

2024 SCHREIBER TRACK & FIELD INDOOR CLASSIC

WHO: Varsity & JV

WHEN: Wednesday, March 20, 2024

WHERE: New Berlin West High School

TEAMS: Greenfield, South Milwaukee, Waterford, Wisconsin Lutheran, West Allis Hale,
New Berlin West

TIME: 4:00 pm – Field Events 4:30 pm - Running Event

BUS LEAVES: 2:00 pm **BUS RETURNS:** around 9:30 pm

EXCUSED FROM CLASS: 1:45 pm

<u>ORDER OF EVENTS:</u>	3200 m. Relay(G/B)	400 m. Dash(G/B)
	55 m. High Hurdles(G/B)	4 Lap Relay(G/B)
	55 m. Dash(G/B)	800 m. Run(G/B)
	1600 m. Run(G/B)	200 m. Dash(G/B)
	6 Lap Relay(G/B)	4 x 400 m. Relay(G/B)

Long Jump (B/G), Pole Vault (G/B), Shot (G/B), High Jump(B/G), Triple Jump (B/G)

MEET PROCEDURES: Upon arrival, run 1 warm-up laps.
Warm-up with teammates in same events.
Know when you compete - check order of events.
Make sure you have all of your equipment.
Be sure to show support for your teammates.
Make sure you stretch after your final event.
Report any injuries to a coach immediately.
Be prepared to sub for an injured teammate.
After last event, everyone runs 2 cool-down laps.

EATING PROCEDURES: Eat a good breakfast & lunch. Bring fruit to eat at the meet.

SEATING: Seating is limited. Spectators are encouraged to bring along chairs.

CLEAN – UP: Make sure you collect all of your equipment
Hold equipment for a teammate who is competing.
Make sure you clean up our area before we leave

ADMISSION: \$5.00 – Adults \$3.00 – High Students & Seniors, \$1.00 - K-8

Tickets can be purchased in advance, at the gate using the link below, or on the GoFan App. Payments can be made using all major credit cards or Apple Pay. Fans are highly encouraged to purchase tickets online in advance.

<https://gofan.co/event/1460347?schoolId=W119514>

**4 STEPS TO ACHIEVEMENT –
PLANNING, PREPARATION, PRACTICE, PERSISTANCE!!!**