

CAROLINA ALLSTARS



Track & FIELD

Est. 2004

2019 AAU JUNIOR OLYMPIC GAMES

NORTH CAROLINA A&T UNIVERSITY, GREENSBORO, NC
MULTI-EVENT/TRACK & FIELD MEET SCHEDULE
July 29th through August 3rd, 2019

Revised times are in RED

Monday, July 29th <i>(Coach Chris)</i>					
8:00am	3000m Run	11B	Final	Micah Adams	
12:30pm	800m Run	13B	Semi	Jeremiah/Josiah Gray	
12:30pm	800m Run	14G	Semi	Hannah Barton	
12:30pm	800m Run	17-18G	Semi	Lauren Johnston	
1:00pm	Long Jump	17-18G	Final	Morgan Smalls	
Tuesday, July 30th <i>(Coach Chris/Shirley)</i>					
8:00am	1500m Run	14B	Final	Keaton Adams	
8:00am	1500m Run	17-18G	Final	Lauren Johnston	
8:00am	Long Jump	9B	Final	Cameron Dafford	
12:00pm	Long Jump	12G	Final	Reagan Ziglar, Kyra Gustus	
2:15pm	400m Dash	8&U	Semi	Truth Caesar	
Wednesday, July 31st <i>(Coach Chris)</i>					
9:30am	800m Run	8&U	Final	Truth Caesars	
1:00pm	Triple Jump	17-18G	Final	Morgan Smalls	
1:15pm	800m Run	13B	<i>Final</i>	Jeremiah/Josiah Gray	
1:15pm	800m Run	14G	<i>Final</i>	Hannah Barton	
1:15pm	800m Run	17-18G	<i>Final</i>	Lauren Johnston	
3:00pm	High Jump	13G	Final	Kirstin Smalls	
3:00pm	Shot Put	12G	Final	Joelle Davis	
Thursday, August 1st <i>(Coach Chris/Shirley)</i>					
8:00am	1500m Run	11B	Final	Micah Adams	
8:00am	Long Jump	13G	Final	Alora Williams	
9:00am	High Jump	17-18G	Final	Morgan Smalls	
Friday, August 2nd <i>(TBD)</i>					
3:15pm	400m Dash	13B	Semi	Jeremiah/Josiah Gray	
Saturday, August 3rd <i>(Coach Shirley)</i>					
8:00am	3000m Run	14B	Final	Keaton Adams	
8:00am	Long Jump	8&U	Final	Nolan Smalls	
12:00pm	Triple Jump	13G	Final	Kirstin Smalls	
12:00pm	Triple Jump	13G	Final	Alora Williams	
1:15pm	400m Dash	8&U	<i>Final</i>	Truth Caesar	
1:15pm	400m Dash	13B	<i>Final</i>	Jeremiah/Josiah Gray	

If you have any questions feel free to email: ncallstars2004@gmail.com