

Battle Museum's book **Battle at War 1939-45** is on sale price £8.50 in Rother Books and in Battle Museum . Described by one reviewer as "fascinating, full of insights and anecdotes", the book tells the stories, never before published, of local people during the Second World War, at home and abroad, a difficult time for Britain .

This book describes what life was like in this East Sussex town during the Second World War. We explore the huge war effort made by those left behind. We make some surprising discoveries along the way and highlight a few of the town's hitherto unknown heroes.

We learn the stories of Ruth Pearson who was in the Womens Land Army , and her husband Rex who survived the"long march" in appalling conditions, of Allied POW's from Poland in the winter of 1944/45. We also meet Squadron Leader John Shore MC, AFC, who went from being a mechanic at local garage Vicary's to being an ace bomber pilot and escaper. Many of the anti-invasion defences around the town remain to this day such as the tank traps at St Mary's Church .