Roll/Margarine Beverage		



Painting birdhouses in hopes that warm weather will soon come so the residents can enjoy watching the birds settle in their new homes.



We celebrated St Patrick's Day with mint chocolate chip ice cream topped with cool whip and chocolate syrup! It was a yummy treat enjoyed by many!



Who we are and what we do....

- ⇒ Macon County Nursing Home District
- ⇒ Not-for-profit
- ⇒ Dedicated nursing staff that provides quality care
- ⇒ Physical, occupational, and speech therapy by **Rehab Care**
- ⇒ Meaningful recreational, spiritual and social activities
- ⇒ Nutritious and delicious dining room meals
- ⇒ Buffet style breakfast, lunch and dinner
- ⇒ Insurance assistance and financial arrangements
- ⇒ Housekeeping and maintenance services
- ⇒ Personal laundry services
- ⇒ Beauty Shop and Barber services
- ⇒ Residents Council
- ⇒ Missouri Telehealth
- ⇒ Daybreak services
- ⇒ Rehab to Home
- ⇒ Respite Care

Loch Haven **Senior Living Community**



"A place to call home"

The Cottages

The **heart** of a person's home is the kitchen and living room.

Our Cottages replicate this with an open kitchen and dining room floor plan completed with a large harvest table where everyone gathers for meals. Our spacious living room is accented with a large stone fireplace that offers a cozy environment for our residents to lounge, visit or watch television. Our Cottages honor a growing desire for private accommodations. Each of the twelve rooms have their own private bedrooms and full bathrooms. Our Cottages staff a team of universal workers called P.A.L.s and licensed nurses that provide 24 hours a day care for our residents. This team strives to provide excellent care as well as bonds with the residents and their families. This team is aided by a clinical support team including social workers, therapists, physicians, activity and dietary professionals and pharmacists.

Skilled Nursing

Quality care and a team approach are important to our skilled nursing program. Individual care plans are created through the input of staff, residents and the family. Skilled nursing care is provided to the resident as ordered by the physician. Hospice, respite care and short term stays are also available. A team of licensed therapists, as well as restorative therapy specialists, work at maximizing the potential of each resident through physical, speech, and occupational therapy.

Residential Care

Secure and cozy apartments are available for residents needing a little extra help with activities of daily living. Supportive services that many seniors need to maintain the delicate balance between independence and assistance are available on a daily basis. The staff members are attentive to needs of seniors. Meals served family style in the dining room; weekly housekeeping and laundry services; supervision of medications and health related problems; skilled therapies and beauty shop services are only a few of the amenities of our Residential Care Apartments.

Alzheimer's Neighborhood

Safety is a top priority at Loch Haven's Special Brook, we pride ourselves in providing quality care in a way that allows our Alzheimer/dementia residents to have a sense of security, well being and self worth. Our secured neighborhood has a home like feel with areas for dining, activities and relaxation. A deck with a water feature and patio furniture offers a serene, comfortable space for our residents to enjoy outside activities or just sit and relax. A full calendar of activities is offered daily.

The Loch Haven Tymes is the monthly newsletter of Loch Haven Nursing Home in Macon, Missouri. **If you would like to subscribe to this newsletter OR have your name removed from this mail list, please contact us.** The editorial staff is led by the Marketing Department. Photography is by the Marketing/Activities Departments. You are welcome to submit articles or news items for consideration. Send items by mail, email or deliver to Loch Haven by the third Monday of the month before publication. Resident admission, room assignment, and patient services are provided and employee/applicants are treated on a nondiscriminatory basis without regard to race, color, creed, gender, marital status, national origin, disability, veteran status, age or religion. Crystal Smith 660-385-3113 csmith@lochhaven.com. Visit our website at www.lochhaven.com