

January Menu 2019

		Wednesday 2	Thursday 3	Friday 4
		Breakfast: Cinnamon Toast, Peaches & Milk Lunch: Meatloaf, Mashed Potatoes, Pears & Milk Snack: Rice Krispies Treat & 100% Grape Juice	Breakfast: Pancake, Sliced Apples & Milk Lunch: Chicken Pot Pie, Mandarin Orange & Milk Snack: Shortbread Cookies & 100% Grape Juice	Breakfast: Kix Cereal, Banana & Milk Lunch: Turkey & Cheese Wrap, Veggies Stix, Tropical Fruit & Milk Snack: Butter Rings Cookies & 100% Grape Juice
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Breakfast: Strawberries Cereal Bar, Tropical Fruit & Milk Lunch: Cheese Pizza, Corn, Pineapple & Milk Snack: Trail Mix & 100% Grape Juice	Breakfast: Blueberry Muffins, Pears & Milk Lunch: Sloppy Joe, Sweet Potatoes Fries, Peaches & Milk Snack: Graham Cracker & 100% Grape Juice	Breakfast: Tater Tots, Turkey Sausage & Milk Lunch: Chicken Alfredo, Sweet Peas, Sliced Apples & Milk Snack: Teddy Graham & 100% Grape Juice	Breakfast: Biscuit w/ Fruit Spread, Pineapple & Milk Lunch: Turkey Meatball w/ Gravy, Rice, Pears & Milk Snack: Cheez-It & 100% Grape Juice	Breakfast: Pancake, Applesauce & Milk Lunch: Macaroni & Cheese, Blackeye Peas, Tropical Fruit & Milk Snack: Animal Crackers & 100% Grape Juice
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Breakfast: Cinnamon Raisin Toast, Mandarin Oranges & Milk Lunch: Chicken Sandwich, Sweet Peas, Pears & Milk Snack: Rice Krispies Treat & 100% Grape Juice	Breakfast: Kix Cereal, Banana & Milk Lunch: Taco, Corn, Sliced Apple & Milk Snack: Goldfish Crackers & 100% Grape Juice	Breakfast: Waffle Sticks, Applesauce & Milk Lunch: Chicken Pot Pie, Mandarin Orange & Milk Snack: Cheese & Crackers & Grape Juice	Breakfast: Cheese Toast, Tropical Fruit & Milk Lunch: Turkey Meatball w/Rice & Gravy, Pears & Milk Snack: Butter Ring Cookies & 100% Grape Juice	Breakfast: Buttered Toast w/ Fruit Spread, Peaches & Milk Lunch: Lasagna, Salad, Pineapple & Milk Snack: Pretzels & 100% Grape Juice
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Breakfast: Blueberry Muffin Pears & Milk Lunch: Hamburger, Tater Tot, Pineapple & Milk Snack: Trail Mix & 100% Grape Juice	Breakfast: Tater Tots, Turkey Sausage & Milk Lunch: Chicken Alfredo, Sweet Peas, Sliced Apples & Milk Snack: Teddy Graham & 100% Grape Juice	Breakfast: Cinnamon Toast, Peaches & Milk Lunch: Meatloaf, Mashed Potatoes, Pears & Milk Snack: Cheez-It & 100% Grape Juice	Breakfast: Strawberries Cereal Bar, Tropical Fruit & Milk Lunch: Cheese Pizza, Corn, Pineapple & Milk Snack: Shortbread Cookies & Water	Breakfast: Pancake, Applesauce & Milk Lunch: Turkey & Cheese Wrap, Veggie Stix, Sliced Apples & Milk Snack: Animal Crackers & 100% Grape Juice
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	
Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Lasagna, Salad, Pineapple & Milk Snack: Fig Newton & 100% Grape Juice	Breakfast: Cheese Toast, Tropical Fruit & Milk Lunch: Beef Fingers, Mixed Vegetable, Tropical Fruit & Milk Snack: Rice Krispies Treat & 100% Grape Juice	Breakfast: Kix Cereal, Banana & Milk Lunch: Chicken Nuggets, Green Beans, Peaches & Milk Snack: Goldfish Crackers & 100% Grape Juice	Breakfast: Yogurt, Sliced Strawberry & Milk Lunch: Turkey Meatball w/ Gravy, Rice, Pears & Milk Snack: Shortbread Cookies & 100% Grape Juice	