Grizzly XC Ski Loppet & Relay

February 18, 2018

Guide Contents :

- Registration Fee Includes
- Important Canmore Nordic Centre Trail Pass Requirement
- Event Updates
- Where
- When
- Race Package Pick Up
- Online Waivers
- Start & Cut Off Times
- Course Maps
- Safety & Medical
- Water / Aid Station
- Awards
- Changes & Refunds

Registration fee includes:

- Awards For Top Age Group And Overall Winners
- Grizzly Paw Finish Line Soda
- Grizzly Souvenir Item
- Finish Line Snacks
- On Course Cytomax Sports Drink
- World Class Event At Former Olympic Venue
- Highly Trained Medical / Emergency Evacuation Team
- Chip Timing
- Note: Water and Sports drink will be provided in Feed Zone 1. You are responsible for providing your own nutrition. Tables will be set up in our Feed Zones for your use. Participant base camp area can also be utilized for nutrition set up. See stadium map for more details.

Important: Canmore Nordic Centre Trail Pass Requirement

All non Season Pass Holders must purchase a one day Canmore Nordic Centre trail pass at race package pick up. $15 / person Cash Only. Nordic Centre Season Pass holders are not required to purchase the one day trail pass. Season Pass must be shown at race package pick up.

Where?

Canmore Nordic Centre Provincial Park is located just minutes from downtown Canmore, Alberta. The Canmore Nordic Centre offers World-class cross country skiing in the winter and over 100 km of trail ideally suited to mountain biking in the summer. Host site of many international sporting events, the Canmore Nordic Centre is also home to Canada's National Cross Country and Biathlon Teams.

When?

Race day is Sunday, February 18. Pre race briefing will take place at 8:30 a.m. in the biathlon stadium. Race start will be 9:00 a.m. SHARP!

Race Package Pick Up

Will be available in Canmore only from Rebound Cycle on Main Street Canmore:

Saturday, February 17 from 1 p.m. until 5 p.m.

Rebound Cycle, 902 8 Street Canmore, AB T1W 2B8
(866) 312-1866 www.reboundcycle.com

Race Morning Package Pick Up is also available but not recommended. Packages will be available at the Canmore Nordic Centre Biathlon Building from 07:30 a.m. Please **arrive early** if you plan to pick up on race day.

Online Waivers

Online waivers will be available for download on the event web page at www.grizzlyevents.ca these must be printed and signed by all solo and team runners. Signed copies must be presented at time of race package pick up.

No signed waiver = no race package.

Start & Cut Off Times

Cut off time for all team and solo skiers will be 6 hours. Skiers must complete loop # 2 by 1 p.m. in order to be allowed to continue.

Course Maps

The Ski Loppet course is a 3 lap race. Each lap is 13km long. Every lap starts and finishes in the main biathlon stadium.

Check the event web page for detailed course and stadium map.

Safety & Medical

Our medical base station will be located at the start / finish line in the main stadium. All participants will be required to submit the signed Grizzly events waiver at racer check in, on site race morning.

Water / Aid Station

We will have one main water / aid station located at the feed zone in the start / finish area in the Biathlon Stadium. Water and Sports Drink will be provided. Racers must provide their own solid nutrition. There are no additional water stations out on course.

Prizing & Awards

Will take place in the Biathlon Stadium at 2 pm. Racers must be present to receive awards – we cannot mail out post event.

Changes & Refunds

The Grizzly entry fee is non-refundable under any circumstances. Please do not email us with requests for refunds.

