



Bridgehampton Fall 2023 Tennis Program

Adult Tennis-Get On the Court

Make Fall 2023 the season to get out on your tennis courts at Bridgehampton.

Cardio Tennis

Wednesdays & Fridays 8:00-9:00 am & Tuesdays 7:30-8:30 pm (Adult Coed)

\$20.00/class High energy drills and play-Burn 600-700 calories an hour

Mens Corner

Drills- Mondays 7:30-8:30 pm \$20.00/class Drills, games and strategy

League/Ladder Play- Thursdays 7:00-9:00 pm \$15.00/week

Singles & Doubles, supervised, competitive scoring

Ladies Weekday Practice

Wednesdays 9:00-10:30 am \$30.00/class

Thursdays 6:30-8:00 pm \$30.00/class

Partner drills, supervised play and strategy

Tennis 102.5 Sessions

Wednesdays 7:30-8:30 pm & Thursdays 9:30-10:30 am \$20.00/class

Doubles and Singles Play and drills, focus on moving to the next level

Stroke of The Week

Mondays 9:00-10:00 am & Fridays 9:00-10:00 am (Adult Coed)

\$20.00/class Focus on 1 particular stroke or aspect of the game

Pickleball Play & Learn

Details coming soon.

Tennis 101-Beginner Adult

Beginner, new to tennis? Try Tennis 101. Six 1 hour classes @ reduced rate \$90/person & you get a new racquet (New class in September)

Contact Serve It UP Tennis @ 704-625-6552 or
todd@serveituptennisacademy.com to register or for questions

Red Level (Ages 4-6)
Mondays & Wednesdays
5:00-6:00 pm
\$102/1 day a week
\$190/2 days a week
Price for 6 week session

Orange Level (Ages 7-9)
Mondays & Wednesdays
5:00-6:00 pm
\$102/1 day a week
\$190/2 days a week
Price for 6 week session

Green Level (Ages 10-14)
Mondays, Wednesdays & Thursdays
6:00-7:30 pm
\$162/1 day a week
\$300/2 days a week
Price for 6 week session

**ALL CLASSES BEGIN week
of September 4th**